

Swim Wales National Championships 2023 - 13/04/2023 to 16/04/2023

Meet Program - Session 5 (Warmup 11.30 - 12.20)

Event 221 Girls 12-15 100 LC Meter Freestyle					
Lane	Name	Age	Team	Seed	Time
Heat 1 of 12 Prelims					
1	Cooksey-Owen, Ruby	12	Rhondda	1:13.55	_____
2	Bates, Molly	12	Wrexham	1:13.40	_____
3	McCoole-Jones, Elen	12	Ruthin	1:12.90	_____
4	Hughes, Nel	12	Swim Gwynedd	1:12.10	_____
5	Dash, Amelie	12	Pembs Cty	1:12.10	_____
6	Vincent, Felicity	12	Clevedon	1:13.09	_____
7	Forman, Pippa	12	Newtown	1:13.40	_____
8					_____
Heat 2 of 12 Prelims					
1	Reed, Isabella	12	Rhondda	1:11.40	_____
2	Edwards, Alaw	13	Swim Gwynedd	1:11.20	_____
3	Webb, Efa	13	Nofio S Gar	1:10.61	_____
4	Ribeiro, Ariana	12	Co Cardiff	1:10.50	_____
5	Burns, Freya	12	Swansea Aq	1:10.60	_____
6	George, Ellie	12	Rct Squad	1:10.83	_____
7	Devin, Erin	13	Nofio Clwyd	1:11.36	_____
8	Forgrave, Sophie	13	Wrexham	1:11.40	_____
Heat 3 of 12 Prelims					
1	Jones, Maisie	13	Co Cardiff	1:10.29	_____
2	Taylor, Rebecca	13	Wrexham	1:09.90	_____
3	Perrott, Niamh	14	C Dolphins	1:09.68	_____
4	Grimes, Idena	12	Repton	1:09.42	_____
5	Castle, Maya	14	Co Cardiff	1:09.60	_____
6	Sullivan, Ariana	13	Caerphilly	1:09.90	_____
7	Roberts, Mali	13	Swim Gwynedd	1:10.20	_____
8	Atkins, Amelia	12	Holywell	1:10.50	_____
Heat 4 of 12 Prelims					
1	Koo, Kathryn	14	Pembs Cty	1:09.30	_____
2	Goddard, Amy	14	Rhondda	1:09.10	_____
3	Miller, Ailla	13	Ruthin	1:09.00	_____
4	Howson, Ellen	14	Co Newport	1:08.80	_____
5	Evans, Gwennan	13	Co Newport	1:08.90	_____
6	Smith, Summer	14	Rct Squad	1:09.00	_____
7	Dymond, Matilda	13	Biggleswade	1:09.30	_____
8	Quinn, Erin	13	Swim Gwynedd	1:09.40	_____
Heat 5 of 12 Prelims					
1	Ach Rhys, Eysyllt	13	Swim Gwynedd	1:08.70	_____
2	Galdes-Cutting, Daisy	12	Pembs Cty	1:08.40	_____
3	Iles, Jessica	13	Co Cardiff	1:08.30	_____
4	Rees, Maisie	13	Rct Squad	1:08.16	_____
5	Jones, Rebecca	14	Co Coventry	1:08.23	_____
6	Hurley, Sienna-Grace	13	Neath	1:08.39	_____
7	Jones, Martha	14	Conwy	1:08.60	_____
8	Jones, Isabella	13	Bridgend Cty	1:08.72	_____
Heat 6 of 12 Prelims					
1	Coffey, Cora-Leigh	13	Swansea Aq	1:08.00	_____
2	Givvons, Imogen	13	Co Newport	1:07.60	_____
3	Clatworthy, Maddie	14	Bridgend SC	1:07.31	_____
4	Jones, Evie	15	Merthyr Tydf	1:07.20	_____
5	Nicholls, Esther	13	Caerphilly	1:07.30	_____
6	Parfitt, Kali	13	Torfaen D	1:07.50	_____
7	Roberts, Lexi	14	Oswestry Ott	1:07.90	_____
8	Davies, Ellen	14	Chirk	1:08.00	_____

Heat 7 of 12 Prelims					
1	Adams, Sydney	15	Nofio Clwyd	1:07.10	_____
2	Huws, Awen	15	NexusValleys	1:07.00	_____
3	Williams, Marys	14	Swansea Aq	1:06.96	_____
4	Marshall, Ffion	13	Co Cardiff	1:06.50	_____
5	Woodward, Angharad	15	Neath	1:06.60	_____
6	Jones, Lola	14	Torfaen D	1:06.99	_____
7	Johnson, Poppy	14	Holywell	1:07.00	_____
8	Jones, Eryn	14	Neath	1:07.10	_____
Heat 8 of 12 Prelims					
1	Carter, Ava	15	Penyrheol	1:05.92	_____
2	Arnold, Lily	15	Pembs Cty	1:05.80	_____
3	Gilderdale, Celyn	15	Pembs Cty	1:05.73	_____
4	Smith, Amelia	15	Co Cardiff	1:05.70	_____
5	Vincent, Amelia	14	Clevedon	1:05.72	_____
6	Jones, Myia	15	Wrexham	1:05.73	_____
7	Griffiths, Cerys	13	Pembs Cty	1:05.90	_____
8	Andrews, Joanne	13	Wrexham	1:06.42	_____
Heat 9 of 12 Prelims					
1	Carey, Lucy	15	Bridgend Cty	1:05.60	_____
2	Lewis, Amelia	14	TeamIpswich	1:05.10	_____
3	Williams, Rose	15	Co Cardiff	1:04.70	_____
4	Jones, Emily	15	Holywell	1:04.60	_____
5	Gibbs, Harriet	15	Nofio S Gar	1:04.70	_____
6	Davies, Brianna	14	Mt Kelly	1:04.90	_____
7	Hale, Libby	14	Swansea Aq	1:05.51	_____
8	Williams, Martha	15	Nofio Bangor	1:05.60	_____
Heat 10 of 12 Prelims					
1	Gibson, Mari	15	Co Cardiff	1:04.00	_____
2	Sherrard, Emme	14	Torfaen D	1:03.20	_____
3	Winstanley, Elin	14	Co Hereford	1:02.50	_____
4	Day, Hannah	15	Co Cardiff	1:01.10	_____
5	Geach, Libbie	14	Swansea Aq	1:02.00	_____
6	Hatton-Ellis, Isabelle	15	Swansea Aq	1:02.80	_____
7	Sweet-Roberts, Myha	15	Torfaen D	1:03.70	_____
8	McDonagh, Emily	15	Bridgend Cty	1:04.40	_____
Heat 11 of 12 Prelims					
1	Ingram, Olivia	15	Co Cardiff	1:03.90	_____
2	Dwyfor-Clark, Efa	14	Swim Gwynedd	1:03.20	_____
3	King, Marley	15	Penyrheol	1:02.40	_____
4	Humphreys, Ffion	15	Swim Gwynedd	1:00.59	_____
5	Titchener, Megan	15	Torfaen D	1:01.49	_____
6	James, Grace	14	Bridgend Cty	1:02.80	_____
7	Morgan, Carys	15	Wrexham	1:03.62	_____
8	Hall, Emily	13	Warrington W	1:04.30	_____
Heat 12 of 12 Prelims					
1	Watkins, Amelia	15	Torfaen D	1:03.80	_____
2	Avraam, Neve	15	Co Cardiff	1:03.20	_____
3	Evans, Sian	15	Holywell	1:02.29	_____
4	Taylor, Theodora	14	Torfaen D	58.16	_____
5	Tucker, Holly	15	Swansea Aq	1:01.30	_____
6	Anderson, Rosalie	13	Co Cardiff	1:02.50	_____
7	Nichols, Grace	13	Pembs Cty	1:03.30	_____
8	Evans, Gwenllian	14	Co Cardiff	1:04.10	_____

Swim Wales National Championships 2023 - 13/04/2023 to 16/04/2023

Meet Program - Session 5 (Warmup 11.30 - 12.20)

Event 222 Boys 12-15 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Prelims

1				
2	%O'Reilly, McKenzie S8	14	Gloucester/A, 12+	1:34.75
3	Elmes, Max	12	Nofio S Gar	1:13.40
4	Hale, Oliver	12	Swansea Aq	1:12.81
5	Payne, Sebastian	12	Droitwich	1:13.20
6	Jones, Jayden	12	Caerphilly	1:13.50
7				
8				

Heat 2 of 8 Prelims

1	Bastyan, Tobias-Luke	12	Caerphilly	1:10.00
2	Herron, Noah	13	Co Newport	1:09.40
3	Rees, Daniel	13	Co Cardiff	1:09.00
4	Cavill, Jack	13	Co Cardiff	1:07.86
5	Phillips, Finley	13	Nofio S Gar	1:08.60
6	Jones, Sebastien	13	Torfaen D	1:09.33
7	Hewitt, Archie	13	Torfaen D	1:09.50
8	Woodrow, Leo	12	Ast Burnham	1:10.11

Heat 3 of 8 Prelims

1	Whittaker, Luke	13	Bridgend Cty	1:07.00
2	Warman-Powell, Ioan	13	Torfaen D	1:06.65
3	Park, Reggie Samuel	13	Holywell	1:05.30
4	Douglas, Lucas	12	Nofio S Gar	1:05.00
5	Thomas, Sion	14	Pembs Cty	1:05.30
6	Edwards, Ross	14	Co Cardiff	1:05.40
7	Phillips, Ioan	13	Neath	1:06.83
8	Campbell, Zac	13	Wrexham	1:07.40

Heat 4 of 8 Prelims

1	Wilson, Aidan	14	Conwy	1:04.80
2	James, Rhys	14	Rct Squad	1:04.40
3	Silverstone, Solomon	14	Pembs Cty	1:03.80
4	Chapman, Coby	14	Penyrheol	1:03.29
5	Willis, Kofi	14	Co Cardiff	1:03.50
6	Dossett, Samson	14	Mt Kelly	1:04.20
7	Meilleur, Elliot	13	Swim Gwynedd	1:04.70
8	Bennett, Finley	14	Pembs Cty	1:05.00

Heat 5 of 8 Prelims

1	Griffiths, Oliver	15	Nofio Clwyd	1:01.70
2	Temby, Jacob	15	Co Cardiff	1:01.60
3	Williams, Samuel	15	Co Cardiff	1:01.30
4	Henschell, Logan	15	Co Cardiff	1:01.00
5	Richardson, Osian	15	Swansea Aq	1:01.19
6	Clarke, Tomas	15	Holywell	1:01.40
7	Foster, Henry	14	Redditch	1:01.60
8	Rosser, Ellis	14	Torfaen D	1:02.71

Heat 6 of 8 Prelims

1	Williams, Noa	15	Nofio Bangor	1:00.70
2	Cooper, Harry	15	Nofio Clwyd	1:00.10
3	Montgomery, Samuel	15	Pembs Cty	59.30
4	Holland, Tyler	15	Wrexham	57.80
5	Davies, Iwan	15	Co Cardiff	58.80
6	Ogden, Dylan	15	Redditch	59.40
7	Rhys, Gruff	15	Swim Gwynedd	1:00.50
8	Spinks, Owen	15	Torfaen D	1:00.90

Heat 7 of 8 Prelims

1	Thairs, Noah	15	Tiverton	1:00.60
2	Twigger, Owen	14	Swansea Aq	59.90
3	Hardy, Ryan	15	Wrexham	59.10
4	Mruk, Lucas	15	Torfaen D	56.40
5	Sellick, Fenn	15	Swansea Aq	58.40
6	Cozma, Samuel	14	Co Cardiff	59.40
7	Major, Maximus	13	Co Newport	1:00.22
8	Wren, James	15	Nofio Clwyd	1:00.90

Heat 8 of 8 Prelims

1	Arch, Dewi	15	Northgate	1:00.60
2	Haines, Thomas	15	Co Cardiff	59.50
3	Owen, Vinnie	15	Co Cardiff	59.00
4	Bamborough, Jack	15	Co Cardiff	55.37
5	Ma, Ko Kwan	14	Co Cardiff	58.20
6	Sinfield, Ben	15	Conwy	59.40
7	Lennon, Danny	15	Wrexham	1:00.10
8	Bie, Alfie	15	Nofio Clwyd	1:00.90

Event 223 Girls 12-15 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Prelims

1				
2	Lewis-Jones, Idele	12	Buckley	3:18.00
3	Quinn, Erin	13	Swim Gwynedd	3:09.90
4	Davies, Sian	14	Mt Kelly	3:07.90
5	Ling, Olivia	13	Co Cardiff	3:09.10
6	Adams, Sian	13	Co Cardiff	3:13.40
7				
8				

Heat 2 of 5 Prelims

1	Jones, Annabelle	13	Wrexham	3:06.30
2	Davies, Ellen	14	Chirk	3:06.00
3	Thomas, Cerys	15	Denbigh D	3:03.50
4	Dowling, Abigail	12	Co Cardiff	3:03.00
5	Majczak, Zuzanna	15	Wrexham	3:03.00
6	Johnson, Poppy	14	Holywell	3:04.50
7	Leatherbarrow, C	13	Wrexham	3:06.10
8	Lewis, Amelia	14	TeamIpswich	3:06.50

Heat 3 of 5 Prelims

1	Williams, Cari	14	Nofio Bangor	3:01.00
2	Jones, Eryn	14	Neath	2:58.00
3	Scholze, Jenna	15	Holywell	2:53.60
4	Morgan, Carys	15	Wrexham	2:39.50
5	Andrews, Joanne	13	Wrexham	2:52.40
6	Williams, Lowri	13	Rtw Monson	2:57.03
7	Roberts, Ellie	15	Nofio Bangor	2:59.40
8	Williams, Olivia	15	Co Cardiff	3:01.70

Heat 4 of 5 Prelims

1	Smith, Amelia	15	Co Cardiff	3:00.02
2	Daniel, Megan	13	Caradon	2:57.74
3	Evans, Gwenllian	14	Co Cardiff	2:53.30
4	Taylor, Theodora	14	Torfaen D	2:34.55
5	Worthington, Emma	15	Chirk	2:50.10
6	Lee, Edith	13	Co Cardiff	2:56.10
7	Phillips, Emily	15	Neath	2:59.10
8	Ribeiro, Ariana	12	Co Cardiff	3:01.20

Swim Wales National Championships 2023 - 13/04/2023 to 16/04/2023

Meet Program - Session 5 (Warmup 11.30 - 12.20)

Heat 5 Prelims (#223 Girls 12-15 200 LC Meter Breaststroke)

1	Hastings, Ella-May	15	Conwy	2:59.70	_____
2	Jones, Rebecca	14	Co Coventry	2:57.42	_____
3	Gardener, Hannah	14	Bridgend Cty	2:52.79	_____
4	Collyer, Mabli	15	Swansea Aq	2:31.60	_____
5	Gibson, Mari	15	Co Cardiff	2:45.80	_____
6	Perni, Veronica	14	Co Cardiff	2:54.30	_____
7	Lewis, Orla Rose	13	Co Cardiff	2:58.98	_____
8	Gibbs, Harriet	15	Nofio S Gar	3:01.20	_____

Event 224 Boys 12-15 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Prelims

1	Bostock, Dyfan	13	Wrexham	3:04.30	_____
2	Neaves, Jake	14	Co Leicester	2:53.40	_____
3	Evans, Oscar	14	Co Hereford	2:48.60	_____
4	Ma, Ko Kwan	14	Co Cardiff	2:43.30	_____
5	Cozma, Samuel	14	Co Cardiff	2:46.60	_____
6	West, Dexter	14	Pembs Cty	2:51.40	_____
7	Hole, Ethan	14	Co Cardiff	2:56.10	_____
8	Lovell, Logan	12	Marlborough	3:22.20	_____

Heat 2 of 3 Prelims

1	Thomas, Archie	13	Co Cardiff	3:02.50	_____
2	Song, Guangping	14	Swansea Aq	2:51.92	_____
3	Williams, Samuel	15	Co Cardiff	2:47.90	_____
4	Williams, Luke	15	Co Newport	2:41.70	_____
5	Montague, Mason	15	Pembs Cty	2:45.90	_____
6	Leatherbarrow, Jack	15	Wrexham	2:50.20	_____
7	Phillips, Finley	13	Nofio S Gar	2:55.40	_____
8	Price-Clishem, Dyfan	12	Swim Gwynedd	3:17.70	_____

Heat 3 of 3 Prelims

1	Brock, Freddy	14	Rct Squad	3:02.20	_____
2	Cooper, Harry	15	Nofio Clwyd	2:51.60	_____
3	Thomas, Lucas	15	Conwy	2:47.40	_____
4	Lee, Aled	15	Royal Wolv	2:37.50	_____
5	Cheshire, Lucas	15	Leatherhead	2:44.80	_____
6	Temby, Jacob	15	Co Cardiff	2:50.10	_____
7	Meilleur, Elliot	13	Swim Gwynedd	2:53.90	_____
8	Rees, Daniel	13	Co Cardiff	3:10.14	_____

Event 225 Girls 12-15 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Prelims

1	Duggan, Grace	12	Merthyr Tydf	39.10	_____
2	Fowler, Maisie	12	Rct Squad	38.70	_____
3	Vincent, Felicity	12	Clevedon	38.53	_____
4	Bates, Molly	12	Wrexham	38.50	_____
5	Griffiths, Amelia	13	Pembs Cty	38.50	_____
6	Bryant, Penelope	13	Co Cardiff	38.60	_____
7	Arran, Charlotte	12	Oswestry Ott	39.00	_____
8	Williams, Poppy	12	Nofio Bangor	39.40	_____

Heat 2 of 12 Prelims

1	Thurston, Rene	12	Newtown	38.30	_____
2	Upton-Boorman, Isabella	13	Nofio S Gar	38.25	_____
3	Adams, Sian	13	Co Cardiff	38.10	_____
4	Marshall, Ffion	13	Co Cardiff	38.00	_____
5	Evans, Gwennan	13	Co Newport	38.00	_____
6	Clayton, Jasmine	13	Co Newport	38.10	_____
7	Cressey-Rodgers, G	13	Nofio S Gar	38.30	_____
8	Duggan, Ella	12	Merthyr Tydf	38.50	_____

Heat 3 of 12 Prelims

1	Burns, Freya	12	Swansea Aq	37.90	_____
2	Dash, Amelie	12	Pembs Cty	37.80	_____
3	Coffey, Cora-Leigh	13	Swansea Aq	37.60	_____
4	Hughes, Nel	12	Swim Gwynedd	37.60	_____
5	Edwards, Alaw	13	Swim Gwynedd	37.60	_____
6	Atkins, Amelia	12	Holywell	37.70	_____
7	Givvons, Imogen	13	Co Newport	37.80	_____
8	Grant, Lucy Margaret	13	Swim Gwynedd	37.90	_____

Heat 4 of 12 Prelims

1	Miller, Ailla	13	Ruthin	37.50	_____
2	Hurley, Sienna-Grace	13	Neath	37.40	_____
3	Roberts, Mali	13	Swim Gwynedd	37.40	_____
4	McCoole-Jones, Elen	12	Ruthin	37.30	_____
5	Koo, Kathryn	14	Pembs Cty	37.30	_____
6	Hughes-Rolls, Ava	14	Torfaen D	37.40	_____
7	Rees, Maisie	13	Rct Squad	37.50	_____
8	Leatherbarrow, C	13	Wrexham	37.60	_____

Heat 5 of 12 Prelims

1	Williams, Lowri	13	Rtw Monson	37.28	_____
2	Collyer, Tirion	12	Swansea Aq	37.20	_____
3	David, Ava	13	Swansea Aq	37.00	_____
4	Perrott, Niamh	14	C Dolphins	37.00	_____
5	Davies, Amelia	13	Swansea Aq	37.00	_____
6	Dymond, Matilda	13	Biggleswade	37.16	_____
7	Wilson, Ellie	13	Co Cardiff	37.20	_____
8	Parfitt, Kali	13	Torfaen D	37.28	_____

Heat 6 of 12 Prelims

1	Hale, Libby	14	Swansea Aq	36.90	_____
2	Buckland, Eleanor	14	Co Cardiff	36.50	_____
3	Grimes, Idena	12	Repton	36.33	_____
4	Davies, Sian	14	Mt Kelly	36.27	_____
5	Bruce, Skye	14	Pembs Cty	36.30	_____
6	Reed, Isabella	12	Rhondda	36.40	_____
7	Dowling, Abigail	12	Co Cardiff	36.73	_____
8	Davies, Darcey	14	Rct Squad	36.90	_____

Heat 7 of 12 Prelims

1	Ach Rhys, Esysllt	13	Swim Gwynedd	36.10	_____
2	Arnold, Jessica	13	Swansea Aq	36.00	_____
3	Nicholls, Esther	13	Caerphilly	35.80	_____
4	Jones, Erin	14	Wrexham	35.80	_____
5	Quinn, Erin	13	Swim Gwynedd	35.80	_____
6	Adams, Sydney	15	Nofio Clwyd	35.90	_____
7	Davies, Ellen	14	Chirk	36.00	_____
8	George, Ellie	12	Rct Squad	36.20	_____

Heat 8 of 12 Prelims

1	Howson, Ellen	14	Co Newport	35.80	_____
2	Johnson, Poppy	14	Holywell	35.70	_____
3	Carter, Ava	15	Penyrheol	35.40	_____
4	Smith, Summer	14	Rct Squad	35.30	_____
5	Mahoney, Isabella	14	Co Peterboro	35.40	_____
6	Hanna, Jazmine	15	Pembs Cty	35.50	_____
7	Knight, Cari	15	Penyrheol	35.70	_____
8	Humphreys, Holly	15	Swansea Aq	35.80	_____

Swim Wales National Championships 2023 - 13/04/2023 to 16/04/2023

Meet Program - Session 5 (Warmup 11.30 - 12.20)

Heat 9 Prelims (#225 Girls 12-15 50 LC Meter Backstroke)

1	Forgrave, Sophie	13	Wrexham	35.20	_____
2	Haddrell, Eva Lily	15	Rct Squad	35.00	_____
3	Davies, Brianna	14	Mt Kelly	35.00	_____
4	Roberts, Lexi	14	Oswestry Ott	34.90	_____
5	Vincent, Amelia	14	Clevedon	34.95	_____
6	Thomas, Rhian	15	Pembs Cty	35.00	_____
7	Phillips, Erin	15	Conwy	35.00	_____
8	Gilderdale, Celyn	15	Pembs Cty	35.30	_____

Heat 10 of 12 Prelims

1	Williams, Rose	15	Co Cardiff	34.60	_____
2	Gibbs, Harriet	15	Nofio S Gar	33.70	_____
3	Jones, Emily	15	Holywell	32.70	_____
4	Nichols, Grace	13	Pembs Cty	31.50	_____
5	Winstanley, Elin	14	Co Hereford	32.40	_____
6	Daniel, Megan	13	Caradon	33.38	_____
7	Kay, Isabelle	15	Rct Squad	34.20	_____
8	James, Grace	14	Bridgend Cty	34.60	_____

Heat 11 of 12 Prelims

1	Jones, Evie	15	Merthyr Tydf	34.50	_____
2	Anderson, Rosalie	13	Co Cardiff	33.70	_____
3	Crawshay-Williams, E	15	Torfaen D	32.62	_____
4	Dwyfor-Clark, Efa	14	Swim Gwynedd	31.40	_____
5	Evans, Sian	15	Holywell	32.30	_____
6	Carey, Lucy	15	Bridgend Cty	33.30	_____
7	Jones, Myia	15	Wrexham	33.90	_____
8	McDonagh, Emily	15	Bridgend Cty	34.60	_____

Heat 12 of 12 Prelims

1	Woodward, Angharad	15	Neath	34.20	_____
2	Geach, Libbie	14	Swansea Aq	33.50	_____
3	Hall, Emily	13	Warrington W	32.50	_____
4	Humphreys, Ffion	15	Swim Gwynedd	30.40	_____
5	Titchener, Megan	15	Torfaen D	31.60	_____
6	Scholze, Jenna	15	Holywell	33.17	_____
7	Andrews, Joanne	13	Wrexham	33.90	_____
8	Williams, Martha	15	Nofio Bangor	34.60	_____

Event 226 Boys 12-15 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Prelims

1					_____
2					_____
3	Lovell, Logan	12	Marlborough	39.80	_____
4	Taylor, Nicholas	12	Torfaen D	39.40	_____
5	Hale, Oliver	12	Swansea Aq	39.42	_____
6					_____
7					_____
8					_____

Heat 2 of 8 Prelims

1	Price-Clishem, Dyfan	12	Swim Gwynedd	38.80	_____
2	Gregory, Jaiden	12	Rhondda	38.10	_____
3	Herron, Noah	13	Co Newport	37.23	_____
4	Linge, Reece	12	Wrexham	36.80	_____
5	Grant, Nathaniel	13	Ruthin	36.99	_____
6	Woodrow, Leo	12	Ast Burnham	37.60	_____
7	Bastyan, Tobias-Luke	12	Caerphilly	38.30	_____
8	Elmes, Max	12	Nofio S Gar	39.40	_____

Heat 3 of 8 Prelims

1	Shiland-Griffiths, Enzo	13	Conwy	36.60	_____
2	Davies, Brynley	13	Co Newport	36.34	_____
3	Park, Reggie Samuel	13	Holywell	35.70	_____
4	Johns, Cody	14	Swansea Aq	35.60	_____
5	Meilleur, Elliot	13	Swim Gwynedd	35.70	_____
6	Campbell, Zac	13	Wrexham	36.20	_____
7	Phillips, Finley	13	Nofio S Gar	36.50	_____
8	Gilligan, Henry	13	Rct Squad	36.78	_____

Heat 4 of 8 Prelims

1	Ballantyne, Alex	14	Bridgend SC	35.50	_____
2	Dallimore, Austin	14	Nofio S Gar	35.20	_____
3	Rees, Daniel	13	Co Cardiff	35.00	_____
4	Silverstone, Solomon	14	Pembs Cty	34.80	_____
5	Wilson, Aidan	14	Conwy	35.00	_____
6	Thomas, Archie	13	Co Cardiff	35.10	_____
7	Evans, Oscar	14	Co Hereford	35.30	_____
8	Harris, Osian	14	Pembs Cty	35.60	_____

Heat 5 of 8 Prelims

1	Popa, David	14	Conwy	34.10	_____
2	Douglas, Lucas	12	Nofio S Gar	33.40	_____
3	Rosser, Ellis	14	Torfaen D	33.00	_____
4	Owen, Vinnie	15	Co Cardiff	32.90	_____
5	Lewis, Gethin	15	Bridgend Cty	33.00	_____
6	Williams, Owen	14	Nofio Bangor	33.10	_____
7	Dossett, Samson	14	Mt Kelly	33.70	_____
8	Thomas, Sion	14	Pembs Cty	34.30	_____

Heat 6 of 8 Prelims

1	Williams, Samuel	15	Co Cardiff	32.50	_____
2	Leatherbarrow, Jack	15	Wrexham	32.10	_____
3	Bie, Alfie	15	Nofio Clwyd	31.20	_____
4	Bamborough, Jack	15	Co Cardiff	29.70	_____
5	Rhys, Gruff	15	Swim Gwynedd	30.40	_____
6	Mruk, Lucas	15	Torfaen D	31.60	_____
7	Mills, Ioan	14	Torfaen D	32.10	_____
8	Williams, Noa	15	Nofio Bangor	32.80	_____

Heat 7 of 8 Prelims

1	Payne, Alexander	15	Droitwich	32.40	_____
2	Thairs, Noah	15	Tiverton	31.80	_____
3	Davies, Iwan	15	Co Cardiff	30.70	_____
4	Arnold, Jack	15	Swansea Aq	29.70	_____
5	Clarke, Tomas	15	Holywell	30.30	_____
6	West, Dexter	14	Pembs Cty	31.60	_____
7	Ogden, Dylan	15	Redditch	32.10	_____
8	Hole, Ethan	14	Co Cardiff	32.80	_____

Heat 8 of 8 Prelims

1	Spinks, Owen	15	Torfaen D	32.26	_____
2	Griffiths, Oliver	15	Nofio Clwyd	31.70	_____
3	Wren, James	15	Nofio Clwyd	30.60	_____
4	Montgomery, Samuel	15	Pembs Cty	29.10	_____
5	Hardy, Ryan	15	Wrexham	29.80	_____
6	Arch, Dewi	15	Northgate	31.20	_____
7	Lennon, Danny	15	Wrexham	32.10	_____
8	Richardson, Osian	15	Swansea Aq	32.50	_____

## Swim Wales National Championships 2023 - 13/04/2023 to 16/04/2023

## Meet Program - Session 5 (Warmup 11.30 - 12.20)

**Event 227 Girls 12-15 800 LC Meter Freestyle (HDW)**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1				_____
2				_____
3	Devin, Erin	13	Nofio Clwyd	10:55.10 _____
4	Taylor, Rebecca	13	Wrexham	10:52.90 _____
5	Sullivan, Ariana	13	Caerphilly	10:53.50 _____
6	Atkins, Amelia	12	Holywell	11:14.40 _____
7				_____
8				_____

**Heat 2 of 4 Finals**

1	Griffiths, Cerys	13	Pembs Cty	10:50.00 _____
2	Marshall, Ffion	13	Co Cardiff	10:30.55 _____
3	Williams, Rose	15	Co Cardiff	10:22.51 _____
4	Gilderdale, Celyn	15	Pembs Cty	10:20.50 _____
5	Williams, Marys	14	Swansea Aq	10:22.00 _____
6	Galdes-Cutting, Daisy	12	Pembs Cty	10:29.50 _____
7	Jones, Annabelle	13	Wrexham	10:34.30 _____
8	Jones, Isabella	13	Bridgend Cty	10:52.20 _____

**Heat 3 of 4 Finals**

1	Williams, Olivia	15	Co Cardiff	10:12.70 _____
2	Winstanley, Elin	14	Co Hereford	10:10.40 _____
3	Davies, Brianna	14	Mt Kelly	10:07.14 _____
4	Nichols, Grace	13	Pembs Cty	10:04.00 _____
5	Kay, Isabelle	15	Rct Squad	10:05.93 _____
6	Iles, Jessica	13	Co Cardiff	10:09.80 _____
7	Duce, Charlie	14	Modernian	10:10.90 _____
8	Coombes, Seren	15	Wirral Metro	10:18.80 _____

**Heat 4 of 4 Finals**

1	Morgan, Carys	15	Wrexham	10:00.40 _____
2	O'Mahoney, Kaitlin	15	Neath	9:53.00 _____
3	Ingram, Olivia	15	Co Cardiff	9:49.90 _____
4	Owen, Gracie	15	Neath	9:32.90 _____
5	Hatton-Ellis, Isabelle	15	Swansea Aq	9:39.00 _____
6	Sherrard, Emme	14	Torfaen D	9:50.30 _____
7	Hall, Emily	13	Warrington W	9:58.10 _____
8	Crawshay-Williams, E	15	Torfaen D	10:02.90 _____

**Event 228 Boys 12-15 1500 LC Meter Freestyle (HDW)**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

1				_____
2				_____
3	Whittaker, Luke	13	Bridgend Cty	20:43.10 _____
4	Bennett, Finley	14	Pembs Cty	19:07.80 _____
5	Thomas, Iolo	13	Neath	19:50.00 _____
6				_____
7				_____
8				_____

**Heat 2 of 2 Finals**

1				_____
2	Twigger, Owen	14	Swansea Aq	18:28.30 _____
3	Owen, Vinnie	15	Co Cardiff	18:07.25 _____
4	Bamborough, Jack	15	Co Cardiff	17:00.79 _____
5	Haines, Thomas	15	Co Cardiff	17:36.60 _____
6	Lawson, Oliver	15	Portsmouth N	18:17.51 _____
7	Williams, Owen	14	Nofio Bangor	18:53.90 _____
8				_____