

## Swim Wales National Championships 2023 - 13/04/2023 to 16/04/2023

## Meet Program - Session 11 (Warmup 10.40 - 11.30)

## Event 421 Boys 12-15 200 LC Meter IM

| Lane                       | Name                    | Age | Team              | Seed Time   |
|----------------------------|-------------------------|-----|-------------------|-------------|
| <b>Heat 1 of 6 Prelims</b> |                         |     |                   |             |
| 1                          |                         |     |                   | ___         |
| 2                          |                         |     |                   | ___         |
| 3                          | %O'Reilly, McKenzie SM8 | 14  | Gloucester/A, 12+ | 3:48.78 ___ |
| 4                          | Linge, Reece            | 12  | Wrexham           | 3:00.40 ___ |
| 5                          | Baldwin, Thomas         | 12  | Rhyl Dolphin      | 3:00.80 ___ |
| 6                          |                         |     |                   | ___         |
| 7                          |                         |     |                   | ___         |
| 8                          |                         |     |                   | ___         |
| <b>Heat 2 of 6 Prelims</b> |                         |     |                   |             |
| 1                          | Rees, Daniel            | 13  | Co Cardiff        | 2:51.80 ___ |
| 2                          | Cavill, Jack            | 13  | Co Cardiff        | 2:48.50 ___ |
| 3                          | Meilleur, Elliot        | 13  | Swim Gwynedd      | 2:44.80 ___ |
| 4                          | Phillips, Finley        | 13  | Nofio S Gar       | 2:43.20 ___ |
| 5                          | Douglas, Lucas          | 12  | Nofio S Gar       | 2:43.27 ___ |
| 6                          | Thomas, Archie          | 13  | Co Cardiff        | 2:48.38 ___ |
| 7                          | Warman-Powell, Ioan     | 13  | Torfaen D         | 2:51.00 ___ |
| 8                          |                         |     |                   | ___         |
| <b>Heat 3 of 6 Prelims</b> |                         |     |                   |             |
| 1                          | Song, Guangping         | 14  | Swansea Aq        | 2:41.86 ___ |
| 2                          | Popa, David             | 14  | Conwy             | 2:41.30 ___ |
| 3                          | Williams, Owen          | 14  | Nofio Bangor      | 2:37.60 ___ |
| 4                          | Owen, Vinnie            | 15  | Co Cardiff        | 2:35.94 ___ |
| 5                          | Bennett, Finley         | 14  | Pembs Cty         | 2:37.10 ___ |
| 6                          | Mansfield, Harry        | 14  | Bridgend Cty      | 2:41.09 ___ |
| 7                          | Willis, Kofi            | 14  | Co Cardiff        | 2:41.60 ___ |
| 8                          | Wilson, Aidan           | 14  | Conwy             | 2:43.00 ___ |
| <b>Heat 4 of 6 Prelims</b> |                         |     |                   |             |
| 1                          | Edwards, Ross           | 14  | Co Cardiff        | 2:33.90 ___ |
| 2                          | Major, Maximus          | 13  | Co Newport        | 2:30.80 ___ |
| 3                          | Henschell, Logan        | 15  | Co Cardiff        | 2:28.90 ___ |
| 4                          | Lee, Aled               | 15  | Royal Wolv        | 2:22.10 ___ |
| 5                          | Montague, Mason         | 15  | Pembs Cty         | 2:25.50 ___ |
| 6                          | Cozma, Samuel           | 14  | Co Cardiff        | 2:30.00 ___ |
| 7                          | Cheshire, Lucas         | 15  | Leatherhead       | 2:32.80 ___ |
| 8                          | Bie, Alfie              | 15  | Nofio Clwyd       | 2:35.90 ___ |
| <b>Heat 5 of 6 Prelims</b> |                         |     |                   |             |
| 1                          | Wren, James             | 15  | Nofio Clwyd       | 2:33.10 ___ |
| 2                          | Leatherbarrow, Jack     | 15  | Wrexham           | 2:30.70 ___ |
| 3                          | Twigger, Owen           | 14  | Swansea Aq        | 2:28.80 ___ |
| 4                          | Ma, Ko Kwan             | 14  | Co Cardiff        | 2:21.80 ___ |
| 5                          | Sellick, Fenn           | 15  | Swansea Aq        | 2:24.60 ___ |
| 6                          | Thomas, Lucas           | 15  | Conwy             | 2:29.50 ___ |
| 7                          | Richardson, Osian       | 15  | Swansea Aq        | 2:32.20 ___ |
| 8                          | Temby, Jacob            | 15  | Co Cardiff        | 2:34.90 ___ |
| <b>Heat 6 of 6 Prelims</b> |                         |     |                   |             |
| 1                          | Rhys, Gruff             | 15  | Swim Gwynedd      | 2:33.00 ___ |
| 2                          | Williams, Samuel        | 15  | Co Cardiff        | 2:30.10 ___ |
| 3                          | Holland, Tyler          | 15  | Wrexham           | 2:27.40 ___ |
| 4                          | Bamborough, Jack        | 15  | Co Cardiff        | 2:17.40 ___ |
| 5                          | Davies, Iwan            | 15  | Co Cardiff        | 2:23.00 ___ |
| 6                          | Williams, Luke          | 15  | Co Newport        | 2:29.30 ___ |
| 7                          | West, Dexter            | 14  | Pembs Cty         | 2:31.10 ___ |
| 8                          | Griffiths, Oliver       | 15  | Nofio Clwyd       | 2:33.90 ___ |

## Event 422 Girls 12-15 50 LC Meter Butterfly

| Lane                        | Name                  | Age | Team         | Seed Time |
|-----------------------------|-----------------------|-----|--------------|-----------|
| <b>Heat 1 of 10 Prelims</b> |                       |     |              |           |
| 1                           |                       |     |              | ___       |
| 2                           | McCoole-Jones, Elen   | 12  | Ruthin       | 37.90 ___ |
| 3                           | Burns, Freya          | 12  | Swansea Aq   | 37.80 ___ |
| 4                           | Dowling, Abigail      | 12  | Co Cardiff   | 37.70 ___ |
| 5                           | Cooksey-Owen, Ruby    | 12  | Rhondda      | 37.70 ___ |
| 6                           | Duggan, Grace         | 12  | Merthyr Tydf | 37.90 ___ |
| 7                           | Dash, Amelie          | 12  | Pembs Cty    | 38.10 ___ |
| 8                           |                       |     |              | ___       |
| <b>Heat 2 of 10 Prelims</b> |                       |     |              |           |
| 1                           | Duggan, Ella          | 12  | Merthyr Tydf | 37.20 ___ |
| 2                           | Synowiec, Amelia      | 13  | Conwy        | 36.80 ___ |
| 3                           | Forgrave, Sophie      | 13  | Wrexham      | 36.70 ___ |
| 4                           | Williams, Poppy       | 12  | Nofio Bangor | 36.50 ___ |
| 5                           | Forman, Pippa         | 12  | Newtown      | 36.50 ___ |
| 6                           | Givvons, Imogen       | 13  | Co Newport   | 36.72 ___ |
| 7                           | George, Ellie         | 12  | Rct Squad    | 36.90 ___ |
| 8                           | Bissicks, Cari        | 12  | Swansea Aq   | 37.20 ___ |
| <b>Heat 3 of 10 Prelims</b> |                       |     |              |           |
| 1                           | Reed, Isabella        | 12  | Rhondda      | 36.30 ___ |
| 2                           | Miller, Ailla         | 13  | Ruthin       | 36.20 ___ |
| 3                           | Edwards, Alaw         | 13  | Swim Gwynedd | 36.07 ___ |
| 4                           | Grimes, Idena         | 12  | Repton       | 35.74 ___ |
| 5                           | Tejedo, Lola          | 12  | Co Cardiff   | 35.79 ___ |
| 6                           | Bates, Molly          | 12  | Wrexham      | 36.10 ___ |
| 7                           | Iles, Jessica         | 13  | Co Cardiff   | 36.24 ___ |
| 8                           | Galdes-Cutting, Daisy | 12  | Pembs Cty    | 36.50 ___ |
| <b>Heat 4 of 10 Prelims</b> |                       |     |              |           |
| 1                           | Williams, Cari        | 14  | Nofio Bangor | 35.40 ___ |
| 2                           | Jones, Maisie         | 13  | Co Cardiff   | 35.31 ___ |
| 3                           | Hughes, Nel           | 12  | Swim Gwynedd | 35.30 ___ |
| 4                           | Jones, Lola           | 14  | Torfaen D    | 34.90 ___ |
| 5                           | David, Ava            | 13  | Swansea Aq   | 35.10 ___ |
| 6                           | Jones, Erin           | 14  | Wrexham      | 35.30 ___ |
| 7                           | Griffiths, Cerys      | 13  | Pembs Cty    | 35.33 ___ |
| 8                           | Atkins, Amelia        | 12  | Holywell     | 35.70 ___ |
| <b>Heat 5 of 10 Prelims</b> |                       |     |              |           |
| 1                           | Hale, Libby           | 14  | Swansea Aq   | 34.70 ___ |
| 2                           | Castle, Maya          | 14  | Co Cardiff   | 34.50 ___ |
| 3                           | Koo, Kathryn          | 14  | Pembs Cty    | 34.39 ___ |
| 4                           | Mahoney, Isabella     | 14  | Co Peterboro | 34.30 ___ |
| 5                           | Blassberg, Imogen     | 13  | C Dolphins   | 34.34 ___ |
| 6                           | Ostrowski, Julia      | 14  | Pembs Cty    | 34.43 ___ |
| 7                           | Dymond, Matilda       | 13  | Biggleswade  | 34.60 ___ |
| 8                           | Goddard, Amy          | 14  | Rhondda      | 34.70 ___ |
| <b>Heat 6 of 10 Prelims</b> |                       |     |              |           |
| 1                           | Williams, Marys       | 14  | Swansea Aq   | 34.14 ___ |
| 2                           | Roberts, Mali         | 13  | Swim Gwynedd | 33.90 ___ |
| 3                           | Jones, Martha         | 14  | Conwy        | 33.70 ___ |
| 4                           | Roberts, Ceri         | 15  | Wrexham      | 33.70 ___ |
| 5                           | Matthews, Elin        | 13  | Co Cardiff   | 33.70 ___ |
| 6                           | Gibbs, Harriet        | 15  | Nofio S Gar  | 33.90 ___ |
| 7                           | Perrott, Niamh        | 14  | C Dolphins   | 34.10 ___ |
| 8                           | Hurley, Sienna-Grace  | 13  | Neath        | 34.29 ___ |

Swim Wales National Championships 2023 - 13/04/2023 to 16/04/2023

Meet Program - Session 11 (Warmup 10.40 - 11.30)

Heat 7 Prelims (#422 Girls 12-15 50 LC Meter Butterfly)

|   |                    |    |              |       |       |
|---|--------------------|----|--------------|-------|-------|
| 1 | Majczak, Zuzanna   | 15 | Wrexham      | 33.30 | _____ |
| 2 | Marshall, Ffion    | 13 | Co Cardiff   | 33.20 | _____ |
| 3 | Coffey, Cora-Leigh | 13 | Swansea Aq   | 33.20 | _____ |
| 4 | Williams, Martha   | 15 | Nofio Bangor | 33.00 | _____ |
| 5 | Lythgoe, Manon     | 14 | Swansea Aq   | 33.14 | _____ |
| 6 | Arnold, Lily       | 15 | Pembs Cty    | 33.20 | _____ |
| 7 | Parfitt, Lucy      | 15 | Co Cardiff   | 33.20 | _____ |
| 8 | Ach Rhys, Esysllt  | 13 | Swim Gwynedd | 33.45 | _____ |

Heat 8 of 10 Prelims

|   |                     |    |              |       |       |
|---|---------------------|----|--------------|-------|-------|
| 1 | Sweet-Roberts, Myha | 15 | Torfaen D    | 32.70 | _____ |
| 2 | Roberts, Lexi       | 14 | Oswestry Ott | 32.20 | _____ |
| 3 | Tucker, Holly       | 15 | Swansea Aq   | 31.40 | _____ |
| 4 | Owen, Gracie        | 15 | Neath        | 30.30 | _____ |
| 5 | Lee, Edith          | 13 | Co Cardiff   | 31.23 | _____ |
| 6 | Jones, Myia         | 15 | Wrexham      | 31.70 | _____ |
| 7 | Catling, Freya      | 15 | C Dolphins   | 32.47 | _____ |
| 8 | Haddrell, Eva Lily  | 15 | Rct Squad    | 32.98 | _____ |

Heat 9 of 10 Prelims

|   |                   |    |              |       |       |
|---|-------------------|----|--------------|-------|-------|
| 1 | Jones, Emily      | 15 | Holywell     | 32.50 | _____ |
| 2 | Scholze, Jenna    | 15 | Holywell     | 31.96 | _____ |
| 3 | Dwyfor-Clark, Efa | 14 | Swim Gwynedd | 31.40 | _____ |
| 4 | Humphreys, Ffion  | 15 | Swim Gwynedd | 30.20 | _____ |
| 5 | Avraam, Neve      | 15 | Co Cardiff   | 30.70 | _____ |
| 6 | Watkins, Amelia   | 15 | Torfaen D    | 31.65 | _____ |
| 7 | Sherrard, Emme    | 14 | Torfaen D    | 32.30 | _____ |
| 8 | Jones, Eryn       | 14 | Neath        | 32.71 | _____ |

Heat 10 of 10 Prelims

|   |                   |    |              |       |       |
|---|-------------------|----|--------------|-------|-------|
| 1 | Evans, Sian       | 15 | Holywell     | 32.49 | _____ |
| 2 | Andrews, Joanne   | 13 | Wrexham      | 31.90 | _____ |
| 3 | Daniel, Megan     | 13 | Caradon      | 31.40 | _____ |
| 4 | Day, Hannah       | 15 | Co Cardiff   | 30.10 | _____ |
| 5 | Morgan, Carys     | 15 | Wrexham      | 30.43 | _____ |
| 6 | Winstanley, Elin  | 14 | Co Hereford  | 31.60 | _____ |
| 7 | Hall, Emily       | 13 | Warrington W | 32.30 | _____ |
| 8 | Anderson, Rosalie | 13 | Co Cardiff   | 32.70 | _____ |

Event 423 Boys 12-15 50 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Prelims

|   |                      |    |              |       |       |
|---|----------------------|----|--------------|-------|-------|
| 1 |                      |    |              |       | _____ |
| 2 | Gregory, Jaiden      | 12 | Rhondda      | 38.40 | _____ |
| 3 | Payne, Sebastian     | 12 | Droitwich    | 36.60 | _____ |
| 4 | Williams, Thomas     | 13 | Nofio S Gar  | 35.80 | _____ |
| 5 | Elmes, Max           | 12 | Nofio S Gar  | 36.41 | _____ |
| 6 | Price-Clishem, Dyfan | 12 | Swim Gwynedd | 37.90 | _____ |
| 7 |                      |    |              |       | _____ |
| 8 |                      |    |              |       | _____ |

Heat 2 of 7 Prelims

|   |                     |    |             |       |       |
|---|---------------------|----|-------------|-------|-------|
| 1 | Jones, Sebastien    | 13 | Torfaen D   | 35.76 | _____ |
| 2 | Warman-Powell, Ioan | 13 | Torfaen D   | 35.20 | _____ |
| 3 | Deacon, Cameron     | 13 | Rhondda     | 34.80 | _____ |
| 4 | Thomas, Sion        | 14 | Pembs Cty   | 34.16 | _____ |
| 5 | Dallimore, Austin   | 14 | Nofio S Gar | 34.37 | _____ |
| 6 | Park, Reggie Samuel | 13 | Holywell    | 34.90 | _____ |
| 7 | Gruffydd, Ned       | 13 | Co Cardiff  | 35.52 | _____ |
| 8 | Hewitt, Archie      | 13 | Torfaen D   | 35.76 | _____ |

Heat 3 of 7 Prelims

|   |                  |    |              |       |       |
|---|------------------|----|--------------|-------|-------|
| 1 | Hole, Ethan      | 14 | Co Cardiff   | 33.77 | _____ |
| 2 | Brock, Freddy    | 14 | Rct Squad    | 33.59 | _____ |
| 3 | James, Rhys      | 14 | Rct Squad    | 33.40 | _____ |
| 4 | Williams, Owen   | 14 | Nofio Bangor | 33.40 | _____ |
| 5 | Thomas, Archie   | 13 | Co Cardiff   | 33.40 | _____ |
| 6 | Ballantyne, Alex | 14 | Bridgend SC  | 33.41 | _____ |
| 7 | Harris, Osian    | 14 | Pembs Cty    | 33.66 | _____ |
| 8 | Willis, Kofi     | 14 | Co Cardiff   | 34.06 | _____ |

Heat 4 of 7 Prelims

|   |                      |    |              |       |       |
|---|----------------------|----|--------------|-------|-------|
| 1 | Meilleur, Elliot     | 13 | Swim Gwynedd | 33.30 | _____ |
| 2 | Dossett, Samson      | 14 | Mt Kelly     | 32.97 | _____ |
| 3 | Thomas, Iolo         | 13 | Neath        | 32.25 | _____ |
| 4 | Watkins, William     | 15 | Bridgend SC  | 31.80 | _____ |
| 5 | Chapman, Coby        | 14 | Penyrheol    | 32.08 | _____ |
| 6 | Mansfield, Harry     | 14 | Bridgend Cty | 32.28 | _____ |
| 7 | Song, Guangping      | 14 | Swansea Aq   | 33.07 | _____ |
| 8 | Silverstone, Solomon | 14 | Pembs Cty    | 33.30 | _____ |

Heat 5 of 7 Prelims

|   |                  |    |            |       |       |
|---|------------------|----|------------|-------|-------|
| 1 | Thomas, Lucas    | 15 | Conwy      | 31.40 | _____ |
| 2 | Mruk, Lucas      | 15 | Torfaen D  | 31.02 | _____ |
| 3 | Sinfield, Ben    | 15 | Conwy      | 29.90 | _____ |
| 4 | Thairs, Noah     | 15 | Tiverton   | 29.14 | _____ |
| 5 | Clarke, Tomas    | 15 | Holywell   | 29.60 | _____ |
| 6 | Haines, Thomas   | 15 | Co Cardiff | 30.63 | _____ |
| 7 | Hnoianyi, Andrii | 14 | Swansea Aq | 31.25 | _____ |
| 8 | Mills, Ioan      | 14 | Torfaen D  | 31.78 | _____ |

Heat 6 of 7 Prelims

|   |                  |    |              |       |       |
|---|------------------|----|--------------|-------|-------|
| 1 | Arch, Dewi       | 15 | Northgate    | 31.40 | _____ |
| 2 | Williams, Samuel | 15 | Co Cardiff   | 31.00 | _____ |
| 3 | Owen, Vinnie     | 15 | Co Cardiff   | 29.80 | _____ |
| 4 | Holland, Tyler   | 15 | Wrexham      | 28.80 | _____ |
| 5 | Lewis, Gethin    | 15 | Bridgend Cty | 29.38 | _____ |
| 6 | West, Dexter     | 14 | Pembs Cty    | 30.20 | _____ |
| 7 | Popa, David      | 14 | Conwy        | 31.10 | _____ |
| 8 | Cheshire, Lucas  | 15 | Leatherhead  | 31.70 | _____ |

Heat 7 of 7 Prelims

|   |                    |    |             |       |       |
|---|--------------------|----|-------------|-------|-------|
| 1 | Douglas, Lucas     | 12 | Nofio S Gar | 31.30 | _____ |
| 2 | Bie, Alfie         | 15 | Nofio Clwyd | 30.80 | _____ |
| 3 | Sellick, Fenn      | 15 | Swansea Aq  | 29.80 | _____ |
| 4 | Hardy, Ryan        | 15 | Wrexham     | 28.50 | _____ |
| 5 | Montgomery, Samuel | 15 | Pembs Cty   | 29.21 | _____ |
| 6 | Ogden, Dylan       | 15 | Redditch    | 29.90 | _____ |
| 7 | Henschell, Logan   | 15 | Co Cardiff  | 31.10 | _____ |
| 8 | Cooper, Harry      | 15 | Nofio Clwyd | 31.58 | _____ |

Event 424 Girls 12-15 200 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 8 Prelims

|   |                     |    |            |         |       |
|---|---------------------|----|------------|---------|-------|
| 1 |                     |    |            |         | _____ |
| 2 |                     |    |            |         | _____ |
| 3 | Tejedo, Lola        | 12 | Co Cardiff | 2:53.70 | _____ |
| 4 | Dowling, Abigail    | 12 | Co Cardiff | 2:50.20 | _____ |
| 5 | McCoole-Jones, Elen | 12 | Ruthin     | 2:53.20 | _____ |
| 6 |                     |    |            |         | _____ |
| 7 |                     |    |            |         | _____ |
| 8 |                     |    |            |         | _____ |

Swim Wales National Championships 2023 - 13/04/2023 to 16/04/2023

Meet Program - Session 11 (Warmup 10.40 - 11.30)

Heat 2 Prelims (#424 Girls 12-15 200 LC Meter Backstroke)

|   |                    |    |             |         |       |
|---|--------------------|----|-------------|---------|-------|
| 1 | Evans, Gwennan     | 13 | Co Newport  | 2:50.10 | _____ |
| 2 | Marshall, Ffion    | 13 | Co Cardiff  | 2:49.30 | _____ |
| 3 | Cressey-Rodgers, G | 13 | Nofio S Gar | 2:48.20 | _____ |
| 4 | Ling, Olivia       | 13 | Co Cardiff  | 2:48.00 | _____ |
| 5 | Dash, Amelie       | 12 | Pembs Cty   | 2:48.10 | _____ |
| 6 | Matthews, Elin     | 13 | Co Cardiff  | 2:48.90 | _____ |
| 7 | Ribeiro, Ariana    | 12 | Co Cardiff  | 2:50.00 | _____ |
| 8 |                    |    |             |         | _____ |

Heat 3 of 8 Prelims

|   |                  |    |              |         |       |
|---|------------------|----|--------------|---------|-------|
| 1 | Lythgoe, Manon   | 14 | Swansea Aq   | 2:47.80 | _____ |
| 2 | Ach Rhys, Esyllt | 13 | Swim Gwynedd | 2:47.50 | _____ |
| 3 | Atkins, Amelia   | 12 | Holywell     | 2:47.00 | _____ |
| 4 | Philpott, Ffion  | 14 | Nofio S Gar  | 2:46.70 | _____ |
| 5 | Williams, Cari   | 14 | Nofio Bangor | 2:46.90 | _____ |
| 6 | Roberts, Mali    | 13 | Swim Gwynedd | 2:47.10 | _____ |
| 7 | Edwards, Alaw    | 13 | Swim Gwynedd | 2:47.70 | _____ |
| 8 | Koo, Kathryn     | 14 | Pembs Cty    | 2:47.90 | _____ |

Heat 4 of 8 Prelims

|   |                  |    |            |         |       |
|---|------------------|----|------------|---------|-------|
| 1 | Brazier, Jessica | 14 | Mt Kelly   | 2:46.20 | _____ |
| 2 | Jones, Erin      | 14 | Wrexham    | 2:45.10 | _____ |
| 3 | George, Ellie    | 12 | Rct Squad  | 2:43.60 | _____ |
| 4 | Arnold, Jessica  | 13 | Swansea Aq | 2:42.80 | _____ |
| 5 | Grimes, Idena    | 12 | Repton     | 2:43.16 | _____ |
| 6 | Davies, Sian     | 14 | Mt Kelly   | 2:44.00 | _____ |
| 7 | Smith, Summer    | 14 | Rct Squad  | 2:45.20 | _____ |
| 8 | Forgrave, Sophie | 13 | Wrexham    | 2:46.40 | _____ |

Heat 5 of 8 Prelims

|   |                   |    |              |         |       |
|---|-------------------|----|--------------|---------|-------|
| 1 | Mahoney, Isabella | 14 | Co Peterboro | 2:42.70 | _____ |
| 2 | Daniel, Megan     | 13 | Caradon      | 2:41.00 | _____ |
| 3 | Duce, Charlie     | 14 | Modernian    | 2:39.26 | _____ |
| 4 | Williams, Rose    | 15 | Co Cardiff   | 2:39.00 | _____ |
| 5 | Parfitt, Lucy     | 15 | Co Cardiff   | 2:39.10 | _____ |
| 6 | Griffiths, Cerys  | 13 | Pembs Cty    | 2:40.00 | _____ |
| 7 | Jones, Annabelle  | 13 | Wrexham      | 2:42.10 | _____ |
| 8 | Taylor, Rebecca   | 13 | Wrexham      | 2:42.70 | _____ |

Heat 6 of 8 Prelims

|   |                        |    |              |         |       |
|---|------------------------|----|--------------|---------|-------|
| 1 | Thomas, Rhian          | 15 | Pembs Cty    | 2:37.50 | _____ |
| 2 | Evans, Gwenllian       | 14 | Co Cardiff   | 2:34.60 | _____ |
| 3 | Hall, Emily            | 13 | Warrington W | 2:31.00 | _____ |
| 4 | Hatton-Ellis, Isabelle | 15 | Swansea Aq   | 2:24.60 | _____ |
| 5 | Watkins, Amelia        | 15 | Torfaen D    | 2:27.98 | _____ |
| 6 | Ingram, Olivia         | 15 | Co Cardiff   | 2:33.60 | _____ |
| 7 | Iles, Jessica          | 13 | Co Cardiff   | 2:36.60 | _____ |
| 8 | Davies, Brianna        | 14 | Mt Kelly     | 2:38.30 | _____ |

Heat 7 of 8 Prelims

|   |                    |    |              |         |       |
|---|--------------------|----|--------------|---------|-------|
| 1 | Anderson, Rosalie  | 13 | Co Cardiff   | 2:37.10 | _____ |
| 2 | Geach, Libbie      | 14 | Swansea Aq   | 2:34.00 | _____ |
| 3 | Scholze, Jenna     | 15 | Holywell     | 2:29.57 | _____ |
| 4 | Dwyfor-Clark, Efa  | 14 | Swim Gwynedd | 2:23.30 | _____ |
| 5 | Nichols, Grace     | 13 | Pembs Cty    | 2:27.20 | _____ |
| 6 | Evans, Sian        | 15 | Holywell     | 2:32.40 | _____ |
| 7 | Jones, Myia        | 15 | Wrexham      | 2:36.50 | _____ |
| 8 | Haddrell, Eva Lily | 15 | Rct Squad    | 2:37.80 | _____ |

Heat 8 of 8 Prelims

|   |                      |    |              |         |       |
|---|----------------------|----|--------------|---------|-------|
| 1 | Jones, Evie          | 15 | Merthyr Tydf | 2:36.80 | _____ |
| 2 | Kay, Isabelle        | 15 | Rct Squad    | 2:33.90 | _____ |
| 3 | Dacey, Mollie        | 15 | Co Cardiff   | 2:28.70 | _____ |
| 4 | Humphreys, Ffion     | 15 | Swim Gwynedd | 2:21.80 | _____ |
| 5 | Titchener, Megan     | 15 | Torfaen D    | 2:25.20 | _____ |
| 6 | Crawshay-Williams, E | 15 | Torfaen D    | 2:31.90 | _____ |
| 7 | Andrews, Joanne      | 13 | Wrexham      | 2:34.70 | _____ |
| 8 | Smith, Amelia        | 15 | Co Cardiff   | 2:37.60 | _____ |

Event 425 Boys 12-15 200 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Prelims

|   |                    |    |              |         |       |
|---|--------------------|----|--------------|---------|-------|
| 1 | Rees, Daniel       | 13 | Co Cardiff   | 2:41.80 | _____ |
| 2 | Major, Maximus     | 13 | Co Newport   | 2:31.60 | _____ |
| 3 | Griffiths, Oliver  | 15 | Nofio Clwyd  | 2:26.10 | _____ |
| 4 | Montgomery, Samuel | 15 | Pembs Cty    | 2:16.20 | _____ |
| 5 | Rhys, Gruff        | 15 | Swim Gwynedd | 2:20.80 | _____ |
| 6 | Arch, Dewi         | 15 | Northgate    | 2:27.60 | _____ |
| 7 | Thomas, Iolo       | 13 | Neath        | 2:38.30 | _____ |
| 8 | Linge, Reece       | 12 | Wrexham      | 2:52.50 | _____ |

Heat 2 of 3 Prelims

|   |                  |    |              |         |       |
|---|------------------|----|--------------|---------|-------|
| 1 | Phillips, Finley | 13 | Nofio S Gar  | 2:41.70 | _____ |
| 2 | Montague, Mason  | 15 | Pembs Cty    | 2:30.40 | _____ |
| 3 | Wren, James      | 15 | Nofio Clwyd  | 2:25.30 | _____ |
| 4 | Bamborough, Jack | 15 | Co Cardiff   | 2:15.60 | _____ |
| 5 | Clarke, Tomas    | 15 | Holywell     | 2:19.80 | _____ |
| 6 | West, Dexter     | 14 | Pembs Cty    | 2:26.40 | _____ |
| 7 | Dossett, Samson  | 14 | Mt Kelly     | 2:37.70 | _____ |
| 8 | Meilleur, Elliot | 13 | Swim Gwynedd | 2:44.50 | _____ |

Heat 3 of 3 Prelims

|   |                     |    |              |         |       |
|---|---------------------|----|--------------|---------|-------|
| 1 | Campbell, Zac       | 13 | Wrexham      | 2:41.60 | _____ |
| 2 | Edwards, Ross       | 14 | Co Cardiff   | 2:29.60 | _____ |
| 3 | Ogden, Dylan        | 15 | Redditch     | 2:25.10 | _____ |
| 4 | Arnold, Jack        | 15 | Swansea Aq   | 2:15.60 | _____ |
| 5 | Davies, Iwan        | 15 | Co Cardiff   | 2:18.30 | _____ |
| 6 | Leatherbarrow, Jack | 15 | Wrexham      | 2:26.40 | _____ |
| 7 | Williams, Owen      | 14 | Nofio Bangor | 2:34.50 | _____ |
| 8 | Whittaker, Luke     | 13 | Bridgend Cty | 2:43.80 | _____ |

Event 426 Girls 12-15 1500 LC Meter Freestyle (HDW)

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 2 Finals

|   |                 |    |            |          |       |
|---|-----------------|----|------------|----------|-------|
| 1 |                 |    |            |          | _____ |
| 2 |                 |    |            |          | _____ |
| 3 | Williams, Marys | 14 | Swansea Aq | 20:03.10 | _____ |
| 4 | King, Marley    | 15 | Penyrheol  | 19:46.20 | _____ |
| 5 | Williams, Lowri | 13 | Rtw Monson | 20:01.28 | _____ |
| 6 |                 |    |            |          | _____ |
| 7 |                 |    |            |          | _____ |
| 8 |                 |    |            |          | _____ |

Heat 2 of 2 Finals

|   |                       |    |              |          |       |
|---|-----------------------|----|--------------|----------|-------|
| 1 | Galdes-Cutting, Daisy | 12 | Pembs Cty    | 19:45.30 | _____ |
| 2 | Duce, Charlie         | 14 | Modernian    | 19:19.39 | _____ |
| 3 | Evans, Ella           | 15 | Co Cardiff   | 19:08.30 | _____ |
| 4 | Day, Hannah           | 15 | Co Cardiff   | 18:18.90 | _____ |
| 5 | O'Mahoney, Kaitlin    | 15 | Neath        | 19:00.50 | _____ |
| 6 | Davies, Brianna       | 14 | Mt Kelly     | 19:11.10 | _____ |
| 7 | Gardener, Hannah      | 14 | Bridgend Cty | 19:37.80 | _____ |
| 8 |                       |    |              |          | _____ |

**Swim Wales National Championships 2023 - 13/04/2023 to 16/04/2023****Meet Program - Session 11 (Warmup 10.40 - 11.30)****Event 427 Boys 12-15 800 LC Meter Freestyle (HDW)**

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

**Heat 1 of 2 Finals**

|   |                  |    |              |          |       |
|---|------------------|----|--------------|----------|-------|
| 1 |                  |    |              |          | _____ |
| 2 | Woodrow, Leo     | 12 | Ast Burnham  | 11:22.09 | _____ |
| 3 | Phillips, Finley | 13 | Nofio S Gar  | 10:48.90 | _____ |
| 4 | Edwards, Ross    | 14 | Co Cardiff   | 9:51.20  | _____ |
| 5 | Bennett, Finley  | 14 | Pembs Cty    | 10:02.60 | _____ |
| 6 | Baldwin, Thomas  | 12 | Rhyl Dolphin | 10:57.30 | _____ |
| 7 |                  |    |              |          | _____ |
| 8 |                  |    |              |          | _____ |

**Heat 2 of 2 Finals**

|   |                   |    |              |         |       |
|---|-------------------|----|--------------|---------|-------|
| 1 | Mills, Ioan       | 14 | Torfaen D    | 9:47.20 | _____ |
| 2 | Twigger, Owen     | 14 | Swansea Aq   | 9:37.50 | _____ |
| 3 | Lawson, Oliver    | 15 | Portsmouth N | 9:28.31 | _____ |
| 4 | Bamborough, Jack  | 15 | Co Cardiff   | 8:46.40 | _____ |
| 5 | Haines, Thomas    | 15 | Co Cardiff   | 9:19.00 | _____ |
| 6 | Henschell, Logan  | 15 | Co Cardiff   | 9:28.90 | _____ |
| 7 | Ogden, Dylan      | 15 | Redditch     | 9:46.50 | _____ |
| 8 | Griffiths, Oliver | 15 | Nofio Clwyd  | 9:50.60 | _____ |