

## Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023

## Wales National Pool, Swansea

## Meet Program - Session 4 - Warm Up 08:00 - 08:50

**Event 23 Men 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

1				—
2				—
3	Donald Leatherbarrow	85	Gloucester M	8:24.70
4	Dale Barker	61	Felixstowe	6:04.09
5	Keith Parkin	69	Barnet Copt	7:01.31
6				—
7				—
8				—

**Heat 2 of 2 Finals**

1	David Bryant	62	Woking	5:50.28
2	Andrew Chamberlain	50	Spencer	5:42.37
3	Timothy Gleeson	49	Co Sheffield	5:30.00
4	David Hanbury	30	Swansea Mast	4:55.00
5	Erlend Alstad	56	Oslo Idrettslag	5:17.57
6	Christopher Malpass	44	Trafford Met	5:35.33
7	Mark Jones	63	Warrington M	5:49.77
8				—

**Event 24 Women 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

1				—
2				—
3	Wendy Figures	58	Co Sheffield	7:08.04
4	Amanda Heath	66	Spencer	6:35.27
5	Beverley Bourne	55	Barnet Copt	7:05.93
6				—
7				—
8				—

**Heat 2 of 2 Finals**

1	Arwen Teagle	22	Merthyr Tydf	6:30.04
2	Erzsebet Kiss	47	Co Sheffield	6:26.82
3	Victoria Williams	41	Bath Dolphin	5:51.48
4	Nia Westlake	30	Gloucester M	5:32.47
5	Jessica Partridge	48	Stroud Mast	5:46.21
6	K Jedrzycka-Bogdanska	37	Torfaen D	6:00.00
7	Katie Pateman	41	Exe Masters	6:30.00
8				—

**Event 25 Men 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Finals**

1	Anthony Llewellyn	65	C N Sitges	3:34.66
2	Gavin Newman	46	Bridgend SC	3:29.40
3	Stuart McGurk	62	Kendal	3:10.82
4	Steven Jones	56	Cardiff Mast	3:03.59
5	Peter Stephens	76	Spencer	3:05.88
6	Tony Cherrington	81	Gloucester M	3:12.00
7	Peter Jones	52	Bridgend Cty	3:30.00
8	Paul Clarke	81	Beaver Mast	4:18.00

**Heat 2 of 6 Finals**

1	Tom Gillard	25	Welsh Ind	3:00.00
2	Patrick Allen	61	Woking	2:49.39
3	Nicholas Wigley	39	Cardiff Mast	2:45.00
4	Jonathan Leech	47	Co Sheffield	2:35.00
5	Brian Armstrong	61	Gloucester M	2:44.47
6	Chris Orchard	64	Deepings	2:47.37
7	Nick Minns	70	Co Lincoln P	2:53.03
8	Dale Lewis	65	Cardiff Mast	3:00.16

**Heat 3 of 6 Finals**

1	Eddie Riach	70	Milngavie &B	2:32.50
2	Alan Parkins	63	Crawley	2:30.59
3	Rob Arnold	63	Trafford Met	2:29.24
4	Dale Barker	61	Felixstowe	2:28.17
5	Stuart Swaffer	52	Woking	2:29.04
6	Luke Copestake	35	Co Sheffield	2:30.00
7	David Wood	41	Wycombe Dist	2:30.65
8	Paul Pycroft	65	Cardiff Mast	2:35.00

**Heat 4 of 6 Finals**

1	Matt Toogood	44	Newport	2:25.08
2	James Mactavish	41	Co South'ton	2:22.00
3	Mark Robertson	61	Crawley	2:21.14
4	Felix Ng	38	Loughborough	2:21.00
5	Jonathan Saunders	57	Co Sheffield	2:21.02
6	Stephen Hall	50	Aquabears	2:21.67
7	Tomasz Rybak	43	Wantage	2:22.30
8	Nathan Goodridge	24	Dove Valley	2:26.88

**Heat 5 of 6 Finals**

1	Geraint Meek	29	Cardiff Mast	2:20.00
2	Alex Jenkins	29	Camphill Ed	2:19.98
3	Callum Morris	28	Cardiff Mast	2:18.25
4	Jamie McHale	51	Co Sheffield	2:16.33
5	Matthew Bailey	51	Gloucester M	2:18.00
6	Matthew Dickinson	27	Swansea Mast	2:18.50
7	Spencer Glover	53	Warrington M	2:20.00
8	Simon Scully	24	Woking	2:20.00

**Heat 6 of 6 Finals**

1	Thomas Bayley	24	Bristol Nor	2:15.00
2	Erlend Alstad	56	Oslo Idrettslag	2:14.76
3	Ryan Borthwick	29	Co Sheffield	2:11.15
4	Daniel Mills	32	Trafford Met	1:59.99
5	Fraser Peh	33	Otter	2:06.23
6	Ian Swift	50	Co Sheffield	2:12.95
7	Mark Reynolds	60	Barnet Copt	2:15.00
8	Sean McQuaid	55	Barnet Copt	2:15.00

**Event 26 Women 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Finals**

1				—
2	Sarah Sharrock	29	Trafford Met	5:00.00
3	Nizza Fluss	61	Barnet Copt	3:53.23
4	Rose Dudeney	76	Mid Sussex	3:40.00
5	Lesley Davies	63	Otter	3:49.27
6	Elaine Blower	78	Barnet Copt	4:00.00
7				—
8				—

## Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023

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## Meet Program - Session 4 - Warm Up 08:00 - 08:50

**Heat 2 Finals (#26 Women 200 LC Meter Freestyle)**

1	Victoria Price	50	Bridgend SC	3:30.00	___
2	Susan Procter	67	Barnet Copt	3:18.00	___
3	Kathleen Raymond	60	MwayMaritime	3:10.00	___
4	Catherine Hartle	65	Co Sheffield	2:59.72	___
5	Alice Eaton	31	Bristol Nor	3:02.66	___
6	Alison Gwynn	75	Mid Sussex	3:15.46	___
7	Claudine Day	52	Redhill & R	3:26.14	___
8	Frances Wilson	65	Croydon Amph	3:39.77	___

**Heat 3 of 6 Finals**

1	Sarah Jones	49	S D Trojan	2:56.23	___
2	Susan Haigh	71	Exe Masters	2:55.54	___
3	Katharine King	55	Wycombe Dist	2:53.00	___
4	Joanna Powell	50	Bridgend SC	2:50.04	___
5	Ceri Thomas	58	Bridgend SC	2:50.06	___
6	Verity Dobbie	64	Gates &whick	2:53.55	___
7	Judith McGregor-Harper	53	Exe Masters	2:55.65	___
8	Zorika Adams	53	Camden Swiss	2:56.70	___

**Heat 4 of 6 Finals**

1	Suzanne Maidment	57	Spencer	2:47.94	___
2	Katie Pateman	41	Exe Masters	2:45.00	___
3	Frances Lynn	32	Cardiff Mast	2:42.06	___
4	Stephanie Baron	36	S D Trojan	2:40.90	___
5	Jane Stalker	38	Camphill Ed	2:40.91	___
6	Emma Price-Stephens	39	Torfaen D	2:44.00	___
7	Karen Howells	52	Cardiff Mast	2:46.21	___
8	Maida Shivik	49	Camden Swiss	2:50.00	___

**Heat 5 of 6 Finals**

1	Bryony Wilkes	53	Loughborough	2:40.00	___
2	Megan Pardoe	34	Bristol Nor	2:37.00	___
3	Amber Coughlan	27	Camphill Ed	2:35.00	___
4	Kimberly Saddler	35	Exe Masters	2:30.00	___
5	Hannah Griffiths	29	Swansea Mast	2:35.00	___
6	Leah Bramall	27	Co Sheffield	2:35.34	___
7	Nuala Muir-Cochrane	59	Poole	2:40.00	___
8	Jodie Cox	42	TransplantSC	2:40.33	___

**Heat 6 of 6 Finals**

1	Helen Sadler	53	Trafford Met	2:23.00	___
2	Michelle Ware	50	Woking	2:20.50	___
3	Ceri Edwards	45	Portsmouth N	2:16.54	___
4	Hannah Munday	32	Swansea Mast	2:12.34	___
5	Hannah Swift	19	Wrexham	2:13.57	___
6	Holly Booth	32	Trafford Met	2:18.07	___
7	Claire Williams	30	C Dolphins	2:22.79	___
8	Claire Thorn	52	G B Police	2:29.87	___

**Event 27 Men 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1	Paul Clarke	81	Beaver Mast	2:08.00	___
2	Neil Jackson	77	Southport	1:55.73	___
3	Nick Minns	70	Co Lincoln P	1:35.67	___
4	Godfrey Admans	69	Spencer	1:31.30	___
5	Keith Parkin	69	Barnet Copt	1:32.45	___
6	Chris Orchard	64	Deepings	1:45.85	___
7	Anthony Llewellyn	65	C N Sitges	1:58.37	___
8					___

**Heat 2 of 4 Finals**

1	Mark Partridge	60	Stroud Mast	1:26.30	___
2	Rupert Hough	50	Dove Valley	1:23.58	___
3	Paul Cartwright	62	Camden Swiss	1:22.05	___
4	Eddie Riach	70	Milngavie &B	1:18.65	___
5	Paul Tallentire	61	Carlisle Aq	1:22.00	___
6	Mark Jones	63	Warrington M	1:23.26	___
7	Alan Parkins	63	Crawley	1:24.00	___
8	Antony Corben	61	S D Trojan	1:26.76	___

**Heat 3 of 4 Finals**

1	Erlend Alstad	56	Oslo Idrettslag	1:14.95	___
2	Robert Guy	65	Bristol Nor	1:14.32	___
3	Andy Squires	51	Team Anglia	1:13.00	___
4	Aiden Dunne	37	Camden Swiss	1:10.98	___
5	Alex Jenkins	29	Camphill Ed	1:11.76	___
6	Ian Wilkes	56	Loughborough	1:14.00	___
7	Simon Edwards	56	CarltonForum	1:14.50	___
8	Apostolos Fournaris	45	Hadleigh	1:17.91	___

**Heat 4 of 4 Finals**

1	Jonathan Airey	35	Bristol Nor	1:10.00	___
2	Will Curtis	19	Hinckley	1:09.89	___
3	Martin Schofield	24	Atlantis	1:07.57	___
4	Scott Mitchell	26	Glenrothes	1:00.40	___
5	Ben Felton	36	Mansfield	1:01.22	___
6	James Barwick	41	East Leeds	1:09.00	___
7	Simon Wintle	56	Gloucester M	1:10.00	___
8	Louis Batten	23	Atlantis	1:10.67	___

**Event 28 Women 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals**

1					___
2					___
3	Helen Hughes	81	Arfon	2:15.00	___
4	Marianne Davey	70	Redhill & R	1:55.63	___
5	Margaret Bickley	72	Totnes	1:57.85	___
6					___
7					___
8					___

**Heat 2 of 5 Finals**

1	Kathleen Raymond	60	MwayMaritime	1:50.00	___
2	Julia Buchanan	66	Caldicot	1:42.39	___
3	Caroline Jupp	61	Swansea Mast	1:38.00	___
4	Ali Skirvin	54	Strat Sharks	1:33.50	___
5	Micaela Morris	62	Gloucester M	1:34.92	___
6	Mary Johnson	73	Mid Sussex	1:38.28	___
7	Christine Ayers	70	South Beds	1:44.70	___
8	Claudine Day	52	Redhill & R	1:51.52	___

**Heat 3 of 5 Finals**

1	Crystal Brownnett	39	Woking	1:29.39	___
2	Nicola Latty	52	Holywell	1:24.00	___
3	Rebecca Reid	27	Bristol Nor	1:21.00	___
4	Allie Price	58	Bridgend SC	1:19.00	___
5	Nicola Grange	25	C Dolphins	1:20.89	___
6	Lynda Coggins	59	Woking	1:24.00	___
7	Jennifer Powell	55	Boldmere	1:26.00	___
8	Kathleen Bidnall	68	Mid Sussex	1:33.50	___

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**Meet Program - Session 4 - Warm Up 08:00 - 08:50****Heat 4 Finals (#28 Women 100 LC Meter Backstroke)**

1	Emily Whiting	26	Bristol Nor	1:16.89	___
2	Tyler Kelly-Cooper	18	Camphill Ed	1:15.50	___
3	Amber Coughlan	27	Camphill Ed	1:15.00	___
4	Megan McDonagh	30	Otter	1:13.19	___
5	Sara Magrath	36	Bristol Pen	1:15.00	___
6	Lucy Harding	22	Pembs Cty	1:15.00	___
7	Lisa Dawson	45	Barnet Copt	1:16.85	___
8	Bethan Bell	50	Gloucester M	1:18.50	___

**Heat 5 of 5 Finals**

1	Rebecca Newson	41	Exe Masters	1:11.01	___
2	Jo Corben	53	S D Trojan	1:09.95	___
3	Faith Goodliffe	23	C Dolphins	1:08.61	___
4	Katey Dallolio	19	Connahs Quay	1:05.93	___
5	Danielle Stirrat	30	Cardiff Mast	1:07.60	___
6	Ruby Verge	23	Cardiff Mast	1:09.65	___
7	Lynsey Wright	24	Crawley	1:10.69	___
8	Tegan Davies	19	Bridgend Cty	1:12.17	___

**Event 29 Men 200 LC Meter Freestyle Relay**

	Team	Relay	Seed Time
1	Co Sheffield	M120 A	NT ___
2	Barnet Copt	M240 A	NT ___
3	Cardiff Mast	M120 A	NT ___
4	Cardiff Mast	M120 B	NT ___
5	Gloucester M	M120 A	NT ___
6	Co Sheffield	M120 B	NT ___
7	Swansea Mast	M120 A	NT ___
8	Swansea Mast	M120 B	NT ___

**Event 30 Women 200 LC Meter Freestyle Relay**

	Team	Relay	Seed Time
1	Co Sheffield	W120 A	NT ___
2	Cardiff Mast	W120 A	NT ___
3	Cardiff Mast	W120 B	NT ___
4	Mid Sussex	W120 A	NT ___
5	Exe Masters	W120 A	NT ___
6	Co Sheffield	W120 B	NT ___
7	Swansea Mast	W120 A	NT ___
8	Bristol Nor	W120 A	NT ___