

SWIM WALES SUMMER CHAMPIONSHIPS

Wales National Pool Swansea

Wednesday 29th July - Sunday 2nd August 2026



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SWIM WALES

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Key Contacts and Venue Information

Swim Wales	Venue
Swim Wales Events Team: Tel: 01792513633 Email: events@swimwales.org Event webpage can be found on our website or by clicking here Event Manager: Ellie Gussey Events Officer: Seren Leconte Lead Safeguarding: Matthew Griffiths	Wales National Pool Swansea International Sports Village Sketty Lane Swansea SA2 8QG Wales National Pool Website

Event Webpage

[Swim Wales Summer Championships](#)

Key Dates for Athletes and Clubs

Phase 1 Entry Opening Date	Monday 18 th May 10am
Phase 1 Entry Closing Date	Friday 5 th June 5pm
Phase 2 Entry Opening Date	Monday 8 th June 10am
Phase 2 Entry Closing Date	Monday 6 th July 5pm
Accreditation Opening Date	Monday 18 th May 10am
Accreditation Closing Date	Monday 20 th July 5pm

Aquatics GB and Home Nation Meets Information

Summer Meets qualification Window

The qualifying window for the 2026 Aquatics GB Next Gen Championships and Home Nation Summer Meets will open on Friday 6th March and run through to Sunday 10th May.

Home Nation Meet Choice

Swimmers can choose to be entered into a Home Nation Summer Meet in two ways.

1. Country of their ranked club (first claim club in Scotland)
2. Country of International Representation

Swimmers should note, however, that when identifying qualifiers for the Home Nations meets, the automated system in place assumes athletes wish to be categorised by the country of their ranked club.

There is no direct relation to any decisions you made to attend any of the December 2025 Home Nation Winter meets or any previous summer meet decisions.

Swimmers wishing to be entered into a Home Nation Summer Meet based on international representation MUST complete the form via the link [HERE](#).

Athletes who wish to represent Wales but are members of Scottish Swimming or Swim England must hold a Welsh Representation membership with Swim Wales. This membership is necessary to confirm eligibility for the NextGen Championships and to ensure that all representative athletes are properly registered with their home nation. To purchase the membership or for further information, please visit the following webpage: www.swimwales.org/membership/welsh-representation

If you have any questions, please email HNMeetChoice@aquaticsgb.com
Information must be received via the form and no later than 5pm on Monday 4th May 2026. There will be no exceptions, and no changes will be made after this time.

Opting Out

A dual approach to opting out will be taken. The principle of using the opt-out is to ensure that as many of the available places at the Aquatics GB Next Gen Championships are filled, with no empty spaces in events. Swimmers not wishing to compete in events are requested to withdraw to ensure other swimmers can be invited to the Aquatics GB Next Gen Championships and the respective Home Nation Summer Meets.

Swimmers can opt out of:

- All summer meets (2026 Aquatics GB Next Gen Championships and the Home Nation meets)
- 2026 Home Nation meet only (but available for the Aquatics GB Next Gen Championships if invited)
- 2026 Aquatics GB Next Gen Championships only (if you withdraw from the Aquatics GB Next Gen Championships, you will **NOT** be able to compete in those invited events at the Home Nation meet).

Swimmers wishing to opt out of any of the above, please complete the form via the link [HERE](#) by 5pm Monday 4th May 2026.

Interim List

This year, weekly rankings lists will be published on a twice weekly basis (Tuesday and Friday) once the qualifying window opens. A final rankings list will be produced on 14th May 2026, once the window has closed. If it is believed that any of the data contained in the interim lists is incorrect or there are missing results, please report it by emailing british.events@aquaticsgb.com. These will only be rectified up until the point of which invitations are sent and not thereafter.

All results should be received by rankings@swimming.org by 11th May 2026.

Swim Wales Entry Phases

Phase 1 – Invited Entries	Phase 1 entries are for the top 16 swimmers (or 8 in the 800m and 1500m) who have not been invited the Aquatics GB Next Gen Championships and who have achieved their time within the Qualifying window (Friday 6th March to Sunday 10th May) at a 50m Level 1 Licenced meet. If you are invited in phase 1 you must enter those events in Phase 1 entries. You will not be able to enter any events you have been invited too during phase 2 entries.
Phase 2 – Open entries	Phase 2 entries are for swimmers who have not been invited to the Aquatics GB Next Gen Championships or any of the Home Nation Summer Meets and have achieved the consideration times within the window of 1st September 2025 to the closing date.

How to Enter the Meet

Individual Entry Fee	£12.80
Relay Entry Fee	£15

Entries will not be taken on a first come first served basis for this event. All entries submitted will be considered and a confirmed entry list will be published after close of entry.

In the event of over subscription, scratches will be made appropriately at the discretion of event management and will be based on entered entry times from those that have entered in Phase 2 only, athletes that are invited in Phase 1 entries will not be scratched. Refunds for scratches will be processed.

Online Entry Link Phase 1	Will be added here when entries open
Online Entry Link Phase 2	Will be added here when entries open

Entry Confirmation

Confirmed Entries List	Will be added here when entries open
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All competitors will receive two emails at the point of entry, one from the entry system confirming entry and one from PayPal confirming receipt of payment. Your entry is not complete until you have received the confirmation emails. It is the competitor's responsibility to check their details carefully and inform us of any errors by emailing events@swimwales.org.

Entries are not confirmed until published by Swim Wales, we therefore advise attendees to book flexible/refundable travel and/or accommodation arrangements. Swim Wales are not responsible for accommodation/travel and other related costs incurred as a result of event cancellation/venue changes.

It is the competitors' responsibility to check the confirmed published entry list and inform event management (events@swimwales.org) of discrepancies or errors. This must be raised within 48 hours of the confirmed entry list being published.

Event Conditions

Promoter	Swim Wales	
Pool	8 Lane, 50m Competition pool with full Electronic Timing and a 20m Swim Down Pool.	
Rules	The Competition shall be held under World Aquatics Rules World Para Swimming Rules and Regulations together with any changes and or additional conditions. Where World Para Swimming and World Aquatics Rules do not provide (e.g. Health & Safety Regulations or Safeguarding Guidelines) the requirements of Swim Wales shall apply.	
Age Groups	Individual Events 12 Year 13 years 14 years 15 years 16 years 17 years 18 + Years	Relay Events 12/13 14/16 17+
Heats	Swimmers aged 15 + will swim in the morning session and swimmers aged 12-14 will swim in the afternoon session.	
	All age groups for the 400m IM and 400m, 800m and 1500m Freestyle are Heat Declared Winner (HDW) Events.	
Finals	12 Year Final 13 years Final 14 years Final 15 years Final 16 years Final 17 years Final 18 + Years Final	
	Para competitors can qualify for age group finals based on outright performance by time, for events that do not have MC finals. Regardless of age, the top 8 competitors, based on British Para Swimming points, from heats will qualify for the multi class Para finals. The following para events (for both males and females) will have multi-class finals:	
	Event	Classification
	50m Freestyle 100m Freestyle	S1-S13 S1-S14

	200m Freestyle 400m Freestyle (HDW) 50m Backstroke 100m Backstroke 50m Breaststroke 100m Breaststroke 50m Butterfly 100m Butterfly 150m Individual Medley 200m Individual Medley	S1-S5 & S14 S6-S13 S1-S5 S1, S2, S6--S14 SB1-SB3 SB4-S9 & SB11-SB14 S1-S7 S8-S14 SM1-SM4 SM5-SM14
Competition Disclaimer	In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Swim Wales. Swim Wales will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.	
Eligibility to Compete	Entries will be accepted from Swim Wales Members only. Athletes must be registered Swim Wales Club Competitive members or Welsh Representation Members. Competitors can only compete for one club and one Country for the duration of the competition. In addition to the meeting the above criteria, para swimmers must also meet the below criteria: S1-S10 - All competitors must have an authorised Aquatics GB or World Para Swimming Classification, which is held on the Aquatics GB or World Para Swimming Classification Database at the time of entry, except for those on the list for classification immediately preceding the competition. S11-S13 - All competitors must have an authorised Aquatics GB, World Para Swimming Classification, which is held on the Aquatics GB or World Para Swimming Classification Database at the time of entry. S14 - All competitors must have an authorised Virtus S14, World Para Swimming Classification, or hold a Sport Excel (S64 UK Level Classification) with an application submitted to Virtus, which is held on the Aquatics GB or World Para Swimming Classification Database at the time of entry. Entries are not confirmed until published and confirmed by the event management team.	

Consideration Standards (Phase 2 entries only)	Competitors most current time available on rankings will be used for entry. Times will be considered from level 1, 2 and 3 licensed competitions. Times will be taken at the point of entry from rankings, taken into the online entry system, and will not be updated, amended, or refunded (unless medical) after entry is submitted. We do not accept split or relay times for any entry. 50m pool times or conversions to 50m pool times will be accepted for this meet; the quickest 50m time (be that an actual 50m achieved time or a 25m conversion to a 50m time) will be taken. The time converter used in the entry system that is publicly available for use can be found here: https://www.swimmingresults.org/downloads/equivalent-time/ Times will be accepted from the 1st of September 2025. All Para competitors must have bettered or equalled 150 British Para Points for each event they wish to enter in a designated or licensed meet (Swim Wales, Swim England, Scottish Swimming and Aquatics GB). Exceptions may be made at the discretion of the event management team.
Anti-doping	By entering this event, Competitors consent to report to Doping Control if requested at any time during this event. Competitors also agree to abide by British Swimming & UK Anti-Doping Rules. Anti-Doping information can be found be clicking here
Medals	Finals For events with finals medals will be awarded to the top three finishers in the below age groups, 12 years 13 years 14 years 15 years 16 years 17 years 18 + years

	HDW For the 400m IM 400m, 800m and 1500m freestyle medals will be awarded to the top three finishers, in the below age groups. 12 years 13 years 14 years 15 years 16 years 17 years 18 + years
	Para Para swimmers can win medals based on outright performances in age group finals, where a MC final was not available. Medals will be awarded to the top 3 competitors, based on para points, in the multi class para final. For the 400m Free medals will be awarded to the 3 competitors, based on para points in the heats.
Presentations	There will be no formal medal presentations, swimmers can collect their medals from the medals desk in reception.

Accreditation (formally known as Poolside Passes)

To access poolside a person must have an accreditation pass. All accreditations must be printed at home and be always worn and visible by all personnel.

Coaches, Team Managers and Chaperone Accreditation

To obtain accreditation a person must meet the criteria below:

1. **DBS:** A person must have a valid Disclosure and Barring Service (DBS) with a Barred list check.
2. **Safeguarding Certificate:** A person must have an approved Safeguarding qualification [Swim Wales Training Courses](#)
3. **Role Specific Qualifications:** If a person is coming to meet as a coach they must have a coaching qualification. A Team Manager must have completed at least a level 1 Team Manager qualification. A chaperone must be in attendance on a 1:1 support basis for an athlete. In the instance for para-swimmers, Tappers or Disability Support personnel would act in a 1:1 capacity with a specific athlete.

Accreditation includes use of refreshments and lunch provision on the upper level of the facility, full event access, seeded finals sheets and both a virtual and in-person coach/team manager briefing.

How to purchase an accreditation Guide	Click here
Price for full event accreditation	£30 £35 if purchased after the closing day of 20 th July
Purchasing a pass	Click here
Accreditation deadline	Monday 20 th July at 5pm
Online Coaches and Team Managers Briefing	Monday 27 th July at 6pm
In Person Coaches at Team Managers briefing	Wednesday 29 th July approx. 7:30am

Competitor Accreditation

Competitors entering the event will receive free event accreditation. Competitors must print their pass at home and bring it to the event.

How to Apply an Athlete Accreditation Guide	Click here
Applying for a pass	Click here
Accreditation deadline	Monday 20 th July at 5pm

Meet Information

Event Schedule

*Draft Schedule Subject to change

Swim Wales Summer Meet 2026 – Event Schedule

Day 1 – Wednesday	Day 2 – Thursday	Day 3 – Friday	Day 4 – Saturday	Day 5 – Sunday
Session 1 – heats (15+ years)	Session 4 – heats (15+ years)	Session 7 – heats (15+ years)	Session 10 – heats (15+ years)	Session 13 – heats (15+ years)
M 200m Freestyle F 200m Freestyle M 50m Breaststroke F 50m Breaststroke M 100m Backstroke F 100m Backstroke M 400m IM (HDW) F 400m IM (HDW)	F 200m Butterfly M 200m Butterfly F 100m Freestyle M 100m Freestyle F 200m Breaststroke M 200m Breaststroke F 800m Freestyle (HDW)	F 200m IM M 50m Freestyle F 50m Freestyle M 100m Breaststroke F 100m Breaststroke M 1500m Freestyle (HDW)	M 200m IM F 50m Butterfly M 50m Butterfly F 200m Backstroke M 200m Backstroke F 1500m Freestyle (HDW) M 400m Freestyle (HDW)	F 50m Backstroke M 50m Backstroke F 100m Butterfly M 100m Butterfly F 400m Freestyle (HDW) M 800m Freestyle (HDW)
Session 2 – heats (12-14 years)	Session 5 – heats (12-14 years)	Session 8 – heats (12-14 years)	Session 11 – heats (12-14 years)	Session 14 – heats (12-14 years)
M 200m Freestyle F 200m Freestyle M 50m Breaststroke F 50m Breaststroke M 100m Backstroke F 100m Backstroke M 400m IM (HDW) F 400m IM (HDW)	F 200m Butterfly M 200m Butterfly F 100m Freestyle M 100m Freestyle F 200m Breaststroke M 200m Breaststroke F 800m Freestyle (HDW)	F 200m IM M 50m Freestyle F 50m Freestyle M 100m Breaststroke F 100m Breaststroke M 1500m Freestyle (HDW)	M 200m IM F 50m Butterfly M 50m Butterfly F 200m Backstroke M 200m Backstroke F 1500m Freestyle (HDW) M 400m Freestyle (HDW)	F 50m Backstroke M 50m Backstroke F 100m Butterfly M 100m Butterfly F 400m Freestyle (HDW) M 800m Freestyle (HDW)
Session 3 – Finals	Session 6 – Finals	Session 9 – Finals	Session 12 – Finals	Session 15 – Finals
M, F, Para 200m Freestyle M, F, Para 50m Breaststroke M, F, Para 100m Backstroke	F 200m Butterfly M 200m Butterfly F, M, Para 100m Freestyle F 200m Breaststroke M 200m Breaststroke Mixed 4x100m mixed Freestyle relay	F 200m IM F 200 I.M Para M, F & Para 50m Freestyle M, F, Para 100m Breaststroke Mixed 4x200m mixed Freestyle relay	M 200m IM M 200 I.M Para F, M, Para 50m Butterfly F 200m Backstroke M 200m Backstroke	F, M, Para 50m Backstroke M, F, Para 100m Butterfly Mixed 4x100m mixed Medley relay

Consideration Standards

SWIM WALES SUMMER MEET 2026 (LONG COURSE)														
Long Course Qualifying Standards														
Age as of 31st December 2026														
MALE								FEMALE						
12	13	14	15	16	17	18+	EVENT	12	13	14	15	16	17	18+
00:35.3	00:33.5	00:31.2	00:29.7	00:28.8	00:28.0	00:28.0	50m Free	00:36.1	00:35.1	00:32.8	00:31.6	00:30.7	00:30.0	00:30.0
01:16.3	01:11.4	01:07.0	01:03.1	01:01.6	00:59.7	00:59.7	100m Free	01:17.8	01:15.3	01:10.6	01:07.9	01:06.1	01:05.0	01:05.0
02:46.8	02:38.0	02:28.4	02:20.1	02:16.5	02:12.9	02:12.9	200m Free	02:48.4	02:43.1	02:33.0	02:27.6	02:22.7	02:20.2	02:20.2
05:50.1	05:33.0	05:12.1	04:55.4	04:47.0	04:39.0	04:39.0	400m Free	05:54.0	05:42.7	05:21.8	05:12.0	05:01.6	04:56.3	04:56.3
12:05.2	11:27.1	10:42.1	10:06.0	09:49.8	09:33.2	09:33.2	800m Free	12:21.1	11:56.4	11:15.9	10:53.8	10:35.3	10:24.0	10:24.0
22:12.2		20:52.0	19:41.6	19:10.8	18:39.1	18:39.1	1500m Free	22:16.5		21:18.0	20:29.4	19:54.1	19:31.7	19:31.7
00:44.6	00:42.1	00:38.9	00:36.4	00:35.5	00:34.5	00:34.5	50m Breast	00:45.5	00:44.2	00:41.3	00:39.9	00:38.7	00:38.0	00:38.0
01:39.6	01:34.3	01:26.7	01:21.8	01:19.6	01:17.3	01:17.3	100m Breast	01:43.0	01:38.5	01:32.1	01:29.1	01:25.8	01:24.7	01:24.7
03:35.0	03:22.5	03:09.6	02:59.7	02:53.8	02:49.2	02:49.2	200m Breast	03:39.3	03:31.7	03:19.9	03:13.7	03:07.4	03:04.2	03:04.2
00:38.6	00:36.4	00:33.2	00:31.4	00:30.5	00:29.6	00:29.6	50m Fly	00:39.3	00:37.9	00:34.9	00:33.7	00:32.8	00:32.1	00:32.1
01:27.3	01:21.0	01:15.2	01:11.3	01:08.8	01:06.9	01:06.9	100m Fly	01:30.4	01:26.7	01:20.6	01:18.1	01:15.2	01:13.8	01:13.8
03:11.7	03:00.6	02:46.4	02:38.3	02:32.0	02:28.1	02:28.1	200m Fly	03:17.5	03:08.3	02:56.3	02:50.6	02:44.6	02:41.6	02:41.6
00:39.8	00:37.9	00:34.7	00:32.4	00:31.8	00:31.0	00:31.0	50m Back	00:41.3	00:39.6	00:36.9	00:35.5	00:34.4	00:33.6	00:34.5
01:28.0	01:23.0	01:16.1	01:12.0	01:09.7	01:07.8	01:07.8	100m Back	01:29.5	01:26.4	01:20.8	01:18.3	01:15.8	01:14.6	01:14.6
03:07.8	02:57.2	02:45.6	02:36.7	02:32.9	02:28.6	02:28.6	200m Back	03:13.8	03:07.0	02:54.5	02:48.2	02:42.6	02:39.8	02:39.8
03:13.0	03:01.6	02:50.1	02:41.3	02:36.7	02:32.6	02:32.6	200m IM	03:16.3	03:09.2	02:59.7	02:53.7	02:48.0	02:45.1	02:45.1
06:47.3	06:24.2	06:01.4	05:40.9	05:31.3	05:23.3	05:23.3	400m IM	06:49.7	06:35.5	06:16.7	06:05.7	05:52.9	05:46.8	05:46.8

Withdrawals

Heats

The withdrawal process relies upon swimmers' co-operation to keep the number of empty lanes to a minimum. Prior to the event, if you do not intend to swim, please withdraw from your race as early as possible to avoid creating an empty lane. To withdraw from any event please email events@swimwales.org **by 5pm Thursday 16th July**

Entry fee refunds will not be made for withdrawals, unless on medical grounds with a supporting medical note to be presented. This must be emailed to the above email address.

Finals

The withdrawals desk is located on poolside underneath the scoreboard. Withdrawals only need to be made by those who have qualified for finals (including reserves).

Whilst the withdrawals desk opens after the first heat of each session, the desk will also remain open for 20 minutes after the last event which has finals.

To withdraw from a finals race, finalist competitors must ensure they provide the required information at the withdrawals desk before it closes.

Those competitors aged under 18 years must ask for a coach or a team manager's signature to provide evidence of the withdrawal.

Those competitors aged 18 years and over can provide their own signature to evidence of the withdrawal.

A competitor who fails to adhere to the above withdrawal conditions and thereby does not swim in their finals race, risks being fined £50 and this charge may be issued at the discretion of the event management. It is the responsibility of the competitor and their club to decide whether the charge incurred is paid by the competitor or by the club.

Call Room Procedure

Call room marshalling for finals is in the middle of the changing village. Competitors should familiarise themselves with the location prior to the Finals' Session.

Competitors must report to the signing-in official, who will be located at the entry door to the call room, prior to entering the room. Once signed-in and entering the call room, competitors may not leave until their race is called.

It is the competitors', coaches', and team managers' responsibility to ensure that competitors report to the call room and sign-in with the designated official a minimum of 10 minutes prior to the published time of their race. Failure to do this will result in the competitor being excluded from the final and not being allowed to swim. Their place may be offered to the relevant reserve who has signed in.

Competitors who are reserves should attend the call room (adhering to the above) where an opportunity to race may arise. Where a reserve is brought in at short notice, the reserve may occupy the vacant lane if the event cannot be re-seeded.

Only competitors and designated personnel are allowed in the control room. Coaches and Team Managers should have no contact with competitor(s) between the time the competitor(s) signs into the call room and the start of their race.

Event Photography, Live Streaming and Photography Policy

We will have an Event Photography Team ([Malaper photography](#)) attending the event, if anyone wishes to **not** have their photograph taken at the event, please contact the Swim Wales Events Team at events@swimwales.org.

Unfortunately, this event will not be live-streamed.

Swim Wales are aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or identity of an individual which may present a risk of harm to the individual concerned. The use of such equipment is difficult to control but we can all be vigilant.

If you have any concerns or safeguarding queries, please bring them to the immediate attention of the Swim Wales Staff on the day of the event. Post event, if at any time an individual wishes an image of themselves to be removed from the public platform, 7 days' notice must be given to Swim Wales after which the data will be removed. The full Swim Wales film and photography guidance can be found at the front of house desk or accessed by emailing events@swimwales.org.