







Regional Open Water Championships 2025

Sunday 22rd June 2025, Lake 86, Cotswold Water Park

Award Conditions

1. Regional Awards

1. General Information

Regional specific medals are available to entrants based on the affiliation of the swimmers club given at the time of entry, 'each Region' referrers to Swim Wales, Swim England East Midlands, Swim England West Midlands and Swim England South West individually.

Temporary members are not eligible for awards.

All ages are at 31st December 2025.

2. Age Group Events

a. Medals awarded to top 3 female and top 3 open/male from each Region in the following distances and age groups:

Distances	Age Groups		
2k	13 years		
3k	14 years		
JK	15 years		
	16 years		
5k	17/18 years		
	19 years/over		

b. Swimmers must have entered via the Age Group Championship link – please see national age group qualification for qualification places to the National Age Group Championships.

4. Masters and Senior Events

- a. Medals will be awarded to to top 3 female and top 3 open/male from each Region in the 2k, 3k and 5k in the following age groups: 18-24, 25-29, 30-34, 35-39, 40-49, 50-59 and 60/over
- b. Swimmers must have entered via the masters link
- c. Masters swimmers may enter more than one event, it is the individual's responsibility to ensure they are at the relevant start on time. Please note the masters 5km will swim at the same time as the Age Group Championships, should a swimmer wish to be considered for Swim England Age Group (17/18, 19+) national qualification they must enter via the Age Group Championship link.

2. National Age Group Qualification

Places per eligibility criteria available for each English region are based on the number of 'Club Compete' members registered with clubs within that Region.

	Distances	Age Groups	Wales	East Midlands	West Midlands	South West
	2k	13 years	3	3	3	4
	214	14 years	3	3	3	4
	3k	15 years	3	3	3	4
	5k	16 years	3	3	3	4
		17/18 years	3	3	3	4
		19 years/over	3	3	3	4

3. County Awards

Counties are welcome to award County medals at these Championships, Counties are responsible for individually managing these.