

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 2 - Warm Up 11.55 - 12.45****Event 8 Men 18-24 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Lloyd Jones	20	Merthyr Tydf-	2:45.00	2:35.61	
34.79	1:13.27 (38.48)	1:54.99 (41.72)	2:35.61 (40.62)		
2 Louis Batten	23	Atlantis-	2:38.73	2:38.96	
37.03	1:18.49 (41.46)	2:00.53 (42.04)	2:38.96 (38.43)		
3 Martin Schofield	24	Crawley-	2:34.47	2:40.17	
35.58	1:16.27 (40.69)	1:58.91 (42.64)	2:40.17 (41.26)		
4 Nathan Goodridge	24	Dove Valley-	2:55.00	3:08.36	
43.91	1:31.77 (47.86)	2:20.83 (49.06)	3:08.36 (47.53)		

Event 8 Men 25-29 200 LC Meter Backstroke

1 Scott Mitchell	26	Glenrothes-	2:19.10	2:27.11	
33.83	1:11.47 (37.64)	1:50.42 (38.95)	2:27.11 (36.69)		

Event 8 Men 35-39 200 LC Meter Backstroke

1 Aiden Dunne	37	Camden Swiss-	2:36.66	2:29.05	
33.22	1:10.03 (36.81)	1:48.95 (38.92)	2:29.05 (40.10)		
2 Ben Felton	36	Mansfield-	2:17.93	2:29.70	
34.00	1:11.57 (37.57)	1:50.86 (39.29)	2:29.70 (38.84)		

Event 8 Men 50-54 200 LC Meter Backstroke

1 Rupert Hough	50	Dove Valley-	3:25.00	3:12.48	
45.70	1:34.74 (49.04)	2:25.75 (51.01)	3:12.48 (46.73)		

Event 8 Men 55-59 200 LC Meter Backstroke

1 Simon Wintle	56	Gloucester M-	2:34.38	2:34.26	
36.30	1:15.00 (38.70)	1:54.71 (39.71)	2:34.26 (39.55)		
2 Erlend Alstad	56	Oslo Idrettslag Swimming-	2:36.37	2:39.94	
38.52	1:18.92 (40.40)	2:00.10 (41.18)	2:39.94 (39.84)		

Event 8 Men 60-64 200 LC Meter Backstroke

1 Dale Barker	61	Felixstowe-	2:50.89	2:57.00	
42.48	1:27.65 (45.17)	2:13.87 (46.22)	2:57.00 (43.13)		
2 Paul Tallentire	61	Carlisle Aq-	2:54.00	2:57.07	
42.30	1:26.79 (44.49)	2:12.49 (45.70)	2:57.07 (44.58)		
3 Mark Jones	63	Warrington M-	2:53.43	3:00.94	
43.81	1:29.88 (46.07)	2:16.48 (46.60)	3:00.94 (44.46)		
4 Antony Corben	61	S D Trojan-	2:57.34	3:05.34	
43.90	1:31.21 (47.31)	2:19.02 (47.81)	3:05.34 (46.32)		

Event 8 Men 65-69 200 LC Meter Backstroke

1 Robert Guy	65	Bristol Nor-	2:44.78	2:42.30	
38.05	1:19.15 (41.10)	2:01.07 (41.92)	2:42.30 (41.23)		
2 Godfrey Admans	69	Spencer-	3:29.92	3:17.79	
45.63	1:35.78 (50.15)	2:29.14 (53.36)	3:17.79 (48.65)		
3 Keith Parkin	69	Barnet Copt-	3:18.39	3:32.84	
49.51	1:42.05 (52.54)	2:38.38 (56.33)	3:32.84 (54.46)		
4 Anthony Llewellyn	65	C N Sitges-	4:13.26	4:23.87	
1:02.05	2:09.31 (1:07.26)	3:17.16 (1:07.85)	4:23.87 (1:06.71)		

Event 8 Men 70-74 200 LC Meter Backstroke

1 Eddie Riach	70	Milngavie &B-	2:48.00	2:53.62	
41.97	1:25.76 (43.79)	2:10.89 (45.13)	2:53.62 (42.73)		

Event 8 Men 75-79 200 LC Meter Backstroke

1 Neil Jackson	77	Southport-	3:56.56	4:20.14	
1:01.76	2:07.70 (1:05.94)	3:15.40 (1:07.70)	4:20.14 (1:04.74)		

Event 8 Men 80-84 200 LC Meter Backstroke

1 Paul Clarke	81	Beaver Mast-	4:26.00	4:18.08	
1:00.90	2:07.71 (1:06.81)	3:13.50 (1:05.79)	4:18.08 (1:04.58)		

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 2 - Warm Up 11.55 - 12.45****Event 9 Women 18-24 200 LC Meter Backstroke**

1	Tegan Davies	19	Bridgend Cty-	2:32.03	2:40.91
	36.50	1:16.96 (40.46)	1:59.21 (42.25)	2:40.91 (41.70)	
2	Lynsey Wright	24	Crawley-	2:34.82	2:41.49
	37.18	1:18.32 (41.14)	2:01.37 (43.05)	2:41.49 (40.12)	
3	Elpitha Polymerou	19	Keele University-	2:32.00	2:42.59
	35.94	1:17.18 (41.24)	2:01.66 (44.48)	2:42.59 (40.93)	

Event 9 Women 30-34 200 LC Meter Backstroke

1	Megan McDonagh	30	Otter-	2:36.36	2:43.64
	38.24	1:20.13 (41.89)	2:03.40 (43.27)	2:43.64 (40.24)	
2	Nia Westlake	30	Gloucester M-	2:46.55	2:44.10
	38.70	1:20.75 (42.05)	2:03.40 (42.65)	2:44.10 (40.70)	

Event 9 Women 35-39 200 LC Meter Backstroke

1	Stephanie Baron	36	S D Trojan-	3:05.50	2:59.53
	43.25	1:28.73 (45.48)	2:14.66 (45.93)	2:59.53 (44.87)	
2	Jane Stalker	38	Camphill Ed-	2:55.61	3:00.03
	42.09	1:26.86 (44.77)	2:13.28 (46.42)	3:00.03 (46.75)	

Event 9 Women 40-44 200 LC Meter Backstroke

1	Jo Mitchinson	44	Team Luton-	2:53.61	2:42.58
	38.73	1:19.46 (40.73)	2:01.26 (41.80)	2:42.58 (41.32)	
2	Rebecca Newson	41	Exe Masters-	2:43.13	2:43.56
	37.24	1:19.53 (42.29)	2:02.47 (42.94)	2:43.56 (41.09)	

Event 9 Women 45-49 200 LC Meter Backstroke

1	Lisa Dawson	45	Barnet Copt-	2:46.14	2:54.98
	42.17	1:27.25 (45.08)	2:11.95 (44.70)	2:54.98 (43.03)	

Event 9 Women 50-54 200 LC Meter Backstroke

1	Jo Corben	53	S D Trojan-	2:29.50	2:30.50
	35.23	1:13.50 (38.27)	1:52.18 (38.68)	2:30.50 (38.32)	
2	Bethan Bell	50	Gloucester M-	2:49.00	2:49.30
	40.42	1:23.07 (42.65)	2:06.56 (43.49)	2:49.30 (42.74)	
3	Claudine Day	52	Redhill & R-	3:58.65	4:00.56
	57.34	1:58.57 (1:01.23)	3:00.43 (1:01.86)	4:00.56 (1:00.13)	

Event 9 Women 55-59 200 LC Meter Backstroke

1	Lynda Coggins	59	Woking-	3:08.10	3:08.34
	43.31	1:30.94 (47.63)	2:20.13 (49.19)	3:08.34 (48.21)	
2	Jennifer Powell	55	Boldmere-	3:15.00	3:12.20
	43.88	1:32.34 (48.46)	2:23.34 (51.00)	3:12.20 (48.86)	

Event 9 Women 60-64 200 LC Meter Backstroke

1	Micaela Morris	62	Gloucester M-	3:27.01	3:16.42
	46.43	1:36.73 (50.30)	2:28.45 (51.72)	3:16.42 (47.97)	

Event 9 Women 65-69 200 LC Meter Backstroke

1	Amanda Heath	66	Spencer-	3:15.00	3:14.91
	47.67	1:37.65 (49.98)	2:26.88 (49.23)	3:14.91 (48.03)	
2	Kathleen Bidnall	68	Mid Sussex-	3:25.50	3:26.28
	47.36	1:39.78 (52.42)	3:26.28 (1:46.50)		
3	Julia Buchanan	66	Caldicot-	3:39.43	3:40.39
	51.51	1:48.67 (57.16)	2:45.34 (56.67)	3:40.39 (55.05)	

Event 9 Women 70-74 200 LC Meter Backstroke

1	Mary Johnson	73	Mid Sussex-	3:37.55	3:33.96
	49.59	1:44.51 (54.92)	2:41.05 (56.54)	3:33.96 (52.91)	
2	Margaret Bickley	72	Totnes-	3:48.32	3:52.56
		1:52.49 ()	3:52.56 (2:00.07)		

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 2 - Warm Up 11.55 - 12.45****(Event 9 Women 70-74 200 LC Meter Backstroke)**

3	Marianne Davey	70	Redhill & R-	4:09.39	4:22.65
	57.43	2:04.09 (1:06.66)	3:12.46 (1:08.37)	4:22.65 (1:10.19)	

Event 9 Women 75-79 200 LC Meter Backstroke

1	Elaine Blower	78	Barnet Copt-	4:04.72	4:12.68
	1:00.29	2:05.91 (1:05.62)	3:12.09 (1:06.18)	4:12.68 (1:00.59)	

Event 10 Men 18-24 50 LC Meter Butterfly

1	Alexander Morris	24	Gloucester M-	25.66	26.21
2	Jack Endersby	23	Cardiff Mast-	27.24	27.87
3	Martin Schofield	24	Crawley-	28.74	29.64
4	Louis Batten	23	Atlantis-	29.39	30.18
5	Joseph Seage	24	Co Sheffield-	30.03	30.26
6	Matthew Sayle	23	Keele University-	30.06	30.55
7	Will Curtis	19	Hinckley-	30.70	30.62
8	Sebastian Kwan	22	Keele University-	30.00	31.49
9	Thomas Bayley	24	Bristol Nor-	31.00	31.68
10	Ioannis Perros	21	Keele University-	34.20	32.04
11	Nathan Goodridge	24	Dove Valley-	30.50	33.15

Event 10 Men 25-29 50 LC Meter Butterfly

1	Jamie Cunningham	26	Woking-	27.45	27.09
2	Scott Mitchell	26	Glenrothes-	28.16	27.79
3	Connor Brunt	29	Woking-	26.22	27.95
4	Ryan Borthwick	29	Co Sheffield-	28.55	28.35
5	Joshua Hooper	25	Ots Bristol-	28.23	29.06
6	Geraint Meek	29	Cardiff Mast-	35.00	29.94
7	Kyle Job	25	Penyrheol-	29.20	30.11
8	Christian Pinnington	25	Ots Bristol-	32.70	32.69

Event 10 Men 30-34 50 LC Meter Butterfly

1	Michael Procter	30	Bicester-	26.20	26.98
2	Alex Mason	31	Pembs Cty-	33.00	33.89
3	Athanasios Galanis	32	Cardiff Mast-	42.00	36.40

Event 10 Men 35-39 50 LC Meter Butterfly

1	Warren Barrett	36	Exe Masters-	24.77	26.41
2	Paul Wilkes	39	Birmingham M-	27.85	26.78
3	Aiden Dunne	37	Camden Swiss-	32.11	30.56
4	Jonathan Airey	35	Bristol Nor-	30.00	31.16

Event 10 Men 40-44 50 LC Meter Butterfly

1	William Roberts	44	Otter-	28.64	27.77
2	James Barwick	41	East Leeds-	28.50	28.61
3	Christopher Malpass	44	Trafford Met-	29.50	28.75
4	Lee McCausland	43	Bridgend SC-	29.40	28.78
5	Christopher Jenkinson	40	Droitwich-	31.50	30.68
---	Tomasz Rybak	43	Wantage-	29.55	DQ

Event 10 Men 45-49 50 LC Meter Butterfly

1	Dean Blackman	48	Woking-	28.10	28.46
2	Barnaby Rudd	45	Woking-	36.00	35.94
3	Jonathan Leech	47	Co Sheffield-	35.36	38.12

Event 10 Men 50-54 50 LC Meter Butterfly

1	Jamie McHale	51	Co Sheffield-	29.69	29.05
2	Spencer Glover	53	Warrington M-	30.00	29.76
3	Stuart Colston	52	C Dolphins-	33.71	31.74

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 2 - Warm Up 11.55 - 12.45****(Event 10 Men 50-54 50 LC Meter Butterfly)**

4	Andy Squires	51	Team Anglia-	33.43	32.20
5	Nigel Travers-Griffin	54	Exe Masters-	31.94	33.18
6	Martin Butler	50	C Dolphins-	35.75	34.56

Event 10 Men 55-59 50 LC Meter Butterfly

1	Ian Wilkes	56	Loughborough-	29.20	29.12
2	Sean McQuaid	55	Barnet Copt-	30.64	30.98
3	Jonathan Saunders	57	Co Sheffield-	32.65	31.69
4	Brendan Bush	58	Welsh Ind-	42.00	44.21
5	Steven Jones	56	Cardiff Mast-	46.52	50.09

Event 10 Men 60-64 50 LC Meter Butterfly

1	Mark Robertson	61	Crawley-	29.86	30.25
2	Alan Parkins	63	Crawley-	32.56	32.88
3	Paul Cartwright	62	Camden Swiss-	33.24	33.28
4	Brian Armstrong	61	Gloucester M-	36.94	39.23
5	Stephen Gage	64	Cardiff Mast-	39.54	40.40
6	Stuart McGurk	62	Kendal-	41.45	44.76

Event 10 Men 65-69 50 LC Meter Butterfly

1	Martin Jennings	65	Bo Kirklees-	34.08	34.93
2	Ian Woollard	69	Barnet Copt-	35.62	38.13
3	Paul Pycroft	65	Cardiff Mast-	38.18	38.31
4	Vladimir Sveds	67	Cardiff Mast-	38.66	40.86

Event 10 Men 75-79 50 LC Meter Butterfly

1	Peter Stephens	76	Spencer-	50.86	54.81
2	Daniel Roberts	75	Co Sheffield-	54.21	1:00.83

Event 10 Men 85-89 50 LC Meter Butterfly

1	Donald Leatherbarrow	85	Gloucester M-	51.80	53.49
---	----------------------	----	---------------	-------	-------

Event 11 Women 18-24 50 LC Meter Butterfly

1	Faith Goodliffe	23	C Dolphins-	30.26	30.96
2	Rae Straupenieks	19	Bromley-	31.60	31.19
3	Mia Boyle	19	Keele University-	31.16	31.76
4	Anya Sordy	24	Co Sheffield-	33.00	31.88
5	Lauren Davies	19	Bridgend Cty-	31.96	32.40
6	Eleni Drimaropoulou	23	Keele University-	34.00	32.79
7	Carys Mai Havard	20	Keele University-	33.24	33.34
8	Lynsey Wright	24	Crawley-	33.23	34.93
9	Seren Cook	19	Bridgend Cty-	34.84	36.43
10	Bethan Morgan	19	Bridgend Cty-	35.00	36.44
11	Alice Darnton	19	Keele University-	35.40	38.57
12	Arwen Teagle	22	Merthyr Tydf-	38.66	39.42
13	Jodie Matthews	20	Bristol Nor-	37.12	40.76
14	Alexandra Edwards	24	Soundwell-	43.52	49.40

Event 11 Women 25-29 50 LC Meter Butterfly

1	Sophie Hutin	26	S D Trojan-	33.86	33.51
2	Verity Cook	28	Swansea Mast-	35.20	35.07
3	Emily Whiting	26	Bristol Nor-	35.11	35.57
4	Rebecca Reid	27	Bristol Nor-	34.69	36.06
5	Chloe Thomas	25	Bridgend Cty-	43.66	45.45
6	Sarah Sharrock	29	Trafford Met-	55.00	50.58

Event 11 Women 30-34 50 LC Meter Butterfly

1	Ceris Westlake	32	Gloucester M-	32.00	32.58
---	----------------	----	---------------	-------	-------

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 2 - Warm Up 11.55 - 12.45****(Event 11 Women 30-34 50 LC Meter Butterfly)**

2	Megan Pardoe	34	Bristol Nor-	33.78	34.06
3	Alice Eaton	31	Bristol Nor-	39.93	40.03
4	Sandra Camacho	34	Club Vela Platja Llarga-	41.82	41.10

Event 11 Women 35-39 50 LC Meter Butterfly

1	Kimberly Saddler	35	Exe Masters-	30.57	30.97
2	Sarah Quartermaine	37	Carrick Mas-	31.63	32.14
3	Sara Magrath	36	Bristol Pen-	33.50	34.19
4	Emma Price-Stephens	39	Torfaen D-	37.00	35.48
5	Laura Kerrigan	38	Spencer-	42.00	42.28
---	Crystal Brownnett	39	Woking-	39.63	DQ

Event 11 Women 40-44 50 LC Meter Butterfly

1	Aimee Ramm	41	G B Police-	29.68	30.43
2	Rebecca Newson	41	Exe Masters-	31.56	31.04
3	Victoria Williams	41	Bath Dolphin-	33.16	33.26
4	Nicola Beynon	41	Welsh Ind-	38.00	38.99
5	Sophie Smith	41	C Dolphins-	1:00.00	51.95

Event 11 Women 45-49 50 LC Meter Butterfly

1	Elizabeth Bellinger	45	Bishop Stort-	30.87	31.01
2	Susan Teale	47	Bo Kirklees-	30.54	31.23
3	Sorcha Kennedy	47	Cardiff Mast-	33.33	32.26
4	Ceri Rees	45	Carm Masters-	38.01	39.48

Event 11 Women 50-54 50 LC Meter Butterfly

1	Michelle Ware	50	Woking-	30.22	30.25
2	Helen Sadler	53	Trafford Met-	32.50	31.76
3	Jeanne Petit	53	Psv Eindhoven-	32.09	32.62
4	Joanne Alexander	52	Stroud Mast-	41.00	40.12
5	Geertje Van Keulen	54	Swansea Mast-	42.50	43.73

Event 11 Women 55-59 50 LC Meter Butterfly

1	Kim Adair	59	Swansea Mast-	38.00	37.18
---	-----------	----	---------------	-------	-------

Event 11 Women 60-64 50 LC Meter Butterfly

1	Micaela Morris	62	Gloucester M-	40.93	40.88
---	----------------	----	---------------	-------	-------

Event 11 Women 70-74 50 LC Meter Butterfly

1	Susan Haigh	71	Exe Masters-	43.09	44.80
2	Christine Ayers	70	South Beds-	46.93	45.35

Event 11 Women 75-79 50 LC Meter Butterfly

1	Alison Gwynn	75	Mid Sussex-	49.89	47.48
---	--------------	----	-------------	-------	-------

Event 11 Women 80-84 50 LC Meter Butterfly

1	Helen Hughes	81	Arfon-	1:15.00	1:13.75
---	--------------	----	--------	---------	---------

Event 12 Men 18-24 100 LC Meter Breaststroke

1	Kjetil Rehm	24	Bristol Nor-	1:10.99	1:14.36
	33.48		1:14.36 (40.88)		
2	Joseph Seage	24	Co Sheffield-	1:13.03	1:16.02
	35.21		1:16.02 (40.81)		
3	Elliot Riley-Brown	21	Wycombe Dist-	1:20.00	1:27.51
	41.01		1:27.51 (46.50)		

Event 12 Men 25-29 100 LC Meter Breaststroke

1	David Jenkins	25	Birmingham M-	1:25.00	1:16.15
	35.23		1:16.15 (40.92)		

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 2 - Warm Up 11.55 - 12.45****(Event 12 Men 25-29 100 LC Meter Breaststroke)**

2	Christian Pinnington	25	Ots Bristol-	1:24.09	1:26.95
	41.55		1:26.95 (45.40)		

Event 12 Men 30-34 100 LC Meter Breaststroke

1	Benjamin Jones	32	Cardiff Mast-	1:15.00	1:11.92
	33.24		1:11.92 (38.68)		

2	Fraser Peh	33	Otter-	1:13.00	1:13.83
	35.49		1:13.83 (38.34)		

---	Athanasios Galanis	32	Cardiff Mast-	1:30.00	DQ
	44.44		DQ (55.22)		

Event 12 Men 35-39 100 LC Meter Breaststroke

1	Luke Wilson-Kilgour	39	Lydney-	1:17.54	1:20.19
	36.96		1:20.19 (43.23)		

Event 12 Men 40-44 100 LC Meter Breaststroke

1	Christopher Jones	42	Portsmouth N-	1:02.75	1:07.92
	31.69		1:07.92 (36.23)		

2	Christopher Jenkinson	40	Droitwich-	1:18.50	1:20.68
	38.59		1:20.68 (42.09)		

3	Matt Toogood	44	Newport-	1:20.92	1:26.97
	39.84		1:26.97 (47.13)		

4	Christopher Hanmer	44	Chirk-	1:33.71	1:35.62
	44.39		1:35.62 (51.23)		

Event 12 Men 50-54 100 LC Meter Breaststroke

1	Ian Swift	50	Co Sheffield-	1:07.75	1:13.16
	34.54		1:13.16 (38.62)		

2	Stuart Colston	52	C Dolphins-	1:25.62	1:26.47
	40.66		1:26.47 (45.81)		

3	Martin Butler	50	C Dolphins-	1:32.28	1:36.30
	45.25		1:36.30 (51.05)		

Event 12 Men 55-59 100 LC Meter Breaststroke

1	Erlend Alstad	56	Oslo Idrettslag Swimming-	1:17.85	1:20.30
	38.30		1:20.30 (42.00)		

2	Simon Edwards	56	CarltonForum-	1:25.00	1:29.54
	40.34		1:29.54 (49.20)		

3	Frank Morris	56	A.N.T. SC-	1:34.56	1:36.49
	43.32		1:36.49 (53.17)		

---	Malcolm Rainier	56	Hart-	1:45.00	DQ
	45.67		DQ (51.28)		

Event 12 Men 60-64 100 LC Meter Breaststroke

1	David Bryant	62	Woking-	1:18.43	1:16.97
	37.43		1:16.97 (39.54)		

2	Mark Partridge	60	Stroud Mast-	1:26.76	1:28.97
	40.59		1:28.97 (48.38)		

3	Neil Procter	63	Barnet Copt-	1:25.12	1:29.15
	42.81		1:29.15 (46.34)		

4	Philip Holme	64	Barnet Copt-	1:31.25	1:29.97
	42.09		1:29.97 (47.88)		

Event 12 Men 65-69 100 LC Meter Breaststroke

1	Thomas Morrow	67	Gloucester M-	1:26.67	1:29.71
	43.22		1:29.71 (46.49)		

2	Michael Battersby	65	Cardiff Mast-	1:37.28	1:37.00
	44.79		1:37.00 (52.21)		

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 2 - Warm Up 11.55 - 12.45****(Event 12 Men 65-69 100 LC Meter Breaststroke)**

3	Anthony Llewellyn	65	C N Sitges-	1:56.54	2:07.94
	1:01.08		2:07.94 (1:06.86)		

Event 12 Men 80-84 100 LC Meter Breaststroke

1	Paul Clarke	81	Beaver Mast-	2:15.00	2:11.02
	1:00.95		2:11.02 (1:10.07)		

Event 13 Women 18-24 100 LC Meter Breaststroke

1	Seren Cook	19	Bridgend Cty-	1:20.56	1:29.15
	42.39		1:29.15 (46.76)		
2	Arwen Teagle	22	Merthyr Tydf-	1:28.20	1:30.34
	42.35		1:30.34 (47.99)		
3	Carys Mai Havard	20	Keele University-	1:24.68	1:31.51
	42.35		1:31.51 (49.16)		

Event 13 Women 25-29 100 LC Meter Breaststroke

1	Carys Thomas	26	Cardiff Mast-	1:24.06	1:27.70
	41.50		1:27.70 (46.20)		
2	Harriet Borthwick	29	Co Sheffield-	1:27.78	1:30.72
	43.50		1:30.72 (47.22)		
3	Nicola Grange	25	C Dolphins-	1:35.00	1:40.41
	47.32		1:40.41 (53.09)		

Event 13 Women 30-34 100 LC Meter Breaststroke

1	Vicki Payne	34	Gloucester M-	1:20.00	1:23.59
	39.91		1:23.59 (43.68)		
2	Megan McDonagh	30	Otter-	1:21.09	1:24.57
	39.60		1:24.57 (44.97)		

Event 13 Women 35-39 100 LC Meter Breaststroke

1	Laura Cranshaw	36	Birmingham M-	1:21.19	1:21.01
	37.83		1:21.01 (43.18)		
2	Jennie Clarke	38	Woking-	1:28.18	1:26.49
	41.43		1:26.49 (45.06)		
3	Sophie Mountain	36	Pembs Cty-	1:22.86	1:27.93
	40.07		1:27.93 (47.86)		
4	K Jedrzycka-Bogdanska	37	Torfaen D-	1:27.29	1:28.12
	41.63		1:28.12 (46.49)		
5	Samantha Caffery	37	Dove Valley-	1:34.24	1:34.16
	44.43		1:34.16 (49.73)		
6	Jane Stalker	38	Camphill Ed-	1:35.54	1:38.04
	46.82		1:38.04 (51.22)		

Event 13 Women 40-44 100 LC Meter Breaststroke

1	Katie Pateman	41	Exe Masters-	1:22.55	1:24.93
	39.84		1:24.93 (45.09)		
2	Jodie Cox	42	TransplantSC-	1:35.62	1:32.00
	43.12		1:32.00 (48.88)		

Event 13 Women 45-49 100 LC Meter Breaststroke

1	Victoria Codling	47	Caldicot-	1:34.76	1:36.53
	45.03		1:36.53 (51.50)		
2	Maida Shivik	49	Camden Swiss-	1:45.00	1:44.93
	51.12		1:44.93 (53.81)		
3	Sarah Jones	49	S D Trojan-	1:50.23	1:47.21
	50.44		1:47.21 (56.77)		

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 2 - Warm Up 11.55 - 12.45****Event 13 Women 50-54 100 LC Meter Breaststroke**

1	Claire Thorn	52	G B Police-	1:29.67	1:27.01
	40.95	1:27.01	(46.06)		
2	Ali Skirvin	54	Strat Sharks-	1:33.38	1:32.71
	44.22	1:32.71	(48.49)		
3	Claire Tagg	54	S D Trojan-	1:33.00	1:35.62
	44.59	1:35.62	(51.03)		

Event 13 Women 55-59 100 LC Meter Breaststroke

1	Jo Seymour	58	Gloucester M-	1:24.77	1:28.31
	40.82	1:28.31	(47.49)		
2	Lynda Coggins	59	Woking-	1:30.98	1:32.81
	44.72	1:32.81	(48.09)		
3	Wendy Figures	58	Co Sheffield-	1:38.01	1:38.35
	46.69	1:38.35	(51.66)		
4	Rachael Knight	56	CarltonForum-	1:42.00	1:42.64
	47.97	1:42.64	(54.67)		
5	Lucille Thirlby	59	Out To Swim-	2:02.98	1:57.72
	56.01	1:57.72	(1:01.71)		

Event 13 Women 60-64 100 LC Meter Breaststroke

1	Verity Dobbie	64	Gates &whick-	1:39.53	1:40.59
	47.29	1:40.59	(53.30)		
2	Kathleen Raymond	60	MwayMaritime-	1:45.00	1:44.57
	49.55	1:44.57	(55.02)		
3	Caroline Jupp	61	Swansea Mast-	1:46.00	1:45.12
	49.60	1:45.12	(55.52)		
4	Janet Monk	60	Welsh Ind-	2:10.00	2:00.76
	56.86	2:00.76	(1:03.90)		

Event 13 Women 65-69 100 LC Meter Breaststroke

1	Amanda Heath	66	Spencer-	1:30.15	1:30.81
	43.25	1:30.81	(47.56)		
2	Susan Procter	67	Barnet Copt-	2:00.00	1:56.64
	55.64	1:56.64	(1:01.00)		
3	Judith Barton	67	Poole-	2:10.00	2:07.04
	59.29	2:07.04	(1:07.75)		

Event 13 Women 70-74 100 LC Meter Breaststroke

1	Margaret Bickley	72	Totnes-	2:01.62	2:00.60
	57.03	2:00.60	(1:03.57)		

Event 13 Women 80-84 100 LC Meter Breaststroke

1	Diane Ford	80	Spencer-	1:45.00	1:45.53
	49.48	1:45.53	(56.05)		

Event 14 Men 72-99 200 LC Meter Medley Relay

1	Cardiff Mast	A		NT	2:00.53
	1) Callum Morris M28	2) Benjamin Jones M32	3) Jack Endersby M23	4) Geraint Meek M29	
	33.65	1:07.20 (33.55)	1:34.03 (26.83)	2:00.53 (26.50)	

Event 14 Men 160-199 200 LC Meter Medley Relay

1	Co Sheffield	A		NT	2:02.65
	1) Jamie McHale M51	2) Ian Swift M50	3) Ryan Borthwick M29	4) Jonathan Saunders M57	
	33.13	1:05.22 (32.09)	1:33.60 (28.38)	2:02.65 (29.05)	

Event 14 Men 200-239 200 LC Meter Medley Relay

1	Swansea Mast	A		NT	2:25.19
	1) Stephen Croall M51	2) Dylan Gravelle M61	3) Ned Gill M43	4) Paul Grunhut M54	
	35.74	1:20.29 (44.55)	1:52.53 (32.24)	2:25.19 (32.66)	

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 2 - Warm Up 11.55 - 12.45****Event 14 Men 240-279 200 LC Meter Medley Relay**

1	Barnet Copt	A		NT	2:23.76
	1) Keith Parkin M69	2) Philip Holme M64	3) Sean McQuaid M55	4) Neil Procter M63	
	41.74	1:19.85 (38.11)	1:52.23 (32.38)	2:23.76 (31.53)	
2	Cardiff Mast	B		NT	2:41.47
	1) Stephen Gage M64	2) Michael Battersby M65	3) Paul Pycroft M65	4) David Lowe M67	
	44.51	1:27.79 (43.28)	2:06.94 (39.15)	2:41.47 (34.53)	

Event 15 Women 72-99 200 LC Meter Medley Relay

1	Cardiff Mast	A		NT	2:18.39
	1) Ruby Verge W23	2) Carys Thomas W26	3) Nadine James W25	4) Karen Howells W52	
	32.56	1:12.09 (39.53)	1:44.11 (32.02)	2:18.39 (34.28)	
2	Co Sheffield	A		NT	2:19.79
	1) Abbie Whiting W24	2) Harriet Borthwick W29	3) Anya Sordy W24	4) Mary Swallow W27	
	35.16	1:17.01 (41.85)	1:48.01 (31.00)	2:19.79 (31.78)	

Event 15 Women 100-119 200 LC Meter Medley Relay

1	Bristol Nor	A		NT	2:33.07
	1) Emily Whiting W26	2) Rebecca Reid W27	3) Megan Pardoe W34	4) Alice Eaton W31	
	36.68	1:24.26 (47.58)	1:57.81 (33.55)	2:33.07 (35.26)	

Event 15 Women 120-159 200 LC Meter Medley Relay

1	Swansea Mast	A		NT	2:19.80
	1) Hannah Griffiths W29	2) Jordanna Roberts W41	3) Hannah Munday W32	4) Verity Cook W28	
	36.97	1:16.47 (39.50)	1:48.17 (31.70)	2:19.80 (31.63)	

Event 15 Women 200-239 200 LC Meter Medley Relay

1	Co Sheffield	B		NT	2:38.85
	1) Wendy Figures W58	2) Nicola Idle W52	3) Erzsebet Kiss W47	4) Catherine Hartle W65	
	45.09	1:25.64 (40.55)	2:01.03 (35.39)	2:38.85 (37.82)	
2	Swansea Mast	B		NT	2:43.19
	1) Geertje Van Keulen W54	2) Caroline Jupp W61	3) Beth Raby W50	4) Kim Adair W59	
	42.87	1:29.74 (46.87)	2:09.37 (39.63)	2:43.19 (33.82)	

Event 15 Women 280-319 200 LC Meter Medley Relay

---	Mid Sussex	A		NT	DQ
	1) Mary Johnson W73	2) Rose Dudeney W76	3) Kathleen Bidnall W68	4) Alison Gwynn W75	
	44.91	1:42.60 (57.69)	2:28.35 (45.75)	DQ (44.23)	