

SEW Regional Championships - 24/11/2023 to 26/11/2023

Results

Event 111 Boys 11-12 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Bastyan, Tobias-Luke	12 Torfaen Dol	32.32
2 Gregory, Jaiden	12 Rhondda	32.53
3 Jones, Jayden	12 Caerphilly	32.96
4 Jones, Noah	12 Torfaen Dol	36.06
5 Duggan, Elliot	12 Bridgend Cty	36.10
6 Harvey, Hugo	12 Co Cardiff	36.39
7 Frampton, Rhydian	11 Rct Squad	37.51
8 Csoban, Benjamin	12 Co Newport	38.09
9 Hopkins, Luc	12 Torfaen Dol	38.19
10 Swetman, Oliver	11 Co Cardiff	39.09
11 Timbrell, George	12 Co Newport	39.51
12 Palmer, Evan	11 Torfaen Dol	40.27
13 Ban Jona, Krisztian	12 Co Newport	41.99
14 Johnson, Cai	12 Cwmbran	42.42
15 Samuel, Jake	12 Abertillery	43.10
16 Bick, Morgan	11 Torfaen Dol	44.25

Event 111 Boys 13-14 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Ma, Ko Kwan	14 Co Cardiff	27.90
2 Deacon, Cameron	13 Co Cardiff	29.21
3 Mills, Ioan	14 Torfaen Dol	30.41
4 Hole, Ethan	14 Co Cardiff	30.45
5 James, Rhys	14 Rct Squad	30.55
6 Ballantyne, Alex	14 Bridgend Swim	31.29
7 Brock, Freddy	14 Rct Squad	31.50
8 Hewitt, Archie	13 Torfaen Dol	32.49
9 Jones, Sebastien	13 Torfaen Dol	32.93
10 Gruffydd, Ned	13 Co Cardiff	33.38
11 Theron, Izak	13 Co Cardiff	33.75
12 Warman-Powell, Ioan	13 Torfaen Dol	33.89
13 Bartram, Solomon	13 Co Cardiff	34.07
14 Davies, Blake	13 Co Cardiff	34.15
15 Caldicott, Lewis	13 Co Newport	34.82
16 Reece, Liam	13 Co Newport	35.00
17 Williams, Tomos	13 Chepstow	35.47
18 Everson, Sonny	13 Co Newport	36.03
19 Howe, Inigo	14 Torfaen Dol	36.22
20 Davies, Tom	13 Co Newport	37.31
21 Harvey, Jack	13 Co Cardiff	37.77
22 Arnold, David	14 Cwmbran	44.07

Event 111 Boys 15-16 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Preece, Toby	16 Cwmbran	26.90
2 Jasinski, Hubert	16 Co Newport	27.80
3 Mruk, Lucas	15 Torfaen Dol	28.50
4 Vaughan, William	16 Rct Squad	28.78
5 Davies, William	16 Co Newport	28.82
*6 Lewis, Gethin	15 Bridgend Cty	29.09
*6 Watkins, William	15 Bridgend Swim	29.09
8 Davies, Iwan	15 Co Cardiff	29.12
9 Spinks, Owen	15 Torfaen Dol	29.99
10 Nemtsov, Alexandros	15 Co Cardiff	30.15
11 Davies, Gavin	16 Co Newport	30.80
12 Rixon, Noah	15 Co Newport	31.60
13 Fudge, Marcus	15 Rct Squad	32.23
14 James, Owain	15 Rct Squad	32.90
15 Lawler, Neil	15 Monnow	32.92
16 Barry, Benjamin	16 Cwmbran	34.45

Event 111 Boys 17 & Over 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Davies, Evan	17 Co Cardiff	25.05
2 Williams, Cai	17 Bridgend Cty	27.54
3 McLain, Archie	17 Torfaen Dol	28.14
4 Hyett, Benjamin	17 Bridgend Swim	29.37
5 Cooksey, Regan	17 Rhondda	29.56
6 Nash, Charlie	17 Rhondda	31.18

Event 112 Girls 13-14 1500 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Gardener, Hannah	14 Bridgend Cty	19:22.22

Event 112 Girls 15-16 1500 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Jones, Lucy	16 Co Newport	18:28.42
2 Evans, Ella	15 Co Cardiff	18:52.24
3 Williams, Olivia	15 Co Cardiff	19:05.88
4 Jones, Evie	15 Merthyr Tydf	19:36.91
5 Morgan, Isabelle	15 Co Newport	19:39.28
6 Coombes, Cerys	15 Bridgend Cty	20:12.50

Event 113 Boys 11-12 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Gregory, Jaiden	12 Rhondda	33.83
2 Bastyan, Tobias-Luke	12 Torfaen Dol	36.00
3 Jones, Jayden	12 Caerphilly	37.52
4 Bick, Morgan	11 Torfaen Dol	39.32
5 Palmer, Evan	11 Torfaen Dol	39.58
6 Jones, Noah	12 Torfaen Dol	40.05
7 Chalk, Alistair	11 Co Newport	40.36
8 Nemtsov, Andreas	12 Co Cardiff	40.98
9 Csoban, Benjamin	12 Co Newport	41.29
10 Samuel, Jake	12 Abertillery	41.55
11 Timbrell, George	12 Co Newport	41.84
12 Harris, Max	11 Bridgend Swim	42.32
13 Hopkins, Luc	12 Torfaen Dol	42.43
14 Ban Jona, Krisztian	12 Co Newport	42.61
15 Johnson, Cai	12 Cwmbran	42.73
16 Lee, Oliver	11 Monnow	43.25
17 Woodward, Ethan	11 Bridgend Cty	43.61
18 Nicholas, Luca	11 Bridgend Swim	45.89
19 Watkins, Iolo	11 Heads Valley	46.16
20 Schofield, Lewis	11 Heads Valley	46.40

Event 113 Boys 13-14 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Hole, Ethan	14 Co Cardiff	30.10
2 Deacon, Cameron	13 Co Cardiff	30.53
3 Mills, Ioan	14 Torfaen Dol	30.63
4 Rees, Daniel	13 Co Cardiff	32.12
5 Davies, Brynley	13 Co Newport	32.73
6 Gilligan, Henry	13 Rct Squad	34.18
7 Ballantyne, Alex	14 Bridgend Swim	34.20
8 Williams, Tomos	13 Chepstow	34.78
9 Whittaker, Luke	13 Bridgend Cty	34.84
10 Hewitt, Archie	13 Torfaen Dol	35.03
11 Davies, Blake	13 Co Cardiff	35.51
12 Schofield, Thomas	14 Heads Valley	35.77
13 Theron, Izak	13 Co Cardiff	36.01
14 Bartram, Solomon	13 Co Cardiff	36.09
15 Watkins, Ffinian	13 Heads Valley	36.45
16 Caldicott, Lewis	13 Co Newport	37.33

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				Results					
(Event 113 Boys 13-14 50 SC Meter Backstroke)				30	John, Ella-Rose	12	Co Cardiff	43.83	
Name	Age	Team	Finals Time	31	Davies, Indie	11	Co Newport	44.27	
17	Davies, Tom	13	Co Newport	38.21	32	Young, Caitlin	12	Cwmbran	44.97
18	Spinks, Rhys	13	Torfaen Dol	39.47	33	Crump, Lily-May	11	Bridgend Cty	47.04
19	Everson, Sonny	13	Co Newport	40.80	34	Carre, Isabelle	11	Rhondda	50.19
20	Harvey, Jack	13	Co Cardiff	41.08	---	Sanders, Heaven-Leigh	12	Bridgend Cty	DQ
21	Arnold, David	14	Cwmbran	42.09					
Event 113 Boys 15-16 50 SC Meter Backstroke				Event 114 Girls 13-14 50 SC Meter Butterfly					
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time		
1	Vaughan, William	16	Rct Squad	29.65	1	Lee, Edith	13	Co Cardiff	28.99
2	Davies, Iwan	15	Co Cardiff	30.06	2	Powell, Ava	14	Co Newport	30.44
3	Jasinski, Hubert	16	Co Newport	30.23	3	Matthews, Elin	13	Co Cardiff	31.39
4	Spinks, Owen	15	Torfaen Dol	30.60	4	James, Grace	14	Bridgend Cty	31.96
5	Rixon, Oliver	15	Co Newport	30.88	5	Jones, Maisie	13	Co Cardiff	32.05
6	Watkins, William	15	Bridgend Swim	30.96	6	Goddard, Amy	14	Rhondda	32.78
7	Jones, Harrison	16	Bridgend Cty	31.19	7	Hughes-Rolls, Ava	14	Torfaen Dol	32.80
8	Aylen, James	16	Bridgend Cty	31.30	8	Parfitt, Kali	13	Torfaen Dol	33.25
9	Lewis, Gethin	15	Bridgend Cty	31.32	9	Andrews, Bella	13	Co Newport	33.26
10	Davies, William	16	Co Newport	31.48	10	Davies-Jones, Hannah	14	Bridgend Cty	33.45
11	Lawler, Neil	15	Monnow	32.70	11	Jones, Lola	14	Torfaen Dol	33.53
12	Fudge, Marcus	15	Rct Squad	32.75	12	Givvons, Imogen	13	Co Newport	33.96
13	Howe, Albie	16	Torfaen Dol	33.31	13	Nicholls, Esther	13	Caerphilly	34.00
14	Hopkins, Charlie	15	Co Newport	35.35	14	Williams, Olivia	14	Rct Squad	34.09
15	James, Owain	15	Rct Squad	35.93	15	Rees, Maisie	13	Rct Squad	34.31
Event 113 Boys 17 & Over 50 SC Meter Backstroke				16	Hurley, Sienna-Grace	13	Bridgend Cty	34.37	
Name	Age	Team	Finals Time	17	Smith, Summer	14	Rct Squad	34.52	
1	Davies, Evan	17	Co Cardiff	26.21	18	Ling, Olivia	13	Co Cardiff	34.76
2	John, Finlay	17	Bridgend Cty	27.55	19	Hardwicke, Martha	14	Bridgend Cty	35.23
3	Nash, Charlie	17	Rhondda	32.74	20	Sullivan, Ariana	13	Caerphilly	35.47
Event 114 Girls 11-12 50 SC Meter Butterfly				21	Bryant, Penelope	13	Co Cardiff	35.60	
Name	Age	Team	Finals Time	22	Morgan-Basini, Roca-Jay	13	Abertillery	35.93	
1	Tejedo, Lola	12	Co Cardiff	33.39	23	Davies, Darcey	14	Rct Squad	35.97
2	Williams, Lili	12	Rct Squad	34.04	24	Godsell, Matilda	13	Bridgend Cty	35.99
3	Sweet-Roberts, Pip	11	Torfaen Dol	34.51	25	Evans, Gwennan	13	Co Newport	36.39
4	George, Ellie	12	Rct Squad	34.74	26	Battrick, Alexa	13	Co Newport	36.48
5	Gordon, Mabli	12	Co Cardiff	34.96	27	Wood, Zarah-Evelyn	13	Rhondda	36.90
6	Reed, Isabella	12	Co Cardiff	35.25	28	Macintyre-Jones, Arwen	14	Heads Valley	36.93
7	Jones, Lola-Grace	11	Merthyr Tydf	35.58	29	Radu, Natalia	13	Rhondda	37.00
8	Morgan-Basini, Ruby-May	11	Abertillery	35.64	30	Boyd, Chloe	13	Co Cardiff	37.60
9	Fowler, Maisie	12	Rct Squad	35.72	31	Richards, Faith	13	Merthyr Tydf	37.71
10	Cooksey-Owen, Ruby-Mae	12	Rhondda	36.31	32	Daly, Isabella	13	Bridgend Cty	38.35
11	Scofield, Niamh	12	Rct Squad	36.37	33	Bevan, Ellie	14	Bridgend Swim	38.71
12	Owen, Gwen	12	Merthyr Tydf	36.63	34	Jones, Lily-Rose	14	Co Cardiff	39.66
13	Meenagh, Mai Van	11	Co Cardiff	36.76	35	Close, Lydia	13	Monnow	41.84
14	Davies, Sophia	11	Rct Squad	36.80	36	Alexander, Ruby	13	Co Newport	42.02
15	Beecham, Grace	12	Co Newport	36.89	37	Sommerin, Elin	13	Co Cardiff	43.49
16	Jones, Jessica	11	Rct Squad	37.37	38	Walters, Tegan	13	Bridgend Cty	44.40
17	Reasons, Darcy	11	Abertillery	37.90	---	Clayton, Jasmine	13	Co Newport	DQ
18	Ballinger, Scarlett	12	Rhondda	38.02	Event 114 Girls 15-16 50 SC Meter Butterfly				
19	Edwards, Nia	12	Caerphilly	38.31	Name	Age	Team	Finals Time	
20	Klak, Nina	11	Co Newport	38.32	1	Grant, Lucy	16	Co Newport	28.92
21	Butler, Olivia	12	Bridgend Swim	38.87	2	Dacey, Mollie	15	Co Cardiff	30.42
22	Zyniewicz, Anna	12	Co Newport	39.05	3	Offside, Poppy	16	Torfaen Dol	30.47
23	Faulds, Emily	12	Co Newport	40.04	4	Salmon, Gwen	16	Rct Squad	30.88
24	Jasper, Lily	11	Co Cardiff	40.62	5	Martin, Lara	15	Bridgend Cty	31.30
25	Jones, Ffion	12	Co Cardiff	40.96	6	Sweet-Roberts, Rosie	15	Torfaen Dol	31.64
26	James, Isabelle	11	Rhondda	41.46	7	Banning, Lilwen	16	Merthyr Tydf	32.67
27	Munslow, Seren	11	Monnow	41.69	8	Barr, Angharad	16	Caerphilly	32.91
28	Gettins, Bethan	11	Co Newport	42.31	9	Haddrell, Eva Lily	15	Bridgend Cty	32.93
29	Cann, Emily	12	Co Newport	43.37	10	Nutt, Kira	16	Caerphilly	33.72
				11	Lloyd, Ffion	16	Co Newport	33.92	

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				Results					
(Event 114 Girls 15-16 50 SC Meter Butterfly)				22	Munslow, Seren	11	Monnow	40.59	
Name	Age	Team	Finals Time	23	Cann, Emily	12	Co Newport	40.63	
12	Walker, Emily	16	Chepstow	34.89	24	Jasper, Lily	11	Co Cardiff	40.72
13	Bendon, Megan	15	Cwmbran	35.13	25	Price, Amie	12	Rct Squad	40.81
14	Pesevska, Monika	15	Co Cardiff	36.06	26	Davies, Indie	11	Co Newport	40.86
15	Ames, Cici	15	Co Newport	36.67	27	Williams, Isabella	11	Rct Squad	40.95
16	Harmer, Gracy	15	Caerphilly	36.94	28	Ballinger, Scarlett	12	Rhondda	40.96
17	Stephenson, Lucy	15	Heads Valley	38.57	29	Rothwell, Emily	12	Co Cardiff	41.10
18	Garrett, Ruby	15	Merthyr Tydf	38.70	*30	Jones, Ffion	12	Co Cardiff	41.24
19	Elliott, Phoebe	15	Cwmbran	39.90	*30	James, Isabelle	11	Rhondda	41.24
---	Titchener, Megan	15	Torfaen Dol	DQ	32	Willis, Ffion	11	Torfaen Dol	41.48
Event 114 Girls 17 & Over 50 SC Meter Butterfly				33	Gettins, Bethan	11	Co Newport	41.59	
Name	Age	Team	Finals Time	34	Mitrjaikina, Kerly	11	Co Newport	42.43	
1	Beynon, Annaliese	23	Co Cardiff	28.30	35	Hopkins, Ava	11	Rct Squad	42.52
2	Morgan, Isabel	19	Co Cardiff	28.86	36	Young, Caitlin	12	Cwmbran	43.03
3	Harness, Meredith	20	Co Cardiff	29.04	37	Llewellyn, Mali	11	Bridgend Cty	43.50
4	O Callaghan, Faye	18	Co Cardiff	30.56	38	Davies, Lowri	12	Co Newport	43.51
5	Adams, Jaimee	17	Co Cardiff	31.45	39	Sanders, Heaven-Leigh	12	Bridgend Cty	43.62
6	Francis-Parker, Tesni	17	Torfaen Dol	31.79	40	John, Ella-Rose	12	Co Cardiff	43.66
7	Sweeney, Jessica	18	Co Newport	32.98	41	Smith, Cariad	11	Cwmbran	43.88
8	Palmer-Jones, Evie	18	Co Cardiff	33.24	42	Jenkins, Francesca	12	Co Cardiff	44.28
Event 115 Boys 13-14 1500 SC Meter Freestyle				43	Duggan, Grace	11	Bridgend Cty	44.36	
Name	Age	Team	Finals Time	44	Jasinska, Maria	11	Co Newport	45.19	
1	Davies, Brynley	13	Co Newport	18:31.04	45	Crump, Lily-May	11	Bridgend Cty	45.63
2	Brock, Freddy	14	Rct Squad	18:49.16	46	Newey, Amelia	11	Torfaen Dol	45.96
3	Whittaker, Luke	13	Bridgend Cty	19:47.07	47	Baulch, Aderyn	11	Co Newport	47.74
4	Rees, Daniel	13	Co Cardiff	20:04.03	48	Bateman, Mercy	11	Rct Squad	48.62
5	Barry, Isaac	14	Co Newport	21:43.53	49	Carre, Isabelle	11	Rhondda	49.97
6	Banning, Arthen	13	Merthyr Tydf	23:36.00	---	Santoro, Bianca	11	Co Cardiff	DQ
Event 115 Boys 15-16 1500 SC Meter Freestyle				Event 116 Girls 13-14 50 SC Meter Backstroke					
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time		
1	Chalk, William	15	Co Newport	19:03.82	1	James, Grace	14	Bridgend Cty	32.13
Event 115 Boys 17 & Over 1500 SC Meter Freestyle				2	Powell, Ava	14	Co Newport	32.23	
Name	Age	Team	Finals Time	3	Schumm, Libby	14	Torfaen Dol	32.92	
1	McGuinness, Charlie	17	Torfaen Dol	16:36.18	4	Parfitt, Kali	13	Torfaen Dol	32.98
2	Whittaker, Daniel	17	Bridgend Cty	18:14.41	5	Hughes-Rolls, Ava	14	Torfaen Dol	33.68
Event 116 Girls 11-12 50 SC Meter Backstroke				6	Howson, Ellen	14	Co Newport	34.13	
Name	Age	Team	Finals Time	7	Nicholls, Esther	13	Caerphilly	34.31	
1	George, Ellie	12	Rct Squad	34.82	8	Smith, Summer	14	Rct Squad	34.71
2	Fowler, Maisie	12	Rct Squad	35.38	9	Ling, Olivia	13	Co Cardiff	35.06
3	Roberts, Rosie	11	Torfaen Dol	36.00	10	Rees, Maisie	13	Rct Squad	35.14
4	Reed, Isabella	12	Co Cardiff	36.35	11	Matthews, Elin	13	Co Cardiff	35.30
5	Scofield, Niamh	12	Rct Squad	36.48	12	Jones, Maisie	13	Co Cardiff	35.57
6	Reasons, Darcy	11	Abertillery	36.79	13	Davies, Darcey	14	Rct Squad	35.67
7	Gordon, Mabli	12	Co Cardiff	37.03	14	Richards, Faith	13	Merthyr Tydf	35.82
8	Jones, Jessica	11	Rct Squad	37.33	15	Givvons, Imogen	13	Co Newport	35.89
9	Williams, Lili	12	Rct Squad	38.41	16	McNamara, Imogen	13	Co Cardiff	36.06
10	Donaldson, Evie	11	Co Newport	38.70	17	Coles, Mya	13	Co Newport	36.12
11	Eyre, Gracie	11	Co Cardiff	38.91	18	Williams, Olivia	14	Rct Squad	36.43
12	Butler, Olivia	12	Bridgend Swim	39.03	19	Thomas, Hannah	14	Rct Squad	36.44
13	Davies, Sophia	11	Rct Squad	39.06	20	Hurley, Sienna-Grace	13	Bridgend Cty	36.47
14	Cooksey-Owen, Ruby-Mae	12	Rhondda	39.16	21	Andrews, Bella	13	Co Newport	36.74
15	Jones, Lola-Grace	11	Merthyr Tydf	39.35	*22	Bastyan, Emily-Grace	14	Torfaen Dol	36.76
16	Zyniewicz, Anna	12	Co Newport	39.50	*22	Bastyan, Ava-Rose	14	Torfaen Dol	36.76
17	Meenagh, Mai Van	11	Co Cardiff	39.64	24	Weston, Grace	14	Rct Squad	37.05
18	Ryan, Mia	12	Rct Squad	39.98	25	Battrick, Alexa	13	Co Newport	37.34
19	Morgan-Basini, Ruby-May	11	Abertillery	40.14	26	Clayton, Jasmine	13	Co Newport	37.40
20	Edwards, Nia	12	Caerphilly	40.45	27	Godsell, Matilda	13	Bridgend Cty	37.54
21	Faulds, Emily	12	Co Newport	40.55	28	Hardwicke, Martha	14	Bridgend Cty	37.60
				29	Cox, Isabelle	13	Co Cardiff	37.77	
				30	Radu, Natalia	13	Rhondda	37.88	

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				Results					
(Event 116 Girls 13-14 50 SC Meter Backstroke)				19	Nicholas, Luca	11	Bridgend Swim	3:47.90	
Name		AgeTeam	Finals Time	Event 211 Boys 13-14 200 SC Meter IM					
Name		AgeTeam	Finals Time	Name		AgeTeam	Finals Time		
31	Sullivan, Ariana	13	Caerphilly	37.90	1	Ma, Ko Kwan	14	Co Cardiff	2:15.54
32	Jones, Lily-Rose	14	Co Cardiff	38.48	2	Edwards, Ross	14	Co Cardiff	2:19.21
33	Ralph, Ffion	14	Co Newport	38.91	3	Major, Maximus	13	Co Newport	2:22.68
34	Boyd, Chloe	13	Co Cardiff	39.13	4	Fletcher, Miles	13	Co Cardiff	2:25.92
35	Wood, Zarah-Evelyn	13	Rhondda	39.42	5	Hole, Ethan	14	Co Cardiff	2:28.28
36	Williams, Taylor	14	Caerphilly	40.33	6	Brock, Freddy	14	Rct Squad	2:32.14
37	Cartwright, Bridget	13	Rct Squad	41.07	7	Mansfield, Harry	14	Bridgend Cty	2:32.18
38	Macintyre-Jones, Arwen	14	Heads Valley	41.18	8	Deacon, Cameron	13	Co Cardiff	2:32.19
39	Sommerin, Elin	13	Co Cardiff	42.16	9	Vinh, Joshua	14	Co Newport	2:32.68
40	Davies, Bethan	13	Rct Squad	42.23	10	Hewitt, Archie	13	Torfaen Dol	2:38.60
41	Walters, Tegan	13	Bridgend Cty	45.37	11	Jones, Sebastien	13	Torfaen Dol	2:40.62
Event 116 Girls 15-16 50 SC Meter Backstroke				12	Davies, Blake	13	Co Cardiff	2:45.09	
Name		AgeTeam	Finals Time	13	Parfitt, Sebastian	13	Co Cardiff	2:45.15	
1	Salmon, Gwen	16	Rct Squad	31.22	14	Miles, Harry	13	Co Cardiff	2:46.93
2	Dacey, Mollie	15	Co Cardiff	31.56	15	Jones, Luke	14	Co Newport	2:47.31
3	Williams, Rose	15	Co Cardiff	32.10	16	Whittaker, Luke	13	Bridgend Cty	2:48.70
4	Martin, Lara	15	Bridgend Cty	32.78	17	Williams, Tomos	13	Chepstow	2:52.36
5	Blake, Emily	16	Co Cardiff	34.21	18	Watkins, Ffinian	13	Heads Valley	2:52.43
6	Offside, Poppy	16	Torfaen Dol	34.22	19	Reece, Liam	13	Co Newport	2:53.07
7	Thomas, Ffion	16	Bridgend Cty	34.33	20	Theron, Izak	13	Co Cardiff	2:53.53
8	Lloyd, Ffion	16	Co Newport	34.61	21	Davies, Tom	13	Co Newport	2:54.75
9	Barr, Angharad	16	Caerphilly	35.09	22	Howe, Inigo	14	Torfaen Dol	2:54.78
10	Haddrell, Eva Lily	15	Bridgend Cty	35.23	23	Gruffydd, Ned	13	Co Cardiff	2:55.25
11	Banning, Lilwen	16	Merthyr Tydf	35.73	24	Arnold, David	14	Cwmbran	3:17.46
12	Stephenson, Lucy	15	Heads Valley	36.21	---	Everson, Sonny	13	Co Newport	DQ
13	Ames, Cici	15	Co Newport	36.94	Event 211 Boys 15-16 200 SC Meter IM				
14	Walker, Emily	16	Chepstow	37.30	Name		AgeTeam	Finals Time	
15	Harmer, Gracy	15	Caerphilly	37.45	1	Bamborough, Jack	15	Co Cardiff	2:11.40
16	Carre, Jasmine	16	Rhondda	37.75	2	Sheppard, Rhydian	16	Co Cardiff	2:13.08
17	Garrett, Ruby	15	Merthyr Tydf	38.60	3	Haines, Thomas	15	Co Cardiff	2:21.97
18	Arnold, Jessica	16	Cwmbran	43.23	4	Henschell, Logan	15	Co Cardiff	2:23.12
Event 116 Girls 17 & Over 50 SC Meter Backstroke				5	Davies, Iwan	15	Co Cardiff	2:24.83	
Name		AgeTeam	Finals Time	6	Davies, William	16	Co Newport	2:26.83	
1	Keepings, Charlotte	17	Co Newport	31.31	7	Spinks, Owen	15	Torfaen Dol	2:28.29
2	Willmore, Isabella	17	Co Newport	31.65	8	Davies, Gavin	16	Co Newport	2:29.10
3	O Callaghan, Faye	18	Co Cardiff	31.99	9	Temby, Jacob	15	Co Cardiff	2:30.71
4	Stork, Niamh	19	Co Cardiff	32.67	10	Nemtsov, Alexandros	15	Co Cardiff	2:36.56
5	Palmer-Jones, Evie	18	Co Cardiff	35.32	11	Chalk, William	15	Co Newport	2:38.39
Event 211 Boys 11-12 200 SC Meter IM				12	Tucker, Ethan	15	Chepstow	2:42.35	
Name		AgeTeam	Finals Time	---	Lewis, Gethin	15	Bridgend Cty	DQ	
1	Castillo, Airam	12	Co Cardiff	2:50.66	Event 211 Boys 17 & Over 200 SC Meter IM				
2	Jones, Jayden	12	Caerphilly	2:53.29	Name		AgeTeam	Finals Time	
3	Jones, Noah	12	Torfaen Dol	2:54.25	1	Lee, Tristan	17	Co Cardiff	2:05.67
4	Duggan, Elliot	12	Bridgend Cty	2:54.72	2	Arch, Rhydian	18	Co Cardiff	2:06.44
5	Volausek, Noah	12	Co Cardiff	2:57.03	3	Geysen-Holley, Max	18	Co Cardiff	2:07.80
6	Csoban, Benjamin	12	Co Newport	2:57.22	4	Burns, Harry	18	Co Cardiff	2:09.16
7	Harvey, Hugo	12	Co Cardiff	2:57.47	5	Lee, Ethan	17	Co Cardiff	2:11.16
8	Altordai, Junnosuke	12	Co Cardiff	3:02.40	6	Davies, Evan	17	Co Cardiff	2:11.56
9	Butwell, Ollie	12	Co Cardiff	3:02.52	7	Broom, Dylan	21	Torfaen Dol	2:15.44
10	Timbrell, George	12	Co Newport	3:03.50	8	John, Finlay	17	Bridgend Cty	2:15.93
11	Frampton, Rhydian	11	Rct Squad	3:04.57	9	Winstone, Evan	17	Co Cardiff	2:18.77
12	Sutton, Harry	12	Co Cardiff	3:13.92	10	McLain, Archie	17	Torfaen Dol	2:21.13
13	D'Cruz, Dylan	12	Rct Squad	3:14.55	Event 212 Girls 11-12 400 SC Meter IM				
14	Chalk, Alistair	11	Co Newport	3:14.71	Name		AgeTeam	Finals Time	
15	Ban Jona, Krisztian	12	Co Newport	3:17.47	1	Ribeiro, Ariana	12	Co Cardiff	5:43.50
16	Hopkins, Luc	12	Torfaen Dol	3:17.79	---	Dowling, Abigail	12	Co Cardiff	DQ
17	Harris, Max	11	Bridgend Swim	3:27.48					
18	Woodward, Ethan	11	Bridgend Cty	3:28.43					

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Event 212 Girls 13-14 400 SC Meter IM				3	Fox-Wiltshire, Benjamin	18	Co Cardiff	1:07.65
				4	Winstone, Evan	17	Co Cardiff	1:14.28
				5	Rees-Jones, Jack	17	Merthyr Tydf	1:20.81
				6	Cooksey, Regan	17	Rhondda	1:21.74
Event 212 Girls 15-16 400 SC Meter IM				Event 214 Girls 11-12 200 SC Meter Backstroke				

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Event 215 Boys 11-12 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Jones, Jayden	12 Caerphilly	28.44
2 Castillo, Airam	12 Co Cardiff	29.15
3 Bastyan, Tobias-Luke	12 Torfaen Dol	29.28
4 Gregory, Jaiden	12 Rhondda	30.06
5 Taylor, Nicholas	12 Torfaen Dol	31.09
6 Duggan, Elliot	12 Bridgend Cty	31.31
7 Harvey, Hugo	12 Co Cardiff	31.63
8 Volausek, Noah	12 Co Cardiff	32.26
9 Csoban, Benjamin	12 Co Newport	33.06
10 Jones, Noah	12 Torfaen Dol	33.33
11 Palmer, Evan	11 Torfaen Dol	33.38
12 Altordai, Junnosuke	12 Co Cardiff	33.85
13 Timbrell, George	12 Co Newport	33.87
14 Chalk, Alistair	11 Co Newport	34.30
15 Bick, Morgan	11 Torfaen Dol	34.52
16 Harris, Max	11 Bridgend Swim	34.53
17 Sutton, Harry	12 Co Cardiff	34.74
18 Butwell, Ollie	12 Co Cardiff	34.75
*19 Swetman, Oliver	11 Co Cardiff	35.76
*19 Hopkins, Luc	12 Torfaen Dol	35.76
21 Williams, Zach	12 Torfaen Dol	36.19
22 D'Cruz, Dylan	12 Rct Squad	36.27
23 Johnson, Cai	12 Cwmbran	36.85
24 Nemtsov, Andreas	12 Co Cardiff	36.89
25 Woodward, Ethan	11 Bridgend Cty	37.31
26 Ban Jona, Krisztian	12 Co Newport	38.39
27 Banks, Oliver	11 Torfaen Dol	38.53
28 Davies, Jake	11 Co Newport	38.84
29 Lee, Oliver	11 Monnow	39.04
30 Schofield, Lewis	11 Heads Valley	39.81
31 Nicholas, Luca	11 Bridgend Swim	41.38
--- Watkins, Iolo	11 Heads Valley	DQ

Event 215 Boys 13-14 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Ma, Ko Kwan	14 Co Cardiff	25.86
2 Major, Maximus	13 Co Newport	26.36
3 Willis, Kofi	14 Co Cardiff	26.73
4 Deacon, Cameron	13 Co Cardiff	27.23
5 Vinh, Joshua	14 Co Newport	27.25
6 Fletcher, Miles	13 Co Cardiff	27.62
7 Ballantyne, Alex	14 Bridgend Swim	28.08
8 Mansfield, Harry	14 Bridgend Cty	28.20
9 James, Rhys	14 Rct Squad	28.29
10 Rees, Daniel	13 Co Cardiff	28.48
11 Brock, Freddy	14 Rct Squad	28.92
12 Hiscox, Jac	14 Rct Squad	29.17
13 Hewitt, Archie	13 Torfaen Dol	29.31
14 James, Tristan	14 Bridgend Cty	29.41
15 Jones, Sebastien	13 Torfaen Dol	29.62
16 Herron, Noah	13 Co Newport	29.80
17 Davies, Brynley	13 Co Newport	29.84
18 Whittaker, Luke	13 Bridgend Cty	29.91
19 Davies, Blake	13 Co Cardiff	29.98
20 Warman-Powell, Ioan	13 Torfaen Dol	29.99
21 Howe, Inigo	14 Torfaen Dol	30.17
22 Jones, Luke	14 Co Newport	30.28
23 Cates, James	14 Merthyr Tydf	30.59
24 Schofield, Thomas	14 Heads Valley	30.77

25 Williams, Tomos	13 Chepstow	30.79
26 Theron, Izak	13 Co Cardiff	30.80
27 Miles, Harry	13 Co Cardiff	30.91
28 Caldicott, Lewis	13 Co Newport	31.07
29 Watkins, Ffinian	13 Heads Valley	31.11
30 Willis, Samuel	14 Torfaen Dol	31.26
31 Henley, Lewis	14 Heads Valley	31.33
32 Watts, Macsen	13 Heads Valley	31.37
33 Gilligan, Henry	13 Rct Squad	31.62
34 Davies, Tom	13 Co Newport	31.65
35 Parfitt, Sebastian	13 Co Cardiff	31.95
36 Gruffydd, Ned	13 Co Cardiff	32.19
37 Reece, Liam	13 Co Newport	32.80
38 Spinks, Rhys	13 Torfaen Dol	33.21
39 Edwards, Evan	13 Torfaen Dol	34.04
40 Arnold, David	14 Cwmbran	34.62
41 Harvey, Jack	13 Co Cardiff	35.48
--- Everson, Sonny	13 Co Newport	DQ

Event 215 Boys 15-16 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Southwood, Charlie	16 Torfaen Dol	24.34
2 Bamfborough, Jack	15 Co Cardiff	24.64
3 Mruk, Lucas	15 Torfaen Dol	24.92
4 Owen, Vinnie	15 Co Cardiff	25.29
5 Pugh, Morgan	16 Torfaen Dol	25.41
6 Vaughan, William	16 Rct Squad	25.51
7 Preece, Toby	16 Cwmbran	25.68
8 Davies, William	16 Co Newport	26.14
9 Haines, Thomas	15 Co Cardiff	26.15
10 Spinks, Owen	15 Torfaen Dol	26.30
11 Jasinski, Hubert	16 Co Newport	26.58
12 James, Jack	16 Torfaen Dol	26.94
13 Davies, Iwan	15 Co Cardiff	27.20
14 Evans, Owen	15 Bridgend Cty	27.32
15 Temby, Jacob	15 Co Cardiff	27.57
16 Divers, Connor	16 Caerphilly	27.59
17 Lawler, Neil	15 Monnow	27.62
18 Howe, Albie	16 Torfaen Dol	27.82
19 Aylen, James	16 Bridgend Cty	27.86
20 Lewis, Gethin	15 Bridgend Cty	27.88
21 Tucker, Ethan	15 Chepstow	28.21
22 Jones, Harrison	16 Bridgend Cty	28.28
23 Doyle, Alfie	15 Co Newport	28.40
24 Fudge, Marcus	15 Rct Squad	28.63
25 Froley, Iwan	16 Bridgend Cty	28.97
26 Caldicott, Elliot	15 Co Newport	29.08
27 Nemtsov, Alexandros	15 Co Cardiff	29.10
28 Chalk, William	15 Co Newport	29.48
29 Adams, Ronan	15 Bridgend Swim	29.83
30 Hopkins, Charlie	15 Co Newport	29.97
31 James, Owain	15 Rct Squad	30.12

Event 215 Boys 17 & Over 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Davies, Evan	17 Co Cardiff	23.24
2 Geysen-Holley, Max	18 Co Cardiff	23.65
3 James, Harley	18 Co Cardiff	23.67
4 Lee, Ethan	17 Co Cardiff	24.12
5 Jones, Daniel	24 Cwmbran	24.81
6 Broom, Dylan	21 Torfaen Dol	24.89
7 Williams, Cai	17 Bridgend Cty	25.31

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(Event 215 Boys 17 & Over 50 SC Meter Freestyle)			
Name		AgeTeam	Finals Time
8	Hughes, Cian	18 Co Cardiff	25.61
9	McGuinness, Charlie	17 Torfaen Dol	25.96
10	Winstone, Evan	17 Co Cardiff	25.98
11	Whittaker, Daniel	17 Bridgend Cty	26.51
12	McLain, Archie	17 Torfaen Dol	26.56
13	Hyett, Benjamin	17 Bridgend Swim	26.69
14	Rees-Jones, Jack	17 Merthyr Tydf	26.93
15	Price-Davies, Owen	17 Heads Valley	27.12
16	Cooksey, Regan	17 Rhondda	27.61
17	White, Alex	17 Rhondda	27.90
Event 221 Boys 11-12 100 SC Meter Backstroke			
Name		AgeTeam	Finals Time
1	Gregory, Jaiden	12 Rhondda	1:15.12
2	Jones, Jayden	12 Caerphilly	1:24.52
3	Butwell, Ollie	12 Co Cardiff	1:25.19
4	Bick, Morgan	11 Torfaen Dol	1:25.90
5	George, Declan	12 Caerphilly	1:26.55
6	Palmer, Evan	11 Torfaen Dol	1:26.63
7	Samuel, Jake	12 Abertillery	1:28.37
8	Timbrell, George	12 Co Newport	1:28.43
9	Ban Jona, Krisztian	12 Co Newport	1:28.97
10	Sutton, Harry	12 Co Cardiff	1:30.49
11	Nemtsov, Andreas	12 Co Cardiff	1:30.95
12	Hopkins, Luc	12 Torfaen Dol	1:31.03
13	James, Joshua	11 Co Cardiff	1:32.69
14	Watkins, Iolo	11 Heads Valley	1:38.34
15	Woodward, Ethan	11 Bridgend Cty	1:38.83
Event 221 Boys 13-14 100 SC Meter Backstroke			
Name		AgeTeam	Finals Time
1	Edwards, Ross	14 Co Cardiff	1:02.26
2	Mills, Ioan	14 Torfaen Dol	1:05.07
3	Major, Maximus	13 Co Newport	1:05.10
4	Hole, Ethan	14 Co Cardiff	1:05.60
5	Vinh, Joshua	14 Co Newport	1:09.12
6	Davies, Brynley	13 Co Newport	1:09.37
7	Rees, Daniel	13 Co Cardiff	1:10.72
8	Ballantyne, Alex	14 Bridgend Swim	1:11.93
9	Gilligan, Henry	13 Rct Squad	1:13.77
10	Hewitt, Archie	13 Torfaen Dol	1:14.15
11	Herron, Noah	13 Co Newport	1:16.96
12	Watkins, Ffinian	13 Heads Valley	1:17.31
13	Williams, Tomos	13 Chepstow	1:17.89
14	Schofield, Thomas	14 Heads Valley	1:18.59
15	Miles, Harry	13 Co Cardiff	1:19.29
16	Theron, Izak	13 Co Cardiff	1:20.53
17	Parfitt, Sebastian	13 Co Cardiff	1:20.97
Event 221 Boys 15-16 100 SC Meter Backstroke			
Name		AgeTeam	Finals Time
1	Parsons, Joseph	16 Co Cardiff	59.70
2	Southwood, Charlie	16 Torfaen Dol	59.96
3	Bamborough, Jack	15 Co Cardiff	1:00.39
4	Sheppard, Rhydian	16 Co Cardiff	1:02.76
5	Davies, Iwan	15 Co Cardiff	1:02.85
6	Spinks, Owen	15 Torfaen Dol	1:05.99
7	Aylen, James	16 Bridgend Cty	1:06.31
8	Rixon, Oliver	15 Co Newport	1:07.53
9	Jones, Harrison	16 Bridgend Cty	1:08.45
10	Davies, Gavin	16 Co Newport	1:10.03
11	Lewis, Gethin	15 Bridgend Cty	1:10.47
12	Howe, Albie	16 Torfaen Dol	1:11.73
13	Fudge, Marcus	15 Rct Squad	1:12.02
14	Wratten, Joshua	15 Cwmbran	1:13.30
Event 221 Boys 17 & Over 100 SC Meter Backstroke			
Name		AgeTeam	Finals Time
1	Knight, Jack	20 Co Cardiff	54.60
2	Fox-Wiltshire, Benjamin	18 Co Cardiff	58.23
3	Lee, Tristan	17 Co Cardiff	58.24
4	Arch, Rhydian	18 Co Cardiff	58.73
5	Burns, Harry	18 Co Cardiff	59.82
6	Hughes, Cian	18 Co Cardiff	1:01.89
7	Broom, Dylan	21 Torfaen Dol	1:02.68
8	Winstone, Evan	17 Co Cardiff	1:03.44
9	Price-Davies, Owen	17 Heads Valley	1:05.52
10	Whittaker, Daniel	17 Bridgend Cty	1:07.28
Event 222 Girls 11-12 800 SC Meter Freestyle			
Name		AgeTeam	Finals Time
1	Lewis, Harriet	11 Co Cardiff	10:29.54
2	McQuaid, Maria	12 Co Cardiff	10:37.62
Event 222 Girls 13-14 800 SC Meter Freestyle			
Name		AgeTeam	Finals Time
1	Iles, Jessica	13 Co Cardiff	9:48.35
2	Jones, Isabella	13 Bridgend Cty	10:01.41
3	Howson, Ellen	14 Co Newport	10:10.38
4	Richards, Faith	13 Merthyr Tydf	10:23.70
5	Edwards, Carys	13 Caerphilly	10:35.82
6	Hughes, Carys	13 Bridgend Cty	10:44.70
7	Boyd, Chloe	13 Co Cardiff	11:04.09
8	Adams, Sian	13 Co Cardiff	11:57.96
Event 222 Girls 15-16 800 SC Meter Freestyle			
Name		AgeTeam	Finals Time
1	Gruffydd, Mali	16 Co Cardiff	9:31.77
2	Ingram, Olivia	15 Co Cardiff	9:37.81
3	Jones, Lucy	16 Co Newport	9:43.10
4	Kay, Isabelle	15 Rct Squad	9:56.63
5	Williams, Olivia	15 Co Cardiff	10:02.04
6	Morgan, Isabelle	15 Co Newport	10:20.35
7	Bendon, Megan	15 Cwmbran	11:09.64
Event 222 Girls 17 & Over 800 SC Meter Freestyle			
Name		AgeTeam	Finals Time
1	Marshall, Polly	18 Co Newport	9:23.86
2	Daly, Kirsten	17 Bridgend Cty	9:50.79
3	Sweeney, Jessica	18 Co Newport	10:35.92
Event 223 Boys 11-12 100 SC Meter Freestyle			
Name		AgeTeam	Finals Time
1	Jones, Jayden	12 Caerphilly	1:04.45
2	Bastyan, Tobias-Luke	12 Torfaen Dol	1:05.62
3	Castillo, Airam	12 Co Cardiff	1:06.10
4	Gregory, Jaiden	12 Rhondda	1:06.84
5	Duggan, Elliot	12 Bridgend Cty	1:08.77
6	Harvey, Hugo	12 Co Cardiff	1:11.43
7	Timbrell, George	12 Co Newport	1:12.51
8	Csoban, Benjamin	12 Co Newport	1:12.55
9	Volausek, Noah	12 Co Cardiff	1:12.84
10	Frampton, Rhydian	11 Rct Squad	1:14.02
11	Palmer, Evan	11 Torfaen Dol	1:14.42
12	Jones, Noah	12 Torfaen Dol	1:14.84

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(Event 223 Boys 11-12 100 SC Meter Freestyle)

Name	AgeTeam	Finals Time
13 Altordai, Junnosuke	12 Co Cardiff	1:15.19
14 Bick, Morgan	11 Torfaen Dol	1:16.46
15 Sutton, Harry	12 Co Cardiff	1:18.02
16 D'Cruz, Dylan	12 Rct Squad	1:19.42
17 Harris, Max	11 Bridgend Swim	1:20.30
18 Samuel, Jake	12 Abertillery	1:20.40
19 Johnson, Cai	12 Cwmbran	1:21.87
20 Nemtsov, Andreas	12 Co Cardiff	1:24.31
21 Watkins, Iolo	11 Heads Valley	1:26.30
22 James, Joshua	11 Co Cardiff	1:26.58
23 Woodward, Ethan	11 Bridgend Cty	1:26.96
24 Schofield, Lewis	11 Heads Valley	1:27.41

Event 223 Boys 13-14 100 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Ma, Ko Kwan	14 Co Cardiff	55.80
2 Major, Maximus	13 Co Newport	56.89
3 Willis, Kofi	14 Co Cardiff	57.85
4 Vinh, Joshua	14 Co Newport	59.02
5 Fletcher, Miles	13 Co Cardiff	59.21
6 Deacon, Cameron	13 Co Cardiff	59.44
7 Hole, Ethan	14 Co Cardiff	1:00.50
8 Ballantyne, Alex	14 Bridgend Swim	1:02.42
9 Brock, Freddy	14 Rct Squad	1:03.12
10 Hewitt, Archie	13 Torfaen Dol	1:03.59
11 Warman-Powell, Ioan	13 Torfaen Dol	1:03.91
12 James, Rhys	14 Rct Squad	1:04.43
13 Howe, Inigo	14 Torfaen Dol	1:04.45
14 Whittaker, Luke	13 Bridgend Cty	1:04.56
15 Davies, Brynley	13 Co Newport	1:04.61
16 Jones, Sebastien	13 Torfaen Dol	1:04.87
17 Herron, Noah	13 Co Newport	1:05.18
18 Hiscox, Jac	14 Rct Squad	1:06.01
19 Price, Evan	14 Bridgend Swim	1:06.82
20 Cates, James	14 Merthyr Tydf	1:07.41
21 Willis, Samuel	14 Torfaen Dol	1:07.65
22 Caldicott, Lewis	13 Co Newport	1:07.81
23 Watkins, Ffinian	13 Heads Valley	1:08.02
24 Miles, Harry	13 Co Cardiff	1:09.09
25 Williams, Tomos	13 Chepstow	1:09.30
26 Gilligan, Henry	13 Rct Squad	1:09.61
27 Schofield, Thomas	14 Heads Valley	1:10.58
28 Gruffydd, Ned	13 Co Cardiff	1:10.63
29 Davies, Tom	13 Co Newport	1:11.55
30 Banning, Arthen	13 Merthyr Tydf	1:11.73
31 Edwards, Evan	13 Torfaen Dol	1:15.43
32 Arnold, David	14 Cwmbran	1:18.99
33 Wratten, Finnley	14 Cwmbran	1:22.60

Event 223 Boys 15-16 100 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Bamborough, Jack	15 Co Cardiff	52.55
2 Pugh, Morgan	16 Torfaen Dol	54.41
3 Mruk, Lucas	15 Torfaen Dol	54.86
4 Southwood, Charlie	16 Torfaen Dol	55.28
5 Parsons, Joseph	16 Co Cardiff	55.45
6 Owen, Vinnie	15 Co Cardiff	55.60
7 Vaughan, William	16 Rct Squad	56.39
8 Davies, William	16 Co Newport	57.06
*9 Haines, Thomas	15 Co Cardiff	57.07

*9 Jasinski, Hubert	16 Co Newport	57.07
11 Preece, Toby	16 Cwmbran	57.09
12 Spinks, Owen	15 Torfaen Dol	57.32
13 Morgan, Lewis	16 Bridgend Cty	57.42
14 Henschell, Logan	15 Co Cardiff	57.78
15 James, Jack	16 Torfaen Dol	57.95
16 Davies, Iwan	15 Co Cardiff	58.71
17 Divers, Connor	16 Caerphilly	1:01.04
18 Doyle, Alfie	15 Co Newport	1:01.45
19 Jones, Harrison	16 Bridgend Cty	1:01.98
20 Lewis, Gethin	15 Bridgend Cty	1:02.39
21 Evans, Owen	15 Bridgend Cty	1:02.89
22 Lawler, Neil	15 Monnow	1:03.59
23 Roberts, Evyn	15 Bridgend Swim	1:03.80
24 James, Owain	15 Rct Squad	1:04.14
25 Caldicott, Elliot	15 Co Newport	1:04.88
26 Nemtsov, Alexandros	15 Co Cardiff	1:06.11
27 Adams, Ronan	15 Bridgend Swim	1:07.51
28 Wratten, Joshua	15 Cwmbran	1:07.74
29 Fudge, Marcus	15 Rct Squad	1:09.69
--- Temby, Jacob	15 Co Cardiff	DQ

Event 223 Boys 17 & Over 100 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 James, Harley	18 Co Cardiff	51.22
2 Davies, Evan	17 Co Cardiff	51.56
3 Geysen-Holley, Max	18 Co Cardiff	51.83
4 Lee, Ethan	17 Co Cardiff	52.33
5 Anderson, Maxwell	18 Co Cardiff	53.00
6 Jones, Daniel	24 Cwmbran	54.03
7 John, Finlay	17 Bridgend Cty	54.93
8 Hughes, Cian	18 Co Cardiff	55.05
9 McGuinness, Charlie	17 Torfaen Dol	55.12
10 Williams, Cai	17 Bridgend Cty	55.86
11 Rees-Jones, Jack	17 Merthyr Tydf	57.09
12 Hyett, Benjamin	17 Bridgend Swim	57.42
13 McLain, Archie	17 Torfaen Dol	57.45
14 Cooksey, Regan	17 Rhondda	1:05.18

Event 224 Girls 11-12 200 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Dowling, Abigail	12 Co Cardiff	2:52.45
2 Ribeiro, Ariana	12 Co Cardiff	2:52.54
3 Sheen, Seren	12 Co Newport	3:11.31
4 Harding, Chloe	12 Cwmbran	3:14.92
5 Cook, Bronwyn	12 Co Cardiff	3:19.42
6 Reasons, Darcy	11 Abertillery	3:21.84
7 Davies, Macy	11 Torfaen Dol	3:24.27
8 Owen, Gwen	12 Merthyr Tydf	3:24.95
9 Morgan-Basini, Ruby-May	11 Abertillery	3:29.58
10 Eyre, Gracie	11 Co Cardiff	3:32.35
11 Mustey, Elizabeth	12 Monnow	3:32.51
12 Hikary, Lena	12 Co Cardiff	3:52.19
13 Jenkins, Francesca	12 Co Cardiff	3:52.75
14 Jones, Zoey	11 Co Newport	3:53.33

Event 224 Girls 13-14 200 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Taylor, Theodora	14 Torfaen Dol	2:27.32
2 Evans, Gwenllian	14 Co Cardiff	2:40.82
3 Lewis, Orla Rose	13 Co Cardiff	2:49.74
4 Gardener, Hannah	14 Bridgend Cty	2:53.67
5 Lee, Edith	13 Co Cardiff	2:54.34

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(Event 224 Girls 13-14 200 SC Meter Breaststroke)				29	Jenkins, Francesca	12	Co Cardiff	49.88
Name	Age	Team	Finals Time	30	Hikary, Lena	12	Co Cardiff	50.04
6	Ling, Olivia	13 Co Cardiff	2:59.33	31	Gettins, Bethan	11	Co Newport	50.67
7	Powell, Josie	13 Bridgend Swim	3:05.09	32	John, Ella-Rose	12	Co Cardiff	51.69
8	Evans, Gwennan	13 Co Newport	3:07.36	33	Jasper, Lily	11	Co Cardiff	52.43
9	Coles, Mya	13 Co Newport	3:10.35	34	Jones, Zoey	11	Co Newport	52.79
10	Morgan-Basini, Roca-Jay	13 Abertillery	3:11.32	---	Munslow, Seren	11	Monnow	DQ
11	Daly, Isabella	13 Bridgend Cty	3:13.63	---	Duggan, Grace	11	Bridgend Cty	DQ
12	Kersley, Holly	13 Cwmbran	3:13.84	Event 231 Girls 13-14 50 SC Meter Breaststroke				
13	Adams, Sian	13 Co Cardiff	3:17.77	Name	Age	Team	Finals Time	
14	Bendon, Ruby-Mai	13 Cwmbran	3:17.78	1	Lee, Edith	13 Co Cardiff	37.22	
15	Price, Cerys	14 Heads Valley	3:17.85	2	McNamara, Imogen	13 Co Cardiff	38.35	
16	Williams, Natasha	13 Co Newport	3:19.28	3	Lewis, Orla Rose	13 Co Cardiff	38.46	
17	Jones, Lily-Rose	14 Co Cardiff	3:24.08	4	Jones, Isabella	13 Bridgend Cty	38.77	
18	Roberts, Leah	13 Cwmbran	3:49.57	5	Goddard, Amy	14 Rhondda	38.84	
---	Bradley, Evie	14 Cwmbran	DQ	6	Powell, Josie	13 Bridgend Swim	39.33	
Event 224 Girls 15-16 200 SC Meter Breaststroke				7	Daly, Isabella	13 Bridgend Cty	39.69	
Name	Age	Team	Finals Time	8	Ling, Olivia	13 Co Cardiff	40.03	
1	Gibson, Mari	15 Co Cardiff	2:32.29	9	Hughes-Rolls, Ava	14 Torfaen Dol	40.53	
2	Smith, Amelia	15 Co Cardiff	2:49.11	10	Evans, Gwennan	13 Co Newport	40.91	
3	Pesevska, Monika	15 Co Cardiff	3:36.99	11	Price, Cerys	14 Heads Valley	40.97	
---	Haddrell, Eva Lily	15 Bridgend Cty	DQ	12	Hardwicke, Martha	14 Bridgend Cty	41.40	
Event 224 Girls 17 & Over 200 SC Meter Breaststroke				13	Sullivan, Ariana	13 Caerphilly	41.68	
Name	Age	Team	Finals Time	14	Parfitt, Kali	13 Torfaen Dol	41.69	
1	Williams-Jones, Phoebe	17 Co Cardiff	2:32.95	15	Morgan-Basini, Roca-Jay	13 Abertillery	41.80	
2	Crowley, Amy	18 Co Cardiff	2:34.25	16	Bradley, Evie	14 Cwmbran	41.87	
3	O Callaghan, Faye	18 Co Cardiff	2:44.88	17	Radu, Natalia	13 Rhondda	42.34	
4	Jones, Emily	18 Co Newport	2:46.93	18	Adams, Sian	13 Co Cardiff	42.80	
5	Faulkner, Marie	18 Co Cardiff	2:49.88	19	Jones, Elsie	14 Co Newport	43.03	
6	Palmer-Jones, Evie	18 Co Cardiff	2:57.04	20	Bendon, Ruby-Mai	13 Cwmbran	43.20	
Event 231 Girls 11-12 50 SC Meter Breaststroke				21	Williams, Natasha	13 Co Newport	43.41	
Name	Age	Team	Finals Time	22	Carter, Bella	14 Monnow	43.76	
1	Dowling, Abigail	12 Co Cardiff	37.44	23	Wood, Zarah-Evelyn	13 Rhondda	44.18	
2	Ribeiro, Ariana	12 Co Cardiff	39.30	24	Moores, Jaymie	13 Co Newport	44.58	
3	McQuaid, Maria	12 Co Cardiff	40.76	*25	Edwards, Carys	13 Caerphilly	45.00	
4	Harding, Chloe	12 Cwmbran	42.40	*25	Higgs, Cerys	14 Caerphilly	45.00	
*5	Owen, Gwen	12 Merthyr Tydf	42.57	27	Walters, Tegan	13 Bridgend Cty	45.29	
*5	Davies, Sophia	11 Rct Squad	42.57	28	Macintyre-Jones, Arwen	14 Heads Valley	45.41	
7	Sheen, Seren	12 Co Newport	42.63	29	Close, Lydia	13 Monnow	45.78	
8	Mustey, Elizabeth	12 Monnow	43.29	30	Jones, Lily-Rose	14 Co Cardiff	45.89	
9	Reasons, Darcy	11 Abertillery	43.31	31	Pritchard, Abbie	14 Cwmbran	47.99	
10	Zyniewicz, Anna	12 Co Newport	43.46	32	Richards, Faith	13 Merthyr Tydf	48.95	
11	Davies, Macy	11 Torfaen Dol	44.11	33	Wells, May	13 Caerphilly	49.38	
12	Cook, Bronwyn	12 Co Cardiff	44.27	Event 231 Girls 15-16 50 SC Meter Breaststroke				
13	Smith, Cariad	11 Cwmbran	45.78	Name	Age	Team	Finals Time	
14	Williams, Mali	12 Rhondda	45.86	1	Gibson, Mari	15 Co Cardiff	33.60	
15	Eyre, Gracie	11 Co Cardiff	46.19	2	Enoch, Megan-Jane	16 Torfaen Dol	33.75	
16	Roberts, Rosie	11 Torfaen Dol	46.81	3	Smith, Amelia	15 Co Cardiff	36.38	
17	Shephard-Morris, Tilly	11 Rhondda	46.86	4	Walker, Emily	16 Chepstow	40.05	
*18	Morgan-Basini, Ruby-May	11 Abertillery	47.41	5	Williams, Seren	15 Rhondda	41.43	
*18	Beecham, Grace	12 Co Newport	47.41	6	Garrett, Ruby	15 Merthyr Tydf	43.64	
20	Klak, Nina	11 Co Newport	47.60	Event 231 Girls 17 & Over 50 SC Meter Breaststroke				
21	Scofield, Niamh	12 Rct Squad	48.04	Name	Age	Team	Finals Time	
22	Llewellyn, Mali	11 Bridgend Cty	48.15	1	Crowley, Amy	18 Co Cardiff	33.34	
23	Kaleta, Lena	12 Co Newport	48.62	2	Beynon, Annaliese	23 Co Cardiff	33.35	
24	Butler, Olivia	12 Bridgend Swim	48.63	3	Jones, Emily	18 Co Newport	35.30	
25	Newey, Amelia	11 Torfaen Dol	49.09	4	Nowell, Gabriella	18 Torfaen Dol	36.19	
26	Faulds, Emily	12 Co Newport	49.10	5	Palmer-Jones, Evie	18 Co Cardiff	36.93	
27	Wilsher, Suki	12 Co Cardiff	49.21	6	Daly, Kirsten	17 Bridgend Cty	37.39	
28	Young, Caitlin	12 Cwmbran	49.39	7	Faulkner, Marie	18 Co Cardiff	37.96	

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(Event 231 Girls 17 & Over 50 SC Meter Breaststroke)

Name	AgeTeam	Finals Time
8 Sweeney, Jessica	18 Co Newport	38.49

Event 232 Boys 13-14 200 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Gruffydd, Ned	13 Co Cardiff	2:39.39
2 Mills, Ioan	14 Torfaen Dol	2:39.71
3 Parfitt, Sebastian	13 Co Cardiff	2:47.04
4 Williams, Tomos	13 Chepstow	3:02.20

Event 232 Boys 15-16 200 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Davies, Iwan	15 Co Cardiff	2:25.83
2 Spinks, Owen	15 Torfaen Dol	2:31.23
3 Davies, Gavin	16 Co Newport	2:36.43

Event 232 Boys 17 & Over 200 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Lee, Tristan	17 Co Cardiff	2:09.10
2 Lee, Ethan	17 Co Cardiff	2:11.28

Event 233 Girls 11-12 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Tejado, Lola	12 Co Cardiff	1:14.32
2 Sweet-Roberts, Pip	11 Torfaen Dol	1:16.40
3 Reed, Isabella	12 Co Cardiff	1:17.30
4 George, Ellie	12 Rct Squad	1:18.59
5 Lewis, Harriet	11 Co Cardiff	1:19.24
6 Prosser, Sofia	11 Merthyr Tydf	1:19.46
7 Fowler, Maisie	12 Rct Squad	1:19.88
8 Cooksey-Owen, Ruby-Mae	12 Rhondda	1:20.83
9 Williams, Lili	12 Rct Squad	1:21.80
10 Jones, Jessica	11 Rct Squad	1:26.32
11 Scofield, Niamh	12 Rct Squad	1:26.46
12 Davies, Sophia	11 Rct Squad	1:29.62
13 James, Isabelle	11 Rhondda	1:31.44
14 Cook, Bronwyn	12 Co Cardiff	1:32.72
15 Hopkins, Ava	11 Rct Squad	1:34.18
16 Ryan, Mia	12 Rct Squad	1:34.96
17 Jasper, Lily	11 Co Cardiff	1:38.39

Event 233 Girls 13-14 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Taylor, Theodora	14 Torfaen Dol	1:02.14
2 Powell, Ava	14 Co Newport	1:08.61
3 Lee, Edith	13 Co Cardiff	1:09.54
4 Andrews, Bella	13 Co Newport	1:13.05
5 Davies-Jones, Hannah	14 Bridgend Cty	1:13.14
6 Jones, Maisie	13 Co Cardiff	1:13.45
7 Matthews, Elin	13 Co Cardiff	1:13.51
8 Iles, Jessica	13 Co Cardiff	1:14.18
9 Edwards, Amber	13 Co Cardiff	1:14.20
10 Curkovic, Lota	13 Co Cardiff	1:16.17
11 Goddard, Amy	14 Rhondda	1:17.25
12 Hurley, Sienna-Grace	13 Bridgend Cty	1:19.25
13 Givvons, Imogen	13 Co Newport	1:19.33
14 Pritchard, Abbie	14 Cwmbran	1:23.75
--- Macintyre-Jones, Arwen	14 Heads Valley	DQ

Event 233 Girls 15-16 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Owen, Gracie	15 Torfaen Dol	1:03.49
2 Grant, Lucy	16 Co Newport	1:03.65

3 Cull, Harriett	16 Co Cardiff	1:06.74
4 Titchener, Megan	15 Torfaen Dol	1:07.10
5 Enoch, Megan-Jane	16 Torfaen Dol	1:09.30
6 Parfitt, Lucy	15 Co Cardiff	1:11.63
7 Nutt, Kira	16 Caerphilly	1:12.56
8 Willis, Meghan	16 Torfaen Dol	1:17.24
9 Banning, Lilwen	16 Merthyr Tydf	1:17.47
10 Haddrell, Eva Lily	15 Bridgend Cty	1:19.77
11 Harmer, Gracy	15 Caerphilly	1:23.19
12 Goss, Eden	16 Bridgend Swim	1:25.69

Event 233 Girls 17 & Over 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Morgan, Isabel	19 Co Cardiff	1:04.40
2 Beynon, Annaliese	23 Co Cardiff	1:04.64
3 Donovan, Kelsey	18 Co Cardiff	1:04.79
4 Williams-Jones, Phoebe	17 Co Cardiff	1:05.08
5 Harness, Meredith	20 Co Cardiff	1:06.09
6 Marshall, Polly	18 Co Newport	1:08.10
7 Adams, Jaimee	17 Co Cardiff	1:08.70
8 Francis-Parker, Tesni	17 Torfaen Dol	1:13.10

Event 234 Boys 11-12 400 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Castillo, Airam	12 Co Cardiff	5:26.29
2 Frampton, Rhyddian	11 Rct Squad	5:30.50
3 Butwell, Ollie	12 Co Cardiff	5:30.62
4 Chalk, Alistair	11 Co Newport	5:54.14
5 Sutton, Harry	12 Co Cardiff	5:55.96

Event 234 Boys 13-14 400 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Edwards, Ross	14 Co Cardiff	4:24.42
2 Major, Maximus	13 Co Newport	4:29.75
3 Willis, Kofi	14 Co Cardiff	4:30.46
4 Fletcher, Miles	13 Co Cardiff	4:33.36
5 Brock, Freddy	14 Rct Squad	4:44.87
6 Mansfield, Harry	14 Bridgend Cty	4:45.81
7 Davies, Brynley	13 Co Newport	4:46.22
8 Robins, Ethan	14 Bridgend Cty	4:50.76
9 Ballantyne, Alex	14 Bridgend Swim	4:51.25
10 Thomas, Archie	13 Co Cardiff	4:52.97
11 Deacon, Cameron	13 Co Cardiff	4:54.57
12 Whittaker, Luke	13 Bridgend Cty	4:59.48
13 Watts, Macsen	13 Heads Valley	5:05.65
14 Jones, Sebastien	13 Torfaen Dol	5:07.87
15 Price, Evan	14 Bridgend Swim	5:11.55
16 Williams, Tomos	13 Chepstow	5:14.31
17 Hiscox, Jac	14 Rct Squad	5:16.07
18 Davies, Tom	13 Co Newport	5:21.12
19 Barry, Isaac	14 Co Newport	5:38.69
20 Banning, Arthen	13 Merthyr Tydf	5:54.00
21 Arnold, David	14 Cwmbran	6:18.52

Event 234 Boys 15-16 400 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Bamborough, Jack	15 Co Cardiff	4:02.80
2 Parsons, Joseph	16 Co Cardiff	4:08.38
3 Southwood, Charlie	16 Torfaen Dol	4:15.22
4 Owen, Vinnie	15 Co Cardiff	4:18.63
5 Morgan, Lewis	16 Bridgend Cty	4:19.75
6 Haines, Thomas	15 Co Cardiff	4:21.27
7 Davies, William	16 Co Newport	4:22.80

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				Results					
(Event 234 Boys 15-16 400 SC Meter Freestyle)				24	Boyd, Chloe	13	Co Cardiff	2:33.62	
Name	Age	Team	Finals Time	25	Morgan-Basini, Roca-Jay	13	Abertillery	2:35.50	
8	Henschell, Logan	15	Co Cardiff	4:22.88	26	Williams, Natasha	13	Co Newport	2:38.20
9	Vaughan, William	16	Rct Squad	4:39.20	27	Ralph, Ffion	14	Co Newport	2:38.77
10	Rixon, Oliver	15	Co Newport	4:39.38	28	Williams, Taylor	14	Caerphilly	2:39.78
11	Caldicott, Elliot	15	Co Newport	4:49.95	29	Kersley, Holly	13	Cwmbran	2:39.93
12	Chalk, William	15	Co Newport	4:50.29	30	Carey, Amy	14	Bridgend Cty	2:40.05
13	Howe, Albie	16	Torfaen Dol	4:50.72	31	Daly, Isabella	13	Bridgend Cty	2:41.03
14	Froley, Iwan	16	Bridgend Cty	4:54.44	32	Radu, Natalia	13	Rhondda	2:43.46
15	Roberts, Evyn	15	Bridgend Swim	4:56.25	33	Pritchard, Abbie	14	Cwmbran	2:43.58
16	James, Owain	15	Rct Squad	5:01.90	34	Higgs, Cerys	14	Caerphilly	2:46.55
				35	Sheen, Isabelle	13	Torfaen Dol	2:47.04	
				36	Roberts, Leah	13	Cwmbran	2:50.87	
Event 234 Boys 17 & Over 400 SC Meter Freestyle				Event 235 Girls 15-16 200 SC Meter Freestyle					
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time		
1	Geysen-Holley, Max	18	Co Cardiff	4:01.16	1	John, Emilia	16	Co Cardiff	2:05.50
2	Jones, Daniel	24	Cwmbran	4:21.98	2	Croke, Carys	16	Torfaen Dol	2:06.24
3	Rees-Jones, Jack	17	Merthyr Tydf	4:49.54	3	Fox, Honor	16	Co Cardiff	2:06.81
				4	Grant, Lucy	16	Co Newport	2:08.92	
Event 235 Girls 11-12 200 SC Meter Freestyle				5	Ingram, Olivia	15	Co Cardiff	2:12.08	
Name	Age	Team	Finals Time	6	Smith, Amelia	15	Co Cardiff	2:12.59	
1	George, Ellie	12	Rct Squad	2:22.68	7	Gruffydd, Mali	16	Co Cardiff	2:13.20
2	Ribeiro, Ariana	12	Co Cardiff	2:27.27	8	Williams, Rose	15	Co Cardiff	2:14.85
3	McQuaid, Maria	12	Co Cardiff	2:29.25	9	Blake, Emily	16	Co Cardiff	2:17.41
4	Davies, Macy	11	Torfaen Dol	2:30.28	10	Carey, Lucy	15	Bridgend Cty	2:18.80
5	Lewis, Harriet	11	Co Cardiff	2:31.32	11	Parfitt, Lucy	15	Co Cardiff	2:19.49
6	Bennett, Isla	12	Co Cardiff	2:31.85	12	Morgan, Isabelle	15	Co Newport	2:20.11
7	Roberts, Rosie	11	Torfaen Dol	2:36.75	13	Kay, Isabelle	15	Rct Squad	2:21.49
8	Butler, Olivia	12	Bridgend Swim	2:39.82	14	Jones, Evie	15	Merthyr Tydf	2:21.66
9	Jones, Jessica	11	Rct Squad	2:40.04	15	Haddrell, Eva Lily	15	Bridgend Cty	2:26.16
10	Williams, Lili	12	Rct Squad	2:41.03	16	Willis, Meghan	16	Torfaen Dol	2:30.17
11	Scofield, Niamh	12	Rct Squad	2:41.75	17	Stephenson, Lucy	15	Heads Valley	2:30.73
12	Williams, Mali	12	Rhondda	2:42.27	18	Banning, Lilwen	16	Merthyr Tydf	2:33.35
13	Faulds, Emily	12	Co Newport	2:42.98	19	Garrett, Ruby	15	Merthyr Tydf	2:38.79
14	Donaldson, Arianwen	12	Co Newport	2:51.71	Event 235 Girls 17 & Over 200 SC Meter Freestyle				
15	Jasper, Lily	11	Co Cardiff	2:53.85	Name	Age	Team	Finals Time	
16	Picton, Emelia	12	Merthyr Tydf	2:54.44	1	Rathbone-Jones, Eloise	19	Co Cardiff	2:02.38
17	Wilsher, Suki	12	Co Cardiff	3:02.49	2	Broder, Libby	17	Co Cardiff	2:03.72
				3	Marshall, Polly	18	Co Newport	2:12.82	
Event 235 Girls 13-14 200 SC Meter Freestyle				4	Daly, Kirsten	17	Bridgend Cty	2:17.38	
Name	Age	Team	Finals Time	5	Faulkner, Marie	18	Co Cardiff	2:19.72	
1	Evans, Gwenllian	14	Co Cardiff	2:10.53	Event 311 Girls 11-12 200 SC Meter IM				
2	Anderson, Rosalie	13	Co Cardiff	2:14.18	Name	Age	Team	Finals Time	
3	Wardell, Cari	14	Co Cardiff	2:17.58	1	George, Ellie	12	Rct Squad	2:42.61
4	Marshall, Ffion	13	Co Cardiff	2:19.21	2	Ribeiro, Ariana	12	Co Cardiff	2:42.66
5	Jones, Lola	14	Torfaen Dol	2:19.36	3	Tejedo, Lola	12	Co Cardiff	2:42.92
6	Iles, Jessica	13	Co Cardiff	2:19.92	4	Dowling, Abigail	12	Co Cardiff	2:43.13
7	Buckland, Eleanor	14	Co Cardiff	2:20.04	5	Lewis, Harriet	11	Co Cardiff	2:43.84
8	Gardener, Hannah	14	Bridgend Cty	2:20.49	6	McQuaid, Maria	12	Co Cardiff	2:47.14
9	Schumm, Libby	14	Torfaen Dol	2:20.81	7	Fowler, Maisie	12	Rct Squad	2:48.23
10	Howson, Ellen	14	Co Newport	2:21.30	8	Bennett, Isla	12	Co Cardiff	2:49.81
11	Jones, Maisie	13	Co Cardiff	2:22.54	9	Reed, Isabella	12	Co Cardiff	2:52.89
12	Davies-Jones, Hannah	14	Bridgend Cty	2:23.62	10	Scofield, Niamh	12	Rct Squad	2:59.42
13	Coles, Mya	13	Co Newport	2:23.68	11	Cooksey-Owen, Ruby-Mae	12	Rhondda	2:59.95
14	McNamara, Imogen	13	Co Cardiff	2:23.81	12	Davies, Sophia	11	Rct Squad	3:00.46
15	Richards, Faith	13	Merthyr Tydf	2:23.83	13	Meenagh, Mai Van	11	Co Cardiff	3:04.23
16	Jones, Isabella	13	Bridgend Cty	2:24.07	14	Roberts, Rosie	11	Torfaen Dol	3:04.76
17	Sullivan, Ariana	13	Caerphilly	2:24.37	15	Beecham, Grace	12	Co Newport	3:09.47
18	Hurley, Sienna-Grace	13	Bridgend Cty	2:26.91	16	Edwards, Nia	12	Caerphilly	3:10.31
19	Edwards, Carys	13	Caerphilly	2:27.59	17	Butler, Olivia	12	Bridgend Swim	3:11.47
20	Davies, Darcey	14	Rct Squad	2:29.45					
21	Hardwicke, Martha	14	Bridgend Cty	2:30.09					
22	Matthews, Elin	13	Co Cardiff	2:31.57					
23	Cox, Isabelle	13	Co Cardiff	2:33.02					

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Results				
(Event 311 Girls 11-12 200 SC Meter IM)				--- Ralph, Ffion 14 Co Newport DQ
				--- Bradley, Evie 14 Cwmbran DQ
Name	Age	Team	Finals Time	
18 Ryan, Mia	12	Rct Squad	3:12.66	
19 Virgin, Eva	12	Co Cardiff	3:13.44	
20 Jones, Ffion	12	Co Cardiff	3:14.10	
21 Jasper, Lily	11	Co Cardiff	3:14.34	
22 Hopkins, Ava	11	Rct Squad	3:19.38	
23 Davies, Indie	11	Co Newport	3:20.13	
24 Williams, Isabella	11	Rct Squad	3:20.63	
25 Munslow, Seren	11	Monnow	3:20.86	
26 Cann, Emily	12	Co Newport	3:21.90	
27 Donaldson, Arianwen	12	Co Newport	3:22.67	
28 John, Ella-Rose	12	Co Cardiff	3:27.63	
29 Picton, Emelia	12	Merthyr Tydf	3:30.54	
30 Crump, Lily-May	11	Bridgend Cty	3:32.68	
31 Carre, Isabelle	11	Rhondda	3:45.76	
--- Mustey, Elizabeth	12	Monnow	DQ	
--- Richards, Erin	11	Co Cardiff	DQ	
Event 311 Girls 13-14 200 SC Meter IM				
Name	Age	Team	Finals Time	
1 Taylor, Theodora	14	Torfaen Dol	2:16.85	
2 Evans, Gwenllian	14	Co Cardiff	2:27.36	
3 Anderson, Rosalie	13	Co Cardiff	2:29.15	
4 Lee, Edith	13	Co Cardiff	2:31.30	
5 Sherrard, Emme	14	Torfaen Dol	2:33.51	
6 Wardell, Cari	14	Co Cardiff	2:34.11	
7 Lewis, Orla Rose	13	Co Cardiff	2:35.85	
8 Gardener, Hannah	14	Bridgend Cty	2:36.62	
9 Curkovic, Lota	13	Co Cardiff	2:38.68	
10 Givvons, Imogen	13	Co Newport	2:43.09	
11 Marshall, Ffion	13	Co Cardiff	2:43.33	
12 Evans, Gwennan	13	Co Newport	2:43.70	
13 Nicholls, Esther	13	Caerphilly	2:45.32	
14 Davies-Jones, Hannah	14	Bridgend Cty	2:46.47	
15 Goddard, Amy	14	Rhondda	2:46.84	
16 Jones, Maisie	13	Co Cardiff	2:47.34	
17 Edwards, Amber	13	Co Cardiff	2:48.63	
18 Sullivan, Ariana	13	Caerphilly	2:48.71	
19 Jones, Lola	14	Torfaen Dol	2:48.89	
20 Hurley, Sienna-Grace	13	Bridgend Cty	2:49.34	
21 FitzGerald, Mali	13	Bridgend Cty	2:49.65	
22 Arlow, Grace	14	Torfaen Dol	2:49.75	
23 Coles, Mya	13	Co Newport	2:50.20	
24 Brady, Grace	14	Rct Squad	2:50.71	
25 Richards, Faith	13	Merthyr Tydf	2:51.20	
26 Powell, Josie	13	Bridgend Swim	2:52.66	
27 Godsell, Matilda	13	Bridgend Cty	2:53.36	
28 Smith, Summer	14	Rct Squad	2:53.55	
29 Boyd, Chloe	13	Co Cardiff	2:54.70	
30 Adams, Sian	13	Co Cardiff	2:55.11	
31 Bryant, Penelope	13	Co Cardiff	2:57.49	
32 Cooper, Caitlin	14	Co Newport	2:59.43	
33 Daly, Isabella	13	Bridgend Cty	3:03.53	
34 Weston, Grace	14	Rct Squad	3:03.74	
35 Carey, Amy	14	Bridgend Cty	3:04.84	
36 Macintyre-Jones, Arwen	14	Heads Valley	3:05.72	
37 Altordai, Yume	14	Co Cardiff	3:06.46	
38 Higgs, Cerys	14	Caerphilly	3:09.01	
39 Bevan, Ellie	14	Bridgend Swim	3:13.21	
40 Sheen, Isabelle	13	Torfaen Dol	3:16.83	
41 Sommerin, Elin	13	Co Cardiff	3:19.42	
Event 311 Girls 15-16 200 SC Meter IM				
Name	Age	Team	Finals Time	
1 Croke, Carys	16	Torfaen Dol	2:21.51	
2 Gibson, Mari	15	Co Cardiff	2:23.49	
3 Owen, Gracie	15	Torfaen Dol	2:23.75	
4 Titchener, Megan	15	Torfaen Dol	2:26.43	
5 Fox, Honor	16	Co Cardiff	2:27.89	
6 Smith, Amelia	15	Co Cardiff	2:33.13	
7 Salmon, Gwen	16	Rct Squad	2:33.71	
8 Parfitt, Lucy	15	Co Cardiff	2:35.47	
9 Lewis, Cara	16	Bridgend Swim	2:38.27	
10 Avraam, Neve	15	Co Cardiff	2:39.17	
11 Kay, Isabelle	15	Rct Squad	2:40.19	
12 Jones, Evie	15	Merthyr Tydf	2:40.87	
13 Morgan, Isabelle	15	Co Newport	2:41.40	
14 Willis, Meghan	16	Torfaen Dol	2:44.11	
15 Haddrell, Eva Lily	15	Bridgend Cty	2:45.53	
16 Nutt, Kira	16	Caerphilly	2:46.05	
17 Harmer, Gracy	15	Caerphilly	2:58.26	
18 Goss, Eden	16	Bridgend Swim	2:58.64	
19 Garrett, Ruby	15	Merthyr Tydf	3:02.26	
20 Elliott, Phoebe	15	Cwmbran	3:14.77	
--- Lloyd, Ffion	16	Co Newport	DQ	
Event 311 Girls 17 & Over 200 SC Meter IM				
Name	Age	Team	Finals Time	
1 Rathbone-Jones, Eloise	19	Co Cardiff	2:20.70	
2 Williams-Jones, Phoebe	17	Co Cardiff	2:22.55	
3 Broder, Libby	17	Co Cardiff	2:23.22	
4 Donovan, Kelsey	18	Co Cardiff	2:26.46	
5 O Callaghan, Faye	18	Co Cardiff	2:29.19	
6 Crowley, Amy	18	Co Cardiff	2:29.20	
7 Marshall, Polly	18	Co Newport	2:30.50	
8 Faulkner, Marie	18	Co Cardiff	2:32.08	
9 Willmore, Isabella	17	Co Newport	2:35.53	
Event 312 Boys 13-14 400 SC Meter IM				
Name	Age	Team	Finals Time	
1 Ma, Ko Kwan	14	Co Cardiff	4:54.96	
2 Thomas, Archie	13	Co Cardiff	5:18.77	
3 Deacon, Cameron	13	Co Cardiff	5:30.82	
4 Parfitt, Sebastian	13	Co Cardiff	5:46.49	
--- Gruffydd, Ned	13	Co Cardiff	DQ	
Event 312 Boys 17 & Over 400 SC Meter IM				
Name	Age	Team	Finals Time	
1 Lee, Tristan	17	Co Cardiff	4:37.42	
2 Burns, Harry	18	Co Cardiff	4:41.01	
Event 313 Girls 11-12 100 SC Meter Breaststroke				
Name	Age	Team	Finals Time	
1 Dowling, Abigail	12	Co Cardiff	1:20.83	
2 Ribeiro, Ariana	12	Co Cardiff	1:23.67	
3 McQuaid, Maria	12	Co Cardiff	1:27.18	
4 Lewis, Harriet	11	Co Cardiff	1:27.57	
5 Bennett, Isla	12	Co Cardiff	1:28.33	
6 Sheen, Seren	12	Co Newport	1:31.04	
7 Harding, Chloe	12	Cwmbran	1:31.26	
8 Owen, Gwen	12	Merthyr Tydf	1:34.09	
9 Reasons, Darcy	11	Abertillery	1:34.30	
10 Zyniewicz, Anna	12	Co Newport	1:34.37	

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(Event 313 Girls 11-12 100 SC Meter Breaststroke)				4	Smith, Amelia	15	Co Cardiff	1:20.48
Name	Age	Team	Finals Time	5	Willis, Meghan	16	Torfaen Dol	1:26.57
11	Stubbs, Harriet	12	Chepstow	6	Lewis, Hollie	16	Bridgend Swim	1:27.37
12	Williams, Lili	12	Rct Squad	7	Walker, Emily	16	Chepstow	1:28.80
13	Meenagh, Mai Van	11	Co Cardiff	8	Lloyd, Ffion	16	Co Newport	1:28.88
14	Davies, Macy	11	Torfaen Dol	9	Cheeseman, Rhyannon	15	Co Cardiff	1:29.61
15	Davies, Briallen	12	Rct Squad	10	Williams, Seren	15	Rhondda	1:31.81
16	Edwards, Nia	12	Caerphilly	11	Bendon, Megan	15	Cwmbran	1:32.94
17	Mustey, Elizabeth	12	Monnow	Event 313 Girls 17 & Over 100 SC Meter Breaststroke				
18	Morgan-Basini, Ruby-May	11	Abertillery	Name	Age	Team	Finals Time	
19	Eyre, Gracie	11	Co Cardiff	1	Beynon, Annaliese	23	Co Cardiff	1:12.66
20	Jones, Jessica	11	Rct Squad	2	Williams-Jones, Phoebe	17	Co Cardiff	1:13.02
21	Pedler, Lucy	12	Bridgend Cty	3	Jones, Emily	18	Co Newport	1:16.56
22	Williams, Mali	12	Rhondda	4	Faulkner, Marie	18	Co Cardiff	1:20.22
23	Smith, Cariad	11	Cwmbran	Event 314 Boys 11-12 200 SC Meter Backstroke				
24	Bessant-Evans, Emily	12	Caerphilly	Name	Age	Team	Finals Time	
25	Faulds, Emily	12	Co Newport	1	Butwell, Ollie	12	Co Cardiff	2:52.25
26	Richards, Erin	11	Co Cardiff	2	Timbrell, George	12	Co Newport	3:03.88
27	Davies, Indie	11	Co Newport	3	Ban Jona, Krisztian	12	Co Newport	3:05.88
28	Jenkins, Francesca	12	Co Cardiff	4	Nemtsov, Andreas	12	Co Cardiff	3:11.81
29	Soffe, Bronwyn	11	Co Newport	Event 314 Boys 13-14 200 SC Meter Backstroke				
30	Jones, Zoey	11	Co Newport	Name	Age	Team	Finals Time	
31	Picton, Emelia	12	Merthyr Tydf	1	Edwards, Ross	14	Co Cardiff	2:13.13
32	Crump, Lily-May	11	Bridgend Cty	2	Mills, Ioan	14	Torfaen Dol	2:20.34
---	Santoro, Bianca	11	Co Cardiff	3	Fletcher, Miles	13	Co Cardiff	2:21.55
---	Wilsher, Suki	12	Co Cardiff	4	Major, Maximus	13	Co Newport	2:21.85
Event 313 Girls 13-14 100 SC Meter Breaststroke				5	Davies, Brynley	13	Co Newport	2:27.71
Name	Age	Team	Finals Time	6	Rees, Daniel	13	Co Cardiff	2:33.20
1	Evans, Gwenllian	14	Co Cardiff	7	Hiscox, Jac	14	Rct Squad	2:44.69
2	Lewis, Orla Rose	13	Co Cardiff	Event 314 Boys 15-16 200 SC Meter Backstroke				
3	McNamara, Imogen	13	Co Cardiff	Name	Age	Team	Finals Time	
4	Matthews, Elin	13	Co Cardiff	1	Parsons, Joseph	16	Co Cardiff	2:08.31
5	Ling, Olivia	13	Co Cardiff	2	Davies, Iwan	15	Co Cardiff	2:13.91
6	Goddard, Amy	14	Rhondda	3	Aylen, James	16	Bridgend Cty	2:21.09
7	Clayton, Jasmine	13	Co Newport	4	Rixon, Oliver	15	Co Newport	2:25.61
8	Powell, Josie	13	Bridgend Swim	5	Lawler, Neil	15	Monnow	2:40.13
9	Adams, Sian	13	Co Cardiff	6	Wratten, Joshua	15	Cwmbran	2:40.82
10	Davies, Darcey	14	Rct Squad	Event 314 Boys 17 & Over 200 SC Meter Backstroke				
11	Daly, Isabella	13	Bridgend Cty	Name	Age	Team	Finals Time	
12	Morgan-Basini, Roca-Jay	13	Abertillery	1	Fox-Wiltshire, Benjamin	18	Co Cardiff	2:05.25
13	Brady, Grace	14	Rct Squad	2	Lee, Ethan	17	Co Cardiff	2:06.67
14	Price, Cerys	14	Heads Valley	3	Price-Davies, Owen	17	Heads Valley	2:22.07
15	Kersley, Holly	13	Cwmbran	Event 315 Girls 11-12 50 SC Meter Freestyle				
16	Bradley, Evie	14	Cwmbran	Name	Age	Team	Finals Time	
17	Taylor, Violet	14	Caerphilly	1	Fowler, Maisie	12	Rct Squad	31.10
18	Bendon, Ruby-Mai	13	Cwmbran	2	Reed, Isabella	12	Co Cardiff	31.43
19	Hardwicke, Martha	14	Bridgend Cty	3	Reasons, Darcy	11	Abertillery	31.83
20	Williams, Natasha	13	Co Newport	4	George, Ellie	12	Rct Squad	31.97
21	Cooper, Caitlin	14	Co Newport	5	Cooksey-Owen, Ruby-Mae	12	Rhondda	31.99
22	Moores, Jaymie	13	Co Newport	6	Davies, Sophia	11	Rct Squad	32.05
23	Radu, Natalia	13	Rhondda	7	Owen, Gwen	12	Merthyr Tydf	32.30
24	Alexander, Ruby	13	Co Newport	8	Sheen, Seren	12	Co Newport	32.62
25	Macintyre-Jones, Arwen	14	Heads Valley	9	Zyniewicz, Anna	12	Co Newport	32.66
26	Close, Lydia	13	Monnow	10	Davies, Macy	11	Torfaen Dol	32.83
---	Davies, Efa	13	Merthyr Tydf	11	Butler, Olivia	12	Bridgend Swim	33.08
Event 313 Girls 15-16 100 SC Meter Breaststroke				12	Jones, Jessica	11	Rct Squad	33.16
Name	Age	Team	Finals Time	13	Williams, Lili	12	Rct Squad	33.35
1	Gibson, Mari	15	Co Cardiff	14	Scofield, Niamh	12	Rct Squad	33.48
2	Enoch, Megan-Jane	16	Torfaen Dol					
3	Lewis, Cara	16	Bridgend Swim					

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(Event 315 Girls 11-12 50 SC Meter Freestyle)

Name	AgeTeam	Finals Time
15 Virgin, Eva	12 Co Cardiff	33.67
16 Morgan-Basini, Ruby-May	11 Abertillery	33.71
17 Donaldson, Evie	11 Co Newport	33.83
18 Mustey, Elizabeth	12 Monnow	33.85
19 Ballinger, Scarlett	12 Rhondda	33.89
20 Roberts, Rosie	11 Torfaen Dol	34.00
21 Edwards, Nia	12 Caerphilly	34.02
22 Hilton, Nina	12 Co Newport	34.07
23 Wilsher, Suki	12 Co Cardiff	34.17
24 Klak, Nina	11 Co Newport	34.36
25 Munslow, Seren	11 Monnow	34.48
26 Mitrjaikina, Kerly	11 Co Newport	34.58
27 Williams, Mali	12 Rhondda	34.68
28 Gettins, Bethan	11 Co Newport	34.78
29 Faulds, Emily	12 Co Newport	34.84
30 Jasper, Lily	11 Co Cardiff	34.97
31 Fordham, Freya	11 Co Newport	35.12
32 Carter, Layla	12 Monnow	35.15
33 James, Isabelle	11 Rhondda	35.16
34 Stubbs, Harriet	12 Chepstow	35.28
35 Kaleta, Lena	12 Co Newport	35.30
36 Ryan, Mia	12 Rct Squad	35.58
37 Young, Caitlin	12 Cwmbran	35.69
38 Cann, Emily	12 Co Newport	35.94
39 Donaldson, Arianwen	12 Co Newport	35.99
40 Rothwell, Emily	12 Co Cardiff	36.13
41 Williams, Isabella	11 Rct Squad	36.15
42 Duggan, Grace	11 Bridgend Cty	36.37
43 John, Ella-Rose	12 Co Cardiff	36.38
44 Davies, Briallen	12 Rct Squad	36.41
45 Davies, Indie	11 Co Newport	36.51
46 Pedler, Lucy	12 Bridgend Cty	36.59
47 Llewellyn, Mali	11 Bridgend Cty	36.62
*48 Eyre, Gracie	11 Co Cardiff	36.66
*48 Shephard-Morris, Tilly	11 Rhondda	36.66
50 Picton, Emelia	12 Merthyr Tydf	37.33
51 Ryan, Harriet	12 Chepstow	37.34
52 Bessant-Evans, Emily	12 Caerphilly	37.44
53 Richards, Erin	11 Co Cardiff	37.55
54 Jones, Ffion	12 Co Cardiff	37.81
55 Willis, Ffion	11 Torfaen Dol	37.88
56 Hopkins, Ava	11 Rct Squad	37.90
57 Smith, Cariad	11 Cwmbran	37.91
58 Hikary, Lena	12 Co Cardiff	38.09
59 Santoro, Bianca	11 Co Cardiff	38.29
60 Jasinska, Maria	11 Co Newport	38.45
61 Davies, Lowri	12 Co Newport	38.71
62 Crump, Lily-May	11 Bridgend Cty	39.05
63 Payne, Vivienne	11 Bridgend Cty	39.64
64 Jones, Zoey	11 Co Newport	39.66
65 Martin, Seren	12 Cwmbran	40.12
66 Jenkins, Francesca	12 Co Cardiff	40.44
67 Carre, Isabelle	11 Rhondda	40.96

Event 315 Girls 13-14 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Taylor, Theodora	14 Torfaen Dol	25.65
2 Sherrard, Emme	14 Torfaen Dol	27.89
3 James, Grace	14 Bridgend Cty	28.44
4 Jones, Lola	14 Torfaen Dol	28.85

5 Givvons, Imogen	13 Co Newport	28.93
6 Nicholls, Esther	13 Caerphilly	29.24
7 Curkovic, Lota	13 Co Cardiff	29.27
8 Marshall, Ffion	13 Co Cardiff	29.34
9 Parfitt, Kali	13 Torfaen Dol	29.83
10 Hughes-Rolls, Ava	14 Torfaen Dol	29.86
11 Jones, Maisie	13 Co Cardiff	29.91
12 Evans, Gwennan	13 Co Newport	29.93
13 Clatworthy, Maddie	14 Bridgend Swim	30.23
14 FitzGerald, Mali	13 Bridgend Cty	30.28
15 Buckland, Eleanor	14 Co Cardiff	30.30
16 Hardwicke, Martha	14 Bridgend Cty	30.55
*17 Howson, Ellen	14 Co Newport	30.56
*17 Richards, Faith	13 Merthyr Tydf	30.56
19 Smith, Summer	14 Rct Squad	30.60
20 Bastyan, Ava-Rose	14 Torfaen Dol	30.64
21 Matthews, Elin	13 Co Cardiff	30.72
22 Sullivan, Ariana	13 Caerphilly	30.79
23 McNamara, Imogen	13 Co Cardiff	30.87
24 Jones, Elsie	14 Co Newport	30.92
25 Williams, Olivia	14 Rct Squad	31.05
26 Harford, Libby	13 Caerphilly	31.14
27 Andrews, Bella	13 Co Newport	31.20
28 Hurley, Sienna-Grace	13 Bridgend Cty	31.23
29 Coles, Mya	13 Co Newport	31.25
30 Edwards, Carys	13 Caerphilly	31.27
31 Bastyan, Emily-Grace	14 Torfaen Dol	31.36
32 Carter, Bella	14 Monnow	31.77
33 Godsell, Matilda	13 Bridgend Cty	31.81
34 Radu, Natalia	13 Rhondda	31.84
35 Davies, Darcey	14 Rct Squad	31.87
36 Battrick, Alexa	13 Co Newport	31.96
37 Brady, Grace	14 Rct Squad	32.11
38 Cox, Isabelle	13 Co Cardiff	32.40
39 Williams, Natasha	13 Co Newport	32.51
40 Jones, Lily-Rose	14 Co Cardiff	33.07
41 Daly, Isabella	13 Bridgend Cty	33.14
42 Adams, Sian	13 Co Cardiff	33.54
43 Morgan-Basini, Roca-Jay	13 Abertillery	33.72
44 Clayton, Jasmine	13 Co Newport	33.91
45 Williams, Taylor	14 Caerphilly	33.97
46 Cooper, Caitlin	14 Co Newport	34.12
47 Bevan, Ellie	14 Bridgend Swim	34.14
48 Ralph, Ffion	14 Co Newport	34.22
49 Carey, Amy	14 Bridgend Cty	34.26
50 Macintyre-Jones, Arwen	14 Heads Valley	34.61
51 Higgs, Cerys	14 Caerphilly	34.95
52 Pogonowski, Isabella	13 Co Newport	35.02
53 Morris, Eva	13 Chepstow	35.21
54 Weston, Grace	14 Rct Squad	35.38
55 Davies, Efa	13 Merthyr Tydf	35.42
56 Moores, Jaymie	13 Co Newport	35.70
57 Alexander, Ruby	13 Co Newport	36.00
58 Close, Lydia	13 Monnow	36.16
59 Sommerin, Elin	13 Co Cardiff	36.30
60 Davies, Bethan	13 Rct Squad	37.14
61 Walters, Tegan	13 Bridgend Cty	37.16
62 Cartwright, Bridget	13 Rct Squad	37.45
63 Allcock, Olivia	13 Co Newport	38.28
--- Powell, Josie	13 Bridgend Swim	DQ

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Event 315 Girls 15-16 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Croke, Carys	16 Torfaen Dol	27.39
*2 Fox, Honor	16 Co Cardiff	27.52
*2 Grant, Lucy	16 Co Newport	27.52
4 Offside, Poppy	16 Torfaen Dol	27.58
5 Enoch, Megan-Jane	16 Torfaen Dol	27.74
6 Owen, Gracie	15 Torfaen Dol	27.76
7 Dacey, Mollie	15 Co Cardiff	27.85
8 Lewis, Hollie	16 Bridgend Swim	28.47
9 Salmon, Gwen	16 Rct Squad	28.49
10 Williams, Rose	15 Co Cardiff	28.85
11 Parfitt, Lucy	15 Co Cardiff	29.33
12 Avraam, Neve	15 Co Cardiff	29.41
13 Blake, Emily	16 Co Cardiff	29.63
14 Morgan, Isabelle	15 Co Newport	29.73
15 Barr, Angharad	16 Caerphilly	29.93
16 Crawley, Jessica	16 Bridgend Cty	30.00
17 Carey, Lucy	15 Bridgend Cty	30.01
18 Haddrell, Eva Lily	15 Bridgend Cty	30.09
19 Kay, Isabelle	15 Rct Squad	30.34
20 Stephenson, Lucy	15 Heads Valley	30.71
21 Thomas, Ffion	16 Bridgend Cty	30.75
22 Cheeseman, Rhyannon	15 Co Cardiff	30.91
23 Lloyd, Ffion	16 Co Newport	31.04
24 Price, Bethan	15 Bridgend Swim	31.22
25 Garrett, Ruby	15 Merthyr Tydf	31.51
26 Ames, Cici	15 Co Newport	31.57
27 Walker, Emily	16 Chepstow	31.69
28 Nutt, Kira	16 Caerphilly	32.08
29 Harmer, Gracy	15 Caerphilly	32.44
30 Carre, Jasmine	16 Rhondda	32.67
31 Elliott, Phoebe	15 Cwmbran	33.53
32 Williams, Seren	15 Rhondda	33.95
33 Arnold, Jessica	16 Cwmbran	35.39

Event 315 Girls 17 & Over 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Beynon, Annaliese	23 Co Cardiff	26.82
2 Donovan, Kelsey	18 Co Cardiff	27.57
3 Harness, Meredith	20 Co Cardiff	27.97
4 Keepings, Charlotte	17 Co Newport	28.39
5 Stork, Niamh	19 Co Cardiff	28.50
6 Nowell, Gabriella	18 Torfaen Dol	28.64
7 Willmore, Isabella	17 Co Newport	28.68
8 Marshall, Polly	18 Co Newport	29.06
9 Sweeney, Jessica	18 Co Newport	30.46
10 Fletcher, Holly	17 Co Cardiff	32.34

Event 321 Girls 11-12 100 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 George, Ellie	12 Rct Squad	1:14.90
2 Prosser, Sofia	11 Merthyr Tydf	1:15.08
3 Reed, Isabella	12 Co Cardiff	1:15.54
4 Fowler, Maisie	12 Rct Squad	1:15.91
5 Bennett, Isla	12 Co Cardiff	1:16.73
6 Lewis, Harriet	11 Co Cardiff	1:16.95
7 Reasons, Darcy	11 Abertillery	1:19.41
8 Gordon, Mabli	12 Co Cardiff	1:20.43
9 Scofield, Niamh	12 Rct Squad	1:20.68
10 McQuaid, Maria	12 Co Cardiff	1:20.73
11 Jones, Jessica	11 Rct Squad	1:21.49

12 Roberts, Rosie	11 Torfaen Dol	1:22.67
13 Virgin, Eva	12 Co Cardiff	1:23.34
14 Williams, Lili	12 Rct Squad	1:24.03
15 Eyre, Gracie	11 Co Cardiff	1:24.38
16 Meenagh, Mai Van	11 Co Cardiff	1:24.43
17 Jasper, Lily	11 Co Cardiff	1:24.59
18 Donaldson, Evie	11 Co Newport	1:25.03
19 Hilton, Nina	12 Co Newport	1:25.25
20 Wilsher, Suki	12 Co Cardiff	1:26.05
21 Jones, Ffion	12 Co Cardiff	1:26.65
22 Ballinger, Scarlett	12 Rhondda	1:27.20
23 Rothwell, Emily	12 Co Cardiff	1:27.34
24 James, Isabelle	11 Rhondda	1:28.55
25 Ryan, Mia	12 Rct Squad	1:29.15
26 Gettins, Bethan	11 Co Newport	1:31.75
27 Willis, Ffion	11 Torfaen Dol	1:32.22
28 Hopkins, Ava	11 Rct Squad	1:32.97
29 Davies, Briallen	12 Rct Squad	1:33.86
30 Crump, Lily-May	11 Bridgend Cty	1:35.36
31 Williams, Isabella	11 Rct Squad	1:36.15
32 Soffe, Bronwyn	11 Co Newport	1:38.25
33 John, Ella-Rose	12 Co Cardiff	1:38.67
--- Santoro, Bianca	11 Co Cardiff	DQ

Event 321 Girls 13-14 100 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Anderson, Rosalie	13 Co Cardiff	1:08.15
2 James, Grace	14 Bridgend Cty	1:10.33
3 Wardell, Cari	14 Co Cardiff	1:10.82
4 Curkovic, Lota	13 Co Cardiff	1:12.38
5 Parfitt, Kali	13 Torfaen Dol	1:12.79
6 Buckland, Eleanor	14 Co Cardiff	1:12.93
7 Howson, Ellen	14 Co Newport	1:13.93
8 Hughes-Rolls, Ava	14 Torfaen Dol	1:14.90
9 Matthews, Elin	13 Co Cardiff	1:15.65
10 FitzGerald, Mali	13 Bridgend Cty	1:16.23
11 Smith, Summer	14 Rct Squad	1:16.53
12 McNamara, Imogen	13 Co Cardiff	1:16.62
13 Richards, Faith	13 Merthyr Tydf	1:17.20
14 Ling, Olivia	13 Co Cardiff	1:17.59
15 Davies, Darcey	14 Rct Squad	1:18.10
16 Williams, Olivia	14 Rct Squad	1:18.75
17 Clayton, Jasmine	13 Co Newport	1:19.51
18 Bastyan, Ava-Rose	14 Torfaen Dol	1:20.14
19 Godsell, Matilda	13 Bridgend Cty	1:20.62
20 Battrick, Alexa	13 Co Newport	1:20.64
21 Cox, Isabelle	13 Co Cardiff	1:20.92
22 Bastyan, Emily-Grace	14 Torfaen Dol	1:21.15
23 Weston, Grace	14 Rct Squad	1:21.48
24 Jones, Lily-Rose	14 Co Cardiff	1:21.75
25 Boyd, Chloe	13 Co Cardiff	1:22.79
26 Adams, Sian	13 Co Cardiff	1:23.24
27 Wood, Zarah-Evelyn	13 Rhondda	1:24.74
28 Altordai, Yume	14 Co Cardiff	1:24.92
29 Pritchard, Abbie	14 Cwmbran	1:25.39
30 Pogonowski, Isabella	13 Co Newport	1:27.29
31 Sheen, Isabelle	13 Torfaen Dol	1:27.89
32 Sommerin, Elin	13 Co Cardiff	1:28.84
33 Cartwright, Bridget	13 Rct Squad	1:29.32
34 Davies, Bethan	13 Rct Squad	1:32.10
--- Williams, Taylor	14 Caerphilly	DQ

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Event 321 Girls 15-16 100 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Titchener, Megan	15 Torfaen Dol	1:05.14
2 Croke, Carys	16 Torfaen Dol	1:06.78
3 Salmon, Gwen	16 Rct Squad	1:07.96
4 Williams, Rose	15 Co Cardiff	1:09.33
5 Lewis, Cara	16 Bridgend Swim	1:11.31
6 Jones, Evie	15 Merthyr Tydf	1:11.66
7 Blake, Emily	16 Co Cardiff	1:11.72
8 Crawley, Jessica	16 Bridgend Cty	1:12.34
9 Parfitt, Lucy	15 Co Cardiff	1:12.69
10 Kay, Isabelle	15 Rct Squad	1:12.84
11 Willis, Meghan	16 Torfaen Dol	1:14.71
12 Haddrell, Eva Lily	15 Bridgend Cty	1:15.45
13 Lloyd, Ffion	16 Co Newport	1:15.58
14 Cheeseman, Rhyannon	15 Co Cardiff	1:16.90
15 Thomas, Ffion	16 Bridgend Cty	1:17.10
16 Stephenson, Lucy	15 Heads Valley	1:18.74
17 Carre, Jasmine	16 Rhondda	1:21.50
18 Elliott, Phoebe	15 Cwmbran	1:22.51

Event 321 Girls 17 & Over 100 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Nowell, Gabriella	18 Torfaen Dol	1:05.60
2 Broder, Libby	17 Co Cardiff	1:05.94
3 Stork, Niamh	19 Co Cardiff	1:08.20
4 Harness, Meredith	20 Co Cardiff	1:08.29
5 Keepings, Charlotte	17 Co Newport	1:08.45
6 Willmore, Isabella	17 Co Newport	1:08.81

Event 322 Boys 13-14 800 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Edwards, Ross	14 Co Cardiff	9:03.94
2 Howe, Inigo	14 Torfaen Dol	10:25.26
3 Watts, Macsen	13 Heads Valley	10:35.57

Event 322 Boys 15-16 800 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Bamborough, Jack	15 Co Cardiff	8:30.35
2 Parsons, Joseph	16 Co Cardiff	8:34.77
3 Morgan, Lewis	16 Bridgend Cty	8:52.85
4 Henschell, Logan	15 Co Cardiff	9:09.83
5 Spinks, Owen	15 Torfaen Dol	9:34.12
6 Howe, Albie	16 Torfaen Dol	9:57.42
7 Chalk, William	15 Co Newport	9:57.44

Event 322 Boys 17 & Over 800 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Geysen-Holley, Max	18 Co Cardiff	8:33.17

Event 323 Girls 11-12 100 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Reed, Isabella	12 Co Cardiff	1:06.99
2 Fowler, Maisie	12 Rct Squad	1:08.39
3 George, Ellie	12 Rct Squad	1:08.49
4 Dowling, Abigail	12 Co Cardiff	1:08.72
5 Reasons, Darcy	11 Abertillery	1:09.73
6 Lewis, Harriet	11 Co Cardiff	1:10.12
7 Sheen, Seren	12 Co Newport	1:10.32
8 Bennett, Isla	12 Co Cardiff	1:10.41
9 Gordon, Mabli	12 Co Cardiff	1:10.53
10 Zyniewicz, Anna	12 Co Newport	1:10.82
11 Davies, Macy	11 Torfaen Dol	1:10.90

12 McQuaid, Maria	12 Co Cardiff	1:10.92
13 Davies, Sophia	11 Rct Squad	1:11.04
14 Owen, Gwen	12 Merthyr Tydf	1:12.05
15 Cooksey-Owen, Ruby-Mae	12 Rhondda	1:12.44
16 Williams, Lili	12 Rct Squad	1:13.95
17 Edwards, Nia	12 Caerphilly	1:14.02
18 Donaldson, Evie	11 Co Newport	1:14.07
19 Jones, Jessica	11 Rct Squad	1:14.50
20 Morgan-Basini, Ruby-May	11 Abertillery	1:14.70
21 Faulds, Emily	12 Co Newport	1:14.84
22 Scofield, Niamh	12 Rct Squad	1:14.92
23 Butler, Olivia	12 Bridgend Swim	1:14.94
24 Roberts, Rosie	11 Torfaen Dol	1:15.14
25 Mustey, Elizabeth	12 Monnow	1:15.24
26 Virgin, Eva	12 Co Cardiff	1:15.25
27 Ballinger, Scarlett	12 Rhondda	1:15.57
28 Williams, Mali	12 Rhondda	1:15.88
29 Fordham, Freya	11 Co Newport	1:16.66
30 Ryan, Mia	12 Rct Squad	1:17.45
31 Kaleta, Lena	12 Co Newport	1:17.46
32 Meenagh, Mai Van	11 Co Cardiff	1:18.03
33 Davies, Indie	11 Co Newport	1:18.04
34 Jasper, Lily	11 Co Cardiff	1:18.68
35 James, Isabelle	11 Rhondda	1:18.96
36 Bessant-Evans, Emily	12 Caerphilly	1:19.02
37 Gettins, Bethan	11 Co Newport	1:19.22
38 Donaldson, Arianwen	12 Co Newport	1:19.23
39 Wilsher, Suki	12 Co Cardiff	1:19.82
40 Munslow, Seren	11 Monnow	1:20.07
41 Shephard-Morris, Tilly	11 Rhondda	1:20.45
42 Rothwell, Emily	12 Co Cardiff	1:21.08
43 Jones, Ffion	12 Co Cardiff	1:22.24
44 Smith, Cariad	11 Cwmbran	1:22.45
45 Picton, Emelia	12 Merthyr Tydf	1:22.59
46 Davies, Briallen	12 Rct Squad	1:22.76
47 Richards, Erin	11 Co Cardiff	1:23.32
48 Willis, Ffion	11 Torfaen Dol	1:23.34
49 Hopkins, Ava	11 Rct Squad	1:23.42
50 Santoro, Bianca	11 Co Cardiff	1:24.16
51 John, Ella-Rose	12 Co Cardiff	1:24.28
52 Crump, Lily-May	11 Bridgend Cty	1:25.77
53 Ryan, Harriet	12 Chepstow	1:25.84
54 Soffe, Bronwyn	11 Co Newport	1:26.10

Event 323 Girls 13-14 100 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Taylor, Theodora	14 Torfaen Dol	56.06
2 Sherrard, Emme	14 Torfaen Dol	1:00.45
3 Anderson, Rosalie	13 Co Cardiff	1:00.73
4 James, Grace	14 Bridgend Cty	1:02.06
5 Schumm, Libby	14 Torfaen Dol	1:02.84
6 Nicholls, Esther	13 Caerphilly	1:03.29
7 Marshall, Ffion	13 Co Cardiff	1:03.72
8 Curkovic, Lota	13 Co Cardiff	1:04.11
9 Jones, Lola	14 Torfaen Dol	1:04.12
10 Givvons, Imogen	13 Co Newport	1:04.28
11 Evans, Gwennan	13 Co Newport	1:04.67
12 Jones, Maisie	13 Co Cardiff	1:04.88
13 Buckland, Eleanor	14 Co Cardiff	1:05.20
14 FitzGerald, Mali	13 Bridgend Cty	1:05.27
15 Gardener, Hannah	14 Bridgend Cty	1:05.50
16 Jones, Isabella	13 Bridgend Cty	1:05.81

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(Event 323 Girls 13-14 100 SC Meter Freestyle)				10	Gruffydd, Mali	16	Co Cardiff	1:02.81
Name	Age	Team	Finals Time	11	Williams, Rose	15	Co Cardiff	1:02.85
17	Andrews, Bella	13	Co Newport	12	Parfitt, Lucy	15	Co Cardiff	1:03.50
18	McNamara, Imogen	13	Co Cardiff	13	Blake, Emily	16	Co Cardiff	1:04.25
19	Clatworthy, Maddie	14	Bridgend Swim	14	Carey, Lucy	15	Bridgend Cty	1:04.30
20	Bastyan, Ava-Rose	14	Torfaen Dol	15	Crawley, Jessica	16	Bridgend Cty	1:05.26
21	Howson, Ellen	14	Co Newport	16	Jones, Evie	15	Merthyr Tydf	1:05.63
22	Sullivan, Ariana	13	Caerphilly	17	Morgan, Isabelle	15	Co Newport	1:05.71
23	Coles, Mya	13	Co Newport	18	Haddrell, Eva Lily	15	Bridgend Cty	1:06.68
24	Davies-Jones, Hannah	14	Bridgend Cty	19	Kay, Isabelle	15	Rct Squad	1:07.67
25	Hughes-Rolls, Ava	14	Torfaen Dol	20	Cheeseman, Rhyannon	15	Co Cardiff	1:09.16
26	Hurley, Sienna-Grace	13	Bridgend Cty	21	Stephenson, Lucy	15	Heads Valley	1:09.45
27	Arlow, Grace	14	Torfaen Dol	22	Bendon, Megan	15	Cwmbran	1:10.72
28	Edwards, Carys	13	Caerphilly	23	Garrett, Ruby	15	Merthyr Tydf	1:11.07
29	Richards, Faith	13	Merthyr Tydf	24	Price, Bethan	15	Bridgend Swim	1:11.69
30	Goddard, Amy	14	Rhondda	25	Harmer, Gracy	15	Caerphilly	1:11.90
31	Edwards, Amber	13	Co Cardiff	26	Carre, Jasmine	16	Rhondda	1:12.63
32	Williams, Olivia	14	Rct Squad	27	Williams, Seren	15	Rhondda	1:15.58
33	Brady, Grace	14	Rct Squad	Event 323 Girls 17 & Over 100 SC Meter Freestyle				
34	Bastyan, Emily-Grace	14	Torfaen Dol	Name	Age	Team	Finals Time	
35	Carter, Bella	14	Monnow	1	Domican, Rosie	19	Co Cardiff	57.44
36	Davies, Darcey	14	Rct Squad	2	Beynon, Annaliese	23	Co Cardiff	58.87
37	Smith, Summer	14	Rct Squad	3	Donovan, Kelsey	18	Co Cardiff	59.49
38	Godsell, Matilda	13	Bridgend Cty	4	Morgan, Isabel	19	Co Cardiff	1:00.39
39	Cox, Isabelle	13	Co Cardiff	5	Ezard, Emily	21	Bridgend Swim	1:00.81
40	Williams, Natasha	13	Co Newport	6	Marshall, Polly	18	Co Newport	1:01.69
41	Boyd, Chloe	13	Co Cardiff	7	Stork, Niamh	19	Co Cardiff	1:02.22
42	Radu, Natalia	13	Rhondda	8	Faulkner, Marie	18	Co Cardiff	1:02.36
43	Taylor, Violet	14	Caerphilly	9	Crowley, Amy	18	Co Cardiff	1:02.48
44	Morgan-Basini, Roca-Jay	13	Abertillery	10	Keepings, Charlotte	17	Co Newport	1:02.61
45	Jones, Lily-Rose	14	Co Cardiff	11	Willmore, Isabella	17	Co Newport	1:02.75
46	Kersley, Holly	13	Cwmbran	12	Fletcher, Holly	17	Co Cardiff	1:10.51
47	Cooper, Caitlin	14	Co Newport	Event 324 Boys 11-12 200 SC Meter Breaststroke				
48	Ralph, Ffion	14	Co Newport	Name	Age	Team	Finals Time	
49	Daly, Isabella	13	Bridgend Cty	1	Csoban, Benjamin	12	Co Newport	3:09.10
50	Altordai, Yume	14	Co Cardiff	2	Jones, Noah	12	Torfaen Dol	3:13.52
51	Adams, Sian	13	Co Cardiff	3	Harvey, Hugo	12	Co Cardiff	3:21.60
52	Williams, Taylor	14	Caerphilly	4	Altordai, Junnosuke	12	Co Cardiff	3:21.67
53	Pritchard, Abbie	14	Cwmbran	5	Frampton, Rhydian	11	Rct Squad	3:31.39
54	Carey, Amy	14	Bridgend Cty	6	Chalk, Alistair	11	Co Newport	3:32.19
55	Bevan, Ellie	14	Bridgend Swim	7	D'Cruz, Dylan	12	Rct Squad	3:36.59
56	Macintyre-Jones, Arwen	14	Heads Valley	8	Nemtsov, Andreas	12	Co Cardiff	3:45.75
57	Weston, Grace	14	Rct Squad	---	Swetman, Oliver	11	Co Cardiff	DQ
58	Bendon, Ruby-Mai	13	Cwmbran	Event 324 Boys 13-14 200 SC Meter Breaststroke				
59	Higgs, Cerys	14	Caerphilly	Name	Age	Team	Finals Time	
60	Sheen, Isabelle	13	Torfaen Dol	1	Thomas, Archie	13	Co Cardiff	2:44.39
61	Davies, Efa	13	Merthyr Tydf	2	James, Rhys	14	Rct Squad	2:53.20
62	Moores, Jaymie	13	Co Newport	3	Rees, Daniel	13	Co Cardiff	2:53.53
63	Cartwright, Bridget	13	Rct Squad	4	Henley, Lewis	14	Heads Valley	3:02.74
64	Walters, Tegan	13	Bridgend Cty	5	Hewitt, Archie	13	Torfaen Dol	3:04.37
				6	Nolan, Oliver	14	Co Cardiff	3:10.06
Event 323 Girls 15-16 100 SC Meter Freestyle				Event 324 Boys 15-16 200 SC Meter Breaststroke				
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time	
1	Fox, Honor	16	Co Cardiff	1	Sheppard, Rhydian	16	Co Cardiff	2:21.89
2	Grant, Lucy	16	Co Newport	2	James, Jack	16	Torfaen Dol	2:40.35
3	Owen, Gracie	15	Torfaen Dol	3	Doyle, Alfie	15	Co Newport	2:41.24
4	Dacey, Mollie	15	Co Cardiff	4	Temby, Jacob	15	Co Cardiff	2:50.23
5	Titchener, Megan	15	Torfaen Dol	5	Rixon, Noah	15	Co Newport	2:50.95
6	Lewis, Hollie	16	Bridgend Swim	6	Nemtsov, Alexandros	15	Co Cardiff	2:52.05
7	Enoch, Megan-Jane	16	Torfaen Dol					
8	Cull, Harriett	16	Co Cardiff					
9	Smith, Amelia	15	Co Cardiff					

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Event 324 Boys 17 & Over 200 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Anderson, Maxwell	18 Co Cardiff	2:13.97
2 Lee, Tristan	17 Co Cardiff	2:20.77
3 Geysen-Holley, Max	18 Co Cardiff	2:27.46
4 Burns, Harry	18 Co Cardiff	2:27.49

Event 331 Boys 11-12 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Volausek, Noah	12 Co Cardiff	41.09
2 Csoban, Benjamin	12 Co Newport	41.46
3 Gregory, Jaiden	12 Rhondda	41.53
4 Jones, Noah	12 Torfaen Dol	42.19
5 Taylor, Nicholas	12 Torfaen Dol	42.20
6 D'Cruz, Dylan	12 Rct Squad	45.59
7 Timbrell, George	12 Co Newport	45.68
8 Swetman, Oliver	11 Co Cardiff	46.69
9 Chalk, Alistair	11 Co Newport	47.49
10 Harris, Max	11 Bridgend Swim	49.28
11 Nemtsov, Andreas	12 Co Cardiff	49.46
12 Ban Jona, Krisztian	12 Co Newport	52.75
13 Banks, Oliver	11 Torfaen Dol	53.35
14 Nicholas, Luca	11 Bridgend Swim	55.09
--- Morgan, Josh	11 Co Newport	DQ

Event 331 Boys 13-14 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Ma, Ko Kwan	14 Co Cardiff	32.53
2 James, Rhys	14 Rct Squad	33.32
3 Bartram, Solomon	13 Co Cardiff	35.78
4 Warman-Powell, Ioan	13 Torfaen Dol	36.39
5 Fletcher, Miles	13 Co Cardiff	37.29
6 Henley, Lewis	14 Heads Valley	37.45
7 James, Tristan	14 Bridgend Cty	38.04
8 Schofield, Thomas	14 Heads Valley	38.17
9 Deacon, Cameron	13 Co Cardiff	38.41
10 Herron, Noah	13 Co Newport	39.00
11 Vong, Joshua	13 Co Newport	39.14
12 Hewitt, Archie	13 Torfaen Dol	39.54
13 Miles, Harry	13 Co Cardiff	39.64
14 Willis, Samuel	14 Torfaen Dol	39.84
15 Jones, Sebastien	13 Torfaen Dol	40.04
16 Jenkins, Gethin	14 Bridgend Cty	40.46
17 Hiscox, Jac	14 Rct Squad	40.94
18 Nolan, Oliver	14 Co Cardiff	41.44
19 Harvey, Jack	13 Co Cardiff	42.60
20 Davies, Brynley	13 Co Newport	42.75
21 Davies, Tom	13 Co Newport	43.45
22 Everson, Sonny	13 Co Newport	44.72
23 Wratten, Finnley	14 Cwmbran	46.61

Event 331 Boys 15-16 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Sheppard, Rhydian	16 Co Cardiff	30.64
2 James, Jack	16 Torfaen Dol	30.92
3 Preece, Toby	16 Cwmbran	31.39
4 Doyle, Alfie	15 Co Newport	34.14
5 Temby, Jacob	15 Co Cardiff	34.38
6 Rixon, Noah	15 Co Newport	35.36
7 Fudge, Marcus	15 Rct Squad	36.82
8 Divers, Connor	16 Caerphilly	36.92
9 Chalk, William	15 Co Newport	37.31

10 Adams, Ronan	15 Bridgend Swim	37.67
11 Hopkins, Charlie	15 Co Newport	38.66
--- Nemtsov, Alexandros	15 Co Cardiff	DQ

Event 331 Boys 17 & Over 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Anderson, Maxwell	18 Co Cardiff	28.93
2 Lee, Tristan	17 Co Cardiff	30.42
3 Jones, Daniel	24 Cwmbran	30.61
4 Rosser, Dewi	18 Cwmbran	32.88
5 McGuinness, Charlie	17 Torfaen Dol	34.44
6 Cooksey, Regan	17 Rhondda	35.46

Event 332 Girls 11-12 200 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Tejedo, Lola	12 Co Cardiff	2:48.01
2 Cooksey-Owen, Ruby-Mae	12 Rhondda	3:08.66

Event 332 Girls 13-14 200 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Ling, Olivia	13 Co Cardiff	2:54.39

Event 332 Girls 15-16 200 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 John, Emilia	16 Co Cardiff	2:21.65
2 Titchener, Megan	15 Torfaen Dol	2:29.04
3 Evans, Ella	15 Co Cardiff	2:35.71
4 Parfitt, Lucy	15 Co Cardiff	2:41.05
5 Coombes, Cerys	15 Bridgend Cty	2:48.00
6 Cheeseman, Rhyannon	15 Co Cardiff	2:59.14

Event 332 Girls 17 & Over 200 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Morgan, Isabel	19 Co Cardiff	2:25.75
2 Adams, Jaimee	17 Co Cardiff	2:32.86
3 O Callaghan, Faye	18 Co Cardiff	2:35.56

Event 333 Boys 11-12 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Gregory, Jaiden	12 Rhondda	1:15.04
2 Bastyan, Tobias-Luke	12 Torfaen Dol	1:15.45
3 Castillo, Airam	12 Co Cardiff	1:23.15
4 Harvey, Hugo	12 Co Cardiff	1:27.11
5 Johnson, Cai	12 Cwmbran	1:36.26
6 Morgan, Josh	11 Co Newport	1:38.03

Event 333 Boys 13-14 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Ma, Ko Kwan	14 Co Cardiff	1:01.06
2 Deacon, Cameron	13 Co Cardiff	1:06.09
3 Mills, Ioan	14 Torfaen Dol	1:07.12
4 Brock, Freddy	14 Rct Squad	1:10.34
5 Ballantyne, Alex	14 Bridgend Swim	1:11.66
6 Parfitt, Sebastian	13 Co Cardiff	1:13.95
7 Giles, Brodie	13 Bridgend Swim	1:14.26
8 Gruffydd, Ned	13 Co Cardiff	1:14.94
9 Williams, Tomos	13 Chepstow	1:20.37
10 Everson, Sonny	13 Co Newport	1:23.52
11 Miles, Harry	13 Co Cardiff	1:25.23

Event 333 Boys 15-16 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Bamborough, Jack	15 Co Cardiff	1:00.37
2 Owen, Vinnie	15 Co Cardiff	1:03.30
3 Haines, Thomas	15 Co Cardiff	1:04.22

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(Event 333 Boys 15-16 100 SC Meter Butterfly)

Name	Age	Team	Finals Time
4 Davies, Iwan	15	Co Cardiff	1:05.36
5 Rixon, Oliver	15	Co Newport	1:05.37
6 Lewis, Gethin	15	Bridgend Cty	1:07.56
7 Rixon, Noah	15	Co Newport	1:12.90
8 James, Owain	15	Rct Squad	1:13.44

Event 333 Boys 17 & Over 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Knight, Jack	20	Co Cardiff	56.14
2 Lee, Ethan	17	Co Cardiff	56.47
3 James, Harley	18	Co Cardiff	56.67
4 Davies, Evan	17	Co Cardiff	57.32
5 Burns, Harry	18	Co Cardiff	59.17
6 Fox-Wiltshire, Benjamin	18	Co Cardiff	1:00.74
7 McLain, Archie	17	Torfaen Dol	1:02.92

Event 334 Girls 11-12 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 George, Ellie	12	Rct Squad	4:56.15
2 Reed, Isabella	12	Co Cardiff	5:06.66
3 Ribeiro, Ariana	12	Co Cardiff	5:09.38
4 Lewis, Harriet	11	Co Cardiff	5:10.64
5 Prosser, Sofia	11	Merthyr Tydf	5:12.77
6 Fowler, Maisie	12	Rct Squad	5:18.25
7 Gordon, Mabli	12	Co Cardiff	5:29.36
8 Jones, Jessica	11	Rct Squad	5:38.84
9 Williams, Lili	12	Rct Squad	5:50.75
10 Wilsher, Suki	12	Co Cardiff	6:12.21
11 Davies, Indie	11	Co Newport	6:15.73
--- Donaldson, Arianwen	12	Co Newport	DQ

Event 334 Girls 13-14 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Iles, Jessica	13	Co Cardiff	4:45.57
2 Wardell, Cari	14	Co Cardiff	4:48.31
3 Jones, Lola	14	Torfaen Dol	4:48.67
4 Marshall, Ffion	13	Co Cardiff	4:51.83
5 Jones, Isabella	13	Bridgend Cty	4:55.14
6 Evans, Gwennan	13	Co Newport	4:55.44
7 Howson, Ellen	14	Co Newport	5:00.67
8 Jones, Maisie	13	Co Cardiff	5:01.80
9 Coles, Mya	13	Co Newport	5:02.85
10 Givvons, Imogen	13	Co Newport	5:03.87
11 Edwards, Carys	13	Caerphilly	5:05.14
12 Brady, Grace	14	Rct Squad	5:09.41
13 Boyd, Chloe	13	Co Cardiff	5:22.65
14 Cox, Isabelle	13	Co Cardiff	5:22.80
15 Williams, Taylor	14	Caerphilly	5:39.04
16 Pritchard, Abbie	14	Cwmbran	5:51.62

Event 334 Girls 15-16 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Gruffydd, Mali	16	Co Cardiff	4:34.44
2 Ingram, Olivia	15	Co Cardiff	4:37.81
3 Cull, Harriett	16	Co Cardiff	4:38.03
4 Jones, Lucy	16	Co Newport	4:42.79
5 Lewis, Hollie	16	Bridgend Swim	4:48.07
6 Williams, Rose	15	Co Cardiff	4:48.38
7 Williams, Olivia	15	Co Cardiff	4:50.74
8 Morgan, Isabelle	15	Co Newport	4:57.36
9 Coombes, Cerys	15	Bridgend Cty	5:05.68

10 Haddrell, Eva Lily	15	Bridgend Cty	5:06.60
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Event 334 Girls 17 & Over 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Daly, Kirsten	17	Bridgend Cty	4:49.89

Event 335 Boys 11-12 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Castillo, Airam	12	Co Cardiff	2:26.56
2 Duggan, Elliot	12	Bridgend Cty	2:27.65
3 Gregory, Jaiden	12	Rhondda	2:30.51
4 Frampton, Rhydian	11	Rct Squad	2:37.85
5 Timbrell, George	12	Co Newport	2:39.91
6 Altordai, Junnosuke	12	Co Cardiff	2:40.75
7 Harvey, Hugo	12	Co Cardiff	2:41.08
8 Chalk, Alistair	11	Co Newport	2:48.45
9 Hopkins, Luc	12	Torfaen Dol	2:48.78
10 Morgan, Josh	11	Co Newport	2:52.31

Event 335 Boys 13-14 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Willis, Kofi	14	Co Cardiff	2:07.48
2 Deacon, Cameron	13	Co Cardiff	2:14.70
3 Brock, Freddy	14	Rct Squad	2:16.13
4 Davies, Brynley	13	Co Newport	2:16.25
5 Ballantyne, Alex	14	Bridgend Swim	2:16.57
6 Hewitt, Archie	13	Torfaen Dol	2:17.92
7 Vong, Joshua	13	Co Newport	2:18.27
8 James, Rhys	14	Rct Squad	2:21.52
9 Robins, Ethan	14	Bridgend Cty	2:21.72
10 Hiscox, Jac	14	Rct Squad	2:23.81
11 Watts, Macsen	13	Heads Valley	2:24.85
12 Jones, Sebastien	13	Torfaen Dol	2:25.08
13 Price, Evan	14	Bridgend Swim	2:25.46
14 Herron, Noah	13	Co Newport	2:26.03
15 Caldicott, Lewis	13	Co Newport	2:26.68
16 Parfitt, Sebastian	13	Co Cardiff	2:27.32
17 Cates, James	14	Merthyr Tydf	2:29.06
18 Williams, Tomos	13	Chepstow	2:30.34
19 Bartram, Solomon	13	Co Cardiff	2:30.44
20 Miles, Harry	13	Co Cardiff	2:34.13
21 Davies, Tom	13	Co Newport	2:34.36
22 Gruffydd, Ned	13	Co Cardiff	2:35.60
23 Nolan, Oliver	14	Co Cardiff	2:37.56
24 Barry, Isaac	14	Co Newport	2:42.23
25 Arnold, David	14	Cwmbran	2:51.34

Event 335 Boys 15-16 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Bamborough, Jack	15	Co Cardiff	1:52.73
2 Mruk, Lucas	15	Torfaen Dol	1:57.82
3 Southwood, Charlie	16	Torfaen Dol	1:58.04
4 Pugh, Morgan	16	Torfaen Dol	1:58.27
5 Parsons, Joseph	16	Co Cardiff	1:58.71
6 Sheppard, Rhydian	16	Co Cardiff	2:00.66
7 Owen, Vinnie	15	Co Cardiff	2:00.74
8 Haines, Thomas	15	Co Cardiff	2:03.25
9 Davies, William	16	Co Newport	2:04.94
10 Jasinski, Hubert	16	Co Newport	2:05.83
11 Davies, Iwan	15	Co Cardiff	2:06.36
12 Vaughan, William	16	Rct Squad	2:06.43
13 Spinks, Owen	15	Torfaen Dol	2:08.03
14 Temby, Jacob	15	Co Cardiff	2:12.08

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	Name	Age	Team	Finals Time
15	Davies, Gavin	16	Co Newport	2:12.88
16	Doyle, Alfie	15	Co Newport	2:16.64
17	Chalk, William	15	Co Newport	2:16.91
18	Caldicott, Elliot	15	Co Newport	2:17.44
19	Roberts, Evyn	15	Bridgend Swim	2:21.19
20	James, Owain	15	Rct Squad	2:21.37
21	Lewis, Gethin	15	Bridgend Cty	2:21.74

Event 335 Boys 17 & Over 200 SC Meter Freestyle

	Name	Age	Team	Finals Time
1	Geysen-Holley, Max	18	Co Cardiff	1:52.02
2	James, Harley	18	Co Cardiff	1:54.94
3	Lee, Ethan	17	Co Cardiff	1:55.63
4	Anderson, Maxwell	18	Co Cardiff	1:57.67
5	Broom, Dylan	21	Torfaen Dol	2:00.64
6	McGuinness, Charlie	17	Torfaen Dol	2:00.81