**Fishguard Flyers Amateur Swimming Club**

**AGM 5th May 2017**

**7.00 pm , Fishguard Leisure Centre**

Present: Lorraine West (Treasurer), Glenda Thomas (County Swimming Rep), Richard Curtis (Secretary), Katherine Clapham, Christine Merrit, Lynne Fischer, Derek Owen, Karl West, Caroline Kovachev, Ruth Myers, Martin Horne, Aida Horne, Emma Banks, Julie Latrobe, Craig Nelson.

Minute Secretary: Richard Curtis

1. **Apologies**: Marion Scott, Nick Chilton, Sian Lewis, Anwen Woodhouse, Mair Rees, Matthew Reed, Friederike Schmidt, Martha Owen,
2. **Minutes of Previous AGM-** these were agreed as accurate by the meeting and proposed by Katherine Clapham, and Seconded by Lorraine West.
3. **Matters Arising**

None reported

1. **Chairman’s Report-**

GT stood in for Nick Chilton, - gave a breakdown of the Pemb’s clubs, we offer an excellent pool time at Flyers and prime times. Training – always looking for more coaches. Explained about coaches being volunteers- please encourage people to get involved. Can be very simple or more involved at poolside. Funds are good at the minute but we need to do more fundraising- previous years we have done long course day out and rounder’s and picnic, bbq at the playing field.

New squads released from PCS- good news in this training cycle with Flyers swimmers- GT outlined what happens at the county training. 5 at junior academy and 3 at senior academy, 2 in junior national and Rachel Lewis and Rhys Davies in national performance squad. Carys Thomas has been representing flyers for many years and we wish her the best now that she has stopped at Flyers.

County coaches are coming out to see us on training nights which is good and we have pembs league- 1st with Crymych which we won, next is against Haverfordwest.

The final will be the 2nd July. **RC email this date out**

The pembs league is to encourage young swimmers and get them used to competing and gives them a chance to get to know each other.

Freemasons, gave £600 which will go towards stopwatches, fins and other equipment. We use an ipad poolside now on poolside.

Club champs- FS wants to get these underway so will between end of June and July.

Fixtures- we will develop a fixture diary so that we ca target meets for our swimmers- different levels of meet, 123. This will allow us to plan ahead.

GT thanked all of the committee for their work and thanks to Kath for the membership which has been very hardwork, Thanks to Ruth Myers, child protection officer who has done a great job. Marion Scott has done a great job with fixture secretary and Karl and Lorraine are now taking it on. And lastly thanks to all the coaches.

1. **Treasurers report-**

Lorraine- year ended with healthy balance- expenditure did exceed income but this was because of our contribution to the new blocks. Membership income has increased by 12%, Gala expenditure has dropped this year. Fundraising disappointing- only £78 raised through a raffle. Please get your membership cheques in on time. GT thanked LW

1. **Membership report-**

KC- highest 58, for several years with few to start- which will take us to 60 which we haven’t had for a few years. We also have several masters.

KC explained where the money goes- we get £8 from that- that is it for flyers.

KC also explained that she is timing official- we need to send someone to each gala we attend.

Question- MH-what do swim wales do with their portion of the money- insurance and our national body providing guidelines

1. **Coaching report-**

Lynne Fischer – very successful- very proud of the children who are keen and focused. Well done to all and parents- most successful county selection ever.

Great Urdd with 3 medals won- All galas produce good results winning more medals than we have in the past. PB’s being achieved at all Galas- RAOB was also a good event with Zach west winning swimmer of the meet.

Also appealed to parents and grandparents for volunteers. GT thanked Lynne and reiterated the need for volunteers. We have got a few new volunteers

1. **Election of officers-**

Chair Nick Chilton- has said he is happy to do another year

Secretary Richard Curtis

Treasurer Lorraine West

Child Welfare Officer TBC

Fixture Secretary Lorraine West and Karl

Membership Secretary Katherine Clapham

Coaches Rep Friederike Schmidt, Martha Owen

County Coaches Rep Glenda Thomas

Publicity Officer & Website Karl West

GT explained the role of Child welfare officer and RM also said it could be a shared role. Lots of help-

1. **Karl West-**

publicity presentation- thanked LF for her photos which have made a big difference to the website. Took quite a lot out as was to complicated. Please give us some feedback as it’s a valuable tool for the club

1. **Craig Nelson-** first AGM he has been invited to- club is developing well and is on board with PCS and the pathway. What is Pembs county swimming?- We are a swim wales performance club- CN sees it as development role to get swimmers to the next level- CN also said that he wants to develop the kids social skills getting up early to go to work etc. **C**N will be coming up to develop the clubs 12 month plan with Sam also- He also said that please keep comms through county rep-Will come back and talk about nutrition which will also be lifetime habits.

Swimmers coming through from Flyers now are very good and are technically the best swimmers in the county. There are no behaviour issues with Flyers swimmers and Sam’s feedback is very positive.

A few questions from the floor- about squad times and strength training.

Gave a briefing about how important strength and condition is to swimmers.

Very important to build the squads in teambuilding- younger squads really getting the hand of that. Pembs champs is the gala to go to and is a good team meet.

Also said when he comes to Fishguard then he will be talking to parents as well if necessary.

GT thanked Craig also-

Julie Latrobe- fit swim is £17.50 and is very expensive for 2hrs when they mostly can only do the one hr on the Friday

GN will take the comment back to the people who set prices-**RC to email Craig with a reminder.**

1. **Date of next Meeting-**

**TBC**