

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.10 - 2.40****Event 38 Women 18-24 800 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Arwen Teagle	22	Merthyr Tydf-	11:21.14	11:07.05	
36.87	1:17.93 (41.06)	1:59.34 (41.41)	2:41.63 (42.29)		
3:23.75 (42.12)	4:06.20 (42.45)	4:48.50 (42.30)	5:31.08 (42.58)		
6:13.24 (42.16)	6:56.03 (42.79)	7:38.62 (42.59)	8:21.75 (43.13)		
9:03.65 (41.90)	9:45.92 (42.27)	10:27.54 (41.62)	11:07.05 (39.51)		

Event 38 Women 25-29 800 LC Meter Freestyle

1 Amber Coughlan	27	Camphill Ed-	13:00.00	11:41.81	
37.60	1:19.81 (42.21)	2:03.86 (44.05)	2:47.24 (43.38)		
3:31.69 (44.45)	4:16.11 (44.42)	5:01.65 (45.54)	5:46.29 (44.64)		
6:31.67 (45.38)	7:16.01 (44.34)	8:01.31 (45.30)	8:46.52 (45.21)		
9:31.83 (45.31)	10:16.59 (44.76)	11:00.59 (44.00)	11:41.81 (41.22)		
2 Caoimhe Hennigan	25	Ballina Swimming Club-	11:40.97	12:53.76	
40.42	1:24.37 (43.95)	2:10.39 (46.02)	2:58.02 (47.63)		
3:46.66 (48.64)	4:36.25 (49.59)	5:26.40 (50.15)	6:16.37 (49.97)		
7:05.04 (48.67)	7:54.84 (49.80)	8:45.46 (50.62)	9:35.44 (49.98)		
10:26.13 (50.69)	11:15.45 (49.32)	12:05.26 (49.81)	12:53.76 (48.50)		

Event 38 Women 30-34 800 LC Meter Freestyle

1 Nia Westlake	30	Gloucester M-	10:07.94	10:27.27	
34.94	1:14.20 (39.26)	1:54.13 (39.93)	2:34.06 (39.93)		
3:14.01 (39.95)	3:54.12 (40.11)	4:33.92 (39.80)	5:13.65 (39.73)		
5:53.41 (39.76)	6:33.00 (39.59)	7:12.49 (39.49)	7:52.24 (39.75)		
8:31.56 (39.32)	9:11.53 (39.97)	9:50.44 (38.91)	10:27.27 (36.83)		

Event 38 Women 35-39 800 LC Meter Freestyle

1 Emma Price-Stephens	39	Torfaen D-	11:35.00	11:10.46	
37.66	1:18.52 (40.86)	2:00.57 (42.05)	2:42.70 (42.13)		
3:25.05 (42.35)	4:08.03 (42.98)	4:50.99 (42.96)	5:34.22 (43.23)		
6:16.94 (42.72)	7:00.04 (43.10)	7:42.47 (42.43)	8:25.60 (43.13)		
9:07.65 (42.05)	9:49.68 (42.03)	10:30.42 (40.74)	11:10.46 (40.04)		
2 Joanne Blount	38	TigersharksW-	12:11.00	11:59.32	
38.37	1:21.93 (43.56)	2:06.98 (45.05)	2:53.21 (46.23)		
3:39.22 (46.01)	4:25.41 (46.19)	5:11.02 (45.61)	5:57.00 (45.98)		
6:43.51 (46.51)	7:29.66 (46.15)	8:15.83 (46.17)	9:01.86 (46.03)		
9:47.75 (45.89)	10:33.18 (45.43)	11:17.67 (44.49)	11:59.32 (41.65)		
3 Laura Kerrigan	38	Spencer-	12:11.44	12:07.81	
39.69	1:24.70 (45.01)	2:11.01 (46.31)	2:57.48 (46.47)		
3:44.32 (46.84)	4:31.03 (46.71)	5:17.74 (46.71)	6:04.27 (46.53)		
6:50.70 (46.43)	7:36.55 (45.85)	8:22.68 (46.13)	9:08.98 (46.30)		
9:54.80 (45.82)	10:40.91 (46.11)	11:25.33 (44.42)	12:07.81 (42.48)		

Event 38 Women 40-44 800 LC Meter Freestyle

1 Rebecca Lennon	41	Trafford Met-	11:21.04	11:36.53	
39.23	1:22.00 (42.77)	2:05.73 (43.73)	2:49.53 (43.80)		
3:33.46 (43.93)	4:17.37 (43.91)	5:01.63 (44.26)	5:45.54 (43.91)		
6:29.88 (44.34)	7:14.22 (44.34)	7:58.30 (44.08)	8:42.50 (44.20)		
9:26.99 (44.49)	10:11.02 (44.03)	10:54.67 (43.65)	11:36.53 (41.86)		

Event 38 Women 45-49 800 LC Meter Freestyle

1 Karen Burton	48	Camphill Ed-	16:00.00	13:57.95	
43.15	1:31.34 (48.19)	2:21.63 (50.29)	3:12.92 (51.29)		
4:05.07 (52.15)	4:58.88 (53.81)	5:52.45 (53.57)	6:46.85 (54.40)		
7:41.22 (54.37)	8:36.48 (55.26)	9:31.30 (54.82)	10:26.26 (54.96)		
11:21.03 (54.77)	12:14.99 (53.96)	13:08.15 (53.16)	13:57.95 (49.80)		

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.10 - 2.40****Event 38 Women 50-54 800 LC Meter Freestyle**

1	Bryony Wilkes	53	Loughborough-	11:50.00	12:03.10
	38.81	1:22.03 (43.22)	2:07.25 (45.22)	2:52.02 (44.77)	
	3:37.97 (45.95)	4:23.52 (45.55)	5:09.72 (46.20)	5:55.42 (45.70)	
	6:41.87 (46.45)	7:27.89 (46.02)	8:13.99 (46.10)	9:00.43 (46.44)	
	9:46.96 (46.53)	10:33.62 (46.66)	11:19.25 (45.63)	12:03.10 (43.85)	
2	Karen Howells	52	Cardiff Mast-	12:00.00	12:28.05
	41.20	1:27.76 (46.56)	2:15.19 (47.43)	3:02.63 (47.44)	
	3:50.27 (47.64)	4:38.08 (47.81)	5:25.49 (47.41)	6:13.48 (47.99)	
	7:00.46 (46.98)	7:48.38 (47.92)	8:36.06 (47.68)	9:23.44 (47.38)	
	10:10.34 (46.90)	10:57.33 (46.99)	11:43.54 (46.21)	12:28.05 (44.51)	
3	Zorika Adams	53	Camden Swiss-	12:35.19	12:42.29
	40.92	1:28.71 (47.79)	2:17.57 (48.86)	3:07.10 (49.53)	
	3:55.58 (48.48)	4:44.73 (49.15)	5:33.75 (49.02)	6:22.99 (49.24)	
	7:10.60 (47.61)	7:59.73 (49.13)	8:45.90 (46.17)	9:33.27 (47.37)	
	10:21.75 (48.48)	11:11.57 (49.82)	11:58.13 (46.56)	12:42.29 (44.16)	
4	Judith McGregor-Harper	53	Exe Masters-	11:58.23	13:13.58
	42.57	1:30.34 (47.77)	2:19.66 (49.32)	3:09.74 (50.08)	
	4:00.21 (50.47)	4:50.55 (50.34)	5:40.97 (50.42)	6:31.80 (50.83)	
	7:22.41 (50.61)	8:13.14 (50.73)	9:03.48 (50.34)	9:54.28 (50.80)	
	10:44.69 (50.41)	11:35.32 (50.63)	12:25.99 (50.67)	13:13.58 (47.59)	

Event 38 Women 55-59 800 LC Meter Freestyle

1	Ceri Thomas	58	Bridgend SC-	12:00.00	12:25.63
	41.32	1:27.30 (45.98)	2:14.31 (47.01)	3:00.99 (46.68)	
	3:48.04 (47.05)	4:34.97 (46.93)	5:21.89 (46.92)	6:08.98 (47.09)	
	6:56.19 (47.21)	7:43.47 (47.28)	8:31.05 (47.58)	9:18.35 (47.30)	
	10:05.46 (47.11)	10:52.64 (47.18)	11:39.69 (47.05)	12:25.63 (45.94)	
2	Suzanne Maidment	57	Spencer-	12:21.89	12:25.87
	39.77	1:23.65 (43.88)	2:10.47 (46.82)	2:57.39 (46.92)	
	3:45.02 (47.63)	4:32.93 (47.91)	5:20.67 (47.74)	6:08.29 (47.62)	
	6:56.53 (48.24)	7:44.14 (47.61)	8:31.70 (47.56)	9:19.18 (47.48)	
	10:06.55 (47.37)	10:53.83 (47.28)	11:40.79 (46.96)	12:25.87 (45.08)	
3	Katharine King	55	Wycombe Dist-	12:45.00	13:04.27
	43.32	1:32.27 (48.95)	2:22.36 (50.09)	3:12.28 (49.92)	
	4:02.82 (50.54)	4:52.29 (49.47)	5:42.04 (49.75)	6:31.42 (49.38)	
	7:20.93 (49.51)	8:10.80 (49.87)	9:00.00 (49.20)	9:49.49 (49.49)	
	10:39.19 (49.70)	11:29.20 (50.01)	12:18.04 (48.84)	13:04.27 (46.23)	
4	Helen Andrews	57	S D Trojan-	12:54.00	13:16.00
	44.52	1:34.57 (50.05)	2:25.35 (50.78)	3:16.40 (51.05)	
	4:06.28 (49.88)	4:56.75 (50.47)	5:46.28 (49.53)	6:35.88 (49.60)	
	7:25.76 (49.88)	8:15.52 (49.76)	9:05.84 (50.32)	9:56.88 (51.04)	
	10:46.93 (50.05)	11:37.62 (50.69)	12:27.66 (50.04)	13:16.00 (48.34)	

Event 38 Women 60-64 800 LC Meter Freestyle

1	Elaine Seager	60	Loughborough-	12:15.00	12:04.15
	41.63	1:27.40 (45.77)	2:12.99 (45.59)	2:59.31 (46.32)	
	3:45.72 (46.41)	4:32.19 (46.47)	5:18.57 (46.38)	6:04.50 (45.93)	
	6:50.65 (46.15)	7:36.80 (46.15)	8:22.20 (45.40)	9:07.72 (45.52)	
	9:52.70 (44.98)	10:37.93 (45.23)	11:22.63 (44.70)	12:04.15 (41.52)	
2	Ruth Cartwright	61	Southport-	12:58.22	13:21.01
	43.00	1:30.39 (47.39)	2:20.53 (50.14)	3:11.34 (50.81)	
	4:01.94 (50.60)	4:52.98 (51.04)	5:44.05 (51.07)	6:35.26 (51.21)	
	7:26.66 (51.40)	8:17.39 (50.73)	9:08.30 (50.91)	9:59.58 (51.28)	
	10:50.34 (50.76)	11:41.09 (50.75)	12:32.18 (51.09)	13:21.01 (48.83)	
3	Kathleen Raymond	60	MwayMaritime-	13:45.00	13:30.68
	44.32	1:34.65 (50.33)	2:25.98 (51.33)	3:17.68 (51.70)	
	4:09.20 (51.52)	5:00.55 (51.35)	5:52.26 (51.71)	6:44.22 (51.96)	
	7:35.31 (51.09)	8:26.66 (51.35)	9:17.86 (51.20)	10:09.04 (51.18)	
	10:59.96 (50.92)	11:50.99 (51.03)	12:41.75 (50.76)	13:30.68 (48.93)	

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.10 - 2.40****(Event 38 Women 60-64 800 LC Meter Freestyle)**

4	Delia Keen	62	Carm Masters-	17:27.03	17:55.16
	58.89	2:04.90 (1:06.01)	3:12.61 (1:07.71)	4:20.98 (1:08.37)	
	5:29.16 (1:08.18)	6:38.12 (1:08.96)	7:46.58 (1:08.46)	8:54.99 (1:08.41)	
	10:02.93 (1:07.94)	11:10.36 (1:07.43)	12:18.35 (1:07.99)	13:26.09 (1:07.74)	
	14:34.94 (1:08.85)	15:43.72 (1:08.78)	16:51.11 (1:07.39)	17:55.16 (1:04.05)	

Event 38 Women 65-69 800 LC Meter Freestyle

1	Catherine Hartle	65	Co Sheffield-	13:05.00	13:02.07
	43.90	1:32.05 (48.15)	2:20.78 (48.73)	3:10.54 (49.76)	
	3:59.42 (48.88)	4:48.41 (48.99)	5:37.97 (49.56)	6:27.34 (49.37)	
	7:16.82 (49.48)	8:06.31 (49.49)	8:55.29 (48.98)	9:44.95 (49.66)	
	10:34.49 (49.54)	11:24.42 (49.93)	12:14.04 (49.62)	13:02.07 (48.03)	
2	Julia Buchanan	66	Caldicot-	13:49.65	14:15.47
	45.08	1:37.30 (52.22)	2:29.94 (52.64)	3:24.07 (54.13)	
	4:18.48 (54.41)	5:13.05 (54.57)	6:08.65 (55.60)	7:03.42 (54.77)	
	7:57.83 (54.41)	8:52.36 (54.53)	9:46.85 (54.49)	10:41.74 (54.89)	
	11:36.09 (54.35)	12:30.85 (54.76)	13:24.51 (53.66)	14:15.47 (50.96)	

Event 38 Women 70-74 800 LC Meter Freestyle

1	Susan Haigh	71	Exe Masters-	12:55.00	13:14.44
	44.47	1:34.94 (50.47)	2:25.86 (50.92)	3:17.19 (51.33)	
	4:07.81 (50.62)	4:58.39 (50.58)	5:48.64 (50.25)	6:38.32 (49.68)	
	7:28.27 (49.95)	8:18.50 (50.23)	9:08.89 (50.39)	9:58.75 (49.86)	
	10:48.80 (50.05)	11:39.16 (50.36)	12:28.30 (49.14)	13:14.44 (46.14)	

Event 38 Women 75-79 800 LC Meter Freestyle

1	Rose Dudeney	76	Mid Sussex-	15:00.00	15:00.64
	50.55	1:47.22 (56.67)	2:43.82 (56.60)	3:40.95 (57.13)	
	4:37.46 (56.51)	5:35.31 (57.85)	6:31.69 (56.38)	7:28.76 (57.07)	
	8:25.57 (56.81)	9:22.95 (57.38)	10:19.67 (56.72)	11:17.07 (57.40)	
	12:13.41 (56.34)	13:11.16 (57.75)	14:06.85 (55.69)	15:00.64 (53.79)	

Event 38 Men 18-24 800 LC Meter Freestyle

1	Lloyd Jones	20	Merthyr Tydf-	10:30.00	10:09.03
	32.03	1:09.77 (37.74)	1:47.18 (37.41)	2:26.77 (39.59)	
	3:04.40 (37.63)	3:43.49 (39.09)	4:22.55 (39.06)	5:02.18 (39.63)	
	5:40.17 (37.99)	6:20.01 (39.84)	6:59.01 (39.00)	7:39.07 (40.06)	
	8:16.73 (37.66)	8:56.50 (39.77)	9:33.56 (37.06)	10:09.03 (35.47)	

Event 38 Men 30-34 800 LC Meter Freestyle

1	Daniel Mills	32	Trafford Met-	8:46.60	9:11.94
	28.77	1:00.49 (31.72)	1:32.62 (32.13)	2:05.04 (32.42)	
	2:37.31 (32.27)	3:09.81 (32.50)	3:41.55 (31.74)	4:12.50 (30.95)	
	4:58.57 (46.07)	5:37.87 (39.30)	6:14.72 (36.85)	6:51.28 (36.56)	
	7:27.43 (36.15)	8:03.27 (35.84)	8:38.01 (34.74)	9:11.94 (33.93)	
2	Andrew O'Leary	33	Cardiff Mast-	13:00.00	11:10.03
	35.10	1:15.31 (40.21)	1:56.34 (41.03)	2:37.92 (41.58)	
	3:21.19 (43.27)	4:03.85 (42.66)	4:45.65 (41.80)	5:28.65 (43.00)	
	6:12.27 (43.62)	6:55.55 (43.28)	7:39.40 (43.85)	8:21.62 (42.22)	
	9:03.70 (42.08)	9:46.91 (43.21)	10:30.12 (43.21)	11:10.03 (39.91)	
3	Matthew Lees	34	Rochdale-	10:27.00	11:14.24
	35.38	1:15.18 (39.80)	1:56.37 (41.19)	2:38.11 (41.74)	
	3:20.67 (42.56)	4:03.86 (43.19)	4:47.73 (43.87)	5:31.17 (43.44)	
	6:15.19 (44.02)	6:58.32 (43.13)	7:42.04 (43.72)	8:24.92 (42.88)	
	9:08.94 (44.02)	9:52.45 (43.51)	10:35.33 (42.88)	11:14.24 (38.91)	

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.10 - 2.40****Event 38 Men 40-44 800 LC Meter Freestyle**

1	David Wood	41	Wycombe Dist-	11:01.37	11:15.50
	36.98	1:17.79 (40.81)	2:00.14 (42.35)	2:43.27 (43.13)	
	3:26.26 (42.99)	4:09.34 (43.08)	4:52.65 (43.31)	5:35.60 (42.95)	
	6:18.10 (42.50)	7:01.83 (43.73)	7:45.58 (43.75)	8:29.03 (43.45)	
	9:11.20 (42.17)	9:54.53 (43.33)	10:35.77 (41.24)	11:15.50 (39.73)	
2	Christopher Hanmer	44	Chirk-	12:09.81	12:22.97
	38.96	1:24.42 (45.46)	2:11.21 (46.79)	2:58.36 (47.15)	
	3:45.02 (46.66)	4:32.02 (47.00)	5:19.32 (47.30)	6:06.47 (47.15)	
	6:53.54 (47.07)	7:41.12 (47.58)	8:28.41 (47.29)	9:16.26 (47.85)	
	10:03.75 (47.49)	10:51.29 (47.54)	11:38.37 (47.08)	12:22.97 (44.60)	

Event 38 Men 50-54 800 LC Meter Freestyle

1	Phillip Trelford	52	Co Ely-	13:37.53	13:22.74
	43.28	1:31.66 (48.38)	2:20.89 (49.23)	3:11.49 (50.60)	
	4:01.63 (50.14)	4:52.91 (51.28)	5:43.91 (51.00)	6:36.22 (52.31)	
	7:27.23 (51.01)	8:18.71 (51.48)	9:09.96 (51.25)	10:02.08 (52.12)	
	10:53.71 (51.63)	11:44.55 (50.84)	12:35.23 (50.68)	13:22.74 (47.51)	

Event 38 Men 60-64 800 LC Meter Freestyle

1	Mark Jones	63	Warrington M-	10:10.03	10:43.03
	36.21	1:16.05 (39.84)	1:56.55 (40.50)	2:37.07 (40.52)	
	3:18.01 (40.94)	3:58.69 (40.68)	4:39.28 (40.59)	5:20.09 (40.81)	
	6:01.03 (40.94)	6:41.86 (40.83)	7:23.20 (41.34)	8:04.41 (41.21)	
	8:44.92 (40.51)	9:25.93 (41.01)	10:05.42 (39.49)	10:43.03 (37.61)	
2	Dale Barker	61	Felixstowe-	10:32.67	10:48.62
	35.62	1:15.33 (39.71)	1:56.00 (40.67)	2:37.16 (41.16)	
	3:18.31 (41.15)	3:59.64 (41.33)	4:40.64 (41.00)	5:22.12 (41.48)	
	6:03.65 (41.53)	6:44.87 (41.22)	7:26.19 (41.32)	8:07.56 (41.37)	
	8:48.67 (41.11)	9:29.61 (40.94)	10:09.72 (40.11)	10:48.62 (38.90)	
3	Peter Long	60	Taunton Deane SC-	11:03.17	10:56.16
	35.26	1:15.29 (40.03)	1:57.09 (41.80)	2:38.86 (41.77)	
	3:21.16 (42.30)	4:03.06 (41.90)	4:45.10 (42.04)	5:26.67 (41.57)	
	6:08.46 (41.79)	6:49.84 (41.38)	7:32.01 (42.17)	8:13.62 (41.61)	
	8:55.81 (42.19)	9:37.30 (41.49)	10:17.92 (40.62)	10:56.16 (38.24)	
4	Rob Arnold	63	Trafford Met-	10:50.00	11:11.45
	36.94	1:17.70 (40.76)	1:59.44 (41.74)	2:41.49 (42.05)	
	3:23.91 (42.42)	4:06.28 (42.37)	4:49.25 (42.97)	5:31.99 (42.74)	
	6:14.66 (42.67)	6:57.56 (42.90)	7:40.81 (43.25)	8:23.31 (42.50)	
	9:06.27 (42.96)	9:48.82 (42.55)	10:30.66 (41.84)	11:11.45 (40.79)	
5	Patrick Allen	61	Woking-	12:06.59	12:46.58
	43.53	1:30.98 (47.45)	2:19.28 (48.30)	3:07.16 (47.88)	
	3:55.64 (48.48)	4:43.34 (47.70)	5:31.30 (47.96)	6:19.58 (48.28)	
	7:08.33 (48.75)	7:57.03 (48.70)	8:46.15 (49.12)	9:35.17 (49.02)	
	10:24.44 (49.27)	11:12.39 (47.95)	12:00.00 (47.61)	12:46.58 (46.58)	
6	Brian Armstrong	61	Gloucester M-	12:00.00	13:06.05
	43.28	1:30.65 (47.37)	2:19.48 (48.83)	3:08.28 (48.80)	
	3:57.58 (49.30)	4:47.76 (50.18)	5:38.17 (50.41)	6:28.49 (50.32)	
	7:19.21 (50.72)	8:09.05 (49.84)	8:59.17 (50.12)	9:49.49 (50.32)	
	10:39.04 (49.55)	11:28.52 (49.48)	12:17.81 (49.29)	13:06.05 (48.24)	
7	Stuart McGurk	62	Kendal-	13:22.96	15:39.11
	48.76	1:45.41 (56.65)	2:45.03 (59.62)	3:44.16 (59.13)	
	4:45.85 (1:01.69)	5:43.89 (58.04)	6:45.49 (1:01.60)	7:45.45 (59.96)	
	8:45.68 (1:00.23)	9:44.50 (58.82)	10:45.78 (1:01.28)	11:43.93 (58.15)	
	12:44.90 (1:00.97)	13:44.20 (59.30)	14:43.44 (59.24)	15:39.11 (55.67)	

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 6 - Warm Up 2.10 - 2.40****Event 38 Men 65-69 800 LC Meter Freestyle**

1	Christopher Goulden	66	Cardiff Mast-	11:50.09	11:43.84
	38.51	1:20.56 (42.05)	2:04.20 (43.64)	2:48.50 (44.30)	
	3:32.88 (44.38)	4:17.38 (44.50)	5:02.15 (44.77)	5:46.38 (44.23)	
	6:30.94 (44.56)	7:15.56 (44.62)	8:00.83 (45.27)	8:45.60 (44.77)	
	9:30.83 (45.23)	10:15.73 (44.90)	11:00.42 (44.69)	11:43.84 (43.42)	
2	David Lowe	67	Cardiff Mast-	13:30.00	13:52.76
	42.34	1:29.89 (47.55)	2:19.94 (50.05)	3:10.46 (50.52)	
	4:01.41 (50.95)	4:52.64 (51.23)	5:44.59 (51.95)	6:37.45 (52.86)	
	7:29.98 (52.53)	8:24.08 (54.10)	9:19.70 (55.62)	10:14.76 (55.06)	
	11:09.85 (55.09)	12:06.02 (56.17)	13:01.44 (55.42)	13:52.76 (51.32)	
3	Anthony Llewellyn	65	C N Sitges-	15:46.66	16:18.47
	53.88	1:53.34 (59.46)	2:56.17 (1:02.83)	3:58.32 (1:02.15)	
	5:00.90 (1:02.58)	6:03.43 (1:02.53)	7:06.40 (1:02.97)	8:08.35 (1:01.95)	
	9:11.68 (1:03.33)	10:12.83 (1:01.15)	11:15.54 (1:02.71)	12:17.53 (1:01.99)	
	13:20.42 (1:02.89)		15:23.83 ()	16:18.47 (54.64)	

Event 38 Men 70-74 800 LC Meter Freestyle

1	Nick Minns	70	Co Lincoln P-	12:35.56	12:45.44
	44.43	1:31.71 (47.28)	2:19.79 (48.08)	3:07.82 (48.03)	
	3:56.35 (48.53)	4:44.24 (47.89)	5:32.33 (48.09)	6:20.79 (48.46)	
	7:08.17 (47.38)	7:55.48 (47.31)	8:44.15 (48.67)	9:32.32 (48.17)	
	10:20.72 (48.40)	11:09.05 (48.33)	11:58.05 (49.00)	12:45.44 (47.39)	

Event 38 Men 75-79 800 LC Meter Freestyle

1	Peter Stephens	76	Spencer-	13:36.33	14:28.90
	48.42	1:42.43 (54.01)	2:38.28 (55.85)	3:34.39 (56.11)	
	4:30.49 (56.10)	5:24.98 (54.49)	6:20.76 (55.78)	7:15.60 (54.84)	
	8:10.75 (55.15)	9:05.42 (54.67)	10:00.78 (55.36)	10:55.20 (54.42)	
	11:49.90 (54.70)	12:44.38 (54.48)	13:37.77 (53.39)	14:28.90 (51.13)	

Event 38 Men 80-84 800 LC Meter Freestyle

1	Paul Clarke	81	Beaver Mast-	18:30.00	19:29.28
	1:00.29	2:11.26 (1:10.97)	3:23.31 (1:12.05)	4:40.11 (1:16.80)	
	5:54.81 (1:14.70)	7:11.24 (1:16.43)	8:24.74 (1:13.50)	9:40.02 (1:15.28)	
	10:53.82 (1:13.80)	12:10.97 (1:17.15)	13:25.25 (1:14.28)	14:40.94 (1:15.69)	
	15:55.54 (1:14.60)	17:10.33 (1:14.79)	18:24.62 (1:14.29)	19:29.28 (1:04.66)	

Event 38 Men 85-89 800 LC Meter Freestyle

1	Donald Leatherbarrow	85	Gloucester M-	14:49.11	15:42.52
	51.61	1:50.36 (58.75)	2:49.97 (59.61)	3:50.15 (1:00.18)	
	4:50.35 (1:00.20)	5:49.82 (59.47)	6:50.31 (1:00.49)	7:50.11 (59.80)	
	8:50.30 (1:00.19)	9:49.84 (59.54)	10:51.16 (1:01.32)	11:50.95 (59.79)	
	12:51.50 (1:00.55)	13:50.00 (58.50)	14:50.35 (1:00.35)	15:42.52 (52.17)	

Event 38 Men 95-99 800 LC Meter Freestyle

1	Edward Hoy	95	Shrewsbury-	23:30.00	22:07.69
	1:11.12	2:33.56 (1:22.44)	3:53.79 (1:20.23)	5:19.85 (1:26.06)	
	6:42.84 (1:22.99)	8:08.32 (1:25.48)	9:29.35 (1:21.03)	10:51.78 (1:22.43)	
	12:15.24 (1:23.46)	13:39.13 (1:23.89)	15:04.32 (1:25.19)	16:28.90 (1:24.58)	
	17:55.38 (1:26.48)	19:23.64 (1:28.26)	20:47.11 (1:23.47)	22:07.69 (1:20.58)	