

West Wales Regional SC Championships 2023 - 24/11/2023 to 26/11/2023

Results - Session 1 (Warmup 5.00 - 5.50)

Event 111 Boys 11-12 50 SC Meter Butterfly					Event 112 Girls 13-14 1500 SC Meter Freestyle				
Name		AgeTeam		Finals Time	Name		AgeTeam		Finals Time
1	Douglas, Lucas	12	NEAY	28.89	1	Philpott, Ffion	14	NSGY	19:02.41
2	Elmes, Max	12	CAMY	35.78		34.68	37.22	38.36	38.01
3	Smith, Declan	12	AMMY	37.57		38.26	38.60	38.59	38.65
4	Smith, Jacob	11	HAVY	38.23		38.21	38.22	38.47	38.81
5	Hale, Oliver S	12	SWAY	39.14		38.85	38.35	38.23	37.97
6	Smudzinski, Max M	11	SWAY	40.50		37.99	38.09	38.15	38.41
7	King, Ethan	11	PEHY	40.71		37.96	38.38	38.06	38.64
8	Collins, Thomas	11	PEHY	43.12		38.34	38.66	38.13	38.18
9	Taylor, Joshua M	11	NTVY	44.38		37.79	36.15		
Event 111 Boys 13-14 50 SC Meter Butterfly					Event 112 Girls 15-16 1500 SC Meter Freestyle				
Name		AgeTeam		Finals Time	Name		AgeTeam		Finals Time
1	West, Dexter	14	FISY	28.85	1	Hatton-Ellis, Isabelle L	15	SWAY	18:30.37
2	Silverstone, Solomon	14	HAVY	30.08		31.95	35.52	35.72	36.05
3	Chapman, Coby L	14	PEHY	30.92		36.55	36.20	36.49	36.67
4	Thomas, Iolo	13	NEAY	31.38		36.89	36.81	37.45	37.66
5	Dallimore, Austin	14	LLLY	31.83		37.61	37.56	37.36	36.74
6	Galbraith, Elian	14	LLLY	32.18		37.78	37.52	37.47	37.97
7	Morgan, Ben	14	PEMY	33.82		37.87	37.72	37.75	38.17
8	Harris, Osian	14	FISY	33.96		37.62	38.42	37.97	37.28
9	Hall, Ethan	14	FISY	37.13		36.51	37.09		
10	Burt, Caio	13	LLLY	37.36	2	O'Mahoney, Kaitlin	15	NEAY	18:48.19
11	Grugel, Sam	13	CEDY	37.89		32.65	36.04	36.71	37.25
12	Patterson, Ollie	13	MILY	39.19		37.60	37.96	37.34	37.75
13	Peach, Olly	13	HAVY	42.49		37.31	37.56	37.54	37.35
14	Flynn, Asten P	13	NTVY	42.58		37.77	37.67	37.32	37.54
Event 111 Boys 15-16 50 SC Meter Butterfly						37.91	38.49	38.14	38.40
Name		AgeTeam		Finals Time		39.01	39.08	38.60	39.07
1	Gillett, Oliver	16	SWAY	27.36		38.20	39.06	38.14	38.25
2	Montgomery, Samuel	15	HAVY	28.81		37.91	34.57		
3	Koriakovtsev, Illia	16	SWAY	28.98	3	Cooper, Megan	15	NEAY	20:56.75
4	Clarke, Henry	16	SWAY	29.35		36.66	40.56	41.04	41.60
5	Fletcher, Owen	16	HAVY	29.54		41.62	41.42	41.60	41.75
6	Montague, Mason	15	HAVY	29.71		42.08	41.96	42.60	41.93
7	Rukov, Ivan	16	ABRY	29.91		43.33	42.12	42.82	42.61
8	Richards, Aled	16	CEDY	30.33		41.18	42.87	42.10	41.83
9	Tweed, Ifan	15	CEDY	32.73		43.77	42.29	44.14	41.87
10	Backen, Henry	15	FISY	33.65		42.71	43.07	42.24	40.77
11	Hedge, William	15	SWAY	35.98		41.98	40.23		
12	Burt, Teyan	16	LLLY	36.15	Event 112 Girls 17 & Over 1500 SC Meter Freestyle				
Name		AgeTeam		Finals Time	Name		AgeTeam		Finals Time
1	Thomas, Rhys A	18	SWAY	26.51	1	Clissold, Elizabeth	17	TENY	19:07.01
2	Hedge, Thomas	18	SWAY	29.37		33.20	37.40	38.91	38.73
3	Gubb, Harvey	17	NEAY	29.41		38.92	38.80	38.72	38.64
Event 112 Girls 11-12 1500 SC Meter Freestyle						38.82	38.67	38.51	38.80
Name		AgeTeam		Finals Time		38.11	38.80	38.71	37.97
1	Galdes-Cutting, Daisy	12	HAVY	18:36.57		38.28	38.50	38.68	38.48
	33.13	36.77	37.21	37.95		38.19	38.40	38.40	38.05
	37.58	37.30	37.28	37.32		38.53	38.53	37.92	38.32
	37.12	37.31	37.65	36.81		38.16	36.86		
	37.62	37.19	37.23	37.08	Event 113 Boys 11-12 50 SC Meter Backstroke				
	37.15	37.12	37.36	37.63	Name		AgeTeam		Finals Time
	37.37	37.20	37.85	38.11	1	Douglas, Lucas	12	NEAY	31.22
	37.59	37.80	37.38	37.56	2	Elmes, Max	12	CAMY	36.33
	37.84	36.06			3	Harwood, Jack	12	HAVY	36.51
					4	King, Ethan	11	PEHY	36.77
					5	Hale, Oliver S	12	SWAY	37.85
					6	Noden, Rory	11	MILY	39.04

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(Event 113 Boys 11-12 50 SC Meter Backstroke)			
Name	AgeTeam	Finals	Time
7 Smudzinski, Max M	11 SWAY		42.04
8 Collins, Thomas	11 PEHY		42.37
9 Smith, Declan	12 AMMY		42.81
10 Taylor, Joshua M	11 NTVY		42.88
11 Lummis, Ralph J	12 NTVY		43.18
12 Hughes, Freddy J	11 NTVY		43.75
13 Williams, Efan	11 NEAY		44.05
14 Chapman, Henry	12 CAMY		44.67
15 Knight, Tom	12 HAVY		44.83
16 Abraham, A-Jay	12 NEAY		45.77
Event 113 Boys 13-14 50 SC Meter Backstroke			
Name	AgeTeam	Finals	Time
1 Silverstone, Solomon	14 HAVY		30.57
2 West, Dexter	14 FISY		30.58
3 Thomas, Iolo	13 NEAY		31.65
4 Dallimore, Austin	14 LLLY		32.73
5 Galbraith, Elian	14 LLLY		33.31
6 Harris, Osian	14 FISY		33.59
7 Jones, Jack	14 TENY		34.69
8 Davies, Gethin	14 MILY		35.55
9 Huang, Peidong	13 SWAY		35.83
10 Hetherington, Trystan	14 NEAY		35.90
11 Santos, Liam	14 MILY		36.32
12 Gray, Gruff	14 CEDY		36.69
13 Hall, Ethan	14 FISY		39.07
14 Thomas, Rhys	13 HAVY		39.27
15 Patterson, Ollie	13 MILY		40.83
16 Burt, Caio	13 LLLY		41.95
17 Flynn, Asten P	13 NTVY		42.71
Event 113 Boys 15-16 50 SC Meter Backstroke			
Name	AgeTeam	Finals	Time
1 Johnstone, Daniel	16 NSGY		27.19
2 Gillett, Oliver	16 SWAY		28.69
3 Montgomery, Samuel	15 HAVY		29.21
4 Upton-Boorman, Liam	16 NSGY		29.84
5 Montague, Mason	15 HAVY		30.48
6 Koriakovtsev, Illia	16 SWAY		31.37
7 Richards, Aled	16 CEDY		32.05
8 Price, George	15 PEHY		32.17
9 Rukov, Ivan	16 ABRY		32.50
10 Hedge, William	15 SWAY		34.57
Event 114 Girls 11-12 50 SC Meter Butterfly			
Name	AgeTeam	Finals	Time
1 Dash, Amelie	12 MILY		33.85
2 Bissicks, Cari H	12 SWAY		34.48
3 Taffetsauffer, Isabella	12 LLLY		35.57
4 Sedgemore, Lola A	11 NTVY		35.76
5 Williams, Paige T	11 SWAY		37.06
6 Collyer, Tirion	12 SWAY		37.84
7 Hall, Isabelle	12 FISY		38.18
8 Hall, Ellena	12 FISY		38.99
9 Rowland, Scarlett	11 NEAY		39.46
10 Thomas, Grace	12 CAMY		40.02
11 Filmer, Gwennan	11 ABRY		40.54
12 Wells, Iris	12 CEDY		40.65
13 Davies, Erin	12 CEDY		40.69
14 Morgan, Gwerfyl	12 ABRY		41.01
15 Kaill-Franks, Nia	12 FISY		41.14
16 Short, Amelia L	12 NTVY		41.30
17 Roberts Mylan, Ffion C	11 SWAY		42.08
18 Scully, Emersyn	12 LLLY		42.10
19 Dyde, Pheobe	11 PEMY		42.33
20 Kenny, Jemima	12 MILY		42.57
21 Pearce, Ava	12 AVSY		42.70
22 Williams, Fay P	11 SWAY		42.71
23 Davies, Cadi	12 CEDY		42.99
24 Roberts Mylan, Sophie I	11 SWAY		46.48
25 Rogers, Sadie	11 PEHY		47.15
26 Williams, Eirwen N	11 SWAY		49.07
Event 114 Girls 13-14 50 SC Meter Butterfly			
Name	AgeTeam	Finals	Time
1 Nichols, Grace	13 HAVY		30.64
*2 Jones, Eryn	14 NEAY		31.86
*2 Griffiths, Cerys	13 HAVY		31.86
4 Koo, Kathryn	14 TENY		33.24
*5 Perrott, Niamh	14 CEDY		33.43
*5 Williams, Marys E	14 SWAY		33.43
7 Jenkins, Alexandra G	14 SWAY		33.88
8 Ostrowski, Julia	14 PEMY		34.06
9 Stark, Tala	13 FISY		35.08
10 Cressey-Rodgers, Gwenllian F	13 NSGY		35.47
11 Holmes, Seren	14 NEAY		35.63
12 Dafydd, Mali	13 FISY		35.87
13 Mason, Phoebe	13 HAVY		36.23
14 Griffiths, Amelia	13 FISY		36.36
15 Hughes, Nancy J	14 NTVY		36.41
16 Bruce, Skye	14 PEMY		36.49
17 Thompson, Freya	13 HAVY		36.88
18 Thomas, Nikita	14 LLLY		36.97
19 Webb, Efa M	13 AMMY		37.05
20 Upton-Boorman, Isabella	13 CAMY		37.53
21 Hanna, Shelby	14 HAVY		38.12
22 Bruce, Keira	13 PEMY		38.24
23 Wilcockson, Alys	13 ABRY		39.51
24 Bowen, Seren E	13 CAMY		40.23
25 Snellgrove, Chloe	13 AMMY		40.40
26 Holloway, Olivia	14 AVSY		41.26
Event 114 Girls 15-16 50 SC Meter Butterfly			
Name	AgeTeam	Finals	Time
1 Williams, Hollie	16 NSGY		31.65
2 Devonald, Niamh	16 HAVY		31.99
*3 John, Holly	16 HAVY		32.25
*3 Kovachev, Georgie	16 FISY		32.25
5 Arnold, Lily	15 MILY		32.29
6 Gibbs, Harriet	15 NSGY		32.44
7 Catling, Freya	15 CEDY		32.46
8 Sullivan, Katie	16 NEAY		32.64
9 Knight, Cari	15 PEHY		33.13
10 Miles, Megan	15 FISY		33.16
11 Huws, Awen G	15 NTVY		33.19
12 Douglas, Fabiana	15 NEAY		33.80
13 Carter, Ava	15 PEHY		33.93
14 Clissold, Bronwyn	15 TENY		34.13
15 Thomas, Caitlin	15 PEHY		34.64
16 Hanna, Jazmine	15 HAVY		34.65
17 King, Marley	15 PEHY		34.87
18 Thomas, Medi A	15 LLLY		35.04
19 Thomas, Grace	16 MILY		35.19

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Results - Session 1 (Warmup 5.00 - 5.50)

(Event 114 Girls 15-16 50 SC Meter Butterfly)					Event 115 Boys 15-16 1500 SC Meter Freestyle				
Name		AgeTeam		Finals Time	Name		AgeTeam		Finals Time
20	Williams, Efa	15	NEAY	36.79	1	Fletcher, Owen	16	HAVY	17:00.25
Event 114 Girls 17 & Over 50 SC Meter Butterfly						31.27	33.72	34.32	33.77
Name		AgeTeam		Finals Time		33.90	33.66	33.84	33.90
1	Lewis, Lowri	17	NEAY	29.72		34.13	33.95	34.56	34.22
2	Morgan, Elen M	18	ABRY	29.82		34.00	33.77	33.90	33.80
3	White, Eleanor R	17	HAVY	30.26		34.20	34.44	34.18	34.42
4	Goodliffe, Faith R	23	CEDY	30.68		34.33	34.59	34.47	35.00
5	Clapham, Rhiannon m	18	FISY	32.93		34.52	34.22	34.07	34.74
6	Turatto-Owen, Morgan L	17	SWAY	33.64		33.89	32.47		
7	Evans, Caitlin	17	NEAY	34.13	2	Upton-Boorman, Liam	16	NSGY	17:20.69
8	Selby, Cerys	17	NEAY	35.26		29.34	33.99	34.86	35.31
Event 115 Boys 13-14 1500 SC Meter Freestyle						35.07	35.27	34.94	35.03
Name		AgeTeam		Finals Time		35.38	35.08	34.97	35.12
1	Bennett, Finley	14	HAVY	17:44.64		35.42	35.05	35.24	34.42
	32.06	34.57	35.73	35.52		34.62	34.94	35.00	34.71
	35.50	35.46	35.54	35.79		35.22	34.52	34.28	34.84
	35.63	35.47	35.84	35.83		35.77	34.99	34.67	34.58
	35.88	35.94	35.80	35.85		34.61	33.45		
	35.33	35.89	35.95	36.04	Event 115 Boys 17 & Over 1500 SC Meter Freestyle				
	35.78	35.47	35.36	35.88	Name		AgeTeam		Finals Time
	35.67	35.75	35.42	35.69	1	Bowen, Ifan	17	CAMY	18:18.02
	35.53	34.47				32.91	36.02	36.42	36.97
2	Twigger, Owen	14	SWAY	17:53.16		37.03	36.91	37.08	36.86
	31.50	35.64	35.90	35.92		37.34	36.82	36.91	37.02
	36.45	35.75	35.59	35.46		37.37	37.04	37.23	37.00
	36.06	36.11	36.03	36.31		37.23	37.22	36.79	36.72
	36.50	35.60	36.35	36.42		36.67	36.95	36.15	36.54
	36.58	36.13	35.74	36.25		36.09	36.44	36.57	36.36
	36.48	36.58	36.49	36.14		36.08	35.28		
	35.82	36.46	35.22	36.11	Event 116 Girls 11-12 50 SC Meter Backstroke				
	35.07	32.50			Name		AgeTeam		Finals Time
3	Williams, Thomas	13	NSGY	18:39.14	1	Taffetsauffer, Isabella	12	LLLY	36.13
	33.93	36.75	37.54	37.75	2	Dash, Amelie	12	MILY	36.60
	37.65	37.83	37.26	37.42	3	Bissicks, Cari H	12	SWAY	36.71
	37.49	37.57	37.96	38.07	4	Galdes-Cutting, Daisy	12	HAVY	37.42
	36.93	37.37	37.66	37.39	5	Griffiths, Ffion	12	TENY	37.96
	37.36	38.07	37.43	37.60	6	Collyer, Tirion	12	SWAY	38.03
	37.49	37.59	37.49	37.95	7	Williams, Paige T	11	SWAY	38.49
	37.58	37.74	37.17	37.30	8	McFarlane, Una	12	MILY	39.00
	36.76	35.04			9	Filmer, Gwennan	11	ABRY	39.19
4	Cleave, Joshua	14	CEDY	19:31.68	10	Thomas, Grace	12	CAMY	39.62
	34.58	37.55	38.05	38.20	11	Sedgemore, Lola A	11	NTVY	39.83
	38.51	39.49	39.41	39.60	12	Morgan, Gwerfyl	12	ABRY	40.07
	39.38	39.06	39.29	39.23	13	Hall, Ellena	12	FISY	40.08
	39.70	39.47	39.61	1:19.91	14	Scully, Emersyn	12	LLLY	40.59
	39.31	39.68	40.09	39.48	15	Davies, Cadi	12	CEDY	40.66
	39.83	39.72	39.92	39.85	*16	Jenkins, Elli J	12	SWAY	41.50
	1:18.58	39.37	38.99	35.82	*16	Rogers, Sadie	11	PEHY	41.50
5	Morgan, Ben	14	PEMY	20:51.13	18	Macy, Lili A	12	ABRY	41.59
	35.00	40.07	41.30	41.39	19	Davies, Erin	12	CEDY	41.69
	41.95	41.45	42.60	42.52	*20	Wells, Iris	12	CEDY	41.92
	41.77	43.14	42.16	42.48	*20	Kenny, Jemima	12	MILY	41.92
	42.76	42.90	41.26	42.31	22	Short, Amelia L	12	NTVY	42.49
	42.63	42.42	42.48	43.11	23	Powell, Nina	11	FISY	42.62
	42.54	43.06	41.72	41.62	24	Thomas, Leah	12	HAVY	42.95
	42.07	41.40	40.64	42.31	25	Williams, Fay P	11	SWAY	42.96
	41.36	38.71			26	Morris, Ffion	11	TENY	43.06
					27	Roberts Mylan, Ffion C	11	SWAY	43.38

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(Event 116 Girls 11-12 50 SC Meter Backstroke)			
Name	AgeTeam	Finals Time	
28 Pearce, Ava	12 AVSY	43.98	
29 Thomas, Carys	12 PEHY	44.71	
30 Howell, Sophie	12 HAVY	45.07	
31 Dyde, Pheobe	11 PEMY	45.36	
32 Griffiths, Elizabeth	12 FISY	45.74	
33 Heron, Edith	11 ABRY	45.93	
34 Roberts Mylan, Sophie I	11 SWAY	45.97	
35 Hughes, Seren	12 NEAY	46.28	
36 Gardner-Rolfe, Mia G	11 SWAY	46.39	
37 Morris, Brooke	11 PEHY	46.49	
38 May, Gwen A	11 NTVY	46.52	
39 Griffiths, Scarlet	11 HAVY	46.94	
40 Titley, Lola	11 MILY	47.21	
41 Curtis, Carley	11 MILY	47.38	
42 Davies, Betsi	11 FISY	47.80	
43 Snelgrove, Scarlett	11 NEAY	49.58	
--- Lloyd-Taylor, Cali	12 FISY	DQ	

9 Carter, Ava	15 PEHY	34.92
10 Gilderdale, Celyn	15 HAVY	35.28
11 Douglas, Fabiana	15 NEAY	35.35
12 Hanna, Jazmine	15 HAVY	36.01
13 Thomas, Caitlin	15 PEHY	36.26
14 Clissold, Bronwyn	15 TENY	36.55
15 Harwood, Amelia	16 HAVY	37.69
16 O'Connell, Cerys E	15 NTVY	37.82

Event 116 Girls 17 & Over 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Morgan, Elen M	18 ABRY	31.69
2 Goodliffe, Faith R	23 CEDY	32.21
3 Clapham, Rhiannon m	18 FISY	35.18
4 Evans, Caitlin	17 NEAY	35.25

Event 116 Girls 13-14 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Nichols, Grace	13 HAVY	30.43
2 Griffiths, Cerys	13 HAVY	33.62
3 Jones, Eryn	14 NEAY	34.45
4 Koo, Kathryn	14 TENY	34.79
5 Holmes, Seren	14 NEAY	34.91
6 Bruce, Skye	14 PEMY	35.12
7 Perrott, Niamh	14 CEDY	35.51
8 Philpott, Ffion	14 NSGY	35.87
9 Cressey-Rodgers, Gwenllian F	13 NSGY	35.93
10 Upton-Boorman, Isabella	13 CAMY	36.25
11 Williams, Marys E	14 SWAY	36.46
12 Bruce, Keira	13 PEMY	36.98
13 Jenkins, Alexandra G	14 SWAY	37.19
14 Hughes, Nancy J	14 NTVY	37.20
15 Thompson, Freya	13 HAVY	37.36
16 Griffiths, Amelia	13 FISY	37.42
17 Montague, Keira	14 HAVY	37.45
18 Webb, Efa M	13 AMMY	37.54
19 Wilcockson, Alys	13 ABRY	37.64
20 Thomas, Nikita	14 LLLY	37.98
21 Hanna, Shelby	14 HAVY	39.46
22 Macy, Peni	14 ABRY	39.53
23 Mason, Phoebe	13 HAVY	39.65
24 Dafydd, Mali	13 FISY	39.76
25 Ostrowski, Julia	14 PEMY	40.34
26 Perrott, Hannah	13 CEDY	41.95
27 Snellgrove, Chloe	13 AMMY	42.20
28 Bowen, Seren E	13 CAMY	42.52
29 Clifford, Hannah	13 PEMY	42.95

Event 116 Girls 15-16 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Hatton-Ellis, Isabelle L	15 SWAY	31.42
2 Welsby, Lily-May	16 ABRY	33.08
3 Huws, Awen G	15 NTVY	33.36
4 Williams, Hollie	16 NSGY	33.38
5 Gibbs, Harriet	15 NSGY	33.76
6 Devonald, Niamh	16 HAVY	33.87
7 King, Marley	15 PEHY	34.59
8 Miles, Megan	15 FISY	34.77

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Results - Session 2 (Warmup 8.00 - 8.50)

Event 211 Boys 11-12 200 SC Meter IM					14	Hall, Ethan	14	FISY	2:59.14
NameAgeTeamFinals Time						38.4846.0549.2945.32			
1	Douglas, Lucas	12	NEAY	2:31.64	15	Patterson, Ollie	13	MILY	3:04.82
	30.6139.4246.6634.95					40.7747.1853.1343.74			
2	Elmes, Max	12	CAMY	2:52.77	---	Flynn, Asten P	13	NTVY	DQ
	37.1941.5557.4636.57					41.0548.391:01.5641.48			
3	Harwood, Jack	12	HAVY	2:57.19	Event 211 Boys 15-16 200 SC Meter IM				
	36.6242.7956.1441.64				NameAgeTeamFinals Time				
4	Davies, Ellis V	12	LLLY	3:02.47	1	Gillett, Oliver	16	SWAY	2:12.33
	41.8245.6455.7739.24					28.5833.7539.3630.64			
5	Smith, Declan	12	AMMY	3:03.25	2	Upton-Boorman, Liam	16	NSGY	2:21.64
	40.5849.0954.9938.59					30.2436.7442.0232.64			
6	Smudzinski, Max M	11	SWAY	3:10.19	3	Fletcher, Owen	16	HAVY	2:23.19
	42.8949.1155.4742.72					30.1638.3242.0032.71			
7	Smith, Jacob	11	HAVY	3:11.46	4	Koriakovtsev, Illia	16	SWAY	2:35.33
	42.4847.831:00.1840.97					31.2540.3546.8736.86			
8	Antwhistle, Isaac J	11	SWAY	3:16.96	5	Richards, Aled	16	CEDY	2:36.63
	48.1651.7855.1541.87					31.2439.8547.6437.90			
9	Noden, Rory	11	MILY	3:19.75	6	Price, George	15	PEHY	2:42.75
	46.2551.421:02.1039.98					33.3240.8452.2336.36			
10	Chapman, Henry	12	CAMY	3:20.15	7	Burt, Teyan	16	LLLY	2:46.47
	47.5349.9859.0443.60					36.8943.2249.5036.86			
11	Sekula, Mateusz J	12	NTVY	3:20.36	---	Montague, Mason	15	HAVY	DQ
	49.2351.3755.6344.13					30.9437.0942.9932.56			
12	Collins, Thomas	11	PEHY	3:27.20	Event 211 Boys 17 & Over 200 SC Meter IM				
	46.2151.661:02.1047.23				NameAgeTeamFinals Time				
13	Taylor, Joshua M	11	NTVY	3:27.21	1	Thomas, Rhys A	18	SWAY	2:16.88
	47.9650.281:05.3843.59					28.4535.0641.0532.32			
---	Sekula, Szymon A	12	NTVY	DQ	2	Gubb, Harvey	17	NEAY	2:23.08
	44.0054.1051.6848.71					30.1536.7743.0433.12			
---	Hughes, Freddy J	11	NTVY	DQ	3	Williams, Corey B	17	SWAY	2:26.64
	51.3253.611:10.6243.38					30.1237.9244.1134.49			
Event 211 Boys 13-14 200 SC Meter IM					4	Jones, Joseph	17	NEAY	2:26.73
NameAgeTeamFinals Time						30.5236.6644.6834.87			
1	West, Dexter	14	FISY	2:21.87	Event 212 Girls 11-12 400 SC Meter IM				
	30.4235.2742.5833.60				NameAgeTeamFinals Time				
2	Bennett, Finley	14	HAVY	2:28.21	1	Galdes-Cutting, Daisy	12	HAVY	5:46.42
	31.7838.7343.0034.70					38.5045.8844.1342.90			
3	Phillips, Finley	13	NSGY	2:31.32		51.9050.5137.0235.58			
	33.7740.1842.3435.03				2	Hall, Ellena	12	FISY	6:09.69
4	Silverstone, Solomon	14	HAVY	2:33.77		43.1348.9548.6947.23			
	31.8639.4746.6835.76					52.3751.9639.3138.05			
5	Thomas, Iolo	13	NEAY	2:34.46	3	Dyde, Pheobe	11	PEMY	7:18.25
	32.5137.1148.7836.06					48.1059.9058.6156.38			
6	Chapman, Coby L	14	PEHY	2:35.84		59.041:00.3752.0843.77			
	32.4340.2748.8134.33				---	Jenkins, Elli J	12	SWAY	DQ
7	Galbraith, Elian	14	LLLY	2:37.49		44.891:06.5957.7553.09			
	32.1740.0549.6635.61					1:05.101:05.9748.6845.31			
8	Williams, Thomas	13	NSGY	2:37.69	---	Hall, Isabelle	12	FISY	DQ
	33.4442.0846.2535.92					40.8448.8647.2947.38			
9	Jones, Jack	14	TENY	2:41.67		52.3952.9242.6641.10			
	35.7941.1747.4637.25				Event 212 Girls 13-14 400 SC Meter IM				
10	Harris, Osian	14	FISY	2:43.42	NameAgeTeamFinals Time				
	33.7237.9353.6238.15				1	Nichols, Grace	13	HAVY	5:17.06
11	Davies, Gethin	14	MILY	2:47.91		31.9838.3838.8238.30			
	34.5242.5250.7640.11					49.3749.2637.2133.74			
12	Morgan, Ben	14	PEMY	2:48.53	2	Griffiths, Cerys	13	HAVY	5:28.81
	34.4643.0950.8340.15					35.0542.2741.0940.27			
13	Burt, Caio	13	LLLY	2:56.36		50.4250.6134.2534.85			
	38.8748.1650.2939.04								

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(Event 212 Girls 13-14 400 SC Meter IM)					--- Peach, Henry		13 HAVY		DQ	
Name		AgeTeam		Finals Time	45.64	52.45				
3	Williams, Marys E	14	SWAY	5:31.82						
	35.06	41.50	43.32	42.46						
	46.70	47.02	38.81	36.95						
4	Coffey, Cora-leigh K	13	SWAY	5:57.70						
	35.67	41.55	47.51	46.17						
	53.09	53.46	40.93	39.32						
5	Stark, Tala	13	FISY	6:00.99						
	37.25	45.80	47.72	45.82						
	49.73	50.81	41.83	42.03						
6	Mason, Phoebe	13	HAVY	6:09.90						
	38.38	48.51	47.34	47.82						
	54.29	55.30	40.07	38.19						
7	Blyth, Isobelle	13	HAVY	6:59.76						
	42.41	55.57	50.76	50.90						
	1:01.94	1:03.33	1:34.85							
Event 212 Girls 15-16 400 SC Meter IM										
Name		AgeTeam		Finals Time						
1	Knight, Cari	15	PEHY	6:04.21						
	35.91	41.92	46.94	45.16						
	54.60	55.63	42.02	42.03						
Event 212 Girls 17 & Over 400 SC Meter IM										
Name		AgeTeam		Finals Time						
1	Lewis, Lowri	17	NEAY	5:16.53						
	32.03	37.53	43.18	41.82						
	44.56	45.83	36.81	34.77						
Event 213 Boys 11-12 100 SC Meter Breaststroke										
Name		AgeTeam		Finals Time						
1	Sekula, Mateusz J	12	NTVY	1:37.00						
	45.73	51.27								
2	Sekula, Szymon A	12	NTVY	1:38.50						
	47.86	50.64								
3	Smith, Jacob	11	HAVY	1:40.05						
	46.94	53.11								
4	Smith, Declan	12	AMMY	1:45.62						
	51.14	54.48								
5	Antwhistle, Isaac J	11	SWAY	1:47.15						
	51.89	55.26								
---	Thomas, Wilf	11	ABRY	DQ						
	50.46	57.63								
Event 213 Boys 13-14 100 SC Meter Breaststroke										
Name		AgeTeam		Finals Time						
1	Phillips, Finley	13	NSGY	1:14.65						
	35.31	39.34								
2	Bennett, Finley	14	HAVY	1:15.78						
	35.24	40.54								
3	Twigger, Owen	14	SWAY	1:17.17						
	36.39	40.78								
4	Hall, Ethan	14	FISY	1:28.00						
	41.68	46.32								
5	Stuart-Lavender, Jac	13	LLLY	1:32.63						
	42.62	50.01								
6	Thomas, Rhys	13	HAVY	1:34.95						
	43.92	51.03								
7	Patterson, Ollie	13	MILY	1:36.98						
	46.32	50.66								
8	Peach, Olly	13	HAVY	1:38.70						
	46.70	52.00								

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(Event 214 Girls 13-14 200 SC Meter Backstroke)

Name		Age	Team	Finals Time
11	Griffiths, Amelia	13	FISY	2:56.97
	40.40	45.22	46.61	44.74
12	Hanna, Shelby	14	HAVY	3:10.23
	42.24	48.33	48.60	51.06
13	Blyth, Isobelle	13	HAVY	3:12.39
	43.55	50.69	50.94	47.21

Event 214 Girls 15-16 200 SC Meter Backstroke

Name		Age	Team	Finals Time
1	Hatton-Ellis, Isabelle L	15	SWAY	2:25.04
	33.39	37.28	37.78	36.59
2	Williams, Hollie	16	NSGY	2:34.85
	35.48	38.88	40.13	40.36
3	King, Marley	15	PEHY	2:36.00
	35.80	39.79	41.33	39.08
4	Carter, Ava	15	PEHY	2:38.25
	36.20	39.32	41.68	41.05
5	Webb, Saskia	16	HAVY	2:39.45
	36.94	40.01	41.33	41.17
6	Miles, Megan	15	FISY	2:44.46
	39.04	43.51	41.77	40.14
7	Clissold, Bronwyn	15	TENY	2:46.95
	38.57	42.53	44.00	41.85
8	Douglas, Fabiana	15	NEAY	2:47.36
	37.45	41.45	44.89	43.57
9	Thomas, Caitlin	15	PEHY	2:49.48
	38.99	43.29	45.21	41.99
10	Hanna, Jazmine	15	HAVY	2:51.57
	37.82	42.51	46.57	44.67

Event 214 Girls 17 & Over 200 SC Meter Backstroke

Name		Age	Team	Finals Time
1	Clissold, Elizabeth	17	TENY	2:42.57
	37.71	41.48	42.26	41.12
2	Rice, Lily	19	PEMY	2:49.16
	39.82	42.43	43.60	43.31

Event 215 Boys 11-12 50 SC Meter Freestyle

Name		Age	Team	Finals Time
1	Douglas, Lucas	12	NEAY	27.02
2	Elmes, Max	12	CAMY	31.66
3	King, Ethan	11	PEHY	31.84
4	Harwood, Jack	12	HAVY	32.65
5	Mills, Thomas	12	LLLY	34.30
6	Smudzinski, Max M	11	SWAY	34.79
7	Noden, Rory	11	MILY	35.72
8	Williams, Efan	11	NEAY	35.98
9	Chapman, Henry	12	CAMY	36.50
10	Taylor, Joshua M	11	NTVY	37.02
11	Lummis, Ralph J	12	NTVY	37.21
12	Fogarty, Oliver	11	FISY	38.57
13	Sekula, Szymon A	12	NTVY	38.74
14	Antwhistle, Isaac J	11	SWAY	38.99
15	Hughes, Freddy J	11	NTVY	39.01
16	David, Ioan	11	HAVY	39.28
17	Collins, Thomas	11	PEHY	39.41
18	Abraham, A-Jay	12	NEAY	39.45
19	Sekula, Mateusz J	12	NTVY	39.95
20	Lummis, Oscar D	11	NTVY	40.27
21	Thomas, Wilf	11	ABRY	40.55
22	Lake, Freddie	11	HAVY	43.22

Event 215 Boys 13-14 50 SC Meter Freestyle

Name		Age	Team	Finals Time
1	Silverstone, Solomon	14	HAVY	26.35
2	Twigger, Owen	14	SWAY	27.00
3	Chapman, Coby L	14	PEHY	27.46
4	Galbraith, Elian	14	LLLY	28.29
5	Thomas, Iolo	13	NEAY	28.58
6	Dallimore, Austin	14	LLLY	29.25
7	Hnoianyi, Andrii	14	SWAY	29.70
8	Phillips, Finley	13	NSGY	29.78
9	Hetherington, Trystan	14	NEAY	29.83
10	Williams, Thomas	13	NSGY	29.92
11	Harris, Osian	14	FISY	30.13
12	Davies, Gethin	14	MILY	30.42
13	Jones, Jack	14	TENY	30.62
14	Morgan, Ben	14	PEMY	30.64
15	Huang, Peidong	13	SWAY	31.61
16	Stuart-Lavender, Jac	13	LLLY	32.35
17	Gray, Gruff	14	CEDY	32.55
18	Lewis, Callum	14	MILY	32.57
19	Thomas, Rhys	13	HAVY	33.08
20	Grugel, Sam	13	CEDY	33.74
21	Shelmerdine, Cory	13	PEMY	34.15
22	Patterson, Ollie	13	MILY	35.31
23	Griffiths, Harri	13	CEDY	35.73
24	Flynn, Asten P	13	NTVY	36.30
25	Peach, Henry	13	HAVY	37.51
26	Peach, Olly	13	HAVY	37.80

Event 215 Boys 15-16 50 SC Meter Freestyle

Name		Age	Team	Finals Time
1	Johnstone, Daniel	16	NSGY	24.74
2	Montgomery, Samuel	15	HAVY	25.49
3	Upton-Boorman, Liam	16	NSGY	26.25
4	Clarke, Henry	16	SWAY	26.70
5	Koriakovtsev, Illia	16	SWAY	26.84
6	Montague, Mason	15	HAVY	26.88
7	Rukov, Ivan	16	ABRY	27.82
8	Price, George	15	PEHY	28.27
9	Richards, Aled	16	CEDY	29.41
10	Backen, Henry	15	FISY	29.58
11	Burt, Teyan	16	LLLY	29.85
12	Warrender, Daniel I	15	ABRY	30.72
13	Jones, Aaron	16	ABRY	31.04
14	Hedge, William	15	SWAY	32.00
15	Smedley, Jack	16	CEDY	32.36

Event 215 Boys 17 & Over 50 SC Meter Freestyle

Name		Age	Team	Finals Time
1	Thomas, Rhys A	18	SWAY	24.43
2	Edwards, Sam	17	NEAY	26.03
3	Robinson, Ellis	18	HAVY	26.33
4	Jones, Joseph	17	NEAY	26.86
5	Williams, Corey B	17	SWAY	26.92
6	Gubb, Harvey	17	NEAY	27.07
7	Hedge, Thomas	18	SWAY	27.48
8	Rogers, Logan L	17	PEHY	29.48

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Event 221 Boys 11-12 100 SC Meter Backstroke					Event 221 Boys 17 & Over 100 SC Meter Backstroke				
Name		Age	Team	Finals Time	Name		Age	Team	Finals Time
1	Elmes, Max		12 CAMY	1:16.09	1	Jones, Joseph		17 NEAY	1:05.94
	37.35	38.74				31.58	34.36		
2	Harwood, Jack		12 HAVY	1:16.75	Event 222 Girls 13-14 800 SC Meter Freestyle				
	37.54	39.21			Name		Age	Team	Finals Time
3	Davies, Ellis V		12 LLLY	1:22.41	1	Williams, Marys E		14 SWAY	10:19.34
	40.35	42.06				34.48	38.37	39.14	40.00
4	Taylor, Joshua M		11 NTVY	1:29.57		39.86	39.49	39.94	39.03
	45.31	44.26				39.78	38.82	38.90	38.61
5	Smudzinski, Max M		11 SWAY	1:30.09		38.50	39.08	38.90	36.44
	43.43	46.66			2	Thompson, Freya		13 HAVY	11:25.16
6	Antwhistle, Isaac J		11 SWAY	1:33.85		39.93	43.32	44.05	43.65
	48.62	45.23				43.47	43.85	43.32	43.64
7	Hughes, Freddy J		11 NTVY	1:39.18		42.76	43.08	43.57	43.18
	49.23	49.95				42.67	42.78	42.86	39.03
8	Lummis, Ralph J		12 NTVY	1:39.26	3	Richards, Amber		14 CEDY	12:27.59
	48.61	50.65				40.49	44.34	45.33	45.95
---	Mills, Thomas		12 LLLY	DQ		46.75	46.08	46.59	57.73
	41.58	42.52				45.72	45.85	48.42	47.22
Event 221 Boys 13-14 100 SC Meter Backstroke						47.47	47.15	47.66	44.84
Name		Age	Team	Finals Time	Event 222 Girls 15-16 800 SC Meter Freestyle				
1	West, Dexter		14 FISY	1:03.43	Name		Age	Team	Finals Time
	31.16	32.27			1	Hatton-Ellis, Isabelle L		15 SWAY	9:36.74
2	Twigger, Owen		14 SWAY	1:07.66		31.69	35.16	35.78	36.31
	32.80	34.86				36.45	36.55	36.50	36.29
3	Thomas, Iolo		13 NEAY	1:07.87		37.13	36.60	37.20	36.72
	32.94	34.93				36.69	36.96	36.40	34.31
4	Dallimore, Austin		14 LLLY	1:11.59	2	O'Mahoney, Kaitlin		15 NEAY	9:49.96
	35.05	36.54				32.25	35.42	36.46	36.99
5	Phillips, Finley		13 NSGY	1:11.99		36.88	37.36	38.19	38.60
	35.61	36.38				37.79	38.60	38.08	38.19
6	Galbraith, Elian		14 LLLY	1:13.02		37.99	37.80	37.70	31.66
	34.32	38.70			3	Huws, Awen G		15 NTVY	10:11.42
7	Jones, Jack		14 TENY	1:13.79		32.80	36.34	37.91	38.42
	35.90	37.89				38.43	38.92	38.74	39.53
8	Harris, Osian		14 FISY	1:14.85		39.31	39.63	40.54	38.85
	35.56	39.29				39.42	39.25	37.79	35.54
9	Davies, Gethin		14 MILY	1:18.33	4	Kovachev, Georgie		16 FISY	10:28.00
	37.29	41.04				32.52	37.30	39.41	39.03
10	Gray, Gruff		14 CEDY	1:18.84		39.92	40.13	40.04	40.19
	38.42	40.42				40.21	40.17	40.64	41.18
Event 221 Boys 15-16 100 SC Meter Backstroke						39.93	39.50	40.44	37.39
Name		Age	Team	Finals Time	5	Arnold, Lily		15 MILY	10:32.82
1	Johnstone, Daniel		16 NSGY	58.09		33.34	37.53	38.31	38.73
	28.62	29.47				38.82	39.31	40.17	40.37
2	Montgomery, Samuel		15 HAVY	1:01.14		40.40	40.53	41.40	41.11
	29.72	31.42				40.81	40.85	40.79	40.35
3	Montague, Mason		15 HAVY	1:07.28	6	Clifford, Bethany		16 NEAY	10:58.88
	32.26	35.02				34.89	38.53	39.92	40.73
4	Rukov, Ivan		16 ABRY	1:10.78		40.68	41.27	41.45	41.92
	33.53	37.25				42.16	42.33	42.62	43.05
5	Koriakovtsev, Illia		16 SWAY	1:10.84		43.14	43.18	42.66	40.35
	34.57	36.27							
6	Price, George		15 PEHY	1:11.07					
	33.52	37.55							
7	Richards, Aled		16 CEDY	1:11.62					
	34.43	37.19							
8	Hedge, William		15 SWAY	1:15.49					
	37.14	38.35							

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Event 222 Girls 17 & Over 800 SC Meter Freestyle				
	Name	Age	Team	Finals Time
1	Stokes, Aimee	19	SUNY	9:50.65
	31.76	34.99	36.25	36.42
	36.56	36.82	37.15	37.12
	37.47	38.03	37.97	38.05
	38.86	38.91	38.96	35.33
2	Selby, Cerys	17	NEAY	11:14.21
	35.42	39.98	42.03	41.93
	43.58	44.04	42.35	42.97
	44.13	43.19	43.39	44.54
	43.05	41.02	42.85	39.74
3	Bray, Bethan	17	CEDY	11:19.59
	37.27	40.93	42.16	43.14
	42.44	43.20	43.51	42.88
	42.91	43.67	43.71	43.93
	43.13	43.36	42.62	40.73
Event 223 Boys 11-12 100 SC Meter Freestyle				
	Name	Age	Team	Finals Time
1	Douglas, Lucas	12	NEAY	1:00.35
	28.91	31.44		
2	Elmes, Max	12	CAMY	1:09.80
	33.94	35.86		
3	King, Ethan	11	PEHY	1:10.40
	33.56	36.84		
4	Harwood, Jack	12	HAVY	1:11.57
	34.96	36.61		
5	Mills, Thomas	12	LLLY	1:13.66
	36.12	37.54		
6	Smith, Declan	12	AMMY	1:14.60
	37.72	36.88		
7	Smith, Jacob	11	HAVY	1:16.17
	36.64	39.53		
8	Noden, Rory	11	MILY	1:17.65
	37.88	39.77		
9	Smudzinski, Max M	11	SWAY	1:18.57
	37.54	41.03		
10	Chapman, Henry	12	CAMY	1:19.93
	38.38	41.55		
11	Taylor, Joshua M	11	NTVY	1:22.29
	39.26	43.03		
12	Antwhistle, Isaac J	11	SWAY	1:23.17
	42.53	40.64		
13	Hughes, Freddy J	11	NTVY	1:26.54
	40.88	45.66		
Event 223 Boys 13-14 100 SC Meter Freestyle				
	Name	Age	Team	Finals Time
1	Silverstone, Solomon	14	HAVY	57.45
	27.23	30.22		
2	West, Dexter	14	FISY	58.93
	28.70	30.23		
3	Bennett, Finley	14	HAVY	59.35
	28.74	30.61		
4	Chapman, Coby L	14	PEHY	59.63
	29.11	30.52		
5	Galbraith, Elian	14	LLLY	1:00.66
	29.12	31.54		
6	Thomas, Iolo	13	NEAY	1:03.04
	30.36	32.68		
7	Phillips, Finley	13	NSGY	1:03.73
	30.87	32.86		
8	Williams, Thomas	13	NSGY	1:04.09
	31.26	32.83		
9	Hetherington, Trystan	14	NEAY	1:05.08
	30.68	34.40		
10	Hnoianyi, Andrii	14	SWAY	1:06.16
	32.00	34.16		
11	Dallimore, Austin	14	LLLY	1:06.69
	32.52	34.17		
12	Jones, Jack	14	TENY	1:07.15
	32.22	34.93		
13	Harris, Osian	14	FISY	1:07.78
	32.71	35.07		
14	Morgan, Ben	14	PEMY	1:08.09
	32.77	35.32		
15	Davies, Gethin	14	MILY	1:08.46
	32.59	35.87		
16	Burt, Caio	13	LLLY	1:11.21
	34.08	37.13		
17	Gray, Gruff	14	CEDY	1:11.68
	34.27	37.41		
18	Huang, Peidong	13	SWAY	1:12.80
	34.65	38.15		
19	Thomas, Rhys	13	HAVY	1:13.07
	35.65	37.42		
20	Stuart-Lavender, Jac	13	LLLY	1:13.39
	34.19	39.20		
21	Grugel, Sam	13	CEDY	1:14.61
	36.06	38.55		
22	Flynn, Asten P	13	NTVY	1:19.95
	37.92	42.03		
Event 223 Boys 15-16 100 SC Meter Freestyle				
	Name	Age	Team	Finals Time
1	Gillett, Oliver	16	SWAY	53.73
	25.93	27.80		
2	Johnstone, Daniel	16	NSGY	54.12
	26.33	27.79		
3	Montgomery, Samuel	15	HAVY	55.99
	26.86	29.13		
4	Upton-Boorman, Liam	16	NSGY	56.39
	26.74	29.65		
5	Fletcher, Owen	16	HAVY	58.48
	27.92	30.56		
6	Richardson, Osian	15	SWAY	59.04
	28.14	30.90		
7	Clarke, Henry	16	SWAY	59.65
	28.48	31.17		
8	Koriakovtsev, Illia	16	SWAY	1:00.39
	29.20	31.19		
9	Rukov, Ivan	16	ABRY	1:02.01
	29.36	32.65		
10	Burt, Teyan	16	LLLY	1:04.39
	30.89	33.50		
11	Backen, Henry	15	FISY	1:07.59
	31.40	36.19		
12	Warrender, Daniel I	15	ABRY	1:09.17
	32.69	36.48		
13	Hedge, William	15	SWAY	1:10.73
	34.19	36.54		

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Results - Session 3 (Warmup 10.35 - 11.25)

Event 223 Boys 17 & Over 100 SC Meter Freestyle					4	Webb, Efa M	13	AMMY	3:13.71
NameAgeTeamFinals Time						42.9749.48		51.9849.28	
1	Thomas, Rhys A	18	SWAY	53.51	5	Dafydd, Iola	14	FISY	3:20.08
	25.8227.69					43.6949.51		51.8055.08	
2	Edwards, Sam	17	NEAY	57.43	6	Murphy, Alys	14	HAVY	3:29.79
	27.5529.88					46.3852.45		55.8355.13	
3	Carver, Wil	17	SWAY	58.44	7	Francis, Emily-Rose	13	HAVY	3:35.72
	28.0130.43					47.5054.01		56.4457.77	
4	Gubb, Harvey	17	NEAY	58.52	8	Blyth, Isobelle	13	HAVY	3:41.47
	28.5030.02					47.7058.64		58.3956.74	
5	Robinson, Ellis	18	HAVY	58.96	---	Ostrowski, Julia	14	PEMY	DQ
	28.6630.30					42.4748.72		50.8452.30	
6	Jones, Joseph	17	NEAY	58.97	Event 224 Girls 15-16 200 SC Meter Breaststroke				
	28.1030.87				NameAgeTeamFinals Time				
7	Hedge, Thomas	18	SWAY	59.39	1	Thomas, Grace	16	MILY	3:08.58
	28.3331.06					41.6748.22		49.5349.16	
8	Williams, Corey B	17	SWAY	1:00.61	2	Miles, Megan	15	FISY	3:14.62
	29.3831.23					43.1650.45		51.0849.93	
9	Rogers, Logan L	17	PEHY	1:03.86	Event 224 Girls 17 & Over 200 SC Meter Breaststroke				
	30.3933.47				NameAgeTeamFinals Time				
Event 224 Girls 11-12 200 SC Meter Breaststroke					1	Phillips, Rhianna	18	NSGY	2:51.87
NameAgeTeamFinals Time						39.0343.36		44.6744.81	
1	Hughes, Tirion H	12	SWAY	3:09.87	2	Evans, Caitlin	17	NEAY	2:53.46
	43.2947.98			49.77		38.5744.01		45.3845.50	
2	Taffetsauffer, Isabella	12	LLLY	3:09.89	3	Lewis, Abigail	18	NEAY	2:58.97
	44.4049.30			47.34		40.2045.34		46.6846.75	
3	Bissicks, Cari H	12	SWAY	3:10.15	Event 225 Boys 11-12 50 SC Meter Breaststroke (Skins)				
	42.6848.66			49.11	NameAgeTeamFinals Time				
4	Galdes-Cutting, Daisy	12	HAVY	3:10.93	1	Douglas, Lucas	12	NEAY	39.69
	44.3149.03			48.39	2	Smith, Jacob	11	HAVY	43.69
5	Hall, Isabelle	12	FISY	3:16.78	3	Elmes, Max	12	CAMY	44.67
	45.1850.10			50.62	4	Harwood, Jack	12	HAVY	46.33
6	Hall, Ellena	12	FISY	3:18.34	5	Smudzinski, Max M	11	SWAY	47.04
	46.2650.63			50.78	6	Antwhistle, Isaac J	11	SWAY	48.14
7	Filmer, Gwennan	11	ABRY	3:22.80	7	Smith, Declan	12	AMMY	48.84
	45.6352.86			51.38	8	Davies, Ellis V	12	LLLY	51.14
8	Hughes, Mollie	12	CEDY	3:28.46	Event 226 Boys 13-14 50 SC Meter Backstroke (Skins)				
	46.6352.72			54.13	NameAgeTeamFinals Time				
9	McFarlane, Una	12	MILY	3:29.49	1	West, Dexter	14	FISY	32.33
	46.7453.23			54.03	2	Silverstone, Solomon	14	HAVY	32.34
10	Patterson, Hollie M	12	CAMY	3:30.39	3	Galbraith, Elian	14	LLLY	32.38
	46.9955.33			51.95	4	Bennett, Finley	14	HAVY	32.50
11	Percival, Bella	11	CEDY	3:58.28	5	Thomas, Iolo	13	NEAY	32.66
	53.751:01.12			1:00.54	6	Chapman, Coby L	14	PEHY	33.58
12	Ellis, Eve	11	CEDY	3:58.91	7	Phillips, Finley	13	NSGY	33.85
	55.811:01.18			59.06	8	Williams, Thomas	13	NSGY	36.86
13	Williams, Fay P	11	SWAY	3:58.93	Event 227 Boys 15-16 50 SC Meter Freestyle (Skins)				
	52.301:01.48			1:01.49	NameAgeTeamFinals Time				
14	May, Gwen A	11	NTVY	4:03.70	1	Upton-Boorman, Liam	16	NSGY	27.95
	57.191:01.38			1:03.04	2	Gillett, Oliver	16	SWAY	28.11
15	Stevens, Alice	11	CEDY	4:09.17	3	Koriakovtsev, Illia	16	SWAY	28.41
	52.741:04.79			1:04.88	4	Fletcher, Owen	16	HAVY	28.64
Event 224 Girls 13-14 200 SC Meter Breaststroke					5	Richards, Aled	16	CEDY	28.73
NameAgeTeamFinals Time					6	Price, George	15	PEHY	28.90
1	Knight, Lily	13	CEDY	2:58.88	7	Burt, Teyan	16	LLLY	30.05
	40.7345.50			46.06	Event 228 Boys 17 & Over 50 SC Meter Breaststroke (Skins)				
2	Stark, Tala	13	FISY	2:59.79	NameAgeTeamFinals Time				
	40.3945.65			46.58	1	Jones, Joseph	17	NEAY	35.96
3	Griffiths, Cerys	13	HAVY	3:03.95					
	41.1147.23			47.44					

West Wales Regional SC Championships 2023 - 24/11/2023 to 26/11/2023**Results - Session 3 (Warmup 10.35 - 11.25)****(Event 228 Boys 17 & Over 50 SC Meter Breaststroke (Skins))**

	Name	AgeTeam	Finals Time
2	Gubb, Harvey	17 NEAY	38.53
3	Thomas, Rhys A	18 SWAY	39.86
4	Williams, Corey B	17 SWAY	39.95

West Wales Regional SC Championships 2023 - 24/11/2023 to 26/11/2023

Results - Session 4 (Warmup 1.45 - 2.35)

Event 231 Girls 11-12 50 SC Meter Breaststroke				2	Gibbs, Harriet	15	NSGY	36.01	
NameAgeTeamFinals Time				3	John, Holly	16	HAVY	37.33	
1	Bissicks, Cari H	12	SWAY	40.38	4	Thomas, Medi A	15	LLLY	39.93
2	Thomas, Grace	12	CAMY	43.51	5	Miles, Megan	15	FISY	40.37
3	Hall, Isabelle	12	FISY	43.67	6	Brown, Caitlin	16	NSGY	41.26
4	Hall, Ellena	12	FISY	43.82	7	Hanna, Jazmine	15	HAVY	42.18
*5	Patterson, Hollie M	12	CAMY	44.13	8	Ley, Lucy	15	SWAY	42.55
*5	Hughes, Mollie	12	CEDY	44.13	9	Williams, Efa	15	NEAY	43.02
7	Filmer, Gwennan	11	ABRY	44.14	Event 231 Girls 17 & Over 50 SC Meter Breaststroke				
8	Hnoiana, Valentyna	11	SWAY	44.96	NameAgeTeamFinals Time				
9	Williams, Paige T	11	SWAY	45.83	1	Goodliffe, Faith R	23	CEDY	36.69
10	McFarlane, Una	12	MILY	46.02	2	Phillips, Rhianna	18	NSGY	36.74
11	Scully, Emersyn	12	LLLY	46.10	3	Lewis, Lowri	17	NEAY	36.90
12	Dyde, Pheobe	11	PEMY	46.45	4	Mountain, Sophie	36	HAVY	37.30
13	Rogers, Sadie	11	PEHY	46.47	5	Evans, Caitlin	17	NEAY	38.71
14	Andreassen, Freya	12	AMMY	48.10	6	Lewis, Abigail	18	NEAY	39.19
15	Howell, Sophie	12	HAVY	48.16	Event 231 Girls 50 SC Meter Breaststroke Multi-Class				
16	Davies, Erin	12	CEDY	48.44	NameAgeTeamFinals Time				
17	Dennison, Evie	11	MILY	48.92	1	Rice, Lily X SB7	19	PEMY/A, 12, +	47.68
18	Kaill-Franks, Nia	12	FISY	49.22	Event 232 Boys 13-14 200 SC Meter Butterfly				
19	Sedgemore, Lola A	11	NTVY	49.49	NameAgeTeamFinals Time				
20	Davies, Cadi	12	CEDY	50.49	1	West, Dexter	14	FISY	2:31.96
21	Stevens, Alice	11	CEDY	50.80		32.41	37.75	40.40	41.40
22	Thomas, Carys	12	PEHY	51.46	2	Bennett, Finley	14	HAVY	2:37.92
23	Rowland, Scarlett	11	NEAY	51.78		33.96	40.37	41.47	42.12
24	Heron, Edith	11	ABRY	52.18	3	Hnoianyi, Andrii	14	SWAY	2:42.75
25	Ellis, Eve	11	CEDY	52.26		33.97	40.67	44.21	43.90
26	Leane, Megan	11	HAVY	52.28	Event 232 Boys 15-16 200 SC Meter Butterfly				
27	Snelgrove, Scarlett	11	NEAY	52.67	NameAgeTeamFinals Time				
28	Williams, Fay P	11	SWAY	53.63	1	Fletcher, Owen	16	HAVY	2:20.36
29	Massey, Mia	11	CEDY	53.98		30.82	35.37	36.82	37.35
---	Hughes, Seren	12	NEAY	DQ	Event 233 Girls 11-12 100 SC Meter Butterfly				
Event 231 Girls 13-14 50 SC Meter Breaststroke				NameAgeTeamFinals Time					
1	Jones, Eryn	14	NEAY	36.78	1	Dash, Amelie	12	MILY	1:18.88
2	Lythgoe, Manon H	14	SWAY	37.58		36.75	42.13		
3	Geach, Libbie	14	SWAY	39.49	2	Bissicks, Cari H	12	SWAY	1:19.16
4	Stark, Tala	13	FISY	39.57		37.85	41.31		
5	Knight, Lily	13	CEDY	39.62	3	Taffetsauffer, Isabella	12	LLLY	1:23.74
6	Williams, Marys E	14	SWAY	39.71		38.44	45.30		
7	Webb, Efa M	13	AMMY	40.27	4	Hall, Isabelle	12	FISY	1:27.98
8	Ostrowski, Julia	14	PEMY	40.55		41.31	46.67		
9	Montague, Keira	14	HAVY	40.69	5	Summerfield, Lucy	11	LLLY	1:35.16
10	Giles, Seren M	13	NTVY	40.97		43.33	51.83		
11	Dafydd, Iola	14	FISY	41.31	6	Hnoiana, Valentyna	11	SWAY	1:36.21
12	Perrott, Niamh	14	CEDY	43.26		42.58	53.63		
13	Murphy, Alys	14	HAVY	43.71	7	Dyde, Pheobe	11	PEMY	1:40.48
14	Philpott, Ffion	14	NSGY	43.86		45.81	54.67		
15	Dafydd, Mali	13	FISY	43.88	Event 233 Girls 13-14 100 SC Meter Butterfly				
16	Joyce, Lily K	14	SWAY	44.45	NameAgeTeamFinals Time				
17	Thomas, Nikita	14	LLLY	44.55	1	Coffey, Cora-leigh K	13	SWAY	1:13.02
18	Snellgrove, Chloe	13	AMMY	44.59		34.43	38.59		
19	Richardson, Beca	13	SWAY	44.70	2	Lythgoe, Manon H	14	SWAY	1:16.45
20	John, Annabel	14	PEMY	44.87		34.49	41.96		
21	Richards, Amber	14	CEDY	45.31	3	Jenkins, Alexandra G	14	SWAY	1:19.65
22	Penfold, Robyn	13	FISY	48.29		37.18	42.47		
23	Martin, Phoebe O	13	SWAY	48.68	4	Stark, Tala	13	FISY	1:21.04
Event 231 Girls 15-16 50 SC Meter Breaststroke					37.17	43.87			
NameAgeTeamFinals Time									
1	Welsby, Lily-May	16	ABRY	34.64					

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Results - Session 4 (Warmup 1.45 - 2.35)

(Event 233 Girls 13-14 100 SC Meter Butterfly)

Name		AgeTeam		Finals Time
5	Mason, Phoebe	13	HAVY	1:24.15
	38.73	45.42		
6	Hughes, Nancy J	14	NTVY	1:26.24
	38.85	47.39		
7	Richardson, Beca	13	SWAY	1:27.13
	40.02	47.11		
8	Martin, Phoebe O	13	SWAY	1:29.19
	41.59	47.60		

Event 233 Girls 15-16 100 SC Meter Butterfly

Name		AgeTeam		Finals Time
1	Catling, Freya	15	CEDY	1:13.15
	34.32	38.83		
2	Webb, Saskia	16	HAVY	1:13.77
	34.17	39.60		
3	Devonald, Niamh	16	HAVY	1:13.87
	32.62	41.25		
4	Kovachev, Georgie	16	FISY	1:14.10
	34.22	39.88		
5	Sullivan, Katie	16	NEAY	1:15.50
	34.24	41.26		
6	David, Isabelle	16	SWAY	1:15.84
	35.51	40.33		
7	Knight, Cari	15	PEHY	1:16.20
	35.71	40.49		
8	Thomas, Grace	16	MILY	1:18.43
	36.05	42.38		
9	Thomas, Medi A	15	LLLY	1:20.36
	37.20	43.16		

Event 233 Girls 17 & Over 100 SC Meter Butterfly

Name		AgeTeam		Finals Time
1	Lewis, Lowri	17	NEAY	1:05.50
	31.37	34.13		
2	White, Eleanor R	17	HAVY	1:08.52
	32.08	36.44		
3	Goodliffe, Faith R	23	CEDY	1:10.07
	31.59	38.48		
4	Clissold, Elizabeth	17	TENY	1:14.60
	34.61	39.99		
5	Selby, Cerys	17	NEAY	1:18.61
	36.17	42.44		

Event 234 Boys 11-12 400 SC Meter Freestyle

Name		AgeTeam		Finals Time
1	Douglas, Lucas	12	NEAY	4:45.47
	31.13	35.11	36.58	37.24
	36.80	36.81	36.81	34.99
2	Davies, Ellis V	12	LLLY	5:29.24
	37.20	41.69	41.89	42.56
	42.24	41.05	40.37	42.24
3	Harwood, Jack	12	HAVY	5:38.27
	36.81	42.44	42.48	43.29
	43.96	42.40	44.48	42.41
4	Smith, Jacob	11	HAVY	5:40.80
	39.20	42.84	44.17	43.90
	44.14	43.88	43.00	39.67
---	Noden, Rory	11	MILY	DQ
	40.27	46.27	47.66	48.05
	45.52	45.93	46.58	45.97

Event 234 Boys 13-14 400 SC Meter Freestyle

Name		AgeTeam		Finals Time
1	Twigger, Owen	14	SWAY	4:24.12
	31.53	33.62	34.25	33.64
	33.36	33.35	32.63	31.74
2	Bennett, Finley	14	HAVY	4:36.04
	30.83	34.14	34.34	34.81
	35.12	35.87	36.18	34.75
3	Galbraith, Elian	14	LLLY	4:48.66
	31.21	35.20	36.88	37.27
	37.21	37.78	37.85	35.26
4	Williams, Thomas	13	NSGY	4:49.82
	33.17	36.47	37.66	37.54
	37.14	36.87	36.51	34.46
5	Morgan, Ben	14	PEMY	5:06.82
	32.62	37.18	39.12	39.92
	39.61	40.22	39.95	38.20
6	Jones, Jack	14	TENY	5:11.71
	33.55	39.15	39.92	39.92
	39.75	39.81	40.25	39.36
7	Davies, Gethin	14	MILY	5:15.02
	34.11	39.37	39.73	40.33
	41.42	41.93	39.31	38.82
8	Huang, Peidong	13	SWAY	5:29.52
	35.42	41.69	42.85	43.21
	42.70	42.36	42.11	39.18
9	Thomas, Rhys	13	HAVY	5:40.99
	38.34	43.16	43.15	44.79
	43.91	44.01	44.19	39.44

Event 234 Boys 15-16 400 SC Meter Freestyle

Name		AgeTeam		Finals Time
1	Gillett, Oliver	16	SWAY	4:16.61
	29.44	32.72	33.13	32.71
	32.45	32.56	32.81	30.79
2	Fletcher, Owen	16	HAVY	4:26.55
	30.52	32.60	33.42	33.73
	34.02	34.20	34.13	33.93
3	Price, George	15	PEHY	4:51.43
	31.76	36.01	36.65	38.02
	38.18	38.04	38.27	34.50

Event 234 Boys 17 & Over 400 SC Meter Freestyle

Name		AgeTeam		Finals Time
1	Carver, Wil	17	SWAY	4:25.60
	29.91	33.57	33.90	34.24
	33.92	33.90	33.77	32.39
2	Gubb, Harvey	17	NEAY	4:32.03
	29.48	33.11	34.29	34.31
	35.28	35.85	34.98	34.73
3	Robinson, Ellis	18	HAVY	4:48.57
	31.22	35.59	36.86	37.63
	37.81	37.95	37.82	33.69

Event 235 Girls 11-12 200 SC Meter Freestyle

Name		AgeTeam		Finals Time
1	Galdes-Cutting, Daisy	12	HAVY	2:17.94
	31.81	35.51	35.88	34.74
2	Sedgemore, Lola A	11	NTVY	2:28.78
	33.59	38.23	39.56	37.40
3	Bissicks, Cari H	12	SWAY	2:30.30
	35.14	39.18	38.86	37.12

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Results - Session 4 (Warmup 1.45 - 2.35)				
(Event 235 Girls 11-12 200 SC Meter Freestyle)				
Name	Age	Team	Finals Time	
4 Hall, Ellena	12	FISY	2:31.43	
35.42	38.32	38.80	38.89	
5 Dash, Amelie	12	MILY	2:31.80	
33.95	38.31	39.68	39.86	
6 Hughes, Tirion H	12	SWAY	2:35.48	
35.12	39.98	40.82	39.56	
7 Morgan, Evelyn	12	LLLY	2:35.64	
35.86	40.14	40.76	38.88	
8 Kazmiruk, Anastasiia	12	AMMY	2:38.99	
34.21	40.63	43.65	40.50	
9 Williams, Paige T	11	SWAY	2:40.73	
36.75	40.80	43.31	39.87	
10 Davies, Erin	12	CEDY	2:41.00	
37.29	41.76	43.04	38.91	
11 McFarlane, Una	12	MILY	2:43.32	
37.70	43.04	43.22	39.36	
12 Patterson, Hollie M	12	CAMY	2:44.12	
37.78	41.74	43.43	41.17	
13 Kenny, Jemima	12	MILY	2:47.71	
39.73	43.69	43.97	40.32	
14 Andreassen, Freya	12	AMMY	2:48.93	
38.79	43.54	44.10	42.50	
15 Summerfield, Lucy	11	LLLY	2:50.16	
38.92	43.41	45.10	42.73	
16 Scully, Emersyn	12	LLLY	2:51.43	
39.13	43.93	44.38	43.99	
17 Price, Seren -louise	11	CAMY	2:51.89	
40.58	45.13	45.09	41.09	
18 Jenkins, Elli J	12	SWAY	2:53.33	
40.33	45.00	45.17	42.83	
19 Kasto, Evie T	12	SWAY	2:55.37	
37.88	43.71	47.52	46.26	
20 Dyde, Pheobe	11	PEMY	2:59.35	
40.72	46.98	46.74	44.91	
21 Rowland, Scarlett	11	NEAY	3:02.41	
41.14	47.15	47.86	46.26	
22 Thomas, Carys	12	PEHY	3:03.42	
41.57	47.47	49.01	45.37	
23 May, Gwen A	11	NTVY	3:06.38	
41.30	48.90	49.39	46.79	
24 Gardner-Rolfe, Mia G	11	SWAY	3:07.79	
41.86	50.34	48.92	46.67	
25 Howell, Sophie	12	HAVY	3:15.44	
42.03	49.61	52.09	51.71	
26 Percival, Bella	11	CEDY	3:17.92	
43.67	51.77	52.54	49.94	
Event 235 Girls 13-14 200 SC Meter Freestyle				
Name	Age	Team	Finals Time	
1 Griffiths, Cerys	13	HAVY	2:08.86	
29.78	33.11	33.75	32.22	
2 Geach, Libbie	14	SWAY	2:13.01	
31.20	33.52	34.39	33.90	
3 Nichols, Grace	13	HAVY	2:15.81	
30.43	34.47	35.90	35.01	
4 Philpott, Ffion	14	NSGY	2:22.08	
32.38	35.76	37.40	36.54	
5 Williams, Marys E	14	SWAY	2:22.60	
32.70	36.66	37.00	36.24	
6 Koo, Kathryn	14	TENY	2:27.27	
33.65	37.06	38.08	38.48	
7 Bruce, Skye	14	PEMY	2:27.93	
34.24	37.53	38.63	37.53	
8 Cressey-Rodgers, Gwenllian F	13	NSGY	2:28.55	
33.79	37.77	38.48	38.51	
9 Coffey, Cora-leigh K	13	SWAY	2:31.14	
34.45	38.25	39.94	38.50	
10 Thomas, Nikita	14	LLLY	2:31.64	
34.39	38.63	39.56	39.06	
11 Webb, Efa M	13	AMMY	2:32.85	
35.86	38.99	40.08	37.92	
12 Hughes, Nancy J	14	NTVY	2:33.34	
36.45	39.55	39.63	37.71	
13 Jenkins, Alexandra G	14	SWAY	2:33.77	
35.64	39.75	40.71	37.67	
*14 Mason, Phoebe	13	HAVY	2:33.79	
34.98	39.04	41.05	38.72	
*14 Griffiths, Amelia	13	FISY	2:33.79	
36.43	39.60	39.99	37.77	
16 Thompson, Freya	13	HAVY	2:33.95	
35.99	39.61	40.24	38.11	
17 Giles, Seren M	13	NTVY	2:34.78	
36.24	39.65	39.64	39.25	
18 Macy, Peni	14	ABRY	2:38.54	
35.43	40.61	43.39	39.11	
19 Ostrowski, Julia	14	PEMY	2:39.94	
35.90	41.19	41.66	41.19	
20 Knight, Lily	13	CEDY	2:40.32	
36.26	40.92	43.19	39.95	
21 Martin, Phoebe O	13	SWAY	2:46.15	
39.53	43.40	43.47	39.75	
22 Snellgrove, Chloe	13	AMMY	2:47.05	
38.94	43.91	42.51	41.69	
23 Murphy, Alys	14	HAVY	3:02.16	
38.93	46.73	48.72	47.78	
--- Hanna, Shelby	14	HAVY	DQ	
37.58	41.46	43.37	41.65	
Event 235 Girls 15-16 200 SC Meter Freestyle				
Name	Age	Team	Finals Time	
1 King, Marley	15	PEHY	2:12.28	
30.72	34.02	34.67	32.87	
2 Hatton-Ellis, Isabelle L	15	SWAY	2:13.12	
30.11	33.95	35.25	33.81	
3 Williams, Hollie	16	NSGY	2:15.87	
31.21	34.86	35.52	34.28	
4 O'Mahoney, Kaitlin	15	NEAY	2:16.08	
31.64	34.65	35.67	34.12	
5 Huws, Awen G	15	NTVY	2:17.88	
30.77	34.58	36.66	35.87	
6 Arnold, Lily	15	MILY	2:20.40	
31.15	35.87	37.10	36.28	
7 Gibbs, Harriet	15	NSGY	2:21.17	
31.55	35.91	37.25	36.46	
*8 Clissold, Bronwyn	15	TENY	2:21.85	
32.46	35.94	37.05	36.40	
*8 Webb, Saskia	16	HAVY	2:21.85	
32.53	35.64	36.80	36.88	
10 Carter, Ava	15	PEHY	2:22.41	
31.49	35.70	37.40	37.82	

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Results - Session 4 (Warmup 1.45 - 2.35)

(Event 235 Girls 15-16 200 SC Meter Freestyle)

	Name		AgeTeam	Finals Time
11	Sullivan, Katie	16	NEAY	2:25.50
	32.58	35.94	37.99	38.99
12	Thomas, Caitlin	15	PEHY	2:26.11
	33.84	37.39	38.13	36.75
13	Kovachev, Georgie	16	FISY	2:26.88
	31.93	36.52	39.02	39.41
14	Clifford, Bethany	16	NEAY	2:29.41
	33.30	37.22	39.70	39.19
15	Ley, Lucy	15	SWAY	2:31.84
	34.73	37.75	39.32	40.04
16	Cooper, Megan	15	NEAY	2:38.60
	35.40	40.44	41.96	40.80
17	Davies, Lowri	15	CEDY	2:48.68
	37.93	42.12	44.59	44.04

Event 235 Girls 17 & Over 200 SC Meter Freestyle

	Name		AgeTeam	Finals Time
1	Stokes, Aimee	19	SUNY	2:08.33
	28.99	31.91	33.43	34.00
2	Clissold, Elizabeth	17	TENY	2:19.73
	32.47	35.47	36.24	35.55
3	Turatto-Owen, Morgan L	17	SWAY	2:21.01
	31.76	35.62	37.65	35.98
4	Lewis, Abigail	18	NEAY	2:27.61
	33.71	36.95	38.56	38.39
5	Rice, Lily	19	PEMY	2:31.28
	35.60	38.36	39.13	38.19
6	Bray, Bethan	17	CEDY	2:33.03
	34.38	38.47	39.96	40.22

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Results - Session 5 (Warmup 8.00 - 8.50)

Event 311 Girls 11-12 200 SC Meter IM					30	Thomas, Leah	12	HAVY	3:35.56
NameAgeTeamFinals Time						49.051:58.9847.53			
1	Galdes-Cutting, Daisy	12	HAVY	2:46.23	31	May, Gwen A	11	NTVY	3:38.64
	38.4742.7649.2335.77					55.1953.081:04.4645.91			
2	Taffetsauffer, Isabella	12	LLLY	2:48.43	32	Gardner-Rolfe, Mia G	11	SWAY	3:39.02
	37.5542.2149.5639.11					49.9753.891:06.5248.64			
3	Bissicks, Cari H	12	SWAY	2:48.48	33	Massey, Mia	11	CEDY	3:40.11
	36.5341.8551.8838.22					51.4254.011:06.1948.49			
4	Dash, Amelie	12	MILY	2:52.04	34	Roberts, Grace	11	CEDY	3:48.68
	36.2142.6352.8140.39					47.381:00.741:11.3849.18			
5	Kazmiruk, Anastasiia	12	AMMY	2:55.21	---	Roberts Mylan, Sophie I	11	SWAY	DQ
	38.3144.5652.2440.10					50.1352.651:11.1848.79			
6	Hall, Ellena	12	FISY	2:58.23	---	Griffiths, Ffion	12	TENY	DQ
	40.5846.5952.5538.51					41.2546.0058.6039.62			
7	Sedgemore, Lola A	11	NTVY	2:59.14	Event 311 Girls 13-14 200 SC Meter IM				
	37.5745.781:00.4835.31				NameAgeTeamFinals Time				
8	Hall, Isabelle	12	FISY	2:59.93	1	Nichols, Grace	13	HAVY	2:30.49
	39.6645.7151.7642.80					31.2136.0248.4434.82			
9	Williams, Paige T	11	SWAY	3:00.42	2	Geach, Libbie	14	SWAY	2:35.27
	38.9043.7656.5641.20					32.3738.1048.4136.39			
10	Filmer, Gwennan	11	ABRY	3:01.42	3	Griffiths, Cerys	13	HAVY	2:35.77
	41.3447.3251.7341.03					34.6839.2948.1233.68			
11	McFarlane, Una	12	MILY	3:01.96	4	Philpott, Ffion	14	NSGY	2:47.12
	39.8145.5956.4340.13					36.7141.3752.0936.95			
12	Morgan, Evelyn	12	LLLY	3:02.55	5	Stark, Tala	13	FISY	2:47.80
	37.6845.5058.5940.78					37.0043.4248.8638.52			
13	Hnoiana, Valentyna	11	SWAY	3:10.21	6	Holmes, Seren	14	NEAY	2:49.01
	40.6150.4057.8441.36					36.1238.50			
14	Davies, Erin	12	CEDY	3:14.36	7	Perrott, Niamh	14	CEDY	2:49.38
	41.8651.2358.4142.86					34.0443.6952.7738.88			
15	Wells, Iris	12	CEDY	3:17.51	8	Knight, Lily	13	CEDY	2:51.19
	43.0049.541:01.7743.20					39.1944.9846.7640.26			
16	Dyde, Pheobe	11	PEMY	3:18.36	9	Jenkins, Alexandra G	14	SWAY	2:54.01
	45.1551.8858.1943.14					36.6444.9454.3338.10			
17	Scully, Emersyn	12	LLLY	3:18.97	10	Bruce, Skye	14	PEMY	2:54.87
	44.1650.421:00.0944.30					37.8341.4555.8139.78			
18	Rogers, Sadie	11	PEHY	3:20.04	11	Upton-Boorman, Isabella	13	CAMY	2:54.95
	47.2846.5259.9646.28					38.7443.7853.6938.74			
19	Jewitt, Anya	12	LLLY	3:20.20	12	Webb, Efa M	13	AMMY	2:55.56
	45.7153.7155.1545.63					37.2644.4552.3441.51			
20	Kasto, Evie T	12	SWAY	3:20.37	13	Griffiths, Gwenan M	13	SWAY	2:58.30
	41.9154.7059.1444.62					38.1146.2253.2040.77			
21	Jenkins, Elli J	12	SWAY	3:21.16	14	Giles, Seren M	13	NTVY	2:58.35
	43.6049.831:02.8444.89					41.0944.4451.7941.03			
22	Kenny, Jemima	12	MILY	3:21.63	15	Hughes, Nancy J	14	NTVY	2:58.44
	45.3650.441:01.2044.63					38.2544.6655.3440.19			
23	Short, Amelia L	12	NTVY	3:22.22	16	Powell, Lottie	13	SWAY	2:58.45
	41.2247.721:10.5342.75					38.5144.1955.0140.74			
24	Davies, Cadi	12	CEDY	3:23.16	17	Mason, Phoebe	13	HAVY	3:01.33
	42.5649.761:03.2547.59					39.3347.9755.8538.18			
25	Williams, Fay P	11	SWAY	3:24.91	18	Dafydd, Mali	13	FISY	3:02.19
	47.4353.801:00.3943.29					39.1646.9555.0741.01			
26	Morgan, Gwerfyl	12	ABRY	3:26.85	19	Richardson, Beca	13	SWAY	3:02.92
	46.7352.401:02.4145.31					38.8945.3257.1441.57			
27	Hawkins, Betsy-May	12	LLLY	3:28.81	20	Bruce, Keira	13	PEMY	3:03.44
	46.7456.3759.4446.26					40.9043.4157.4041.73			
28	Roberts Mylan, Ffion C	11	SWAY	3:31.89	21	Martin, Phoebe O	13	SWAY	3:08.54
	46.0252.441:07.3846.05					42.5846.2859.4340.25			
29	Percival, Bella	11	CEDY	3:35.21	22	Szmigiero, Victoria	14	ABRY	3:10.26
	50.3855.711:02.3246.80					41.2546.8659.0743.08			

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Results - Session 5 (Warmup 8.00 - 8.50)

(Event 311 Girls 13-14 200 SC Meter IM)					Event 312 Boys 15-16 400 SC Meter IM				
Name		AgeTeam		Finals Time	Name		AgeTeam		Finals Time
23	Evans, Beca	13	ABRY	3:13.51	1	Fletcher, Owen	16	HAVY	5:02.30
	43.19	48.01	56.20	46.11		30.33	34.67	39.90	40.13
24	Wilcockson, Alys	13	ABRY	3:15.07		43.83	44.74	35.10	33.60
	42.91	47.69	1:01.41	43.06	2	Montague, Mason	15	HAVY	5:09.88
25	Snellgrove, Chloe	13	AMMY	3:15.65		31.29	37.79	38.80	40.61
	44.51	52.14	56.49	42.51		44.49	45.68	34.92	36.30
26	Bowen, Seren E	13	CAMY	3:23.25	Event 313 Girls 11-12 100 SC Meter Breaststroke				
	44.17	51.63	1:02.59	44.86	Name		AgeTeam		Finals Time
---	Griffiths, Amelia	13	FISY	DQ	1	Hughes, Tirion H	12	SWAY	1:27.94
	39.92	47.63	54.54	42.19		41.59	46.35		
Event 311 Girls 15-16 200 SC Meter IM					2	Bissicks, Cari H	12	SWAY	1:30.51
Name		AgeTeam		Finals Time		42.77	47.74		
1	Hatton-Ellis, Isabelle L	15	SWAY	2:29.64	3	Hall, Isabelle	12	FISY	1:31.96
	33.07	37.25	44.91	34.41		43.89	48.07		
2	Hale, Gemma N	16	SWAY	2:39.32	4	Hall, Ellena	12	FISY	1:34.72
	35.34	41.46	46.20	36.32		45.10	49.62		
3	Huws, Awen G	15	NTVY	2:40.33	5	Patterson, Hollie M	12	CAMY	1:35.97
	34.87	41.08	48.62	35.76		45.39	50.58		
4	Webb, Saskia	16	HAVY	2:41.94	6	Filmer, Gwennan	11	ABRY	1:37.78
	33.31	41.30	50.39	36.94		46.47	51.31		
5	Welsby, Lily-May	16	ABRY	2:44.08	7	Thomas, Grace	12	CAMY	1:38.13
	34.21	41.44	50.76	37.67		47.33	50.80		
6	Carter, Ava	15	PEHY	2:47.60	8	Hughes, Mollie	12	CEDY	1:38.80
	34.63	40.67	52.56	39.74		46.23	52.57		
7	Thomas, Grace	16	MILY	2:47.64	9	Jewitt, Anya	12	LLLY	1:42.30
	35.83	43.46	51.30	37.05		49.64	52.66		
8	Clissold, Bronwyn	15	TENY	2:49.70	10	Clift, Meghan	12	SWAY	1:45.05
	36.18	44.09	51.76	37.67		49.46	55.59		
---	Peach, Eliza M	15	HAVY	DQ	11	Rogers, Sadie	11	PEHY	1:45.10
	41.93	47.77	1:01.17	43.64		51.06	54.04		
---	Williams, Hollie	16	NSGY	DQ	12	Scully, Emersyn	12	LLLY	1:46.26
	35.04	41.51	46.31	36.50		49.46	56.80		
Event 311 Girls 17 & Over 200 SC Meter IM					13	Kaill-Franks, Nia	12	FISY	1:47.12
Name		AgeTeam		Finals Time		51.21	55.91		
1	Lewis, Lowri	17	NEAY	2:29.55	14	Morris, Ffion	11	TENY	1:49.97
	30.89	40.22	44.02	34.42		52.12	57.85		
2	Clissold, Elizabeth	17	TENY	2:42.60	15	Powell, Nina	11	FISY	1:50.28
	34.44	41.98	49.91	36.27		52.01	58.27		
3	Morgan, Elen M	18	ABRY	2:44.27	16	James, Josie	11	LLLY	1:50.55
	32.71	40.49	52.91	38.16		51.26	59.29		
4	Selby, Cerys	17	NEAY	2:55.73	17	Kasto, Evie T	12	SWAY	1:50.87
	36.88	43.51	53.24	42.10		52.61	58.26		
Event 312 Boys 13-14 400 SC Meter IM					18	Heron, Edith	11	ABRY	1:51.49
Name		AgeTeam		Finals Time		52.96	58.53		
1	West, Dexter	14	FISY	4:59.06	19	Andreassen, Freya	12	AMMY	1:51.54
	30.86	35.84	36.02	37.07		49.83	1:01.71		
	45.53	43.94	35.85	33.95	20	Rees-Davies, Saoirse	12	LLLY	1:51.56
2	Bennett, Finley	14	HAVY	5:13.86		51.60	59.96		
	33.39	39.89	40.11	38.98	21	Griffiths, Elizabeth	12	FISY	1:55.14
	44.11	46.05	36.44	34.89		55.35	59.79		
3	Morgan, Ben	14	PEMY	5:56.16	22	Joseph, Ellie	11	CEDY	1:55.30
	36.06	45.38	46.99	45.30		55.09	1:00.21		
	50.52	52.00	41.31	38.60	23	Snelgrove, Scarlett	11	NEAY	1:55.54
						54.43	1:01.11		
Event 313 Girls 13-14 100 SC Meter Breaststroke					Name		AgeTeam		Finals Time
1	Stark, Tala	13	FISY	1:25.25					
	40.27	44.98							

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Results - Session 5 (Warmup 8.00 - 8.50)

(Event 313 Girls 13-14 100 SC Meter Breaststroke)				
Name		Age	Team	Finals Time
2	Knight, Lily	13	CEDY	1:26.71
	41.31	45.40		
3	Ostrowski, Julia	14	PEMY	1:28.14
	40.72	47.42		
4	Webb, Efa M	13	AMMY	1:29.84
	43.08	46.76		
5	Giles, Seren M	13	NTVY	1:31.63
	43.13	48.50		
6	Dafydd, Iola	14	FISY	1:33.18
	43.98	49.20		
7	Joyce, Lily K	14	SWAY	1:37.09
	46.58	50.51		
8	Thompson, Freya	13	HAVY	1:37.60
	47.89	49.71		
9	Thomas, Nikita	14	LLLY	1:38.50
	45.69	52.81		
10	Evans, Beca	13	ABRY	1:39.01
	46.89	52.12		
11	John, Annabel	14	PEMY	1:39.44
	46.60	52.84		
12	Snellgrove, Chloe	13	AMMY	1:39.66
	47.70	51.96		
13	Blyth, Isobelle	13	HAVY	1:41.28
	46.67	54.61		
14	Richards, Amber	14	CEDY	1:42.79
	49.66	53.13		
15	Wilcockson, Alys	13	ABRY	1:49.10
	49.96	59.14		
Event 313 Girls 15-16 100 SC Meter Breaststroke				
Name		Age	Team	Finals Time
1	Gibbs, Harriet	15	NSGY	1:18.60
	36.73	41.87		
2	Welsby, Lily-May	16	ABRY	1:20.08
	37.83	42.25		
3	Phillips, Emily	15	NEAY	1:22.31
	38.21	44.10		
4	John, Holly	16	HAVY	1:23.24
	38.47	44.77		
5	Hale, Gemma N	16	SWAY	1:25.40
	40.35	45.05		
6	Thomas, Medi A	15	LLLY	1:26.66
	40.81	45.85		
7	Brown, Caitlin	16	NSGY	1:28.95
	41.88	47.07		
8	Miles, Megan	15	FISY	1:29.08
	42.19	46.89		
9	Williams, Efa	15	NEAY	1:41.51
	45.45	56.06		
Event 313 Girls 17 & Over 100 SC Meter Breaststroke				
Name		Age	Team	Finals Time
1	Phillips, Rhianna	18	NSGY	1:21.24
	38.16	43.08		
2	Lewis, Abigail	18	NEAY	1:23.03
	38.62	44.41		
3	Evans, Caitlin	17	NEAY	1:23.25
	38.58	44.67		
4	Mountain, Sophie	36	HAVY	1:24.49
	38.63	45.86		

Event 313 Girls 100 SC Meter Breaststroke Multi-Class				
Name		Age	Team	Finals Time
1	Rice, Lily X SB7	19	PEMY/A, 12, +	1:42.48
	47.32	55.16		
Event 314 Boys 11-12 200 SC Meter Backstroke				
Name		Age	Team	Finals Time
1	King, Ethan	11	PEHY	2:45.74
	39.31	43.02	43.87	39.54
2	Hale, Oliver S	12	SWAY	2:51.60
	40.21	44.48	44.48	42.43
3	Davies, Ellis V	12	LLLY	2:52.00
	40.61	43.56	44.72	43.11
4	Noden, Rory	11	MILY	3:02.23
	43.51	47.77	47.26	43.69
5	Mills, Thomas	12	LLLY	3:02.86
	42.97	46.74	49.60	43.55
6	George, Kieran	12	MILY	3:13.11
	44.32	49.68	50.85	48.26
Event 314 Boys 13-14 200 SC Meter Backstroke				
Name		Age	Team	Finals Time
1	West, Dexter	14	FISY	2:22.14
	32.40	35.86	37.56	36.32
2	Thomas, Iolo	13	NEAY	2:22.37
	33.27	36.34	36.86	35.90
3	Phillips, Finley	13	NSGY	2:31.18
	35.33	38.00	38.66	39.19
4	Galbraith, Elian	14	LLLY	2:33.89
	34.92	38.44	41.26	39.27
5	Jones, Jack	14	TENY	2:37.27
	36.11	40.21	41.63	39.32
6	Harris, Osian	14	FISY	2:41.30
	36.59	40.20	42.99	41.52
7	Davies, Gethin	14	MILY	2:52.72
	37.31	43.49	47.05	44.87
8	Burt, Caio	13	LLLY	3:00.21
	42.48	45.67	46.54	45.52
Event 314 Boys 15-16 200 SC Meter Backstroke				
Name		Age	Team	Finals Time
1	Johnstone, Daniel	16	NSGY	2:05.89
	28.91	31.62	32.70	32.66
2	Montgomery, Samuel	15	HAVY	2:15.38
	31.01	34.35	35.08	34.94
3	Montague, Mason	15	HAVY	2:24.96
	34.88	38.38	36.42	35.28
4	Hedge, William	15	SWAY	2:40.65
	38.21	41.86	41.99	38.59
5	Burt, Teyan	16	LLLY	2:45.33
	38.87	42.10	42.29	42.07
Event 315 Girls 11-12 50 SC Meter Freestyle				
Name		Age	Team	Finals Time
1	Galdes-Cutting, Daisy	12	HAVY	30.70
2	Burns, Freya	12	SWAY	30.82
3	Bissicks, Cari H	12	SWAY	31.39
4	Kazmiruk, Anastasiia	12	AMMY	31.87
5	Sedgemore, Lola A	11	NTVY	31.94
6	Taffetsauffer, Isabella	12	LLLY	32.22
7	Hughes, Tirion H	12	SWAY	32.57
8	Griffiths, Ffion	12	TENY	32.61
9	Morgan, Evelyn	12	LLLY	33.41

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Results - Session 5 (Warmup 8.00 - 8.50)			
(Event 315 Girls 11-12 50 SC Meter Freestyle)			
Name	AgeTeam	Finals Time	
10 Thomas, Grace	12 CAMY	33.72	11 Philpott, Ffion
11 McFarlane, Una	12 MILY	34.08	12 Cressey-Rodgers, Gwenllian F
12 Filmer, Gwennan	11 ABRY	34.17	13 Richardson, Beca
13 Jones, Hunydd	12 CAMY	34.20	14 Jenkins, Alexandra G
14 Williams, Paige T	11 SWAY	34.23	15 Thompson, Freya
15 Davies, Erin	12 CEDY	34.57	16 Perrott, Niamh
16 Patterson, Hollie M	12 CAMY	34.59	17 Bruce, Keira
17 Bessent, Mia	12 PEHY	34.77	18 Davis, Olivia
18 Andreassen, Freya	12 AMMY	35.44	19 Upton-Boorman, Isabella
19 Dyde, Pheobe	11 PEMY	35.63	20 Bruce, Skye
20 Price, Seren -louise	11 CAMY	35.67	21 Griffiths, Gwenan M
21 Kasto, Evie T	12 SWAY	35.77	22 Szmigiero, Victoria
22 Macy, Lili A	12 ABRY	36.02	23 Hughes, Nancy J
23 Hughes, Mollie	12 CEDY	36.03	24 Holloway, Olivia
24 Griffiths, Elizabeth	12 FISY	36.10	25 Powell, Lottie
25 Short, Amelia L	12 NTVY	36.14	26 Macy, Peni
26 Pearce, Ava	12 AVSY	36.15	27 Dafydd, Mali
27 Thomas, Carys	12 PEHY	36.17	28 John, Annabel
28 Davies, Cadi	12 CEDY	36.37	29 Mason, Phoebe
29 Williams, Fay P	11 SWAY	36.48	30 Hanna, Shelby
*30 Wells, Iris	12 CEDY	36.54	31 Martin, Phoebe O
*30 David, Emily	12 HAVY	36.54	32 Snellgrove, Chloe
32 Morgan, Gwerfyl	12 ABRY	36.98	33 Bowen, Seren E
33 Powell, Nina	11 FISY	37.26	34 Wilcockson, Alys
34 Kenny, Jemima	12 MILY	37.49	35 Perrott, Hannah
35 Rowland, Scarlett	11 NEAY	37.50	36 Evans, Beca
*36 Berner, Kiana	12 ABRY	37.51	37 Dafydd, Iola
*36 Kaill-Franks, Nia	12 FISY	37.51	38 Gale, Jasmine
*36 Jewitt, Sophia	12 LLLY	37.51	39 Richards, Amber
39 Clift, Meghan	12 SWAY	38.13	40 Penfold, Robyn
40 Massey, Mia	11 CEDY	38.31	41 Joyce, Lily K
41 Joseph, Ellie	11 CEDY	38.49	42 Penfold, Freya
42 Hawkins, Betsy-May	12 LLLY	38.52	
*43 Rees-Davies, Saoirse	12 LLLY	38.53	
*43 Rogers, Sadie	11 PEHY	38.53	
45 Lloyd-Taylor, Cali	12 FISY	38.67	
46 Roberts Mylan, Sophie I	11 SWAY	38.87	
47 Leane, Megan	11 HAVY	39.05	
48 Roberts Mylan, Ffion C	11 SWAY	39.70	
49 Davies, Betsi	11 FISY	39.80	
50 Thomas, Leah	12 HAVY	39.87	
51 Snelgrove, Scarlett	11 NEAY	40.38	
52 Roberts, Grace	11 CEDY	40.62	
53 Gardner-Rolfe, Mia G	11 SWAY	40.67	
54 Williams, Eirwen N	11 SWAY	40.88	
55 Howell, Sophie	12 HAVY	40.98	
56 James, Josie	11 LLLY	41.64	
Event 315 Girls 13-14 50 SC Meter Freestyle			
Name	AgeTeam	Finals Time	
1 Griffiths, Cerys	13 HAVY	28.88	
2 Koo, Kathryn	14 TENY	29.43	
3 Jones, Eryn	14 NEAY	29.84	
4 Lythgoe, Manon H	14 SWAY	30.36	
5 Hale, Libby R	14 SWAY	30.40	
6 Coffey, Cora-leigh K	13 SWAY	30.56	
7 Ostrowski, Julia	14 PEMY	30.63	
8 Webb, Efa M	13 AMMY	30.73	
9 Griffiths, Amelia	13 FISY	31.50	
10 Thomas, Nikita	14 LLLY	31.68	
Event 315 Girls 15-16 50 SC Meter Freestyle			
Name	AgeTeam	Finals Time	
1 John, Holly	16 HAVY	28.45	
2 King, Marley	15 PEHY	28.75	
3 Hatton-Ellis, Isabelle L	15 SWAY	28.84	
4 O'Mahoney, Kaitlin	15 NEAY	29.20	
5 Welsby, Lily-May	16 ABRY	29.21	
6 Arnold, Lily	15 MILY	29.26	
7 Gibbs, Harriet	15 NSGY	29.27	
8 Williams, Hollie	16 NSGY	29.32	
9 Carter, Ava	15 PEHY	29.45	
10 Huws, Awen G	15 NTVY	29.46	
11 Devonald, Niamh	16 HAVY	29.49	
12 Clissold, Bronwyn	15 TENY	30.22	
13 Knight, Cari	15 PEHY	30.50	
14 Sullivan, Katie	16 NEAY	30.51	
15 Hanna, Jazmine	15 HAVY	30.60	
16 Kovachev, Georgie	16 FISY	30.66	
*17 Thomas, Caitlin	15 PEHY	30.68	
*17 Brown, Caitlin	16 NSGY	30.68	
19 Woodward, Angharad	15 NEAY	30.77	
20 David, Isabelle	16 SWAY	30.79	
21 Miles, Megan	15 FISY	30.80	
22 Douglas, Fabiana	15 NEAY	31.12	
*23 Phillips, Emily	15 NEAY	31.16	
*23 Ley, Lucy	15 SWAY	31.16	
25 Thomas, Grace	16 MILY	31.76	
26 Thomas, Medi A	15 LLLY	31.95	
27 O'Connell, Cerys E	15 NTVY	32.96	

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Results - Session 5 (Warmup 8.00 - 8.50)

(Event 315 Girls 15-16 50 SC Meter Freestyle)

	Name	AgeTeam	Finals Time
28	Williams, Efa	15 NEAY	33.21
29	Harwood, Amelia	16 HAVY	35.06
30	Harris, Lili	16 CAMY	35.17
31	Collins-Falconer, Alesha G	15 NTVY	35.40
32	Davies, Lowri	15 CEDY	35.61

Event 315 Girls 17 & Over 50 SC Meter Freestyle

	Name	AgeTeam	Finals Time
1	Morgan, Elen M	18 ABRY	27.82
2	Lewis, Lowri	17 NEAY	28.55
3	Goodliffe, Faith R	23 CEDY	28.80
4	Clissold, Elizabeth	17 TENY	28.99
5	White, Eleanor R	17 HAVY	29.15
6	Clapham, Rhiannon m	18 FISY	29.24
7	Turatto-Owen, Morgan L	17 SWAY	29.98
8	Knight, Ffion L	18 PEHY	30.14
9	Phillips, Rhianna	18 NSGY	30.52
10	Evans, Caitlin	17 NEAY	31.45
11	Lewis, Abigail	18 NEAY	31.58
12	Selby, Cerys	17 NEAY	34.09

Event 315 Girls 50 SC Meter Freestyle Multi-Class

	Name	AgeTeam	Finals Time
1	Philpott, Lowri S14	12 LLLY	48.97

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Results - Session 6 (Warmup 11.00 - 11.50)

Event 321 Girls 11-12 100 SC Meter Backstroke				6	Lythgoe, Manon H	14	SWAY	1:15.07
					36.25	38.82		
NameAgeTeamFinals Time				7	Philpott, Ffion	14	NSGY	1:15.77
1	Taffetsauffer, Isabella	12	LLLY	1:17.28		37.39	38.38	
	38.23	39.05			8	Cressey-Rodgers, Gwenllian F	13	NSGY
2	Bissicks, Cari H	12	SWAY	1:18.49		38.26	38.69	1:16.95
	38.13	40.36			9	Perrott, Niamh	14	CEDY
3	Jones, Hunydd	12	CAMY	1:21.19		37.88	39.18	1:17.06
	39.58	41.61			10	Upton-Boorman, Isabella	13	CAMY
4	McFarlane, Una	12	MILY	1:21.20		39.56	38.35	1:17.91
	39.79	41.41			11	Bruce, Keira	13	PEMY
5	Griffiths, Ffion	12	TENY	1:21.22		39.57	39.04	1:18.61
	39.56	41.66			12	Thompson, Freya	13	HAVY
6	Hnoiana, Valentyna	11	SWAY	1:21.78		39.02	40.97	1:19.99
	39.88	41.90			13	Thomas, Nikita	14	LLLY
7	Williams, Paige T	11	SWAY	1:24.07		39.36	41.33	1:20.69
	41.24	42.83			14	Hughes, Nancy J	14	NTVY
8	Andreassen, Freya	12	AMMY	1:24.90		40.86	40.94	1:21.80
	40.94	43.96			15	Griffiths, Amelia	13	FISY
9	Filmer, Gwennan	11	ABRY	1:25.11		40.76	41.59	1:22.35
	41.07	44.04			16	Macy, Peni	14	ABRY
10	Morgan, Evelyn	12	LLLY	1:26.08		40.94	42.02	1:22.96
	42.17	43.91			17	Griffiths, Gwenan M	13	SWAY
11	Wells, Iris	12	CEDY	1:28.23		40.46	43.00	1:23.46
	43.40	44.83			18	Powell, Lottie	13	SWAY
12	Lewis, Megan	12	NEAY	1:29.12		40.53	43.37	1:23.90
	43.57	45.55			19	Hanna, Shelby	14	HAVY
13	Morgan, Gwerfyl	12	ABRY	1:29.49		41.03	42.91	1:23.94
	45.54	43.95			20	Martin, Phoebe O	13	SWAY
14	Price, Seren -louise	11	CAMY	1:30.40		42.09	42.22	1:24.31
	44.92	45.48			21	Blyth, Isobelle	13	HAVY
15	Kenny, Jemima	12	MILY	1:31.84		42.13	45.20	1:27.33
	44.89	46.95			22	Szmigiero, Victoria	14	ABRY
16	Roberts Mylan, Ffion C	11	SWAY	1:32.99		43.38	45.15	1:28.53
	45.57	47.42			Event 321 Girls 15-16 100 SC Meter Backstroke			
17	Thomas, Carys	12	PEHY	1:33.75	NameAgeTeamFinals Time			
	46.76	46.99			1	Hatton-Ellis, Isabelle L	15	SWAY
18	Powell, Nina	11	FISY	1:33.83		32.85	34.33	1:07.18
	46.42	47.41			2	Pickersgill, Aoife	15	CAMY
19	Dyde, Pheobe	11	PEMY	1:36.25		34.70	37.64	1:12.34
	46.68	49.57			3	Carter, Ava	15	PEHY
20	Roberts Mylan, Sophie I	11	SWAY	1:38.40		34.95	37.95	1:12.90
	47.52	50.88			4	Devonald, Niamh	16	HAVY
21	Joseph, Ellie	11	CEDY	1:39.61		34.06	39.88	1:13.94
	51.04	48.57			5	Douglas, Fabiana	15	NEAY
22	Heron, Edith	11	ABRY	1:40.27		36.28	39.85	1:16.13
	49.58	50.69			6	Miles, Megan	15	FISY
23	Massey, Mia	11	CEDY	1:42.49		37.25	39.16	1:16.41
	49.38	53.11			7	Thomas, Caitlin	15	PEHY
Event 321 Girls 13-14 100 SC Meter Backstroke					37.38	40.30		1:17.68
NameAgeTeamFinals Time					37.31	42.53		
1	Nichols, Grace	13	HAVY	1:03.85	8	Hanna, Jazmine	15	HAVY
	31.20	32.65				37.31	42.53	1:19.84
2	Arnold, Jessica R	13	SWAY	1:12.33	9	O'Connell, Cerys E	15	NTVY
	34.83	37.50				42.21	46.79	1:29.00
3	Bruce, Skye	14	PEMY	1:14.65	Event 321 Girls 17 & Over 100 SC Meter Backstroke			
	36.37	38.28			NameAgeTeamFinals Time			
4	Koo, Kathryn	14	TENY	1:14.85	1	Goodliffe, Faith R	23	CEDY
	35.79	39.06				34.45	36.30	1:10.75
5	Holmes, Seren	14	NEAY	1:15.02	2	Lewis, Abigail	18	NEAY
	36.47	38.55				36.62	39.36	1:15.98

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(Event 321 Girls 17 & Over 100 SC Meter Backstroke)					8	Griffiths, Ffion		12	TENY	1:14.21
Name		Age	Team	Finals Time		35.63	38.58			
3	Bray, Bethan	17	CEDY	1:19.43	9	Thomas, Grace		12	CAMY	1:14.45
	38.00	41.43				35.90	38.55			
4	Rice, Lily	19	PEMY	1:21.45	10	Williams, Paige T		11	SWAY	1:14.93
	40.14	41.31				36.76	38.17			
Event 322 Boys 13-14 800 SC Meter Freestyle					11	Patterson, Hollie M		12	CAMY	1:15.65
Name		Age	Team	Finals Time		35.40	40.25			
1	Bennett, Finley	14	HAVY	9:19.28	12	Davies, Erin		12	CEDY	1:16.87
	30.73	34.33	35.02	35.74		38.56	38.31			
	35.83	35.12	35.10	36.14	13	Hall, Isabelle		12	FISY	1:17.05
	35.11	35.75	35.70	36.11		37.14	39.91			
	34.83	34.94	35.06	33.77	14	Short, Amelia L		12	NTVY	1:17.38
						37.80	39.58			
2	Thomas, Iolo	13	NEAY	9:43.68	15	Filmer, Gwennan		11	ABRY	1:17.78
	32.14	35.61	36.87	36.91		37.08	40.70			
	36.87	36.96	37.13	37.04	16	Lewis, Megan		12	NEAY	1:18.27
	37.13	37.17	37.06	37.26		37.77	40.50			
	36.93	37.00	36.48	35.12	17	Bessent, Mia		12	PEHY	1:18.37
3	Williams, Thomas	13	NSGY	9:50.26		37.50	40.87			
	33.02	36.59	37.91	37.96	18	Hughes, Mollie		12	CEDY	1:18.56
	38.17	37.76	37.31	37.78		37.27	41.29			
	37.37	37.22	37.12	37.04	19	Andreassen, Freya		12	AMMY	1:18.67
	37.38	36.72	36.42	34.49		36.85	41.82			
Event 322 Boys 15-16 800 SC Meter Freestyle					20	Kasto, Evie T		12	SWAY	1:18.87
Name		Age	Team	Finals Time		37.53	41.34			
1	Gillett, Oliver	16	SWAY	8:52.75	21	Scully, Emersyn		12	LLLY	1:19.26
	29.60	33.55	33.23	33.43		37.19	42.07			
	33.83	34.19	33.79	33.44	22	Jenkins, Elli J		12	SWAY	1:19.36
	33.72	34.08	34.33	33.92		37.42	41.94			
	34.11	34.38	34.16	28.99	23	Powell, Nina		11	FISY	1:20.30
2	Fletcher, Owen	16	HAVY	8:52.90		39.52	40.78			
	31.04	33.26	33.81	33.68	24	Williams, Fay P		11	SWAY	1:20.61
	33.90	34.08	34.19	33.96		38.09	42.52			
	33.90	33.84	33.71	33.56	25	Morris, Ffion		11	TENY	1:21.28
	33.63	33.78	33.50	29.06		39.87	41.41			
Event 322 Boys 17 & Over 800 SC Meter Freestyle					26	Dyde, Pheobe		11	PEMY	1:21.94
Name		Age	Team	Finals Time		38.60	43.34			
1	Gubb, Harvey	17	NEAY	9:13.72	27	Davies, Cadi		12	CEDY	1:22.65
	30.21	33.60	34.20	34.20		40.04	42.61			
	34.70	35.12	34.69	35.42	28	Pearce, Ava		12	AVSY	1:22.99
	35.62	35.17	35.72	35.89		39.23	43.76			
	36.09	35.75	35.05	32.29	29	Kenny, Jemima		12	MILY	1:23.18
Event 323 Girls 11-12 100 SC Meter Freestyle						39.61	43.57			
Name		Age	Team	Finals Time	30	Berner, Kiana		12	ABRY	1:23.63
1	Galdes-Cutting, Daisy	12	HAVY	1:05.60		40.46	43.17			
	31.50	34.10			31	Kaill-Franks, Nia		12	FISY	1:24.48
2	Burns, Freya	12	SWAY	1:06.34		39.55	44.93			
	31.47	34.87			32	Williams, Grace O		12	NTVY	1:25.46
3	Bissicks, Cari H	12	SWAY	1:08.48		41.88	43.58			
	33.15	35.33			33	Rees-Davies, Saoirse		12	LLLY	1:25.74
4	Kazmiruk, Anastasiia	12	AMMY	1:10.09		42.00	43.74			
	32.74	37.35			34	Clift, Meghan		12	SWAY	1:26.66
5	Sedgemore, Lola A	11	NTVY	1:11.69		40.80	45.86			
	34.07	37.62			*35	Gardner-Rolfe, Mia G		11	SWAY	1:27.06
6	Hall, Ellena	12	FISY	1:11.80		42.13	44.93			
	34.79	37.01			*35	Hawkins, Betsy-May		12	LLLY	1:27.06
7	Jones, Hunydd	12	CAMY	1:13.95		41.16	45.90			
	35.65	38.30			37	Percival, Bella		11	CEDY	1:27.97
						41.98	45.99			
					38	Griffiths, Elizabeth		12	FISY	1:28.56
						40.31	48.25			

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(Event 323 Girls 11-12 100 SC Meter Freestyle)					28	Davis, Olivia	14	PEHY	1:14.33
NameAgeTeamFinals Time						34.38	39.95		
39	May, Gwen A	11	NTVY	1:29.19	29	Hanna, Shelby	14	HAVY	1:16.00
	43.23	45.96				36.77	39.23		
Event 323 Girls 13-14 100 SC Meter Freestyle					30	Martin, Phoebe O	13	SWAY	1:16.26
NameAgeTeamFinals Time						37.27	38.99		
1	Griffiths, Cerys	13	HAVY	1:00.43	31	Holloway, Olivia	14	AVSY	1:16.55
	29.72	30.71				35.33	41.22		
2	Geach, Libbie	14	SWAY	1:01.51	32	Perrott, Hannah	13	CEDY	1:17.07
	29.83	31.68				37.23	39.84		
3	Nichols, Grace	13	HAVY	1:02.14	*33	Bowen, Seren E	13	CAMY	1:17.24
	29.94	32.20				37.92	39.32		
4	Koo, Kathryn	14	TENY	1:05.73	*33	Snellgrove, Chloe	13	AMMY	1:17.24
	31.17	34.56				36.94	40.30		
5	Jones, Eryn	14	NEAY	1:05.83	35	Wilcockson, Alys	13	ABRY	1:18.41
	31.30	34.53				36.02	42.39		
6	Lythgoe, Manon H	14	SWAY	1:06.33	36	Gale, Jasmine	13	AVSY	1:21.29
	31.63	34.70				38.09	43.20		
7	Hale, Libby R	14	SWAY	1:06.81	Event 323 Girls 15-16 100 SC Meter Freestyle				
	31.79	35.02			NameAgeTeamFinals Time				
8	Ostrowski, Julia	14	PEMY	1:07.93	1	King, Marley	15	PEHY	1:01.84
	31.79	36.14				30.03	31.81		
9	Philpott, Ffion	14	NSGY	1:08.20	2	Williams, Hollie	16	NSGY	1:02.36
	33.10	35.10				30.34	32.02		
10	Thomas, Nikita	14	LLLY	1:08.32	3	Welsby, Lily-May	16	ABRY	1:02.93
	32.88	35.44				30.13	32.80		
11	Coffey, Cora-leigh K	13	SWAY	1:08.53	4	Arnold, Lily	15	MILY	1:03.29
	32.78	35.75				30.41	32.88		
12	Cressey-Rodgers, Gwenllian H	13	NSGY	1:09.31	5	O'Mahoney, Kaitlin	15	NEAY	1:03.37
	33.16	36.15				30.36	33.01		
13	Jenkins, Alexandra G	14	SWAY	1:09.60	6	Huws, Awen G	15	NTVY	1:03.73
	33.59	36.01				30.87	32.86		
14	Stark, Tala	13	FISY	1:09.66	7	Webb, Saskia	16	HAVY	1:04.77
	32.94	36.72				31.41	33.36		
15	Thompson, Freya	13	HAVY	1:09.90	8	John, Holly	16	HAVY	1:04.79
	33.87	36.03				30.84	33.95		
16	Giles, Seren M	13	NTVY	1:11.01	9	Carter, Ava	15	PEHY	1:05.16
	34.12	36.89				30.97	34.19		
17	Bruce, Skye	14	PEMY	1:11.74	10	Pickersgill, Aoife	15	CAMY	1:05.48
	34.48	37.26				31.56	33.92		
18	Mason, Phoebe	13	HAVY	1:11.84	11	Kovachev, Georgie	16	FISY	1:05.65
	34.67	37.17				31.12	34.53		
19	Bruce, Keira	13	PEMY	1:12.02	*12	Gibbs, Harriet	15	NSGY	1:05.73
	35.01	37.01				31.23	34.50		
20	Griffiths, Amelia	13	FISY	1:12.05	*12	Clissold, Bronwyn	15	TENY	1:05.73
	35.46	36.59				31.53	34.20		
21	Hughes, Nancy J	14	NTVY	1:12.15	14	Brown, Caitlin	16	NSGY	1:05.94
	34.70	37.45				31.99	33.95		
22	Upton-Boorman, Isabella	13	CAMY	1:12.47	15	Knight, Cari	15	PEHY	1:06.10
	35.40	37.07				31.99	34.11		
23	Macy, Peni	14	ABRY	1:12.52	16	Devonald, Niamh	16	HAVY	1:06.58
	35.14	37.38				30.58	36.00		
24	Dafydd, Mali	13	FISY	1:12.61	17	Sullivan, Katie	16	NEAY	1:06.68
	34.29	38.32				31.98	34.70		
25	Szmigiero, Victoria	14	ABRY	1:13.84	18	Woodward, Angharad	15	NEAY	1:06.94
	35.70	38.14				32.17	34.77		
26	Powell, Lottie	13	SWAY	1:14.16	19	Hanna, Jazmine	15	HAVY	1:07.81
	34.67	39.49				32.26	35.55		
27	John, Annabel	14	PEMY	1:14.24	20	Thomas, Caitlin	15	PEHY	1:07.94
	36.23	38.01				32.88	35.06		

Results - Session 6 (Warmup 11.00 - 11.50)

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Results - Session 7 (Warmup 2.15 - 3.05)

Event 331 Boys 11-12 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Sekula, Mateusz J	12 NTVY	42.85
2 King, Ethan	11 PEHY	43.26
3 Smith, Jacob	11 HAVY	43.53
4 Hale, Oliver S	12 SWAY	44.86
5 Sekula, Szymon A	12 NTVY	45.69
6 Crotty, Beau	12 PEMY	48.22
7 Knight, Tom	12 HAVY	48.48
8 Smith, Declan	12 AMMY	48.82
9 Fogarty, Oliver	11 FISY	51.72
10 Williams, Efan	11 NEAY	53.34

Event 331 Boys 13-14 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Phillips, Finley	13 NSGY	34.44
2 Hall, Ethan	14 FISY	37.76
3 Williams, Thomas	13 NSGY	38.02
4 Santos, Liam	14 MILY	40.08
5 Thomas, Rhys	13 HAVY	43.62
6 Patterson, Ollie	13 MILY	43.90
7 Gourley, Ethan	14 PEHY	43.95
8 Lewis, Cian	14 NEAY	45.17
--- Phillips, Ioan	13 NEAY	DQ

Event 331 Boys 15-16 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Gillett, Oliver	16 SWAY	31.19
2 Clarke, Henry	16 SWAY	31.91
3 Richardson, Osian	15 SWAY	33.82
4 Richards, Aled	16 CEDY	36.05
5 Backen, Henry	15 FISY	39.43
6 Jones, Aaron	16 ABRY	39.72

Event 331 Boys 17 & Over 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Lewis, Matthew D	38 HAVY	32.70
2 Rogers, Logan L	17 PEHY	35.71

Event 332 Girls 11-12 200 SC Meter Butterfly

Name		AgeTeam		Finals Time
1	Roberts Mylan, Ffion C	11	SWAY	3:39.40
	45.07	55.84	59.33	59.16

Event 332 Girls 13-14 200 SC Meter Butterfly

Name		AgeTeam		Finals Time
1	Nichols, Grace	13	HAVY	2:38.28
	33.07	40.45	43.13	41.63
2	Griffiths, Cerys	13	HAVY	2:45.16
	35.20	43.62	43.98	42.36
3	Thompson, Freya	13	HAVY	3:06.12
	40.24	47.10	49.93	48.85
4	Mason, Phoebe	13	HAVY	3:11.23
	40.12	48.32	51.71	51.08

Event 332 Girls 15-16 200 SC Meter Butterfly

Name		AgeTeam		Finals Time
1	Webb, Saskia	16	HAVY	2:41.37
	34.91	40.98	42.60	42.88
2	Kovachev, Georgie	16	FISY	2:43.81
	34.67	41.30	44.55	43.29
3	Arnold, Lily	15	MILY	3:04.68
	36.36	46.44	49.92	51.96

Event 333 Boys 13-14 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 West, Dexter	14 FISY	1:06.59
30.59	36.00	
2 Hnoianyi, Andrii	14 SWAY	1:10.07
32.73	37.34	
3 Chapman, Coby L	14 PEHY	1:11.15
32.68	38.47	
4 Harris, Osian	14 FISY	1:12.84
35.37	37.47	
5 Galbraith, Elian	14 LLLY	1:12.93
33.45	39.48	
6 Morgan, Ben	14 PEMY	1:20.29
36.30	43.99	

Event 333 Boys 15-16 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Montgomery, Samuel	15 HAVY	1:03.98
30.07	33.91	
2 Fletcher, Owen	16 HAVY	1:04.14
30.12	34.02	

Event 333 Boys 17 & Over 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Thomas, Rhys A	18 SWAY	1:01.20
27.55	33.65	
2 Carver, Wil	17 SWAY	1:03.07
29.73	33.34	
3 Gubb, Harvey	17 NEAY	1:05.29
29.84	35.45	
4 Hedge, Thomas	18 SWAY	1:06.54
30.56	35.98	

Event 334 Girls 11-12 400 SC Meter Freestyle

	Name		AgeTeam		Finals Time
1	Galdes-Cutting, Daisy		12	HAVY	4:49.04
	32.16	35.96		36.78	37.25
	37.69	36.98		36.83	35.39
2	Burns, Freya		12	SWAY	4:58.05
	32.41	37.04		38.41	37.70
	38.37	38.27		39.15	36.70
3	Hall, Ellena		12	FISY	5:16.73
	36.22	38.79		40.10	40.65
	40.49	40.60		40.27	39.61
4	Morgan, Evelyn		12	LLLY	5:23.01
	37.39	40.70		41.24	41.12
	40.99	41.25		41.05	39.27
5	Sedgemore, Lola A		11	NTVY	5:34.46
	37.46	40.95		42.37	42.73
	42.80	44.11		42.95	41.09
6	McFarlane, Una		12	MILY	5:36.78
	39.13	42.92		43.18	44.04
	42.55	43.00		42.89	39.07
7	Hall, Isabelle		12	FISY	5:43.52
	39.33	42.55		43.65	44.03
	44.29	43.96		44.19	41.52
8	Griffiths, Ffion		12	TENY	5:51.14
	37.83	42.78		44.43	44.76
	46.09	46.07		46.07	43.11
9	Lewis, Megan		12	NEAY	6:01.19
	39.34	44.47		45.92	46.26
	46.83	47.10		47.28	43.99

West Wales Regional SC Championships 2023 - 24/11/2023 to 26/11/2023

Results - Session 7 (Warmup 2.15 - 3.05)									
(Event 334 Girls 11-12 400 SC Meter Freestyle)					6	Clissold, Bronwyn	15	TENY	5:01.10
						33.09	38.09	39.05	38.69
						38.98	38.08	38.45	36.67
					7	Arnold, Lily	15	MILY	5:09.84
						34.21	38.55	39.83	40.36
						39.90	39.45	39.40	38.14
					8	Carter, Ava	15	PEHY	5:10.44
						33.43	39.35	40.59	40.83
						39.93	39.37	39.81	37.13
					9	Sullivan, Katie	16	NEAY	5:14.51
						33.55	37.26	39.30	40.68
						40.88	41.22	41.08	40.54
					10	Clifford, Bethany	16	NEAY	5:17.55
						34.34	39.00	40.12	40.38
						40.76	41.35	41.03	40.57
Event 334 Girls 17 & Over 400 SC Meter Freestyle									
					Name		AgeTeam		Finals Time
					1	Stokes, Aimee	19	SUNY	4:41.66
						31.25	34.21	35.71	35.86
						35.98	36.45	36.62	35.58
					2	Lewis, Lowri	17	NEAY	4:51.49
						33.10	36.43	37.45	37.48
						37.39	37.11	37.03	35.50
					3	Clissold, Elizabeth	17	TENY	4:55.96
						33.36	37.31	38.00	38.12
						37.93	37.56	37.29	36.39
					4	Rice, Lily	19	PEMY	5:10.89
						36.23	38.43	39.00	39.52
						39.77	39.52	39.57	38.85
					5	Bray, Bethan	17	CEDY	5:24.53
						37.14	40.21	41.09	41.34
						41.92	41.89	41.82	39.12
Event 335 Boys 11-12 200 SC Meter Freestyle									
					Name		AgeTeam		Finals Time
					1	Harwood, Jack	12	HAVY	2:33.64
						35.28	38.29	40.36	39.71
					2	Mills, Thomas	12	LLLY	2:35.06
						36.01	40.27	40.78	38.00
					3	Hale, Oliver S	12	SWAY	2:35.54
						35.63	40.52	41.80	37.59
					4	Davies, Ellis V	12	LLLY	2:35.71
						36.63	40.45	40.36	38.27
					5	Smith, Jacob	11	HAVY	2:38.65
						36.40	40.46	42.37	39.42
					6	Smith, Declan	12	AMMY	2:42.90
						39.05	43.35	41.32	39.18
					7	Noden, Rory	11	MILY	2:49.29
						39.76	45.18	43.74	40.61
					8	Chapman, Henry	12	CAMY	2:50.68
						39.44	43.56	44.85	42.83
					9	Hughes, Freddy J	11	NTVY	2:58.34
						40.41	46.98	47.11	43.84
Event 335 Boys 13-14 200 SC Meter Freestyle									
					Name		AgeTeam		Finals Time
					1	Bennett, Finley	14	HAVY	2:10.56
						29.53	32.80	34.29	33.94
					2	West, Dexter	14	FISY	2:12.03
						30.10	33.94	34.33	33.66
					3	Galbraith, Elian	14	LLLY	2:15.91
						30.96	34.31	35.19	35.45

West Wales Regional SC Championships 2023 - 24/11/2023 to 26/11/2023**Results - Session 7 (Warmup 2.15 - 3.05)****(Event 335 Boys 13-14 200 SC Meter Freestyle)**

	Name		AgeTeam	Finals Time
4	Williams, Thomas		13 NSGY	2:16.52
	32.00	34.45	35.55	34.52
5	Jones, Jack		14 TENY	2:23.47
	32.69	37.25	37.81	35.72
6	Morgan, Ben		14 PEMY	2:25.59
	32.56	37.04	38.13	37.86
7	Burt, Caio		13 LLLY	2:31.56
	34.61	38.63	39.44	38.88
8	Davies, Gethin		14 MILY	2:32.75
	34.24	37.92	40.63	39.96
9	Thomas, Rhys		13 HAVY	2:38.30
	37.21	40.67	41.74	38.68
10	Harris, Toby		14 PEMY	2:39.74
	35.01	41.00	39.90	43.83

Event 335 Boys 15-16 200 SC Meter Freestyle

	Name		AgeTeam	Finals Time
1	Gillett, Oliver		16 SWAY	1:54.86
	26.56	29.62	29.97	28.71
*2	Montgomery, Samuel		15 HAVY	2:05.55
	27.98	31.88	33.95	31.74
*2	Fletcher, Owen		16 HAVY	2:05.55
	29.10	32.08	32.62	31.75
4	Richardson, Osian		15 SWAY	2:08.78
	30.30	32.48	32.95	33.05
5	Burt, Teyan		16 LLLY	2:19.88
	32.55	35.31	36.21	35.81
6	Warrender, Daniel I		15 ABRY	2:33.73
	32.82	38.86	41.37	40.68

Event 335 Boys 17 & Over 200 SC Meter Freestyle

	Name		AgeTeam	Finals Time
1	Carver, Wil		17 SWAY	2:05.40
	28.95	31.61	33.19	31.65