

North Wales Regional SC Championships 2023 - 24/11/2023 to 26/11/2023**Session Report**

Session: 1 Session 1 Warm up 17.45-18.00

Day of Meet: 1 Starts at 06:05 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	111 Boys 11 & Over 50 Butterfly	41	6	06:05 PM	_____
Finals	112 Girls 11 & Over 1500 Freestyle	5	1	06:13 PM	_____
Finals	113 Boys 11 & Over 50 Backstroke	40	5	06:36 PM	_____
Finals	114 Girls 11 & Over 50 Butterfly	74	10	06:44 PM	_____
Finals	115 Boys 11 & Over 1500 Freestyle	4	1	06:57 PM	_____
Finals	116 Girls 11 & Over 50 Backstroke	76	10	07:21 PM	_____
	Swimmers Counts for Warm-ups: 152	=====	=====		
	Entry / Heat Totals:	240	33		
	Finish Time			07:37 PM	_____

Session: 2 Session 2 Warm up 08.15-09.00

Day of Meet: 2 Starts at 09:05 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	211 Boys 11 & Over 200 IM	50	7	09:05 AM	_____
Finals	212 Girls 11 & Over 400 IM	15	2	09:31 AM	_____
Finals	213 Boys 11 & Over 100 Breaststroke	35	5	09:45 AM	_____
Finals	214 Girls 11 & Over 200 Backstroke	48	6	09:56 AM	_____
Finals	215 Boys 11 & Over 50 Freestyle	73	10	10:20 AM	_____
	Swimmers Counts for Warm-ups: 141	=====	=====		
	Entry / Heat Totals:	221	30		
	Finish Time			10:32 AM	_____

Session: 3 Session 3 Warm Up 11.15-12.00 and Male SKINS 225

Day of Meet: 2 Starts at 12:05 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	221 Boys 11 & Over 100 Backstroke	46	6	12:05 PM	_____
Finals	222 Girls 11 & Over 800 Freestyle	10	2	12:19 PM	_____
Finals	223 Boys 11 & Over 100 Freestyle	73	10	12:44 PM	_____
Finals	224 Girls 11 & Over 200 Breaststroke	49	7	01:02 PM	_____
	Swimmers Counts for Warm-ups: 135	=====	=====		
	Entry / Heat Totals:	178	25		
	Finish Time			01:32 PM	_____

Session: 4 Session 4 Warm up 14.45-15.45

Day of Meet: 2 Starts at 03:50 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	231 Girls 11 & Over 50 Breaststroke	87	11	03:50 PM	_____
Finals	232 Boys 11 & Over 200 Butterfly	3	1	04:06 PM	_____
Finals	233 Girls 11 & Over 100 Butterfly	50	7	04:09 PM	_____
Finals	234 Boys 11 & Over 400 Freestyle	24	3	04:24 PM	_____
Finals	235 Girls 11 & Over 200 Freestyle	78	10	04:43 PM	_____
	Swimmers Counts for Warm-ups: 151	=====	=====		
	Entry / Heat Totals:	242	32		
	Finish Time			05:16 PM	_____

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Session: 5 Session 5 Warm Up 08.00-09.00

Day of Meet: 3 Starts at 09:05 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	311 Girls 11 & Over 200 IM	97	13	09:05 AM	_____
Finals	312 Boys 11 & Over 400 IM	7	1	09:54 AM	_____
Finals	313 Girls 11 & Over 100 Breaststroke	73	10	10:01 AM	_____
Finals	314 Boys 11 & Over 200 Backstroke	23	3	10:24 AM	_____
Finals	315 Girls 11 & Over 50 Freestyle	137	18	10:35 AM	_____
	Swimmers Counts for Warm-ups: 184	=====	=====		
	Entry / Heat Totals:	337	45		
	Finish Time			10:58 AM	_____

Session: 6 Session 6 Warm up 11.30-12.30 and SKINS 325

Day of Meet: 3 Starts at 12:35 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	321 Girls 11 & Over 100 Backstroke	77	10	12:35 PM	_____
Finals	322 Boys 11 & Over 800 Freestyle	5	1	12:59 PM	_____
Finals	323 Girls 11 & Over 100 Freestyle	126	16	01:13 PM	_____
Finals	324 Boys 11 & Over 200 Breaststroke	20	3	01:43 PM	_____
	Swimmers Counts for Warm-ups: 159	=====	=====		
	Entry / Heat Totals:	228	30		
	Finish Time			01:56 PM	_____

Session: 7 Session 7 Warm Up 15.10-15.55

Day of Meet: 3 Starts at 04:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	331 Boys 11 & Over 50 Breaststroke	40	5	04:00 PM	_____
Finals	332 Girls 11 & Over 200 Butterfly	13	2	04:07 PM	_____
Finals	333 Boys 11 & Over 100 Butterfly	23	3	04:15 PM	_____
Finals	334 Girls 11 & Over 400 Freestyle	48	6	04:21 PM	_____
Finals	335 Boys 11 & Over 200 Freestyle	41	6	04:58 PM	_____
	Swimmers Counts for Warm-ups: 117	=====	=====		
	Entry / Heat Totals:	165	22		
	Finish Time			05:18 PM	_____