

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.45 - 3.35****Event 16 Men 18-24 200 LC Meter Butterfly**

| Name | Age | Team | Seed Time | Finals Time | Points |
|---------------|-------|-----------------|-----------------|-----------------|--------|
| 1 Lloyd Jones | 20 | Merthyr Tydf- | 2:50.00 | 2:33.53 | |
| | 32.93 | 1:12.11 (39.18) | 1:52.58 (40.47) | 2:33.53 (40.95) | |

Event 16 Men 35-39 200 LC Meter Butterfly

| | | | | | |
|---------------|-------|-----------------|-----------------|-----------------|--|
| 1 Paul Wilkes | 39 | Birmingham M- | 2:16.83 | 2:15.74 | |
| | 29.74 | 1:04.65 (34.91) | 1:40.99 (36.34) | 2:15.74 (34.75) | |

Event 16 Men 55-59 200 LC Meter Butterfly

| | | | | | |
|-----------------|-------|-----------------|-----------------|-----------------|--|
| 1 Mark Franklin | 56 | S D Trojan- | 3:07.68 | 2:47.89 | |
| | 33.31 | 1:17.29 (43.98) | 2:01.75 (44.46) | 2:47.89 (46.14) | |

Event 16 Men 60-64 200 LC Meter Butterfly

| | | | | | |
|--------------|-------|-----------------|-----------------|-----------------|--|
| 1 Mark Jones | 63 | Warrington M- | 3:09.58 | 3:13.72 | |
| | 41.88 | 1:31.30 (49.42) | 2:22.43 (51.13) | 3:13.72 (51.29) | |

Event 16 Men 65-69 200 LC Meter Butterfly

| | | | | | |
|------------------|-------|-----------------|-------------------|-------------------|--|
| 1 Vladimir Sveds | 67 | Cardiff Mast- | 3:43.24 | 3:53.78 | |
| | 50.55 | 1:48.98 (58.43) | 2:51.09 (1:02.11) | 3:53.78 (1:02.69) | |

Event 17 Women 18-24 200 LC Meter Butterfly

| | | | | | |
|---------------------|-------|-------------------|-------------------|-------------------|--|
| 1 Alexandra Edwards | 24 | Soundwell- | 4:19.05 | 4:44.49 | |
| | 56.40 | 2:08.99 (1:12.59) | 3:26.60 (1:17.61) | 4:44.49 (1:17.89) | |

Event 17 Women 30-34 200 LC Meter Butterfly

| | | | | | |
|----------------|-------|-----------------|-----------------|-----------------|--|
| 1 Nia Westlake | 30 | Gloucester M- | 2:43.85 | 2:41.45 | |
| | 35.77 | 1:16.53 (40.76) | 1:59.04 (42.51) | 2:41.45 (42.41) | |

Event 17 Women 35-39 200 LC Meter Butterfly

| | | | | | |
|----------------------|-------|-----------------|-----------------|-----------------|--|
| 1 Sarah Quartermaine | 37 | Carrick Mas- | 2:38.27 | 2:48.29 | |
| | 35.48 | 1:17.54 (42.06) | 2:01.45 (43.91) | 2:48.29 (46.84) | |

Event 17 Women 40-44 200 LC Meter Butterfly

| | | | | | |
|---------------------|-------|-----------------|-----------------|-----------------|--|
| 1 Victoria Williams | 41 | Bath Dolphin- | 2:54.95 | 2:57.95 | |
| | 38.27 | 1:22.41 (44.14) | 2:09.81 (47.40) | 2:57.95 (48.14) | |

Event 17 Women 45-49 200 LC Meter Butterfly

| | | | | | |
|---------------------|-------|-----------------|-----------------|-----------------|--|
| 1 Jessica Partridge | 48 | Stroud Mast- | 2:45.01 | 2:44.71 | |
| | 36.80 | 1:19.63 (42.83) | 2:02.13 (42.50) | 2:44.71 (42.58) | |
| 2 Erzsebet Kiss | 47 | Co Sheffield- | 3:07.31 | 3:16.72 | |
| | 40.54 | 1:30.36 (49.82) | 2:24.16 (53.80) | 3:16.72 (52.56) | |

Event 17 Women 65-69 200 LC Meter Butterfly

| | | | | | |
|----------------|-------|-----------------|-----------------|-----------------|--|
| 1 Amanda Heath | 66 | Spencer- | 3:29.00 | 3:21.28 | |
| | 46.41 | 1:37.65 (51.24) | 2:30.82 (53.17) | 3:21.28 (50.46) | |

Event 18 Men 18-24 100 LC Meter Freestyle

| | | | | | |
|------------------|-------|-------------------|---------|---------|--|
| 1 Jack Endersby | 23 | Cardiff Mast- | 54.73 | 55.27 | |
| | 26.29 | 55.27 (28.98) | | | |
| 2 Jack Southam | 20 | Llanelli- | 55.82 | 56.74 | |
| | 27.09 | 56.74 (29.65) | | | |
| 3 Kjetil Rehm | 24 | Bristol Nor- | 55.84 | 57.74 | |
| | 26.92 | 57.74 (30.82) | | | |
| 4 William Bailey | 20 | Swansea Uni- | 58.90 | 1:01.19 | |
| | 29.12 | 1:01.19 (32.07) | | | |
| 5 Thomas Bayley | 24 | Bristol Nor- | 1:05.00 | 1:01.47 | |
| | 29.43 | 1:01.47 (32.04) | | | |
| 6 Nik Takev | 20 | Barnet Copt- | 1:01.33 | 1:02.74 | |
| | 29.37 | 1:02.74 (33.37) | | | |
| 7 Ben Murray | 20 | Keele University- | 1:04.20 | 1:03.90 | |
| | 31.07 | 1:03.90 (32.83) | | | |

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.45 - 3.35****Event 18 Men 25-29 100 LC Meter Freestyle**

| | | | | | |
|---|-------------------|---------|---------------|---------|---------|
| 1 | Joshua Hooper | 25 | Ots Bristol- | 57.27 | 59.23 |
| | 27.49 | 59.23 | (31.74) | | |
| 2 | Ryan Borthwick | 29 | Co Sheffield- | 57.83 | 59.41 |
| | 28.97 | 59.41 | (30.44) | | |
| 3 | Callum Morris | 28 | Cardiff Mast- | 59.56 | 59.69 |
| | 28.94 | 59.69 | (30.75) | | |
| 4 | Geraint Meek | 29 | Cardiff Mast- | 1:01.00 | 1:00.16 |
| | 28.80 | 1:00.16 | (31.36) | | |
| 5 | David Jenkins | 25 | Birmingham M- | 1:05.00 | 1:00.23 |
| | 28.24 | 1:00.23 | (31.99) | | |
| 6 | Matthew Dickinson | 27 | Swansea Mast- | 1:01.77 | 1:03.68 |
| | 29.88 | 1:03.68 | (33.80) | | |
| 7 | Alex Jenkins | 29 | Camphill Ed- | 1:01.50 | 1:06.59 |
| | 31.24 | 1:06.59 | (35.35) | | |

Event 18 Men 30-34 100 LC Meter Freestyle

| | | | | | |
|---|--------------------|---------|---------------|---------|---------|
| 1 | Michael Procter | 30 | Bicester- | 54.20 | 56.62 |
| | 27.30 | 56.62 | (29.32) | | |
| 2 | Fraser Peh | 33 | Otter- | 56.77 | 56.89 |
| | 27.69 | 56.89 | (29.20) | | |
| 3 | Peter Brystow | 33 | St Ives- | 1:02.69 | 1:01.42 |
| | 29.00 | 1:01.42 | (32.42) | | |
| 4 | Alex Mason | 31 | Pembs Cty- | 1:06.00 | 1:05.69 |
| | 31.20 | 1:05.69 | (34.49) | | |
| 5 | Athanasios Galanis | 32 | Cardiff Mast- | 1:12.00 | 1:13.76 |
| | 33.47 | 1:13.76 | (40.29) | | |

Event 18 Men 35-39 100 LC Meter Freestyle

| | | | | | |
|---|----------------|---------|---------------|---------|---------|
| 1 | Aiden Dunne | 37 | Camden Swiss- | 1:04.26 | 59.15 |
| | 28.02 | 59.15 | (31.13) | | |
| 2 | Felix Ng | 38 | Loughborough- | 1:03.11 | 1:04.27 |
| | 29.74 | 1:04.27 | (34.53) | | |
| 3 | Luke Copestake | 35 | Co Sheffield- | 1:09.99 | 1:08.31 |
| | 31.24 | 1:08.31 | (37.07) | | |
| 4 | Jonathan Airey | 35 | Bristol Nor- | 1:00.00 | 1:08.40 |
| | 31.25 | 1:08.40 | (37.15) | | |

Event 18 Men 40-44 100 LC Meter Freestyle

| | | | | | |
|---|-------------------|---------|---------------|---------|---------|
| 1 | Daniel Clements | 43 | Cardiff Mast- | 56.00 | 57.16 |
| | 25.81 | 57.16 | (31.35) | | |
| 2 | Christopher Jones | 42 | Portsmouth N- | 54.31 | 57.30 |
| | 27.48 | 57.30 | (29.82) | | |
| 3 | James Barwick | 41 | East Leeds- | 1:00.00 | 1:01.24 |
| | 28.87 | 1:01.24 | (32.37) | | |

Event 18 Men 45-49 100 LC Meter Freestyle

| | | | | | |
|---|---------------------|---------|---------------|---------|---------|
| 1 | Dean Blackman | 48 | Woking- | 1:00.60 | 59.90 |
| | 28.68 | 59.90 | (31.22) | | |
| 2 | Apostolos Fournaris | 45 | Hadleigh- | 1:06.78 | 1:09.16 |
| | 32.22 | 1:09.16 | (36.94) | | |
| 3 | Barnaby Rudd | 45 | Woking- | 1:12.00 | 1:12.41 |
| | 33.88 | 1:12.41 | (38.53) | | |
| 4 | Gareth Gardener | 46 | Bridgend Cty- | 1:50.00 | 1:31.54 |
| | 42.48 | 1:31.54 | (49.06) | | |
| 5 | Gavin Newman | 46 | Bridgend SC- | 1:50.00 | 1:37.13 |
| | 44.37 | 1:37.13 | (52.76) | | |

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.45 - 3.35****Event 18 Men 50-54 100 LC Meter Freestyle**

| | | | | | |
|---|----------------|----|---------------|---------|-----------------|
| 1 | Jamie McHale | 51 | Co Sheffield- | 1:01.44 | 1:00.96 |
| | 29.30 | | | | 1:00.96 (31.66) |
| 2 | Andy Squires | 51 | Team Anglia- | 1:03.64 | 1:03.61 |
| | 30.26 | | | | 1:03.61 (33.35) |
| 3 | Stephen Croall | 51 | Swansea Mast- | 1:05.50 | 1:05.66 |
| | 30.95 | | | | 1:05.66 (34.71) |
| 4 | Dean Morgan | 53 | C Dolphins- | 1:05.50 | 1:07.94 |
| | 32.07 | | | | 1:07.94 (35.87) |
| 5 | Martin Butler | 50 | C Dolphins- | 1:10.12 | 1:11.69 |
| | 33.44 | | | | 1:11.69 (38.25) |
| 6 | Mark Wisden | 52 | Bridgend Cty- | 1:50.00 | 1:20.70 |
| | 37.92 | | | | 1:20.70 (42.78) |

Event 18 Men 55-59 100 LC Meter Freestyle

| | | | | | |
|---|-------------------|----|---------------|---------|-----------------|
| 1 | Sean McQuaid | 55 | Barnet Copt- | 1:00.50 | 1:00.48 |
| | 29.71 | | | | 1:00.48 (30.77) |
| 2 | Ian Wilkes | 56 | Loughborough- | 1:01.50 | 1:00.87 |
| | 29.58 | | | | 1:00.87 (31.29) |
| 3 | Jonathan Saunders | 57 | Co Sheffield- | 1:03.93 | 1:04.50 |
| | 30.98 | | | | 1:04.50 (33.52) |
| 4 | Steven Jones | 56 | Cardiff Mast- | 1:17.66 | 1:23.05 |

Event 18 Men 60-64 100 LC Meter Freestyle

| | | | | | |
|---|-----------------|----|---------------|---------|-----------------|
| 1 | Mark Reynolds | 60 | Barnet Copt- | 1:01.50 | 1:01.22 |
| | 29.36 | | | | 1:01.22 (31.86) |
| 2 | Mark Robertson | 61 | Crawley- | 1:01.62 | 1:04.27 |
| | 30.76 | | | | 1:04.27 (33.51) |
| 3 | David Bryant | 62 | Woking- | 1:04.57 | 1:04.61 |
| | 31.12 | | | | 1:04.61 (33.49) |
| 4 | Rob Arnold | 63 | Trafford Met- | 1:10.00 | 1:08.80 |
| | 33.30 | | | | 1:08.80 (35.50) |
| 5 | Paul Cartwright | 62 | Camden Swiss- | 1:08.77 | 1:09.37 |
| | 33.69 | | | | 1:09.37 (35.68) |
| 6 | Chris Orchard | 64 | Deepings- | 1:16.08 | 1:17.05 |
| | 36.78 | | | | 1:17.05 (40.27) |
| 7 | John Anderson | 64 | Gloucester M- | 1:18.07 | 1:17.16 |
| | 37.57 | | | | 1:17.16 (39.59) |
| 8 | Stephen Gage | 64 | Cardiff Mast- | 1:21.32 | 1:25.36 |
| | 39.73 | | | | 1:25.36 (45.63) |
| 9 | Stuart McGurk | 62 | Kendal- | 1:26.32 | 1:35.57 |
| | 44.49 | | | | 1:35.57 (51.08) |

Event 18 Men 65-69 100 LC Meter Freestyle

| | | | | | |
|---|----------------|----|--------------|---------|-----------------|
| 1 | Godfrey Admans | 69 | Spencer- | 1:20.02 | 1:18.38 |
| | 37.94 | | | | 1:18.38 (40.44) |
| 2 | Ian Woollard | 69 | Barnet Copt- | 1:18.40 | 1:20.86 |
| | 38.50 | | | | 1:20.86 (42.36) |

Event 18 Men 70-74 100 LC Meter Freestyle

| | | | | | |
|---|-------------|----|---------------|---------|-----------------|
| 1 | Eddie Riach | 70 | Milngavie &B- | 1:09.64 | 1:14.19 |
| | 35.77 | | | | 1:14.19 (38.42) |

Event 18 Men 75-79 100 LC Meter Freestyle

| | | | | | |
|---|----------------|----|----------|---------|-----------------|
| 1 | Peter Stephens | 76 | Spencer- | 1:27.43 | 1:30.93 |
| | 45.10 | | | | 1:30.93 (45.83) |

Event 18 Men 80-84 100 LC Meter Freestyle

| | | | | | |
|---|------------------|----|---------------|---------|-----------------|
| 1 | Tony Cherrington | 81 | Gloucester M- | 1:26.00 | 1:29.28 |
| | 43.14 | | | | 1:29.28 (46.14) |

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.45 - 3.35****(Event 18 Men 80-84 100 LC Meter Freestyle)**

| | | | | | |
|---|-------------|----|-------------------|---------|---------|
| 2 | Paul Clarke | 81 | Beaver Mast- | 1:57.00 | 1:57.38 |
| | 53.02 | | 1:57.38 (1:04.36) | | |

Event 19 Women 18-24 100 LC Meter Freestyle

| | | | | | |
|----|--------------------|----|-------------------|---------|---------|
| 1 | Rae Straupeniaks | 19 | Bromley- | 1:03.60 | 1:02.51 |
| | 30.01 | | 1:02.51 (32.50) | | |
| 2 | Ruby Verge | 23 | Cardiff Mast- | 1:01.75 | 1:03.00 |
| | 29.74 | | 1:03.00 (33.26) | | |
| 3 | Mia Boyle | 19 | Keele University- | 1:01.25 | 1:05.20 |
| | 31.61 | | 1:05.20 (33.59) | | |
| *4 | Lauren Davies | 19 | Bridgend Cty- | 1:05.34 | 1:07.58 |
| | 32.50 | | 1:07.58 (35.08) | | |
| *4 | Bethan Morgan | 19 | Bridgend Cty- | 1:05.00 | 1:07.58 |
| | 32.70 | | 1:07.58 (34.88) | | |
| 6 | Alice Darnton | 19 | Keele University- | 1:07.38 | 1:07.83 |
| | 32.68 | | 1:07.83 (35.15) | | |
| 7 | Tyler Kelly-Cooper | 18 | Camphill Ed- | 1:08.90 | 1:08.86 |
| | 32.64 | | 1:08.86 (36.22) | | |
| 8 | Arwen Teagle | 22 | Merthyr Tydf- | 1:11.78 | 1:11.94 |
| | 34.99 | | 1:11.94 (36.95) | | |
| 9 | Jodie Matthews | 20 | Bristol Nor- | 1:12.48 | 1:16.56 |
| | 36.03 | | 1:16.56 (40.53) | | |

Event 19 Women 25-29 100 LC Meter Freestyle

| | | | | | |
|---|------------------|----|-----------------|---------|---------|
| 1 | Nadine James | 25 | Cardiff Mast- | 1:02.27 | 1:04.68 |
| | 30.32 | | 1:04.68 (34.36) | | |
| 2 | Amber Coughlan | 27 | Camphill Ed- | 1:08.00 | 1:08.19 |
| | 32.49 | | 1:08.19 (35.70) | | |
| 3 | Hannah Griffiths | 29 | Swansea Mast- | 1:08.19 | 1:08.49 |
| | 32.33 | | 1:08.49 (36.16) | | |
| 4 | Verity Cook | 28 | Swansea Mast- | 1:07.70 | 1:08.87 |
| | 32.66 | | 1:08.87 (36.21) | | |
| 5 | Mary Swallow | 27 | Co Sheffield- | 1:18.00 | 1:10.09 |
| | 34.07 | | 1:10.09 (36.02) | | |
| 6 | Chloe Thomas | 25 | Bridgend Cty- | 1:25.26 | 1:29.64 |
| | 40.37 | | 1:29.64 (49.27) | | |
| 7 | Sarah Sharrock | 29 | Trafford Met- | 3:00.00 | 1:39.96 |
| | 47.13 | | 1:39.96 (52.83) | | |

Event 19 Women 30-34 100 LC Meter Freestyle

| | | | | | |
|---|-----------------|----|-----------------|---------|---------|
| 1 | Holly Booth | 32 | Trafford Met- | 1:01.17 | 1:01.21 |
| | 29.30 | | 1:01.21 (31.91) | | |
| 2 | Hannah Munday | 32 | Swansea Mast- | 1:02.20 | 1:03.59 |
| | 30.66 | | 1:03.59 (32.93) | | |
| 3 | Claire Williams | 30 | C Dolphins- | 1:07.00 | 1:05.37 |
| | 31.49 | | 1:05.37 (33.88) | | |
| 4 | Megan Pardoe | 34 | Bristol Nor- | 1:06.61 | 1:06.15 |
| | 32.45 | | 1:06.15 (33.70) | | |
| 5 | Alice Eaton | 31 | Bristol Nor- | 1:19.51 | 1:18.41 |
| | 37.37 | | 1:18.41 (41.04) | | |

Event 19 Women 35-39 100 LC Meter Freestyle

| | | | | | |
|---|-----------------------|----|-----------------|---------|---------|
| 1 | Kimberly Saddler | 35 | Exe Masters- | 1:06.90 | 1:04.57 |
| | 31.68 | | 1:04.57 (32.89) | | |
| 2 | K Jedrzycka-Bogdanska | 37 | Torfaen D- | 1:08.63 | 1:10.42 |
| | 33.17 | | 1:10.42 (37.25) | | |
| 3 | Sara Magrath | 36 | Bristol Pen- | 1:08.00 | 1:11.04 |
| | 33.50 | | 1:11.04 (37.54) | | |

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.45 - 3.35****Event 19 Women 40-44 100 LC Meter Freestyle**

| | | | | | |
|---|----------------|---------|---------------|---------|---------|
| 1 | Aimee Ramm | 41 | G B Police- | 1:01.25 | 1:02.59 |
| | 30.29 | 1:02.59 | (32.30) | | |
| 2 | Rebecca Newson | 41 | Exe Masters- | 1:04.44 | 1:03.89 |
| | 30.91 | 1:03.89 | (32.98) | | |
| 3 | Katie Pateman | 41 | Exe Masters- | 1:15.00 | 1:07.67 |
| | 32.27 | 1:07.67 | (35.40) | | |
| 4 | Jodie Cox | 42 | TransplantSC- | 1:11.39 | 1:11.09 |
| | 33.78 | 1:11.09 | (37.31) | | |
| 5 | Gillian Morfey | 41 | Caldicot- | 1:31.56 | 1:34.86 |
| | 43.91 | 1:34.86 | (50.95) | | |
| 6 | Sophie Smith | 41 | C Dolphins- | 1:50.00 | 1:35.10 |
| | 45.55 | 1:35.10 | (49.55) | | |

Event 19 Women 45-49 100 LC Meter Freestyle

| | | | | | |
|---|---------------------|---------|---------------|---------|---------|
| 1 | Susan Teale | 47 | Bo Kirklees- | 1:04.00 | 1:04.21 |
| | 30.62 | 1:04.21 | (33.59) | | |
| 2 | Elizabeth Bellinger | 45 | Bishop Stort- | 1:08.88 | 1:05.20 |
| | 31.95 | 1:05.20 | (33.25) | | |
| 3 | Victoria Codling | 47 | Caldicot- | 1:16.50 | 1:18.39 |
| | 35.80 | 1:18.39 | (42.59) | | |

Event 19 Women 50-54 100 LC Meter Freestyle

| | | | | | |
|----|--------------------|---------|----------------|---------|---------|
| 1 | Michelle Ware | 50 | Woking- | 1:02.50 | 1:02.89 |
| | 30.04 | 1:02.89 | (32.85) | | |
| 2 | Helen Sadler | 53 | Trafford Met- | 1:05.00 | 1:03.82 |
| | 31.37 | 1:03.82 | (32.45) | | |
| 3 | Jeanne Petit | 53 | Psv Eindhoven- | 1:11.52 | 1:11.40 |
| | 33.41 | 1:11.40 | (37.99) | | |
| 4 | Bryony Wilkes | 53 | Loughborough- | 1:14.55 | 1:15.32 |
| | 36.34 | 1:15.32 | (38.98) | | |
| 5 | Ali Skirvin | 54 | Strat Sharks- | 1:17.47 | 1:17.49 |
| | 36.90 | 1:17.49 | (40.59) | | |
| 6 | Karen Howells | 52 | Cardiff Mast- | 1:14.77 | 1:21.04 |
| | 37.94 | 1:21.04 | (43.10) | | |
| 7 | Geertje Van Keulen | 54 | Swansea Mast- | 1:21.00 | 1:21.53 |
| | 38.36 | 1:21.53 | (43.17) | | |
| 8 | Zorika Adams | 53 | Camden Swiss- | 1:21.49 | 1:22.11 |
| | 37.80 | 1:22.11 | (44.31) | | |
| 9 | Sarah Morgan | 51 | Bridgend Cty- | 1:25.00 | 1:22.46 |
| | 37.90 | 1:22.46 | (44.56) | | |
| 10 | Rachel Kitchener | 52 | Loughborough- | 1:55.17 | 1:59.51 |
| | 53.68 | 1:59.51 | (1:05.83) | | |

Event 19 Women 55-59 100 LC Meter Freestyle

| | | | | | |
|---|------------------|---------|---------------|---------|---------|
| 1 | Suzanne Maidment | 57 | Spencer- | 1:16.47 | 1:15.92 |
| | 35.93 | 1:15.92 | (39.99) | | |
| 2 | Kim Adair | 59 | Swansea Mast- | 1:20.00 | 1:17.13 |
| | 35.60 | 1:17.13 | (41.53) | | |
| 3 | Katharine King | 55 | Wycombe Dist- | 1:18.00 | 1:17.37 |
| | 36.91 | 1:17.37 | (40.46) | | |
| 4 | Helen Andrews | 57 | S D Trojan- | 1:24.00 | 1:24.51 |
| | 40.52 | 1:24.51 | (43.99) | | |

Event 19 Women 60-64 100 LC Meter Freestyle

| | | | | | |
|---|------------|---------|---------------|---------|---------|
| 1 | Delia Keen | 62 | Carm Masters- | 1:58.04 | 1:55.98 |
| | 55.52 | 1:55.98 | (1:00.46) | | |

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.45 - 3.35****Event 19 Women 65-69 100 LC Meter Freestyle**

| | | | | | |
|---|------------------|---------|---------------|---------|---------|
| 1 | Catherine Hartle | 65 | Co Sheffield- | 1:25.00 | 1:22.74 |
| | 40.91 | 1:22.74 | (41.83) | | |
| 2 | Julia Buchanan | 66 | Caldicot- | 1:26.00 | 1:26.31 |
| | 40.29 | 1:26.31 | (46.02) | | |
| 3 | Susan Procter | 67 | Barnet Copt- | 1:33.00 | 1:33.77 |
| | 44.12 | 1:33.77 | (49.65) | | |

Event 19 Women 70-74 100 LC Meter Freestyle

| | | | | | |
|---|----------------|---------|--------------|---------|---------|
| 1 | Mary Johnson | 73 | Mid Sussex- | 1:30.40 | 1:27.37 |
| | 43.74 | 1:27.37 | (43.63) | | |
| 2 | Marianne Davey | 70 | Redhill & R- | 1:41.81 | 1:49.30 |
| | 53.45 | 1:49.30 | (55.85) | | |

Event 19 Women 75-79 100 LC Meter Freestyle

| | | | | | |
|---|--------------|---------|-------------|---------|---------|
| 1 | Alison Gwynn | 75 | Mid Sussex- | 1:29.88 | 1:27.19 |
| | 43.38 | 1:27.19 | (43.81) | | |

Event 20 Men 18-24 50 LC Meter Backstroke

| | | | | | |
|---|------------------|----|--------------|-------|-------|
| 1 | Martin Schofield | 24 | Crawley- | 31.22 | 31.74 |
| 2 | Louis Batten | 23 | Atlantis- | 32.22 | 32.51 |
| 3 | Will Curtis | 19 | Hinckley- | 32.75 | 32.89 |
| 4 | William Bailey | 20 | Swansea Uni- | 33.67 | 35.04 |
| 5 | Nathan Goodridge | 24 | Dove Valley- | 34.45 | 36.71 |

Event 20 Men 25-29 50 LC Meter Backstroke

| | | | | | |
|---|----------------|----|---------------|-------|-------|
| 1 | Scott Mitchell | 26 | Glenrothes- | 28.50 | 29.33 |
| 2 | David Jenkins | 25 | Birmingham M- | 32.00 | 33.20 |
| 3 | Alex Jenkins | 29 | Camphill Ed- | 31.17 | 35.20 |

Event 20 Men 30-34 50 LC Meter Backstroke

| | | | | | |
|---|------------|----|--------|-------|-------|
| 1 | Fraser Peh | 33 | Otter- | 31.00 | 31.26 |
|---|------------|----|--------|-------|-------|

Event 20 Men 35-39 50 LC Meter Backstroke

| | | | | | |
|---|----------------|----|---------------|-------|-------|
| 1 | Ben Felton | 36 | Mansfield- | 28.30 | 30.64 |
| 2 | Aiden Dunne | 37 | Camden Swiss- | 31.75 | 31.99 |
| 3 | Jonathan Airey | 35 | Bristol Nor- | 30.00 | 35.89 |

Event 20 Men 40-44 50 LC Meter Backstroke

| | | | | | |
|---|---------------------|----|---------------|-------|-------|
| 1 | Christopher Malpass | 44 | Trafford Met- | 31.58 | 31.66 |
| 2 | James Barwick | 41 | East Leeds- | 33.00 | 32.65 |
| 3 | Lee McCausland | 43 | Bridgend SC- | 32.00 | 33.74 |
| 4 | Matt Toogood | 44 | Newport- | 35.63 | 36.20 |

Event 20 Men 50-54 50 LC Meter Backstroke

| | | | | | |
|---|--------------|----|---------------|-------|-------|
| 1 | Jamie McHale | 51 | Co Sheffield- | 33.17 | 32.93 |
| 2 | Andy Squires | 51 | Team Anglia- | 34.78 | 35.16 |
| 3 | Rupert Hough | 50 | Dove Valley- | 37.65 | 37.85 |

Event 20 Men 55-59 50 LC Meter Backstroke

| | | | | | |
|---|---------------|----|---------------|-------|-------|
| 1 | Simon Wintle | 56 | Gloucester M- | 32.50 | 31.71 |
| 2 | Ian Wilkes | 56 | Loughborough- | 33.10 | 33.14 |
| 3 | Simon Edwards | 56 | CarltonForum- | 33.64 | 34.35 |
| 4 | Brendan Bush | 58 | Welsh Ind- | 41.50 | 46.01 |

Event 20 Men 60-64 50 LC Meter Backstroke

| | | | | | |
|---|----------------|----|--------------|-------|-------|
| 1 | Dale Barker | 61 | Felixstowe- | 34.68 | 36.97 |
| 2 | Mark Partridge | 60 | Stroud Mast- | 37.00 | 38.08 |
| 3 | Neil Procter | 63 | Barnet Copt- | 38.50 | 40.58 |
| 4 | Antony Corben | 61 | S D Trojan- | 39.95 | 40.80 |

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.45 - 3.35****(Event 20 Men 60-64 50 LC Meter Backstroke)**

| | | | | | |
|---|---------------|----|---------------|-------|-------|
| 5 | Chris Orchard | 64 | Deepings- | 47.66 | 49.01 |
| 6 | Kevin Morris | 60 | Gloucester M- | 51.63 | 50.52 |

Event 20 Men 65-69 50 LC Meter Backstroke

| | | | | | |
|---|-------------------|----|--------------|-------|-------|
| 1 | Robert Guy | 65 | Bristol Nor- | 34.01 | 34.57 |
| 2 | Godfrey Admans | 69 | Spencer- | 42.05 | 40.24 |
| 3 | Ian Woollard | 69 | Barnet Copt- | 38.95 | 41.21 |
| 4 | Anthony Llewellyn | 65 | C N Sitges- | 52.99 | 54.01 |

Event 20 Men 70-74 50 LC Meter Backstroke

| | | | | | |
|---|-------------|----|---------------|-------|-------|
| 1 | Eddie Riach | 70 | Milngavie &B- | 37.08 | 37.90 |
| 2 | Nick Minns | 70 | Co Lincoln P- | 45.90 | 44.74 |

Event 20 Men 75-79 50 LC Meter Backstroke

| | | | | | |
|---|----------------|----|---------------|-------|-------|
| 1 | Neil Jackson | 77 | Southport- | 54.21 | 49.42 |
| 2 | Daniel Roberts | 75 | Co Sheffield- | 52.35 | 54.84 |

Event 20 Men 80-84 50 LC Meter Backstroke

| | | | | | |
|---|-------------|----|--------------|-------|-------|
| 1 | Paul Clarke | 81 | Beaver Mast- | 56.00 | 55.68 |
|---|-------------|----|--------------|-------|-------|

Event 21 Women 18-24 50 LC Meter Backstroke

| | | | | | |
|----|--------------------|----|-------------------|-------|-------|
| 1 | Katey Dallolio | 19 | Connahs Quay- | 30.62 | 31.34 |
| 2 | Ruby Verge | 23 | Cardiff Mast- | 32.50 | 32.42 |
| 3 | Lynsey Wright | 24 | Crawley- | 32.27 | 33.47 |
| 4 | Faith Goodliffe | 23 | C Dolphins- | 30.93 | 33.66 |
| 5 | Lucy Harding | 22 | Pembs Cty- | 33.46 | 33.73 |
| 6 | Elpitha Polymerou | 19 | Keele University- | 32.00 | 33.82 |
| 7 | Tegan Davies | 19 | Bridgend Cty- | 33.65 | 34.79 |
| 8 | Mia Boyle | 19 | Keele University- | 32.60 | 35.96 |
| 9 | Tyler Kelly-Cooper | 18 | Camphill Ed- | 35.50 | 36.04 |
| 10 | Lauren Davies | 19 | Bridgend Cty- | 35.04 | 36.91 |
| 11 | Alexandra Edwards | 24 | Soundwell- | 47.48 | 54.30 |

Event 21 Women 25-29 50 LC Meter Backstroke

| | | | | | |
|---|----------------|----|--------------|-------|-------|
| 1 | Amber Coughlan | 27 | Camphill Ed- | 35.00 | 34.51 |
| 2 | Emily Whiting | 26 | Bristol Nor- | 35.30 | 36.99 |
| 3 | Rebecca Reid | 27 | Bristol Nor- | 35.84 | 37.17 |
| 4 | Nicola Grange | 25 | C Dolphins- | 37.17 | 39.03 |

Event 21 Women 30-34 50 LC Meter Backstroke

| | | | | | |
|---|----------------|----|---------------|-------|-------|
| 1 | Vicki Payne | 34 | Gloucester M- | 32.83 | 34.01 |
| 2 | Ceris Westlake | 32 | Gloucester M- | 36.00 | 37.03 |

Event 21 Women 35-39 50 LC Meter Backstroke

| | | | | | |
|---|-------------------|----|--------------|-------|-------|
| 1 | Crystal Brownnett | 39 | Woking- | 38.35 | 38.63 |
| 2 | Sara Magrath | 36 | Bristol Pen- | 37.50 | 41.05 |

Event 21 Women 40-44 50 LC Meter Backstroke

| | | | | | |
|---|----------------|----|--------------|-------|-------|
| 1 | Rebecca Newson | 41 | Exe Masters- | 33.25 | 33.74 |
| 2 | Jo Mitchinson | 44 | Team Luton- | 36.08 | 36.13 |

Event 21 Women 45-49 50 LC Meter Backstroke

| | | | | | |
|---|--------------------|----|---------------|-------|-------|
| 1 | Lisa Dawson | 45 | Barnet Copt- | 35.90 | 37.20 |
| 2 | Caroline McCulloch | 49 | S D Trojan- | 41.40 | 41.27 |
| 3 | Ceri Rees | 45 | Carm Masters- | 40.80 | 42.99 |

Event 21 Women 50-54 50 LC Meter Backstroke

| | | | | | |
|---|---------------|----|-------------|-------|-------|
| 1 | Michelle Ware | 50 | Woking- | 32.69 | 32.57 |
| 2 | Jo Corben | 53 | S D Trojan- | 33.50 | 33.25 |

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.45 - 3.35****(Event 21 Women 50-54 50 LC Meter Backstroke)**

| | | | | | |
|---|-----------------|----|---------------|-------|---------|
| 3 | Bethan Bell | 50 | Gloucester M- | 36.20 | 36.41 |
| 4 | Nicola Latty | 52 | Holywell- | 38.50 | 41.02 |
| 5 | Claudine Day | 52 | Redhill & R- | 52.25 | 52.98 |
| 6 | Keri Hutchinson | 52 | Welsh Ind- | 50.00 | 54.84 |
| 7 | Victoria Price | 50 | Bridgend SC- | 50.00 | 1:00.80 |

Event 21 Women 55-59 50 LC Meter Backstroke

| | | | | | |
|---|-----------------|----|---------------|-------|-------|
| 1 | Lynda Coggins | 59 | Woking- | 38.62 | 38.39 |
| 2 | Jennifer Powell | 55 | Boldmere- | 39.00 | 39.70 |
| 3 | Rachael Knight | 56 | CarltonForum- | 43.00 | 43.80 |
| 4 | Wendy Figures | 58 | Co Sheffield- | 46.11 | 44.32 |

Event 21 Women 60-64 50 LC Meter Backstroke

| | | | | | |
|---|----------------|----|---------------|-------|-------|
| 1 | Micaela Morris | 62 | Gloucester M- | 42.58 | 41.61 |
| 2 | Caroline Jupp | 61 | Swansea Mast- | 43.00 | 44.25 |

Event 21 Women 65-69 50 LC Meter Backstroke

| | | | | | |
|---|------------------|----|--------------|-------|-------|
| 1 | Kathleen Bidnall | 68 | Mid Sussex- | 42.00 | 43.58 |
| 2 | Susan Procter | 67 | Barnet Copt- | 52.00 | 52.79 |

Event 21 Women 70-74 50 LC Meter Backstroke

| | | | | | |
|---|------------------|----|--------------|-------|-------|
| 1 | Mary Johnson | 73 | Mid Sussex- | 45.64 | 45.90 |
| 2 | Christine Ayers | 70 | South Beds- | 46.58 | 46.01 |
| 3 | Margaret Bickley | 72 | Totnes- | 55.01 | 53.51 |
| 4 | Marianne Davey | 70 | Redhill & R- | 55.12 | 56.41 |

Event 21 Women 75-79 50 LC Meter Backstroke

| | | | | | |
|---|---------------|----|--------------|---------|-------|
| 1 | Alison Gwynn | 75 | Mid Sussex- | 49.66 | 48.87 |
| 2 | Elaine Blower | 78 | Barnet Copt- | 51.80 | 50.12 |
| 3 | Rose Dudeny | 76 | Mid Sussex- | 1:00.00 | 54.62 |

Event 22 Women 30-34 1500 LC Meter Freestyle

| | | | | | |
|---|------------------|------------------|------------------|------------------|----------|
| 1 | Hannah Munday | 32 | Swansea Mast- | 18:15.68 | 18:28.15 |
| | 33.54 | 1:09.85 (36.31) | 1:47.21 (37.36) | 2:24.66 (37.45) | |
| | 3:02.35 (37.69) | 3:39.74 (37.39) | 4:17.04 (37.30) | 4:54.36 (37.32) | |
| | 5:31.87 (37.51) | 6:09.10 (37.23) | 6:46.17 (37.07) | 7:23.08 (36.91) | |
| | 8:00.32 (37.24) | 8:37.41 (37.09) | 9:14.35 (36.94) | 9:51.46 (37.11) | |
| | 10:28.36 (36.90) | 11:05.07 (36.71) | 11:42.06 (36.99) | 12:18.82 (36.76) | |
| | 12:55.80 (36.98) | 13:32.92 (37.12) | 14:09.90 (36.98) | 14:46.83 (36.93) | |
| | 15:23.85 (37.02) | 16:00.89 (37.04) | 16:37.91 (37.02) | 17:15.05 (37.14) | |
| | 17:52.11 (37.06) | 18:28.15 (36.04) | | | |

Event 22 Women 35-39 1500 LC Meter Freestyle

| | | | | | |
|---|------------------|------------------|------------------|------------------|----------|
| 1 | Laura Kerrigan | 38 | Spencer- | 24:00.00 | 23:42.23 |
| | 40.74 | 1:26.24 (45.50) | 2:13.11 (46.87) | 2:59.93 (46.82) | |
| | 3:47.23 (47.30) | 4:34.58 (47.35) | 5:22.14 (47.56) | 6:09.22 (47.08) | |
| | 6:56.95 (47.73) | 7:44.48 (47.53) | 8:31.81 (47.33) | 9:19.36 (47.55) | |
| | 10:07.01 (47.65) | 10:55.27 (48.26) | 11:42.86 (47.59) | 12:30.59 (47.73) | |
| | 13:18.16 (47.57) | 14:05.96 (47.80) | 14:53.45 (47.49) | 15:41.39 (47.94) | |
| | 16:29.04 (47.65) | 17:17.21 (48.17) | 18:04.76 (47.55) | 18:53.05 (48.29) | |
| | 19:41.06 (48.01) | 20:29.82 (48.76) | 21:18.28 (48.46) | 22:07.36 (49.08) | |
| | 22:55.24 (47.88) | 23:42.23 (46.99) | | | |

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.45 - 3.35****Event 22 Women 45-49 1500 LC Meter Freestyle**

| | | | | | |
|---|------------------|------------------|------------------|------------------|----------|
| 1 | Ceri Edwards | 45 | Portsmouth N- | 19:18.33 | 18:33.06 |
| | 31.97 | 1:08.04 (36.07) | 1:44.66 (36.62) | 2:21.67 (37.01) | |
| | 2:58.17 (36.50) | 3:35.27 (37.10) | 4:12.48 (37.21) | 4:49.88 (37.40) | |
| | 5:27.09 (37.21) | 6:04.33 (37.24) | 6:41.47 (37.14) | 7:18.98 (37.51) | |
| | 7:56.39 (37.41) | 8:34.10 (37.71) | 9:11.81 (37.71) | 9:49.72 (37.91) | |
| | 10:27.21 (37.49) | 11:04.85 (37.64) | 11:41.95 (37.10) | 12:19.46 (37.51) | |
| | 12:56.60 (37.14) | 13:34.03 (37.43) | 14:11.58 (37.55) | 14:49.16 (37.58) | |
| | 15:26.74 (37.58) | 16:04.66 (37.92) | 16:41.87 (37.21) | 17:19.99 (38.12) | |
| | 17:56.68 (36.69) | 18:33.06 (36.38) | | | |
| 2 | Maida Shivik | 49 | Camden Swiss- | 22:33.56 | 23:14.06 |
| | 42.67 | 1:29.74 (47.07) | 2:16.65 (46.91) | 3:03.69 (47.04) | |
| | 3:50.45 (46.76) | 4:37.10 (46.65) | 5:23.98 (46.88) | 6:11.27 (47.29) | |
| | 6:58.40 (47.13) | 7:45.67 (47.27) | 8:32.44 (46.77) | 9:19.35 (46.91) | |
| | 10:05.82 (46.47) | 10:52.90 (47.08) | 11:39.91 (47.01) | 12:26.29 (46.38) | |
| | 13:12.81 (46.52) | 13:59.00 (46.19) | 14:45.41 (46.41) | 15:31.84 (46.43) | |
| | 16:18.83 (46.99) | 17:05.57 (46.74) | 17:52.10 (46.53) | 18:38.20 (46.10) | |
| | 19:24.60 (46.40) | 20:11.91 (47.31) | 20:58.52 (46.61) | 21:45.02 (46.50) | |
| | 22:30.49 (45.47) | 23:14.06 (43.57) | | | |
| 3 | Karen Burton | 48 | Camphill Ed- | 26:02.50 | 27:18.96 |
| | 45.00 | 1:34.75 (49.75) | 2:27.01 (52.26) | 3:20.73 (53.72) | |
| | 4:14.98 (54.25) | 5:08.98 (54.00) | 6:04.04 (55.06) | 6:58.34 (54.30) | |
| | 7:54.12 (55.78) | | 9:46.72 () | 10:43.56 (56.84) | |
| | 11:40.94 (57.38) | 12:37.71 (56.77) | 13:35.35 (57.64) | 14:31.64 (56.29) | |
| | 15:27.72 (56.08) | 16:23.17 (55.45) | 17:18.66 (55.49) | 18:14.31 (55.65) | |
| | 19:08.88 (54.57) | 20:03.41 (54.53) | 20:58.80 (55.39) | 21:53.16 (54.36) | |
| | 22:49.51 (56.35) | 23:44.49 (54.98) | 24:39.69 (55.20) | 25:34.98 (55.29) | |
| | 26:28.63 (53.65) | 27:18.96 (50.33) | | | |

Event 22 Women 50-54 1500 LC Meter Freestyle

| | | | | | |
|---|------------------------|------------------|-------------------|------------------|----------|
| 1 | Judith McGregor-Harper | 53 | Exe Masters- | 23:04.41 | 24:44.88 |
| | 42.19 | 1:29.34 (47.15) | 2:17.44 (48.10) | 3:05.76 (48.32) | |
| | 3:54.73 (48.97) | 4:43.85 (49.12) | 7:12.59 (2:28.74) | | |
| | 8:51.22 () | | 10:30.24 () | | |
| | 12:10.24 () | | 13:49.26 () | 14:39.22 (49.96) | |
| | 15:29.89 (50.67) | 16:20.83 (50.94) | 17:11.93 (51.10) | | |
| | 18:53.41 () | | 20:35.15 () | | |
| | 22:16.05 () | 23:06.24 (50.19) | 23:57.30 (51.06) | 24:45.09 (47.79) | |
| | 24:44.88 () | | | | |

Event 22 Women 55-59 1500 LC Meter Freestyle

| | | | | | |
|---|---------------------|------------------|------------------|------------------|----------|
| 1 | Nuala Muir-Cochrane | 59 | Poole- | 20:46.00 | 20:33.16 |
| | 37.33 | 1:18.15 (40.82) | 1:59.39 (41.24) | 2:40.39 (41.00) | |
| | 3:21.64 (41.25) | 4:02.76 (41.12) | 4:44.08 (41.32) | 5:25.06 (40.98) | |
| | 6:06.22 (41.16) | 6:47.47 (41.25) | 7:29.15 (41.68) | 8:10.32 (41.17) | |
| | 8:51.89 (41.57) | 9:33.23 (41.34) | 10:14.24 (41.01) | 10:55.32 (41.08) | |
| | 11:36.62 (41.30) | 12:18.09 (41.47) | 12:59.58 (41.49) | 13:40.80 (41.22) | |
| | 14:22.27 (41.47) | 15:03.68 (41.41) | 15:45.07 (41.39) | 16:26.50 (41.43) | |
| | 17:07.93 (41.43) | 17:49.38 (41.45) | 18:30.99 (41.61) | 19:12.52 (41.53) | |
| | 19:53.39 (40.87) | 20:33.16 (39.77) | | | |
| 2 | Beverley Bourne | 55 | Barnet Copt- | 22:59.09 | 23:14.31 |
| | 39.83 | 1:23.67 (43.84) | 2:09.84 (46.17) | 2:55.70 (45.86) | |
| | 3:42.09 (46.39) | 4:28.67 (46.58) | 5:15.17 (46.50) | 6:01.59 (46.42) | |
| | 6:47.74 (46.15) | | 8:20.44 () | | |
| | 9:53.09 () | 10:39.17 (46.08) | 11:25.77 (46.60) | | |
| | 13:00.05 () | 13:46.40 (46.35) | 14:34.04 (47.64) | | |
| | 16:09.04 () | | 17:44.15 () | 18:31.24 (47.09) | |
| | 19:19.04 (47.80) | 20:05.62 (46.58) | 20:54.28 (48.66) | | |
| | 22:28.64 () | 23:14.31 (45.67) | | | |

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.45 - 3.35****(Event 22 Women 55-59 1500 LC Meter Freestyle)**

| | | | | | |
|---|------------------|------------------|------------------|------------------|----------|
| 3 | Kim Adair | 59 | Swansea Mast- | 22:00.00 | 24:22.40 |
| | 39.94 | 1:26.25 (46.31) | 2:14.93 (48.68) | 3:04.08 (49.15) | |
| | 3:52.95 (48.87) | 4:41.86 (48.91) | 5:31.06 (49.20) | 6:20.21 (49.15) | |
| | 7:09.13 (48.92) | 7:58.37 (49.24) | 8:47.18 (48.81) | 9:36.14 (48.96) | |
| | 10:24.89 (48.75) | 11:13.78 (48.89) | 12:02.84 (49.06) | 12:51.58 (48.74) | |
| | 13:40.89 (49.31) | 14:29.66 (48.77) | 15:19.19 (49.53) | 16:08.34 (49.15) | |
| | 16:57.60 (49.26) | 17:46.74 (49.14) | 18:36.22 (49.48) | 19:25.81 (49.59) | |
| | 20:15.99 (50.18) | 21:05.85 (49.86) | 21:55.26 (49.41) | 22:44.96 (49.70) | |
| | 23:33.76 (48.80) | 24:22.40 (48.64) | | | |

Event 22 Women 60-64 1500 LC Meter Freestyle

| | | | | | |
|---|--------------------|--------------------|--------------------|--------------------|----------|
| 1 | Elaine Seager | 60 | Loughborough- | 23:15.00 | 22:47.33 |
| | 41.40 | 1:26.32 (44.92) | 2:12.21 (45.89) | 2:57.87 (45.66) | |
| | 3:43.93 (46.06) | 4:29.89 (45.96) | 5:15.79 (45.90) | 6:01.47 (45.68) | |
| | 6:47.25 (45.78) | 7:32.99 (45.74) | 8:18.61 (45.62) | 9:04.68 (46.07) | |
| | 9:50.14 (45.46) | 10:35.84 (45.70) | 11:21.76 (45.92) | 12:07.71 (45.95) | |
| | 12:53.36 (45.65) | 13:39.39 (46.03) | 14:25.37 (45.98) | 15:11.89 (46.52) | |
| | 15:57.36 (45.47) | 16:42.78 (45.42) | 17:28.60 (45.82) | 18:14.59 (45.99) | |
| | 19:00.65 (46.06) | 19:46.88 (46.23) | 20:32.35 (45.47) | 21:17.80 (45.45) | |
| | 22:04.04 (46.24) | 22:47.33 (43.29) | | | |
| 2 | Verity Dobbie | 64 | Gates &whick- | 23:53.35 | 22:57.17 |
| | 41.74 | 1:25.81 (44.07) | 2:11.36 (45.55) | 2:57.42 (46.06) | |
| | 3:43.54 (46.12) | 4:30.11 (46.57) | 5:16.04 (45.93) | 6:02.69 (46.65) | |
| | 6:49.00 (46.31) | 7:35.09 (46.09) | 8:21.11 (46.02) | 9:07.07 (45.96) | |
| | 9:53.16 (46.09) | 10:39.58 (46.42) | 11:25.91 (46.33) | 12:12.21 (46.30) | |
| | 12:58.18 (45.97) | 13:44.29 (46.11) | 14:30.33 (46.04) | 15:16.66 (46.33) | |
| | 16:02.61 (45.95) | 16:49.38 (46.77) | 17:35.63 (46.25) | 18:22.21 (46.58) | |
| | 19:08.73 (46.52) | 19:55.51 (46.78) | 20:41.60 (46.09) | 21:28.13 (46.53) | |
| | 22:13.81 (45.68) | 22:57.17 (43.36) | | | |
| 3 | Ruth Cartwright | 61 | Southport- | 26:53.44 | 25:37.79 |
| | 44.36 | 1:32.56 (48.20) | 2:23.18 (50.62) | 3:14.05 (50.87) | |
| | 4:05.02 (50.97) | 4:55.51 (50.49) | 5:46.41 (50.90) | 6:37.86 (51.45) | |
| | 7:29.49 (51.63) | 8:21.81 (52.32) | 9:13.31 (51.50) | 10:04.41 (51.10) | |
| | 10:56.23 (51.82) | 11:47.41 (51.18) | 12:39.37 (51.96) | 13:30.91 (51.54) | |
| | 14:22.85 (51.94) | 15:14.65 (51.80) | 16:06.18 (51.53) | 16:57.85 (51.67) | |
| | 17:49.33 (51.48) | 18:41.25 (51.92) | 19:33.42 (52.17) | 20:25.36 (51.94) | |
| | 21:17.55 (52.19) | 22:10.22 (52.67) | 23:03.09 (52.87) | | |
| | 24:47.67 () | 25:37.79 (50.12) | | | |
| 4 | Delia Keen | 62 | Carm Masters- | 35:00.00 | 33:44.96 |
| | 59.22 | 2:05.06 (1:05.84) | 3:11.32 (1:06.26) | 4:19.54 (1:08.22) | |
| | 5:26.67 (1:07.13) | 6:35.56 (1:08.89) | 7:42.70 (1:07.14) | 8:51.02 (1:08.32) | |
| | 9:58.02 (1:07.00) | 11:05.81 (1:07.79) | 12:12.28 (1:06.47) | 13:20.12 (1:07.84) | |
| | 14:27.15 (1:07.03) | 15:35.84 (1:08.69) | 16:43.39 (1:07.55) | 17:51.92 (1:08.53) | |
| | 18:58.52 (1:06.60) | 20:07.19 (1:08.67) | 21:14.61 (1:07.42) | 22:23.05 (1:08.44) | |
| | 23:30.59 (1:07.54) | 24:40.04 (1:09.45) | 25:47.72 (1:07.68) | 26:56.47 (1:08.75) | |
| | 28:04.52 (1:08.05) | 29:13.41 (1:08.89) | 30:21.79 (1:08.38) | 31:30.37 (1:08.58) | |
| | 32:37.98 (1:07.61) | 33:44.96 (1:06.98) | | | |

Event 22 Men 25-29 1500 LC Meter Freestyle

| | | | | | |
|---|------------------|------------------|------------------|------------------|----------|
| 1 | Ross Hosking | 27 | Cardiff Mast- | 17:30.00 | 18:01.86 |
| | 31.91 | 1:06.77 (34.86) | 1:42.88 (36.11) | 2:18.81 (35.93) | |
| | 2:55.36 (36.55) | 3:31.55 (36.19) | 4:07.96 (36.41) | 4:43.67 (35.71) | |
| | 5:19.91 (36.24) | 5:55.93 (36.02) | 6:33.12 (37.19) | 7:09.56 (36.44) | |
| | 7:46.25 (36.69) | | 8:58.77 () | 9:34.80 (36.03) | |
| | 10:11.78 (36.98) | 10:47.88 (36.10) | 11:24.32 (36.44) | 12:00.73 (36.41) | |
| | 12:37.73 (37.00) | 13:13.88 (36.15) | 13:50.40 (36.52) | 14:26.20 (35.80) | |
| | 15:02.66 (36.46) | 15:38.63 (35.97) | 16:14.92 (36.29) | 16:50.71 (35.79) | |
| | 17:26.87 (36.16) | 18:01.86 (34.99) | | | |

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.45 - 3.35****Event 22 Men 30-34 1500 LC Meter Freestyle**

| | | | |
|------------------|------------------|------------------|------------------|
| 1 Daniel Mills | 32 Trafford Met- | 17:00.00 | 16:51.32 |
| 30.54 | 1:04.41 (33.87) | 1:38.70 (34.29) | 2:13.00 (34.30) |
| 2:46.90 (33.90) | 3:20.95 (34.05) | 3:55.05 (34.10) | 4:29.13 (34.08) |
| 5:03.28 (34.15) | 5:37.42 (34.14) | 6:11.43 (34.01) | 6:45.44 (34.01) |
| 7:19.76 (34.32) | 7:53.77 (34.01) | 8:27.94 (34.17) | 9:02.02 (34.08) |
| 9:35.36 (33.34) | 10:08.87 (33.51) | 10:42.73 (33.86) | 11:16.60 (33.87) |
| 11:50.45 (33.85) | 12:24.19 (33.74) | 12:58.01 (33.82) | 13:31.77 (33.76) |
| 14:05.68 (33.91) | 14:39.48 (33.80) | 15:13.50 (34.02) | 15:47.22 (33.72) |
| 16:19.93 (32.71) | 16:51.32 (31.39) | | |

Event 22 Men 40-44 1500 LC Meter Freestyle

| | | | |
|----------------------|------------------|------------------|------------------|
| 1 Ned Gill | 43 Swansea Mast- | 20:39.50 | 20:43.39 |
| 37.28 | 1:17.14 (39.86) | 1:58.20 (41.06) | 2:38.77 (40.57) |
| 3:20.08 (41.31) | 4:01.28 (41.20) | 4:42.10 (40.82) | 5:22.85 (40.75) |
| 6:04.28 (41.43) | 6:46.47 (42.19) | 7:28.48 (42.01) | 8:10.44 (41.96) |
| 8:52.09 (41.65) | 9:34.10 (42.01) | 10:15.86 (41.76) | 10:57.64 (41.78) |
| 11:40.05 (42.41) | 12:22.29 (42.24) | 13:04.94 (42.65) | 13:47.36 (42.42) |
| 14:29.89 (42.53) | 15:12.40 (42.51) | 15:54.65 (42.25) | 16:37.22 (42.57) |
| 17:18.64 (41.42) | 18:00.07 (41.43) | 18:41.84 (41.77) | 19:23.45 (41.61) |
| 20:05.31 (41.86) | 20:43.39 (38.08) | | |
| 2 David Wood | 41 Wycombe Dist- | 21:15.29 | 21:44.76 |
| 39.90 | 1:23.53 (43.63) | 2:07.66 (44.13) | 2:52.19 (44.53) |
| 3:36.30 (44.11) | 4:21.02 (44.72) | 5:04.64 (43.62) | 5:49.18 (44.54) |
| 6:33.00 (43.82) | 7:16.98 (43.98) | 8:01.52 (44.54) | 8:45.73 (44.21) |
| 9:29.59 (43.86) | 10:13.61 (44.02) | 10:57.82 (44.21) | 11:42.03 (44.21) |
| 12:24.97 (42.94) | 13:08.29 (43.32) | 13:52.26 (43.97) | 14:35.39 (43.13) |
| 15:18.84 (43.45) | 16:01.89 (43.05) | 16:45.53 (43.64) | 17:29.03 (43.50) |
| 18:13.20 (44.17) | 18:56.92 (43.72) | 19:39.36 (42.44) | 20:23.35 (43.99) |
| 21:05.10 (41.75) | 21:44.76 (39.66) | | |
| 3 Christopher Hanmer | 44 Chirk- | 22:35.50 | 23:27.29 |
| 39.50 | 1:25.54 (46.04) | 2:12.61 (47.07) | 3:00.00 (47.39) |
| 3:46.98 (46.98) | 4:34.08 (47.10) | 5:20.88 (46.80) | 6:08.41 (47.53) |
| 6:55.61 (47.20) | 7:43.03 (47.42) | 8:29.96 (46.93) | 9:17.03 (47.07) |
| 10:04.06 (47.03) | 10:51.48 (47.42) | 11:38.46 (46.98) | 12:25.90 (47.44) |
| 13:12.94 (47.04) | 14:00.32 (47.38) | 14:47.73 (47.41) | 15:35.28 (47.55) |
| 16:22.60 (47.32) | 17:10.02 (47.42) | 17:57.41 (47.39) | 18:45.13 (47.72) |
| 19:32.34 (47.21) | 20:20.31 (47.97) | 21:07.79 (47.48) | 21:55.58 (47.79) |
| 22:42.23 (46.65) | 23:27.29 (45.06) | | |

Event 22 Men 45-49 1500 LC Meter Freestyle

| | | | |
|------------------|------------------|------------------|------------------|
| 1 Andrew Martin | 48 Cardiff Mast- | 18:50.00 | 19:35.09 |
| 34.00 | 1:10.48 (36.48) | 1:48.28 (37.80) | 2:26.69 (38.41) |
| 3:05.75 (39.06) | 3:44.79 (39.04) | 4:24.05 (39.26) | 5:03.39 (39.34) |
| 5:42.83 (39.44) | 6:22.02 (39.19) | 7:01.35 (39.33) | 7:40.75 (39.40) |
| 8:20.22 (39.47) | 8:59.79 (39.57) | 9:39.20 (39.41) | 10:18.50 (39.30) |
| 10:58.09 (39.59) | 11:37.54 (39.45) | 12:17.47 (39.93) | 12:57.51 (40.04) |
| 13:37.35 (39.84) | 14:17.53 (40.18) | 14:57.32 (39.79) | 15:37.31 (39.99) |
| 16:17.41 (40.10) | 16:57.43 (40.02) | 17:37.58 (40.15) | 18:17.70 (40.12) |
| 18:57.25 (39.55) | 19:35.09 (37.84) | | |
| 2 Barnaby Rudd | 45 Woking- | 24:32.00 | 23:32.82 |
| 40.87 | 1:26.55 (45.68) | 2:13.52 (46.97) | 3:01.02 (47.50) |
| 3:48.63 (47.61) | 4:35.97 (47.34) | 5:23.46 (47.49) | 6:10.58 (47.12) |
| 6:58.61 (48.03) | 7:45.80 (47.19) | 8:33.06 (47.26) | 9:20.62 (47.56) |
| 10:07.80 (47.18) | 10:55.46 (47.66) | 11:42.72 (47.26) | 12:30.38 (47.66) |
| 13:17.81 (47.43) | 14:05.25 (47.44) | 14:53.18 (47.93) | 15:40.90 (47.72) |
| 16:28.19 (47.29) | 17:15.73 (47.54) | 18:03.39 (47.66) | 18:51.48 (48.09) |
| 19:38.74 (47.26) | 20:26.25 (47.51) | 21:14.03 (47.78) | 22:00.89 (46.86) |
| 22:48.11 (47.22) | 23:32.82 (44.71) | | |

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.45 - 3.35****Event 22 Men 60-64 1500 LC Meter Freestyle**

| | | | | | |
|---|------------------|------------------|------------------|------------------|----------|
| 1 | Mark Jones | 63 | Warrington M- | 19:18.61 | 21:06.37 |
| | 37.40 | 1:18.83 (41.43) | 2:00.61 (41.78) | 2:42.92 (42.31) | |
| | 3:24.88 (41.96) | 4:07.14 (42.26) | 4:49.44 (42.30) | 5:31.87 (42.43) | |
| | 6:13.99 (42.12) | 6:56.57 (42.58) | 7:39.05 (42.48) | 8:21.71 (42.66) | |
| | 9:04.11 (42.40) | 9:47.03 (42.92) | 10:29.52 (42.49) | 11:12.54 (43.02) | |
| | 11:55.00 (42.46) | 12:37.68 (42.68) | 13:20.68 (43.00) | 14:03.64 (42.96) | |
| | 14:46.41 (42.77) | 15:29.30 (42.89) | 16:11.87 (42.57) | 16:55.01 (43.14) | |
| | 17:37.58 (42.57) | 18:19.99 (42.41) | 19:02.33 (42.34) | 19:44.85 (42.52) | |
| | 20:26.16 (41.31) | 21:06.37 (40.21) | | | |
| 2 | Patrick Allen | 61 | Woking- | 22:41.86 | 24:20.16 |
| | 42.93 | 1:30.58 (47.65) | 2:19.46 (48.88) | 3:07.31 (47.85) | |
| | 3:56.16 (48.85) | 4:44.82 (48.66) | 5:33.50 (48.68) | 6:21.87 (48.37) | |
| | 7:11.08 (49.21) | 7:59.06 (47.98) | 8:48.59 (49.53) | 9:36.86 (48.27) | |
| | 10:26.55 (49.69) | 11:15.25 (48.70) | 12:04.13 (48.88) | 12:52.82 (48.69) | |
| | 13:42.23 (49.41) | 14:31.12 (48.89) | 15:20.40 (49.28) | 16:09.18 (48.78) | |
| | 16:58.10 (48.92) | 17:47.91 (49.81) | 18:36.80 (48.89) | 19:25.83 (49.03) | |
| | 20:16.04 (50.21) | 21:05.08 (49.04) | 21:54.46 (49.38) | 22:43.08 (48.62) | |
| | 23:33.27 (50.19) | 24:20.16 (46.89) | | | |

Event 22 Men 65-69 1500 LC Meter Freestyle

| | | | | | |
|---|---------------------|--------------------|--------------------|--------------------|----------|
| 1 | Christopher Goulden | 66 | Cardiff Mast- | 22:15.00 | 22:11.03 |
| | 38.65 | 1:20.95 (42.30) | 2:04.56 (43.61) | 2:48.92 (44.36) | |
| | 3:33.15 (44.23) | 4:17.91 (44.76) | 5:02.23 (44.32) | 5:47.31 (45.08) | |
| | 6:32.11 (44.80) | 7:16.58 (44.47) | 8:01.36 (44.78) | 8:46.17 (44.81) | |
| | 9:30.72 (44.55) | 10:15.67 (44.95) | 11:00.31 (44.64) | 11:44.95 (44.64) | |
| | 12:29.25 (44.30) | 13:14.18 (44.93) | 13:58.89 (44.71) | 14:43.58 (44.69) | |
| | 15:28.18 (44.60) | 16:13.19 (45.01) | 16:57.83 (44.64) | 17:42.85 (45.02) | |
| | 18:27.36 (44.51) | 19:12.53 (45.17) | 19:57.20 (44.67) | 20:42.29 (45.09) | |
| | 21:27.29 (45.00) | 22:11.03 (43.74) | | | |
| 2 | Anthony Llewellyn | 65 | C N Sitges- | 29:41.37 | 31:25.36 |
| | 55.45 | 1:56.18 (1:00.73) | 2:59.03 (1:02.85) | 4:02.27 (1:03.24) | |
| | 5:06.55 (1:04.28) | 6:10.22 (1:03.67) | 7:13.28 (1:03.06) | 8:16.14 (1:02.86) | |
| | 9:19.39 (1:03.25) | 10:22.70 (1:03.31) | 11:25.67 (1:02.97) | 12:28.95 (1:03.28) | |
| | 13:32.38 (1:03.43) | 14:35.93 (1:03.55) | 15:39.74 (1:03.81) | 16:43.12 (1:03.38) | |
| | 17:46.98 (1:03.86) | 18:50.73 (1:03.75) | 19:54.78 (1:04.05) | 20:58.52 (1:03.74) | |
| | 22:02.25 (1:03.73) | 23:05.45 (1:03.20) | 24:09.21 (1:03.76) | 25:12.63 (1:03.42) | |
| | 26:15.91 (1:03.28) | 27:19.58 (1:03.67) | 28:22.94 (1:03.36) | 29:26.09 (1:03.15) | |
| | 30:29.57 (1:03.48) | 31:25.36 (55.79) | | | |

Event 22 Men 70-74 1500 LC Meter Freestyle

| | | | | | |
|---|------------------|------------------|------------------|------------------|----------|
| 1 | Nick Minns | 70 | Co Lincoln P- | 23:58.46 | 24:14.25 |
| | 43.52 | 1:30.69 (47.17) | 2:19.07 (48.38) | 3:06.92 (47.85) | |
| | 3:55.30 (48.38) | 4:43.46 (48.16) | 5:31.82 (48.36) | 6:20.18 (48.36) | |
| | 7:08.60 (48.42) | 7:57.09 (48.49) | 8:45.51 (48.42) | 9:33.89 (48.38) | |
| | 10:22.77 (48.88) | 11:11.04 (48.27) | 11:59.70 (48.66) | 12:47.51 (47.81) | |
| | 13:36.29 (48.78) | 14:24.36 (48.07) | 15:13.18 (48.82) | 16:02.05 (48.87) | |
| | 16:51.28 (49.23) | 17:40.07 (48.79) | 18:29.22 (49.15) | 19:18.49 (49.27) | |
| | 20:08.07 (49.58) | 20:57.18 (49.11) | 21:46.88 (49.70) | 22:35.92 (49.04) | |
| | 23:25.53 (49.61) | 24:14.25 (48.72) | | | |

Event 22 Men 75-79 1500 LC Meter Freestyle

| | | | | | |
|---|------------------|------------------|------------------|------------------|----------|
| 1 | Peter Stephens | 76 | Spencer- | NT | 27:29.00 |
| | 48.77 | 1:42.60 (53.83) | 2:38.87 (56.27) | 3:33.96 (55.09) | |
| | 4:30.31 (56.35) | 5:24.52 (54.21) | 6:20.11 (55.59) | 7:14.87 (54.76) | |
| | 8:09.96 (55.09) | 9:05.26 (55.30) | 10:01.10 (55.84) | 10:56.25 (55.15) | |
| | 11:51.80 (55.55) | 12:47.68 (55.88) | 13:43.69 (56.01) | 14:37.90 (54.21) | |
| | 15:33.96 (56.06) | 16:29.70 (55.74) | 17:26.60 (56.90) | 18:22.04 (55.44) | |
| | 19:17.99 (55.95) | 20:13.45 (55.46) | 21:09.72 (56.27) | 22:05.16 (55.44) | |
| | 23:01.81 (56.65) | 23:56.83 (55.02) | 24:49.76 (52.93) | 25:40.13 (50.37) | |
| | 26:37.32 (57.19) | 27:29.00 (51.68) | | | |

Swim Wales Open Masters 2023 - 04/03/2023 to 05/03/2023**Wales National Pool, Swansea****Results - Session 3 - Warm Up 2.45 - 3.35****Event 22 Men 85-89 1500 LC Meter Freestyle**

| | | | |
|------------------------|--------------------|--------------------|-------------------|
| 1 Donald Leatherbarrow | 85 Gloucester M- | 28:41.67 | 29:40.04 |
| 51.13 | 1:49.75 (58.62) | 2:50.27 (1:00.52) | 3:49.96 (59.69) |
| 4:50.63 (1:00.67) | 5:52.20 (1:01.57) | 6:54.04 (1:01.84) | 7:54.15 (1:00.11) |
| 8:54.15 (1:00.00) | 9:54.36 (1:00.21) | 10:54.54 (1:00.18) | 11:54.27 (59.73) |
| 12:54.45 (1:00.18) | 13:53.59 (59.14) | 14:53.66 (1:00.07) | 15:53.40 (59.74) |
| 16:54.67 (1:01.27) | 17:54.43 (59.76) | 18:54.89 (1:00.46) | 19:54.50 (59.61) |
| 20:54.55 (1:00.05) | 21:53.80 (59.25) | 22:52.46 (58.66) | 23:51.61 (59.15) |
| 24:51.80 (1:00.19) | 25:52.21 (1:00.41) | 26:51.04 (58.83) | 27:49.77 (58.73) |
| 28:47.15 (57.38) | 29:40.04 (52.89) | | |