

## Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023

## Wales National Pool, Swansea

## Meet Program - Session 2 - Warm Up 11.55 - 12.45

**Event 8 Men 200 LC Meter Backstroke**

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

**Heat 1 of 3 Finals**

|   |                   |    |             |             |
|---|-------------------|----|-------------|-------------|
| 1 |                   |    |             | ___         |
| 2 | Anthony Llewellyn | 65 | C N Sitges  | 4:13.26 ___ |
| 3 | Godfrey Admans    | 69 | Spencer     | 3:29.92 ___ |
| 4 | Keith Parkin      | 69 | Barnet Copt | 3:18.39 ___ |
| 5 | Rupert Hough      | 50 | Dove Valley | 3:25.00 ___ |
| 6 | Neil Jackson      | 77 | Southport   | 3:56.56 ___ |
| 7 | Paul Clarke       | 81 | Beaver Mast | 4:26.00 ___ |
| 8 |                   |    |             | ___         |

**Heat 2 of 3 Finals**

|   |                  |    |              |             |
|---|------------------|----|--------------|-------------|
| 1 | Antony Corben    | 61 | S D Trojan   | 2:57.34 ___ |
| 2 | Paul Tallentire  | 61 | Carlisle Aq  | 2:54.00 ___ |
| 3 | Dale Barker      | 61 | Felixstowe   | 2:50.89 ___ |
| 4 | Lloyd Jones      | 20 | Merthyr Tydf | 2:45.00 ___ |
| 5 | Eddie Riach      | 70 | Milngavie &B | 2:48.00 ___ |
| 6 | Mark Jones       | 63 | Warrington M | 2:53.43 ___ |
| 7 | Nathan Goodridge | 24 | Dove Valley  | 2:55.00 ___ |
| 8 | Paul Cartwright  | 62 | Camden Swiss | 3:00.00 ___ |

**Heat 3 of 3 Finals**

|   |                  |    |                 |             |
|---|------------------|----|-----------------|-------------|
| 1 | Louis Batten     | 23 | Atlantis        | 2:38.73 ___ |
| 2 | Erlend Alstad    | 56 | Oslo Idrettslag | 2:36.37 ___ |
| 3 | Simon Wintle     | 56 | Gloucester M    | 2:34.38 ___ |
| 4 | Ben Felton       | 36 | Mansfield       | 2:17.93 ___ |
| 5 | Scott Mitchell   | 26 | Glenrothes      | 2:19.10 ___ |
| 6 | Martin Schofield | 24 | Atlantis        | 2:34.47 ___ |
| 7 | Aiden Dunne      | 37 | Camden Swiss    | 2:36.66 ___ |
| 8 | Robert Guy       | 65 | Bristol Nor     | 2:44.78 ___ |

**Event 9 Women 200 LC Meter Backstroke**

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

**Heat 1 of 3 Finals**

|   |                  |    |              |             |
|---|------------------|----|--------------|-------------|
| 1 | Marianne Davey   | 70 | Redhill & R  | 4:09.39 ___ |
| 2 | Claudine Day     | 52 | Redhill & R  | 3:58.65 ___ |
| 3 | Julia Buchanan   | 66 | Caldicot     | 3:39.43 ___ |
| 4 | Micaela Morris   | 62 | Gloucester M | 3:27.01 ___ |
| 5 | Mary Johnson     | 73 | Mid Sussex   | 3:37.55 ___ |
| 6 | Margaret Bickley | 72 | Totnes       | 3:48.32 ___ |
| 7 | Elaine Blower    | 78 | Barnet Copt  | 4:04.72 ___ |
| 8 | Lesley Davies    | 63 | Otter        | 5:00.00 ___ |

**Heat 2 of 3 Finals**

|   |                  |    |              |             |
|---|------------------|----|--------------|-------------|
| 1 | Jennifer Powell  | 55 | Boldmere     | 3:15.00 ___ |
| 2 | Lynda Coggins    | 59 | Woking       | 3:08.10 ___ |
| 3 | Jane Stalker     | 38 | Camphill Ed  | 2:55.61 ___ |
| 4 | Bethan Bell      | 50 | Gloucester M | 2:49.00 ___ |
| 5 | Jo Mitchinson    | 44 | Team Luton   | 2:53.61 ___ |
| 6 | Stephanie Baron  | 36 | S D Trojan   | 3:05.50 ___ |
| 7 | Amanda Heath     | 66 | Spencer      | 3:15.00 ___ |
| 8 | Kathleen Bidnall | 68 | Mid Sussex   | 3:25.50 ___ |

**Heat 3 of 3 Finals**

|   |                   |    |                  |             |
|---|-------------------|----|------------------|-------------|
| 1 | Lisa Dawson       | 45 | Barnet Copt      | 2:46.14 ___ |
| 2 | Megan McDonagh    | 30 | Otter            | 2:36.36 ___ |
| 3 | Tegan Davies      | 19 | Bridgend Cty     | 2:32.03 ___ |
| 4 | Jo Corben         | 53 | S D Trojan       | 2:29.50 ___ |
| 5 | Elpitha Polymerou | 19 | Keele University | 2:32.00 ___ |
| 6 | Lynsey Wright     | 24 | Crawley          | 2:34.82 ___ |
| 7 | Rebecca Newson    | 41 | Exe Masters      | 2:43.13 ___ |
| 8 | Nia Westlake      | 30 | Gloucester M     | 2:46.55 ___ |

**Event 10 Men 50 LC Meter Butterfly**

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

**Heat 1 of 8 Finals**

|   |                      |    |              |           |
|---|----------------------|----|--------------|-----------|
| 1 | Daniel Roberts       | 75 | Co Sheffield | 54.21 ___ |
| 2 | Peter Stephens       | 76 | Spencer      | 50.86 ___ |
| 3 | Athanasios Galanis   | 32 | Cardiff Mast | 42.00 ___ |
| 4 | Stuart McGurk        | 62 | Kendal       | 41.45 ___ |
| 5 | Brendan Bush         | 58 | Welsh Ind    | 42.00 ___ |
| 6 | Steven Jones         | 56 | Cardiff Mast | 46.52 ___ |
| 7 | Donald Leatherbarrow | 85 | Gloucester M | 51.80 ___ |
| 8 |                      |    |              | ___       |

**Heat 2 of 8 Finals**

|   |                 |    |              |           |
|---|-----------------|----|--------------|-----------|
| 1 | Vladimir Sveds  | 67 | Cardiff Mast | 38.66 ___ |
| 2 | Eddie Riach     | 70 | Milngavie &B | 37.58 ___ |
| 3 | Dean Morgan     | 53 | C Dolphins   | 36.50 ___ |
| 4 | Martin Butler   | 50 | C Dolphins   | 35.75 ___ |
| 5 | Barnaby Rudd    | 45 | Woking       | 36.00 ___ |
| 6 | Brian Armstrong | 61 | Gloucester M | 36.94 ___ |
| 7 | Paul Pycroft    | 65 | Cardiff Mast | 38.18 ___ |
| 8 | Stephen Gage    | 64 | Cardiff Mast | 39.54 ___ |

**Heat 3 of 8 Finals**

|   |                 |    |                  |           |
|---|-----------------|----|------------------|-----------|
| 1 | Jonathan Leech  | 47 | Co Sheffield     | 35.36 ___ |
| 2 | Ioannis Perros  | 21 | Keele University | 34.20 ___ |
| 3 | Stuart Colston  | 52 | C Dolphins       | 33.71 ___ |
| 4 | Paul Cartwright | 62 | Camden Swiss     | 33.24 ___ |
| 5 | Andy Squires    | 51 | Team Anglia      | 33.43 ___ |
| 6 | Martin Jennings | 65 | Bo Kirklees      | 34.08 ___ |
| 7 | Geraint Meek    | 29 | Cardiff Mast     | 35.00 ___ |
| 8 | Ian Woollard    | 69 | Barnet Copt      | 35.62 ___ |

**Heat 4 of 8 Finals**

|   |                       |    |              |           |
|---|-----------------------|----|--------------|-----------|
| 1 | Christian Pinnington  | 25 | Ots Bristol  | 32.70 ___ |
| 2 | Alan Parkins          | 63 | Crawley      | 32.56 ___ |
| 3 | Nigel Travers-Griffin | 54 | Exe Masters  | 31.94 ___ |
| 4 | Thomas Bayley         | 24 | Bristol Nor  | 31.00 ___ |
| 5 | Christopher Jenkinson | 40 | Droitwich    | 31.50 ___ |
| 6 | Aiden Dunne           | 37 | Camden Swiss | 32.11 ___ |
| 7 | Jonathan Saunders     | 57 | Co Sheffield | 32.65 ___ |
| 8 | Alex Mason            | 31 | Pembs Cty    | 33.00 ___ |

**Heat 5 of 8 Finals**

|   |                  |    |                  |           |
|---|------------------|----|------------------|-----------|
| 1 | Will Curtis      | 19 | Hinckley         | 30.70 ___ |
| 2 | Nathan Goodridge | 24 | Dove Valley      | 30.50 ___ |
| 3 | Joseph Seage     | 24 | Co Sheffield     | 30.03 ___ |
| 4 | Spencer Glover   | 53 | Warrington M     | 30.00 ___ |
| 5 | Sebastian Kwan   | 22 | Keele University | 30.00 ___ |
| 6 | Matthew Sayle    | 23 | Keele University | 30.06 ___ |
| 7 | Sean McQuaid     | 55 | Barnet Copt      | 30.64 ___ |
| 8 | Jason Cook       | 45 | Welsh Ind        | 31.00 ___ |

**Heat 6 of 8 Finals**

|   |                     |    |              |           |
|---|---------------------|----|--------------|-----------|
| 1 | Mark Robertson      | 61 | Crawley      | 29.86 ___ |
| 2 | Tomasz Rybak        | 43 | Wantage      | 29.55 ___ |
| 3 | Lee McCausland      | 43 | Bridgend SC  | 29.40 ___ |
| 4 | Kyle Job            | 25 | Penyrheol    | 29.20 ___ |
| 5 | Louis Batten        | 23 | Atlantis     | 29.39 ___ |
| 6 | Christopher Malpass | 44 | Trafford Met | 29.50 ___ |
| 7 | Jamie McHale        | 51 | Co Sheffield | 29.69 ___ |
| 8 | Jonathan Airey      | 35 | Bristol Nor  | 30.00 ___ |

## Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023

## Wales National Pool, Swansea

## Meet Program - Session 2 - Warm Up 11.55 - 12.45

**Heat 7 Finals (#10 Men 50 LC Meter Butterfly)**

|   |                  |    |              |       |     |
|---|------------------|----|--------------|-------|-----|
| 1 | Martin Schofield | 24 | Atlantis     | 28.74 | ___ |
| 2 | Ryan Borthwick   | 29 | Co Sheffield | 28.55 | ___ |
| 3 | Joshua Hooper    | 25 | Ots Bristol  | 28.23 | ___ |
| 4 | Dean Blackman    | 48 | Woking       | 28.10 | ___ |
| 5 | Scott Mitchell   | 26 | Glenrothes   | 28.16 | ___ |
| 6 | James Barwick    | 41 | East Leeds   | 28.50 | ___ |
| 7 | William Roberts  | 44 | Otter        | 28.64 | ___ |
| 8 | Ian Wilkes       | 56 | Loughborough | 29.20 | ___ |

**Heat 8 of 8 Finals**

|   |                  |    |              |       |     |
|---|------------------|----|--------------|-------|-----|
| 1 | Stephen Barton   | 41 | Trafford Met | 27.85 | ___ |
| 2 | Jack Endersby    | 23 | Cardiff Mast | 27.24 | ___ |
| 3 | Michael Procter  | 30 | Bicester     | 26.20 | ___ |
| 4 | Warren Barrett   | 36 | Exe Masters  | 24.77 | ___ |
| 5 | Alexander Morris | 24 | Gloucester M | 25.66 | ___ |
| 6 | Connor Brunt     | 29 | Woking       | 26.22 | ___ |
| 7 | Jamie Cunningham | 26 | Woking       | 27.45 | ___ |
| 8 | Paul Wilkes      | 39 | Birmingham M | 27.85 | ___ |

**Event 11 Women 50 LC Meter Butterfly**

| Lane | Name | Age | Team | Seed Time |  |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

**Heat 1 of 7 Finals**

|   |                 |    |              |         |     |
|---|-----------------|----|--------------|---------|-----|
| 1 | Rose Dudeney    | 76 | Mid Sussex   | 1:05.00 | ___ |
| 2 | Cherie Crozier  | 59 | A.N.T. SC    | 55.04   | ___ |
| 3 | Keri Hutchinson | 52 | Welsh Ind    | 55.00   | ___ |
| 4 | Christine Ayers | 70 | South Beds   | 46.93   | ___ |
| 5 | Alison Gwynn    | 75 | Mid Sussex   | 49.89   | ___ |
| 6 | Sarah Sharrock  | 29 | Trafford Met | 55.00   | ___ |
| 7 | Sophie Smith    | 41 | C Dolphins   | 1:00.00 | ___ |
| 8 | Helen Hughes    | 81 | Arfon        | 1:15.00 | ___ |

**Heat 2 of 7 Finals**

|   |                    |    |                  |       |     |
|---|--------------------|----|------------------|-------|-----|
| 1 | Alexandra Edwards  | 24 | Soundwell        | 43.52 | ___ |
| 2 | Geertje Van Keulen | 54 | Swansea Mast     | 42.50 | ___ |
| 3 | Sandra Camacho     | 34 | Club Vela Platja | 41.82 | ___ |
| 4 | Micaela Morris     | 62 | Gloucester M     | 40.93 | ___ |
| 5 | Joanne Alexander   | 52 | Stroud Mast      | 41.00 | ___ |
| 6 | Laura Kerrigan     | 38 | Spencer          | 42.00 | ___ |
| 7 | Susan Haigh        | 71 | Exe Masters      | 43.09 | ___ |
| 8 | Chloe Thomas       | 25 | Bridgend Cty     | 43.66 | ___ |

**Heat 3 of 7 Finals**

|   |                     |    |              |       |     |
|---|---------------------|----|--------------|-------|-----|
| 1 | Crystal Brownnet    | 39 | Woking       | 39.63 | ___ |
| 2 | Ceri Rees           | 45 | Carm Masters | 38.01 | ___ |
| 3 | Nicola Beynon       | 41 | Welsh Ind    | 38.00 | ___ |
| 4 | Emma Price-Stephens | 39 | Torfaen D    | 37.00 | ___ |
| 5 | Jodie Matthews      | 20 | Bristol Nor  | 37.12 | ___ |
| 6 | Kim Adair           | 59 | Swansea Mast | 38.00 | ___ |
| 7 | Arwen Teagle        | 22 | Merthyr Tydf | 38.66 | ___ |
| 8 | Alice Eaton         | 31 | Bristol Nor  | 39.93 | ___ |

**Heat 4 of 7 Finals**

|   |                     |    |                  |       |     |
|---|---------------------|----|------------------|-------|-----|
| 1 | Verity Cook         | 28 | Swansea Mast     | 35.20 | ___ |
| 2 | Bethan Morgan       | 19 | Bridgend Cty     | 35.00 | ___ |
| 3 | Rebecca Reid        | 27 | Bristol Nor      | 34.69 | ___ |
| 4 | Sophie Hutin        | 26 | S D Trojan       | 33.86 | ___ |
| 5 | Eleni Drimaropoulou | 23 | Keele University | 34.00 | ___ |
| 6 | Seren Cook          | 19 | Bridgend Cty     | 34.84 | ___ |
| 7 | Emily Whiting       | 26 | Bristol Nor      | 35.11 | ___ |
| 8 | Alice Darnton       | 19 | Keele University | 35.40 | ___ |

**Heat 5 of 7 Finals**

|   |                   |    |                  |       |     |
|---|-------------------|----|------------------|-------|-----|
| 1 | Sara Magrath      | 36 | Bristol Pen      | 33.50 | ___ |
| 2 | Carys Mai Havard  | 20 | Keele University | 33.24 | ___ |
| 3 | Victoria Williams | 41 | Bath Dolphin     | 33.16 | ___ |
| 4 | Helen Sadler      | 53 | Trafford Met     | 32.50 | ___ |
| 5 | Anya Sordy        | 24 | Co Sheffield     | 33.00 | ___ |
| 6 | Lynsey Wright     | 24 | Crawley          | 33.23 | ___ |
| 7 | Sorcha Kennedy    | 47 | Cardiff Mast     | 33.33 | ___ |
| 8 | Megan Pardoe      | 34 | Bristol Nor      | 33.78 | ___ |

**Heat 6 of 7 Finals**

|   |                    |    |               |       |     |
|---|--------------------|----|---------------|-------|-----|
| 1 | Ceris Westlake     | 32 | Gloucester M  | 32.00 | ___ |
| 2 | Sarah Quartermaine | 37 | Carrick Mas   | 31.63 | ___ |
| 3 | Rebecca Newson     | 41 | Exe Masters   | 31.56 | ___ |
| 4 | Hannah Swift       | 19 | Wrexham       | 31.24 | ___ |
| 5 | Laura Lilley       | 41 | Frome         | 31.53 | ___ |
| 6 | Rae Straupeniaks   | 19 | Bromley       | 31.60 | ___ |
| 7 | Lauren Davies      | 19 | Bridgend Cty  | 31.96 | ___ |
| 8 | Jeanne Petit       | 53 | Psv Eindhoven | 32.09 | ___ |

**Heat 7 of 7 Finals**

|   |                     |    |                  |       |     |
|---|---------------------|----|------------------|-------|-----|
| 1 | Elizabeth Bellinger | 45 | Bishop Stort     | 30.87 | ___ |
| 2 | Susan Teale         | 47 | Bo Kirklees      | 30.54 | ___ |
| 3 | Michelle Ware       | 50 | Woking           | 30.22 | ___ |
| 4 | Aimee Ramm          | 41 | G B Police       | 29.68 | ___ |
| 5 | Bethany Walker      | 23 | Co Sheffield     | 30.11 | ___ |
| 6 | Faith Goodliffe     | 23 | C Dolphins       | 30.26 | ___ |
| 7 | Kimberly Saddler    | 35 | Exe Masters      | 30.57 | ___ |
| 8 | Mia Boyle           | 19 | Keele University | 31.16 | ___ |

**Event 12 Men 100 LC Meter Breaststroke**

| Lane | Name | Age | Team | Seed Time |  |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

**Heat 1 of 4 Finals**

|   |                    |    |              |         |     |
|---|--------------------|----|--------------|---------|-----|
| 1 |                    |    |              |         | ___ |
| 2 | Anthony Llewellyn  | 65 | C N Sitges   | 1:56.54 | ___ |
| 3 | Michael Battersby  | 65 | Cardiff Mast | 1:37.28 | ___ |
| 4 | Christopher Hanmer | 44 | Chirk        | 1:33.71 | ___ |
| 5 | Frank Morris       | 56 | A.N.T. SC    | 1:34.56 | ___ |
| 6 | Malcolm Rainier    | 56 | Hart         | 1:45.00 | ___ |
| 7 | Paul Clarke        | 81 | Beaver Mast  | 2:15.00 | ___ |
| 8 |                    |    |              |         | ___ |

**Heat 2 of 4 Finals**

|   |                    |    |              |         |     |
|---|--------------------|----|--------------|---------|-----|
| 1 | Philip Holme       | 64 | Barnet Copt  | 1:31.25 | ___ |
| 2 | Mark Partridge     | 60 | Stroud Mast  | 1:26.76 | ___ |
| 3 | Stuart Colston     | 52 | C Dolphins   | 1:25.62 | ___ |
| 4 | Simon Edwards      | 56 | CarltonForum | 1:25.00 | ___ |
| 5 | Neil Procter       | 63 | Barnet Copt  | 1:25.12 | ___ |
| 6 | Thomas Morrow      | 67 | Gloucester M | 1:26.67 | ___ |
| 7 | Athanasios Galanis | 32 | Cardiff Mast | 1:30.00 | ___ |
| 8 | Martin Butler      | 50 | C Dolphins   | 1:32.28 | ___ |

**Heat 3 of 4 Finals**

|   |                       |    |                 |         |     |
|---|-----------------------|----|-----------------|---------|-----|
| 1 | Christian Pinnington  | 25 | Ots Bristol     | 1:24.09 | ___ |
| 2 | Elliot Riley-Brown    | 21 | Wycombe Dist    | 1:20.00 | ___ |
| 3 | David Bryant          | 62 | Woking          | 1:18.43 | ___ |
| 4 | Luke Wilson-Kilgour   | 39 | Lydney          | 1:17.54 | ___ |
| 5 | Erlend Alstad         | 56 | Oslo Idrettslag | 1:17.85 | ___ |
| 6 | Christopher Jenkinson | 40 | Droitwich       | 1:18.50 | ___ |
| 7 | Matt Toogood          | 44 | Newport         | 1:20.92 | ___ |
| 8 | David Jenkins         | 25 | Birmingham M    | 1:25.00 | ___ |

## Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023

## Wales National Pool, Swansea

## Meet Program - Session 2 - Warm Up 11.55 - 12.45

**Heat 4 Finals (#12 Men 100 LC Meter Breaststroke)**

|   |                   |    |              |         |     |
|---|-------------------|----|--------------|---------|-----|
| 1 | Benjamin Jones    | 32 | Cardiff Mast | 1:15.00 | ___ |
| 2 | Joseph Seage      | 24 | Co Sheffield | 1:13.03 | ___ |
| 3 | Kjetil Rehm       | 24 | Bristol Nor  | 1:10.99 | ___ |
| 4 | Christopher Jones | 42 | Portsmouth N | 1:02.75 | ___ |
| 5 | Ian Swift         | 50 | Co Sheffield | 1:07.75 | ___ |
| 6 | Fraser Peh        | 33 | Otter        | 1:13.00 | ___ |
| 7 | Matthew Lewis     | 38 | Pembs Cty    | 1:14.35 | ___ |
| 8 | Timothy Gleeson   | 49 | Co Sheffield | 1:15.47 | ___ |

**Event 13 Women 100 LC Meter Breaststroke**

| Lane | Name | Age | Team | Seed Time |  |
|------|------|-----|------|-----------|--|
|------|------|-----|------|-----------|--|

**Heat 1 of 5 Finals**

|   |                  |    |              |         |     |
|---|------------------|----|--------------|---------|-----|
| 1 | Judith Barton    | 67 | Poole        | 2:10.00 | ___ |
| 2 | Lucille Thirlby  | 59 | Out To Swim  | 2:02.98 | ___ |
| 3 | Susan Procter    | 67 | Barnet Copt  | 2:00.00 | ___ |
| 4 | Caroline Jupp    | 61 | Swansea Mast | 1:46.00 | ___ |
| 5 | Sarah Jones      | 49 | S D Trojan   | 1:50.23 | ___ |
| 6 | Margaret Bickley | 72 | Totnes       | 2:01.62 | ___ |
| 7 | Janet Monk       | 60 | Welsh Ind    | 2:10.00 | ___ |
| 8 | Cherie Crozier   | 59 | A.N.T. SC    | 2:24.00 | ___ |

**Heat 2 of 5 Finals**

|   |                  |    |              |         |     |
|---|------------------|----|--------------|---------|-----|
| 1 | Diane Ford       | 80 | Spencer      | 1:45.00 | ___ |
| 2 | Rachael Knight   | 56 | CarltonForum | 1:42.00 | ___ |
| 3 | Wendy Figures    | 58 | Co Sheffield | 1:38.01 | ___ |
| 4 | Jane Stalker     | 38 | Camphill Ed  | 1:35.54 | ___ |
| 5 | Jodie Cox        | 42 | TransplantSC | 1:35.62 | ___ |
| 6 | Verity Dobbie    | 64 | Gates &whick | 1:39.53 | ___ |
| 7 | Kathleen Raymond | 60 | MwayMaritime | 1:45.00 | ___ |
| 8 | Maida Shivik     | 49 | Camden Swiss | 1:45.00 | ___ |

**Heat 3 of 5 Finals**

|   |                   |    |              |         |     |
|---|-------------------|----|--------------|---------|-----|
| 1 | Victoria Codling  | 47 | Caldicot     | 1:34.76 | ___ |
| 2 | Joanna Powell     | 50 | Bridgend SC  | 1:33.60 | ___ |
| 3 | Claire Tagg       | 54 | S D Trojan   | 1:33.00 | ___ |
| 4 | Lynda Coggins     | 59 | Woking       | 1:30.98 | ___ |
| 5 | Rebecca Pritchard | 36 | Spencer      | 1:32.86 | ___ |
| 6 | Ali Skirvin       | 54 | Strat Sharks | 1:33.38 | ___ |
| 7 | Samantha Caffery  | 37 | Dove Valley  | 1:34.24 | ___ |
| 8 | Nicola Grange     | 25 | C Dolphins   | 1:35.00 | ___ |

**Heat 4 of 5 Finals**

|   |                       |    |              |         |     |
|---|-----------------------|----|--------------|---------|-----|
| 1 | Claire Thorn          | 52 | G B Police   | 1:29.67 | ___ |
| 2 | Jennie Clarke         | 38 | Woking       | 1:28.18 | ___ |
| 3 | K Jedrzycka-Bogdanska | 37 | Torfaen D    | 1:27.29 | ___ |
| 4 | Jo Seymour            | 58 | Gloucester M | 1:24.77 | ___ |
| 5 | Nicola Idle           | 52 | Co Sheffield | 1:25.87 | ___ |
| 6 | Harriet Borthwick     | 29 | Co Sheffield | 1:27.78 | ___ |
| 7 | Arwen Teagle          | 22 | Merthyr Tydf | 1:28.20 | ___ |
| 8 | Amanda Heath          | 66 | Spencer      | 1:30.15 | ___ |

**Heat 5 of 5 Finals**

|   |                  |    |                  |         |     |
|---|------------------|----|------------------|---------|-----|
| 1 | Carys Thomas     | 26 | Cardiff Mast     | 1:24.06 | ___ |
| 2 | Katie Pateman    | 41 | Exe Masters      | 1:22.55 | ___ |
| 3 | Megan McDonagh   | 30 | Otter            | 1:21.09 | ___ |
| 4 | Vicki Payne      | 34 | Gloucester M     | 1:20.00 | ___ |
| 5 | Seren Cook       | 19 | Bridgend Cty     | 1:20.56 | ___ |
| 6 | Laura Cranshaw   | 36 | Birmingham M     | 1:21.19 | ___ |
| 7 | Sophie Mountain  | 36 | Pembs Cty        | 1:22.86 | ___ |
| 8 | Carys Mai Havard | 20 | Keele University | 1:24.68 | ___ |

**Event 14 Men 200 LC Meter Medley Relay**

| Team | Relay        | Seed Time |        |
|------|--------------|-----------|--------|
| 1    | Co Sheffield | M120 A    | NT ___ |
| 2    | Barnet Copt  | M240 A    | NT ___ |
| 3    | Cardiff Mast | M120 A    | NT ___ |
| 4    | Cardiff Mast | M120 B    | NT ___ |
| 5    | Swansea Mast | M120 A    | NT ___ |

**Event 15 Women 200 LC Meter Medley Relay**

| Team | Relay        | Seed Time |        |
|------|--------------|-----------|--------|
| 1    | Co Sheffield | W120 A    | NT ___ |
| 2    | Cardiff Mast | W120 A    | NT ___ |
| 3    | Cardiff Mast | W120 B    | NT ___ |
| 4    | Mid Sussex   | W120 A    | NT ___ |
| 5    | Co Sheffield | W120 B    | NT ___ |
| 6    | Swansea Mast | W120 A    | NT ___ |
| 7    | Swansea Mast | W120 B    | NT ___ |
| 8    | Bristol Nor  | W120 A    | NT ___ |