

SW Winter Open 2022 - Warmup Schedule

Session 7 (Sunday Morning). Warmup 7.30am - 8.20am. Session Start 8.25am

Lane	MALE 7.30 - 7.47 Scoreboard End	MALE 7.47 - 8.04 Scoreboard End	FEMALE 8.04 - 8.21 Scoreboard End
1	Conwy (4) Holywell (1) C Dolphins (1)	Dartmoor DA (4) Newtown (1) Teddington (1)	Sevenside (3) Buckley (1) Holywell (1) Eastleigh (1) Newtown (1)
2	Royal Wolv (8)	Nofio Clwyd (6)	Nofio S Gar (4) Caerphilly (1) Gloucester (1)
3	Nofio S Gar (5) Bath Univ (2)	Bath Univ (7)	Bath Univ (7)
4	Swansea Uni (7)	Swansea Uni (7)	Teddington (3) Cirencester (1) Mt Kelly (1) Dartmoor DA (1)
5	Swansea Uni (6)	Swansea Uni (6)	Wrexham (2) Chirk (2) Conwy (1) Hatfield (1)
6	Swansea Aq (6)	Co Cardiff (7)	Torfaen D (2) Co Bristol (1) Swim Gwynedd (1) Frome (1) Birm'ham Uni (1)
7	Co Cardiff (8)	Co Cardiff (7)	Maxwell (2) Newbury (1) Aberystwyth (1) Co Peterboro (1) Heads Valley (1)
8	Millfield (2) Nova Cent'n (4)	Millfield (7)	Millfield (3) Nova Cent'n (2) Stourbridge (1)
Lane	MALE 7.30 - 7.47 Training Pool End	FEMALE 7.47 - 8.04 Training Pool End	FEMALE 8.04 - 8.21 Training Pool End
1B	Pembs Cty (3) Poole (1) Co Leicester (1) Hackney (1)	Pembs Cty (4) Nofio Bangor (2)	Bridgend Cty (3) RCT Squad (3)
2B	Bridgend Cty (3) Co Sheffield (1) Mt Kelly (1) AbingdonVale (1)	Royal Wolv (6)	Royal Wolv (5)
3B	Co Sund'land (3) Portsmouth N (1) RCT Squad (1) Welsh Ind (1)	Swansea Uni (6)	Swansea Uni (6)
4B	Maxwell (3) Swim Gwynedd (1) Ruthin (1)	Swansea Uni (6)	Swansea Uni (6)
5B	Torfaen D (3) Repton (1) Sutton (1)	Co Cardiff (6)	Co Cardiff (5)
6B	Wrexham (3) Leatherhead (1) TauntonDeane (1)	Co Cardiff (6)	Co Cardiff (5)
7B	Co Newport (2) Wycombe Dist (1) Worcester (1) UniOfStirl (1)	Swansea Aq (3) Caradon (3)	Swansea Aq (6)
8B	Neath (2) Guildford Ct (2)	Co Newport (7)	Co Sund'land (3) Neath (3)

SW Winter Open 2022 - Warmup Schedule

Session 8 (Sunday Afternoon). Warmup 11.40am - 12.30pm. Session Start 12.35pm

Lane	MALE 11.40 - 11.57 Scoreboard End	FEMALE 11.57 - 12.14 Scoreboard End	FEMALE 12.14 - 12.31 Scoreboard End
1	Bridgend Cty (2) Neath (1) Haslemere (1)	Wrexham (8)	Swansea Aq (9)
2	Conwy (5)	Royal Wolv (8)	Pembs Cty (8)
3	Wrexham (5)	Torfaen D (1) Bridgend Cty (7)	Torfaen D (8)
4	Royal Wolv (5)	Co Cardiff (7)	Co Cardiff (7)
5	Swansea Aq (5)	Co Cardiff (6)	Co Cardiff (6)
6	Torfaen D (6)	Nova Cent'n (5) Co Newport (3)	Nova Cent'n (8)
7	Pembs Cty (6)	Maxwell (8)	Maxwell (2) Teddington (5)
8	Millfield (4)	Millfield (5) C Dolphins (2)	Millfield (8)
Lane	MALE 11.40 - 11.57 Training Pool End	MALE 11.57 - 12.14 Training Pool End	FEMALE 12.14 - 12.31 Training Pool End
1B	RCT Squad (2) Co Coventry (1) Penyrheol (1)	Swim Gwynedd (3) Leatherhead (1)	Swim Gwynedd (5) Conwy (3)
2B	Co Newport (4)	Nofio Bangor (2) Co Sund'land (1)	Co Sund'land (8)
3B	Co Cardiff (6)	Co Cardiff (5)	RCT Squad (5) Ruthin (3)
4B	Nova Cent'n (5)	Co Cardiff (5)	Neath (5) Holywell (1) Caradon (1) Bo Newham (1)
5B	Nova Cent'n (5)	Nova Cent'n (5)	Wirral Metro (4) Guildford Ct (1) Nofio P.B.P (1) RTW Monson (1) Satellite (1)
6B	Maxwell (2) Teddington (3)	Maxwell (5)	Nofio Bangor (2) Haslemere (2) Rhondda (1) Heads Valley (1) Oswestry Ott (1) Sevenside (1)
7B	Nofio S Gar (2) Nofio Clwyd (2)	Holywell (2) Ruthin (1) Rhondda (1)	Nofio S Gar (2) Penyrheol (2) Co Peterboro (2) Chirk (1) Poole (1)
8B	Dartmoor DA (2) Caerphilly (1) Bridgend SC (1)	Mt Kelly (2) Wyre Forest (1) Bolton Metro (1)	Caerphilly (2) Wyre Forest (2) Merthyr Tydf (2) Worcester (1) Warrington (1)

SW Winter Open 2022 - Warmup Schedule

Session 9 (Sunday Evening). Warmup 4.20pm - 5.10pm. Session Start 5.15pm

Lane	MIXED GENDER 4.20 - 5.10 Scoreboard End
1	Open - Max 10 per lane
2	Open - Max 10 per lane
3	Open - Max 10 per lane
4	Open - Max 10 per lane
5	Open - Max 10 per lane
6	Open - Max 10 per lane
7	Open - Max 10 per lane
8	Open - Max 10 per lane
Lane	MIXED GENDER 4.20 - 5.10 Training Pool End
1B	Open - Max 10 per lane
2B	Open - Max 10 per lane
3B	Open - Max 10 per lane
4B	Open - Max 10 per lane
5B	Open - Max 10 per lane
6B	Open - Max 10 per lane
7B	Open - Max 10 per lane
8B	Open - Max 10 per lane

